**Table 7**  
Descriptive Statistics at Baseline Assessment and Bivariate Correlations for Study Variables

| **Variable** | **n** | **M** | **SD** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. Group a | 57 | .49 | .50 | — |  |  |  |  |  |  |  |  |
| 2. Age b | 57 | 35.21 | 9.60 | −.05 | — |  |  |  |  |  |  |  |
| 3. Sex c | 57 | .89 | .31 | −.01 | .05 | — |  |  |  |  |  |  |
| 4. Medicated d | 48 | .77 | .42 | .17 | −.06 | −.06 | — |  |  |  |  |  |
| 5. ASRS total score | 57 | 50.53 | 7.57 | −.20 | −.02 | .14 | .10 | — |  |  |  |  |
| 6. QWLQ total score (Pre) | 57 | 113.63 | 19.87 | −.03 | −.03 | .05 | .13 | −.07 | — |  |  |  |
| 7. QWLQ total score (Post) | 45 | 116.71 | 22.42 | −.11 | .09 | .24 | .13 | .04 | **.84\*\*\*** | — |  |  |
| 8. CFWQ total score (Pre) | 57 | 31.07 | 8.80 | −.15 | .11 | −.00 | .10 | **−.33\*** | **.31\*** | **.36\*** | — |  |
| 9. CFWQ total score (Post) | 45 | 33.38 | 8.20 | −.18 | .17 | −.01 | .27† | −.16 | .23 | .27† | **.75\*\*\*** | — |
| *Note.* *N* = 57. ASRS = Adult ADHD Self-Report Scale, CFWQ = Cognitive Function at Work Questionnaire, QWLQ = Quality of Work Life Questionnaire. | | | | | | | | | | | | |
| a 0 = control, 1 = intervention.b Age at baseline assessment. c 0 = female, 1 = male. d 0 = no, 1 = yes. | | | | | | | | | | | | |
| †*p* < .10, \**p* < .05, \*\**p* < .01, \*\*\**p* < .001, two-tailed. | | | | | | | | | | | | |