

Regularization Part 3:

Elastic-Net Regression

We ended the StatQuest on **Lasso Regression** by saying that it works best when your model contains a lot of useless variables...

$$\begin{aligned} &\text{the sum of the squared residuals} \\ &+ \\ &\lambda \times |\text{variable}_1| + \dots + |\text{variable}_x| \end{aligned}$$

We also said that **Ridge Regression** works best when most of the variables in your model are useful.

$$\begin{aligned} &\text{the sum of the squared residuals} \\ &+ \\ &\lambda \times \text{variable}_1^2 + \dots + \text{variable}_x^2 \end{aligned}$$

Great! When we know a lot about all of the parameters in our model, it's easy to choose if we want to use **Lasso Regression**...

$$\begin{aligned} &\text{the sum of the squared residuals} \\ &+ \\ &\lambda \times |\text{variable}_1| + \dots + |\text{variable}_x| \end{aligned}$$

...or **Ridge Regression**....

$$\begin{aligned} &\text{the sum of the squared residuals} \\ &+ \\ &\lambda \times \text{variable}_1^2 + \dots + \text{variable}_x^2 \end{aligned}$$

...but what do we do when we have a model that includes tons more variables?

Size = y-intercept + slope₁ × **Weight** + diet difference × **High Fat Diet**

+ slope₂ × **Age** + slope₃ × **Size of Father** + + **tons more variables...**

So how do you choose if you should use **Lasso** or **Ridge Regression**?

Size = y-intercept + slope₁ × **Weight** + diet difference × **High Fat Diet**
+ slope₂ × **Age** + slope₃ × **Size of Father** + + **tons more variables...**

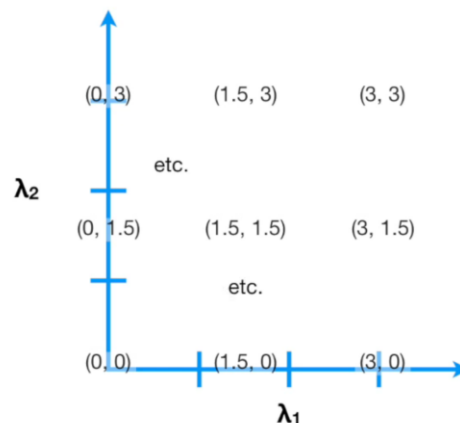
The good news is that you don't have to choose, instead, you use **Elastic-Net Regression!!!**

Altogether, **Elastic Net Regression** combines the strengths of **Lasso** and **Ridge Regression**.



$$\begin{aligned} &\text{the sum of the squared residuals} \\ &+ \\ &\lambda_1 \times |\text{variable}_1| + \dots + |\text{variable}_x| \quad + \quad \lambda_2 \times \text{variable}_1^2 + \dots + \text{variable}_x^2 \end{aligned}$$

We use **Cross Validation** on different combinations of λ_1 and λ_2 to find the best values.



The hybrid **Elastic-Net Regression** is especially good at dealing with situations when there are correlations between parameters.

$$\begin{array}{c} \text{the sum of the squared residuals} \\ + \\ \lambda_1 \times |\text{variable}_1| + \dots + |\text{variable}_x| + \lambda_2 \times \text{variable}_1^2 + \dots + \text{variable}_x^2 \end{array}$$

This is because on it's own, **Lasso Regression** tends to pick just one of the correlated terms and eliminates the others...

$$\begin{array}{c} \text{the sum of the squared residuals} \\ + \\ \lambda_1 \times |\text{variable}_1| + \dots + |\text{variable}_x| \end{array}$$

...whereas **Ridge Regression** tends to shrink all of the parameters for the correlated variables together.

$$\begin{array}{c} \text{the sum of the squared residuals} \\ + \\ \lambda_2 \times \text{variable}_1^2 + \dots + \text{variable}_x^2 \end{array}$$

By combining **Lasso** and **Ridge Regression**, **Elastic-Net Regression** groups and shrinks the parameters associated with the correlated variables and leaves them in equation or removes them all at once.

$$\begin{array}{c} \text{the sum of the squared residuals} \\ + \\ \lambda_1 \times |\text{variable}_1| + \dots + |\text{variable}_x| + \lambda_2 \times \text{variable}_1^2 + \dots + \text{variable}_x^2 \end{array}$$