



# DuoResp<sup>®</sup>

Spiromax<sup>®</sup>

budesonide/formoterol

**Your budesonide/formoterol medication  
has been changed to DuoResp Spiromax<sup>®</sup>**



**Manufactured  
in Waterford**

**TEVA**

Respiratory

# What is DuoResp Spiromax?

DuoResp Spiromax® is an inhaled medicine that contains the active substances budesonide & formoterol.

These are the same active substances that was present in your previous treatment but you are now using a different inhaler.

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## 3 SIMPLE STEPS<sup>2</sup>

**OPEN**

**BREATHE**

**CLOSE**

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MEDICAL  
DESIGN  
EXCELLENCE  
AWARDS®

2015

SILVER WINNER

Your new inhaler is  
the Award Winning  
Spiromax Inhaler



# How does this compare to my previous treatment?



Same active substances, budesonide / formoterol. DuoResp Spiromax is an inhaled medicine used to treat asthma and chronic obstructive pulmonary disease (COPD). Your doctor has prescribed it to help manage your asthma or COPD, and to help stop the symptoms getting in the way of your daily life.



Same delivered dose – with DuoResp Spiromax® you get the same amount of budesonide/formoterol delivered to your lungs as before.



Same dosing regimen – Follow the guidance from your doctor or nurse and it is recommended you should read the patient information leaflet before you start using DuoResp Spiromax®

It's really important that you are happy with your inhaler, as it can help you get the most out of your medication. If you would like any more information, please contact your doctor or refer to the patient information leaflet.

For more detailed instruction on how to use your Spiromax inhaler please see back page or visit [www.duorespspiromax.ie](http://www.duorespspiromax.ie)

# How to use your DuoResp Spiromax Inhaler correctly.

## Open



Hold the inhaler upright, with the cover at the bottom.

**Open** the cover - you should hear a loud click. When you open the cover, the mechanism inside the inhaler accurately measures one dose ready for you to inhale.

## Breathe



Breathe out gently, as far as is comfortable – don't breathe out through your inhaler. Place the mouthpiece gently between your teeth and close your lips around it. Take care not to block the air vents.

**Breathe** in through your mouth as deeply and as hard as you can, then remove the inhaler from your mouth. Hold your breath for 10 seconds, or as long as is comfortable

## Close



Breathe out gently, but not through your inhaler.

**Close** the cover.

If taking a second dose, repeat all the steps.

Teva Pharmaceuticals Ireland, Building B, Xerox Technology Park, Dundalk, Co Louth.  
For further information please visit [www.duorespspiromax.ie](http://www.duorespspiromax.ie)

References: 1. Medical Design Excellence Awards 2015 / drug delivery devices / combination products.  
2. DuoResp Spiromax ' Summary of Product Characteristics .

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