

Medical Record 3:

Current Status:

A 60-year-old male complaining of gradual onset of memory loss, confusion, and difficulty performing daily tasks over the last 6 months. Vitals stable with BP 130/85 mmHg and HR 78 bpm.

History:

History of controlled hypertension and hyperlipidemia. No history of stroke or head trauma. Family history negative for dementia. Reports poor sleep and mild depression.

Initial Diagnosis:

Probable early Alzheimer's disease or other forms of dementia.

Suggested Steps:

- Cognitive assessment using Mini-Mental State Examination (MMSE).
- Brain imaging (MRI) to rule out other causes.
- Referral to neurology for further evaluation.
- Discuss lifestyle changes, mental exercises, and caregiver support.
- Consider cholinesterase inhibitors based on further evaluation.