

### **MSc student**

Department of Psychiatry, McGill University

workplace interventions • ADHD • schizophrenia • theory of mind

# **Education**

## Master of Science (Mental Health - Social & Transcultural) - 45 credits

exp. 2025

McGill University

- Supervisors: Drs Ian Gold (supervisor) & Geneviève Sauvé (co-supervisor)
- Advisors: Drs Ridha Joober & Jai Shah
- Thesis: The Efficacy of Workplace Interventions in Adults Living With ADHD

# Bachelor of Arts (Psychology, Behavioral Science & Environment) — 120 credits

2021

McGill University

- Supervisor: Dr Michael Petrides
- · Morphological Patterns and Surface Spatial Probability Maps of the Superior Frontal Sulcus in the Human Brain

### DCS College Diploma (General Social Sciences)

2017

Dawson College

• Dean's Honours List

# Awards\_

2024	Scholarships for post-secondary students (Master's) Desjardins Foundation	\$3,000
2024–2025	Canada Graduate Scholarship – Master's program (CGS M)  Canadian Institutes of Health Research (CIHR)  Improving the Quality of Work Life for People Living with ADHD	\$27,000
2024	Workplace Mental Health Impact Studentship  Mental Health Research Canada (MHRC), co-funded in partnership with Mitacs and iA Financial Group Improving Quality of Life at Work for People Living with ADHD	\$15,000

Total: \$45,000

# **Publications**

### PEER-REVIEWED JOURNAL ARTICLES

Lavigne, K. M., Deng, J., Raucher-Chéné, D., Hotte-Meunier, A., **Voyer, C.**, Sarraf, L., Lepage, M., & Sauvé, G. (2024). Transdiagnostic cognitive biases in psychiatric disorders: A systematic review and network meta-analysis. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, *129*, 110894. https://doi.org/10.1016/j.pnpbp.2023. 110894

# **CONFERENCE PROCEEDINGS**

Hotte-Meunier, A., Sarraf, L., Bougeard, A., Bernier, F., Voyer, C., Deng, J., El Asmar, S., Stamate, A. N., Corbière, M., Villotti, P., & Sauvé, G. (2024). Strengths and challenges to embrace attention deficit/hyperactivity disorder (ADHD) in employment: A systematic review. ICADHD 2024, 18. https://publications.waset.org/abstracts/172901.pdf

**Voyer, C.** (2024). Enhancing quality of life at work: A randomized controlled trial protocol. *The 7th Annual Integrative Psychiatry Conference*, *21*. https://doi.org/10.26443/mjm.v21i1.1070

### **PREPRINTS**

Shulman, K., Hannon, M., **Voyer, C.**, Gagliano, E., Hannaoui, N., Hotte-Meunier, A., Lavigne, K. M., Raucher-Chéné, D., & Sauvé, G. (2024). *Protocol for a scoping review on predictors of job tenure in people living with mental illness from a transdiagnostic perspective*. Open Science Framework. https://doi.org/10.17605/osf.io/bnjz3

#### IN PREPARATION

- **Voyer, C.**, Corbière, M., Villotti, P., Stamate, A. N., & Sauvé, G. (2024). *Effectiveness of a workplace intervention for quality of life in ADHD: A randomized controlled trial protocol* [Manuscript in preparation].
- **Voyer, C.**, Deng, J., & Sauvé, G. (2024). *Elaboration and validation of a novel psychometric tool to measure future workplace competencies* [Manuscript in preparation].
- **Voyer, C.**, Wang, X., Freddy-Ateba, F., Wazana, A., & Laplante, D. P. (2024). *Predicting mental health problems and resilience in youth with early life adversity and pandemic-related stressors* [Manuscript in preparation].
- Wang, X., **Voyer, C.**, Freddy-Ateba, F., Wazana, A., & Laplante, D. P. (2024). *COVID-related daily life changes and personal threats moderates the relationship between prenatal maternal adversity and youth mental health: The MAVAN longitudinal study* [Manuscript in preparation].

# **Oral Presentations**

- **Voyer, C.**, & Morel, A. (2024). Savoir-être gagnant, employé attrayant! Optimiser le maintien en emploi des client·es grâce au développement des compétences essentielles [winning skills, attractive employee! Optimizing client job retention through the development of essential skills] [Paper presentation].
- **Voyer, C.** (2024). Améliorer la qualité de vie au travail : Un protocole d'essai contrôlé randomisé [enhancing quality of life at work: A randomized controlled trial protocol] [Paper presentation].
- **Voyer, C.** (2024). Enhancing quality of life at work: A randomized controlled trial protocol [Paper presentation].
- **Voyer, C.** (2024). Impact of prenatal stress on youth mental health and resilience amidst the COVID-19 pandemic. In david p. Laplante (chair), identifying pathways from prenatal exposure to adult mental health: MAVAN/MAVAN-r cohort. [Symposium].

# Conferences Attended \_\_\_\_

2024	1 <sup>er</sup> Colloque de la Communauté de pratiques internationale santé mentale et travail (CoP-SMT)	Montreal, QC
	1 <sup>st</sup> JGH Department of Psychiatry Student Research Day ( <b>JGH</b> )	Montreal, QC
	34 <sup>th</sup> Life History Research Society Conference (LHRS)	Montreal, QC
	7 <sup>th</sup> Annual Integrative Psychiatry Conference (AIPC)	Montreal, QC
	9e Colloque de professionnelles et professionnels en emploi (QUARIERA)	Quebec, QC
2023	10 <sup>th</sup> Annual ADHD Research Day, Canadian ADHD Resource Alliance (CADDRA)	Montreal, QC
2021	1 <sup>er</sup> Collogue francophone international sur la santé mentale et le retour au travail (CoP-SMT)	Montreal, OC

# Research Experience \_\_

2023–present Research Volunteer

**DREAM BIG Lab** 

Lady Davis Institute for Medical Research – Jewish General Hospital

2023 Research Assistant

**CRISP Lab** 

Douglas Research Centre

2021–2023 Research Coordinator

**SMART Lab** 

Department of Education and Pedagogy, Faculty of Education Sciences, Université du Québec à Montréal

2021–2023 Research Assistant

**Dr Peter Nugus** 

Department of Family Medicine and Health Sciences, Faculty of Medicine and Health Sciences, McGill University

- Conducted literature reviews
- Assisted in data collection and analysis

Jan-Aug 2021 Undergraduate Research Internship

Dr Michael Petrides' Neurocognitive Lab

Montreal Neurological Institute-Hospital, McGill University

# Volunteering \_\_\_\_\_

#### **COMMUNITY INVOLVEMENT**

2023–2024 Graduate Research Volunteer

Centre for Child Development and Mental Health

Lady Davis Institute for Medical Research – Jewish General Hospital

2021–2023 **Psychosocial Intervention** 

Suicide Prevention Centre of Montreal

## **ACADEMIC SERVICE**

## 2024–present Member of a Knowledge User Committee

A participatory study on EDI and corporate carewashing experiences of equity-deserving youth

## 2023-present Member of a Knowledge User Committee

The DREAM BIG consortium: An initiative to harmonization and data analysis plan

• Identifying COVID-related mental health problems and resiliency in young adults to inform intervention policy from pre-pandemic levels of maternal environmental adversity and mood

#### Aug 2024 Judge

Douglas Undergraduate Research Expo

## Jun 2024 Clinical Psychiatry Observership

Dr Ridha Joober, Program of Early intervention and Prevention of Psychoses (PEPP-Montreal), First Episode Psychosis Clinic, Douglas Mental Health University Institute

### Mar 2024 Member of the scientific review committee

Healthy Lives, Healthy Brain Undergraduate Student Summer Research Internship Awards

• Evaluated applicants' letter of impact and summary of proposed research

#### Dec 2023 Clinical Psychiatry Observership

Dr Jai Shah, Program of Early intervention and Prevention of Psychoses (PEPP-Montreal), First Episode Psychosis Clinic, Douglas Mental Health University Institute

### Dec 2023 Member of the scientific evaluation committee

Leo & Rachel Hendlisz Awards

# **Additional Work Experience**

### 2021–2022 Mental Health Coach

BounceBack, Canadian Mental Health Association (CMHA)

- Provided mental health coaching sessions
- · Developed and delivered mental health workshops

### 2021 Scrutator

Voting Offices, Elections Canada

## 2019–2022 **Substitute Teacher**

Commission Scolaire des Hautes-Rivières

#### 2019 Administrative Agent

Hôpital du Haut Richelieu, CISSS Montérégie-Centre

# 2016–2018 **Animator**

Camp de Jour de la Ville St-Jean-sur-Richelieu

#### 2017–2018 Game Master

Sauve qui peut

# 2013–2017 Administrative Secretary

Clinique de Physiothérapie du Fort

**Languages** — French & English (both native/fully bilingual)

**Programming Languages & Tools** — R, Python, SQL, LaTeX, Markdown, HTML, CSS

**Data Analysis & Statistical Software** — FreeSurfer, Statistical Package for the Social Sciences (SPSS), REDCap, NVivo

**Operating Systems & Environments** — Linux, Ubuntu, Virtual Machine

**Office Software & Communication Tools** — Microsoft Office Suite (Word, Excel, PowerPoint), Zoom

**Reference Management** — Endnote, Zotero, CSL, CLS

**Training Certificates** — Motivational Interviewing

Ethical Conduct for Research Involving Humans

Accreditation AQPS

First Aid

# **References**

# Geneviève Sauvé, PhD, PsyD

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Assistant Professor of Education and Pedagogy, Université du Québec à Montréal Researcher, Douglas Research Centre Psychologist

Ian Gold, PhDian.gold@mcgill.ca

Professor of Philosophy, McGill University Chair of the Department of Philosophy, McGill University