













3 7

-  Work/customer service 10
-  Speaking w/ Young Kids 8 10
-  Talking to my brother 6 5
-  Talking to my mom/ mom's side of family 8
-  Talking to my dad/ dad's side of family 10 7 8
-  New people 8 4
-  Texting 9 varies
-  Friends 2
-  Academic/class 8
-  Peers 6 7 7
-  Older adults 8
-  My therapist 7 2
-  \_\_\_\_\_