$$\Delta F_{1 \to N} = -\beta^{-1} \ln \frac{Z_N}{Z_1} = -\beta^{-1} \ln \frac{Z_2}{Z_1} \cdot \frac{Z_3}{Z_2} \cdots \frac{Z_N}{Z_{N-1}} = \sum_{n=1}^{N-1} \Delta F_{n \to n+1}$$