CSI 436/536 (Spring 2026)
Machine Learning

Lecture 10: Regularization

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Announcement

- HW 2 due next Mon Mar 2!

- Midterm exam on Mon Mar 9.
  - TA will review all solutions to HW 1 and 2 next Wednesday.
  - Come to our office hours!

- Midterm presentations on Wed Mar 11.
  - I'll give a quick tutorial on presentations today.

Recap: Two problems of supervised learning

	Classification		Regression
	Binary classification	Multi-class classification	
Feature space	$\mathbb{R}^d$	$\mathbb{R}^d$	$\mathbb{R}^d$
Label space	{-1, 1}	{1, 2, 3, ..., K}	$\mathbb{R}$
Performance metric	Classification error (0-1 loss) for test data	Classification error (0-1 loss) for test data	Mean Square Error
Popular surrogate loss (for training)	Logistic loss / exponential loss / square loss	Multiclass logistic loss (Cross-Entropy loss)	Square loss

Recap: The objective function for learning linear regression under square loss

- $\widehat{w} = \text{argmin}_w \frac{1}{n} \sum_{i=1}^{n} (x_i^T w - y_i)^2 = \text{argmin}_w \|Xw - y\|_2^2$

  - aka: Ordinary Least Square (OLS)

- Direct solver: setting gradient to 0.

Recap: Derive the SGD algorithm

- Problem:

- $\hat{w} = \text{argmin}_w \frac{1}{n}\sum_{i=1}^n (x_i^T w - y_i)^2 = \text{argmin}_w \|Xw - y\|_2^2$

- Step 1: Calculate the gradient of the square loss

- Step 2: Write the SGD update rule

Recap: How to solve linear regression?

- Challenges:
  - We don't have access to future data for prediction!
  - We also don't have access to ground truth
- By solving an optimization problem that minimizes the loss function on the **training data**, and hope that it generalizes.
  - We can verify if it generalizes or not using hold-out / cross-validation ...
- The least square optimization problem using square loss function:

$$\min_{f \in \mathcal{H}} \frac{1}{n} \sum_{i=1}^{n} (f(x_i) - y_i)^2$$

Recap: Linear regression

- Stochastic Gradient Descent (SGD)
  - Using a stochastic approximation of the gradient:

$$\theta_{t+1} = \theta_t - \eta_t \hat{\nabla} f(\theta_t)$$

  - Calculated by one data point randomly sampled from dataset
- Linear regression
  - $\widehat{w} = \text{argmin}_w \frac{1}{n} \sum_{i=1}^{n} (x_i^T w - y_i)^2 = \text{argmin}_w \|Xw - y\|_2^2$
  - Direct solver: $\widehat{w} = (X^T X)^{-1} X^T y$
  - GD: $w \leftarrow w - 2\eta X^T (Xw - y)$
  - SGD: $w \leftarrow w - 2\eta x_i \ (x_i^T w - y_i)$

Checkpoint: Time complexity

- Direct solver
  - $O(nd^2 + d^3)$
- GD:
  - $O(ndT)$
- SGD:
  - $O(dT)$

- $T = $ n_iterations

Today

- Linear regression in curve fitting

- Recap: Problem of overfitting

- **Regularization prevents overfitting**

- Quick tutorial on course project presentation

Example of regression - Curve fitting: How to train a function fitting blue dots?

- Input:
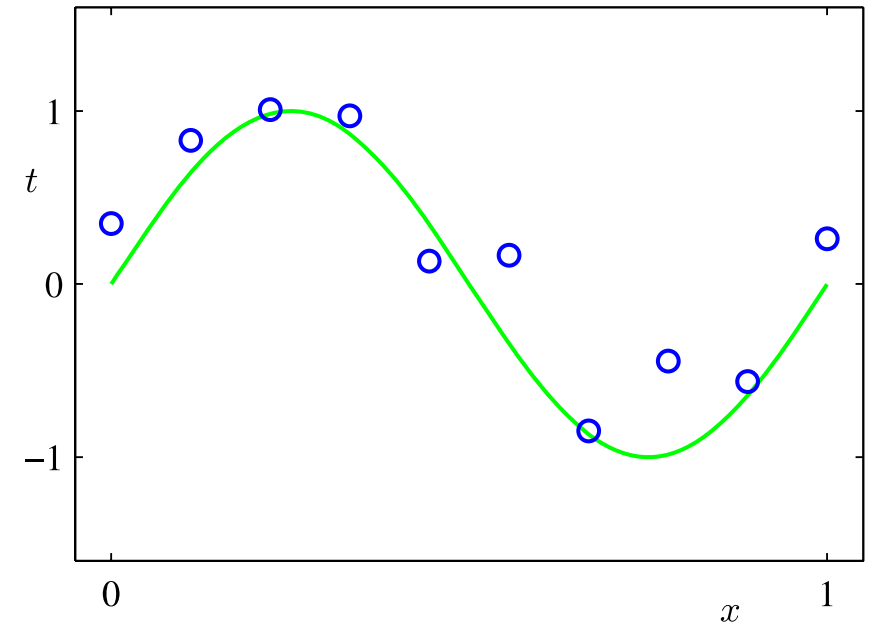$$x \in \mathcal{X} = [0, 1] \subset \mathbb{R}$$

- Output:
$$y \in \mathcal{Y} = \mathbb{R}$$
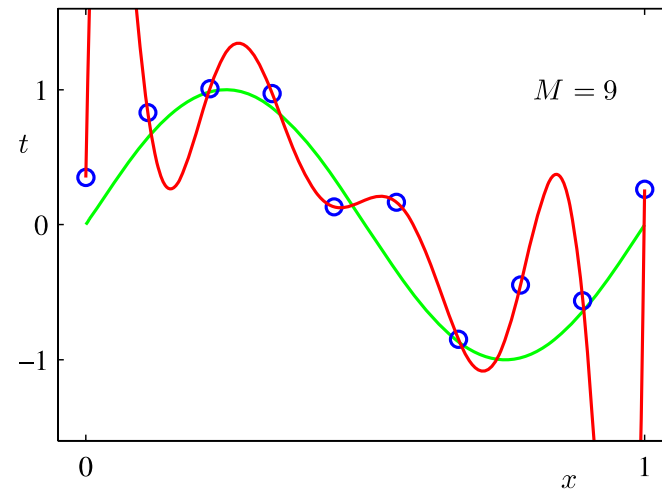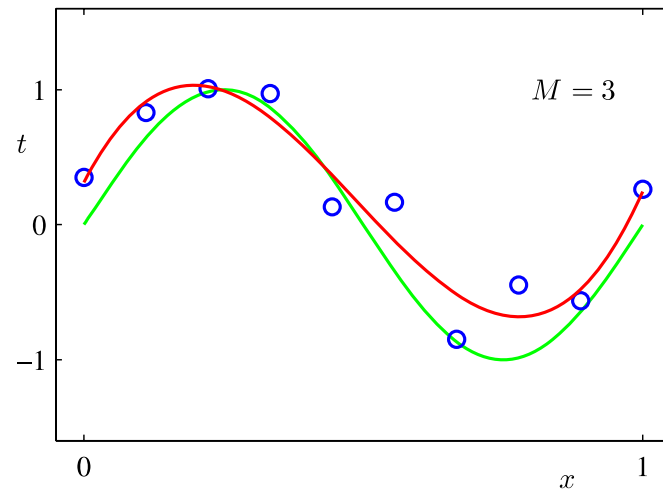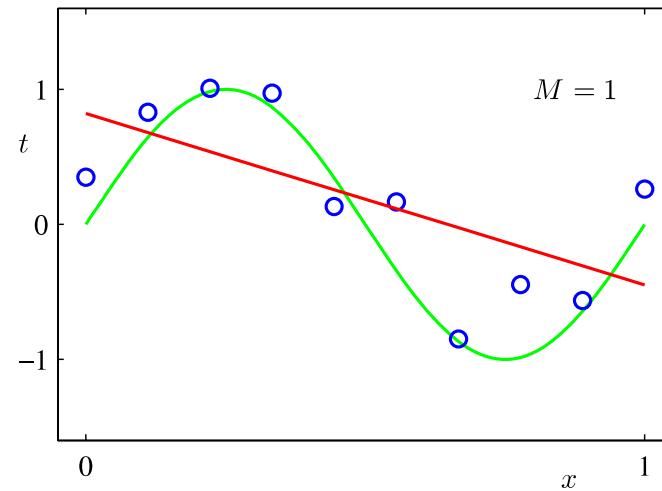
- Data:
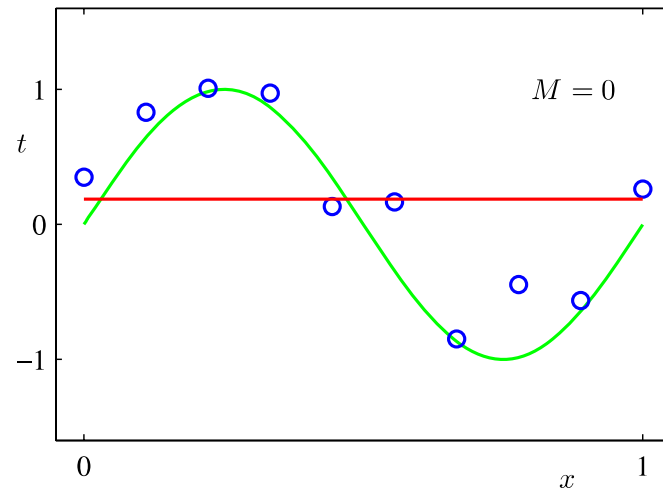$$(x_1, y_1), ..., (x_n, y_n)$$

- Ground truth:
$$f_0(x) = \sin(2\pi x)$$

- Hypothesis (model)
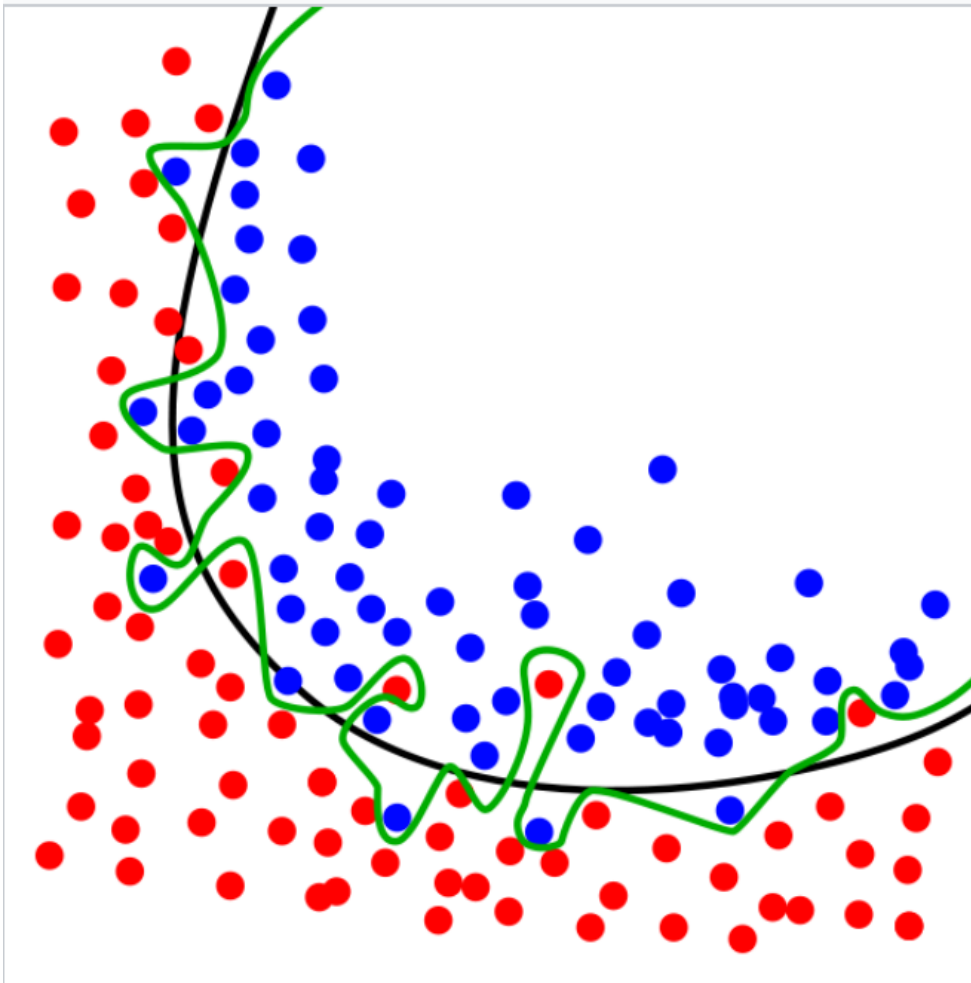$$f(x) = w_0 + w_1 x + w_2 x^2 + ... + w_M x^M$$

Polynomial regression under square loss

Problem of overfitting!

Recap: The problem of Overfitting

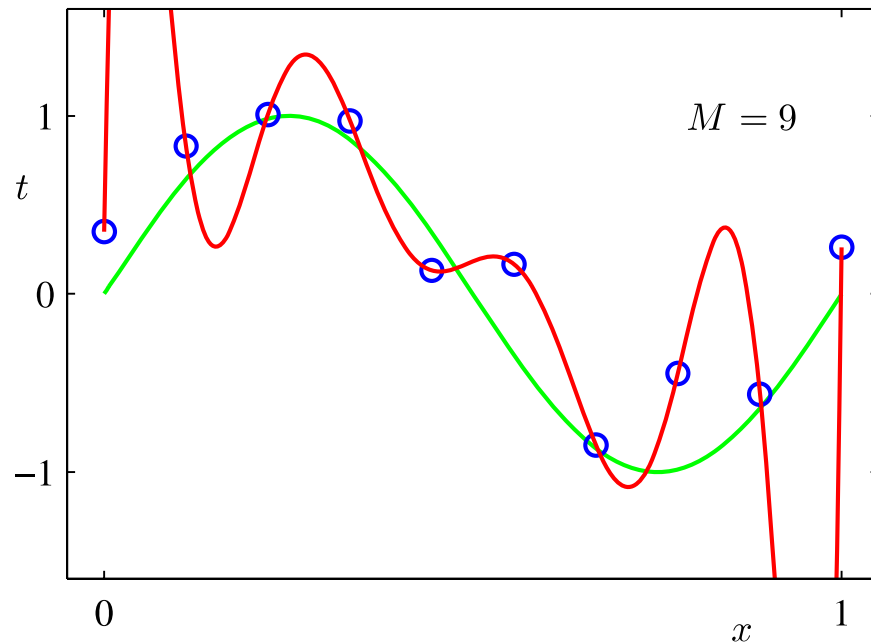The green line represents an overfitted model.

1. Best follows the training data
2. Too dependent on training data
3. More likely to fail (higher error rate) than black line on new unseen test data

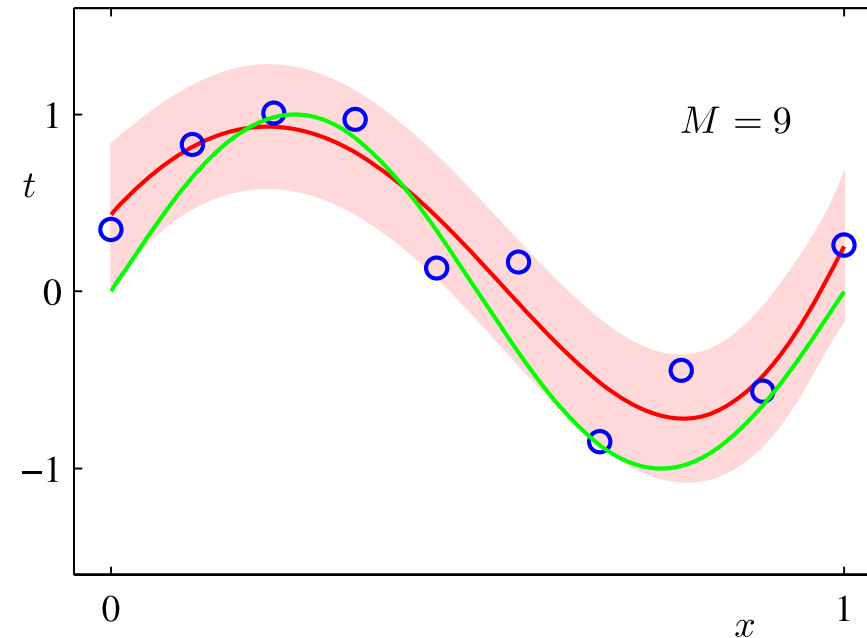Discussion: examples of overfitting in our learning as human beings?

Regularization prevents overfitting!

- Same model:

$$f(x) = w_0 + w_1 x + w_2 x^2 + ... + w_M x^M$$

No regularization

With regularization

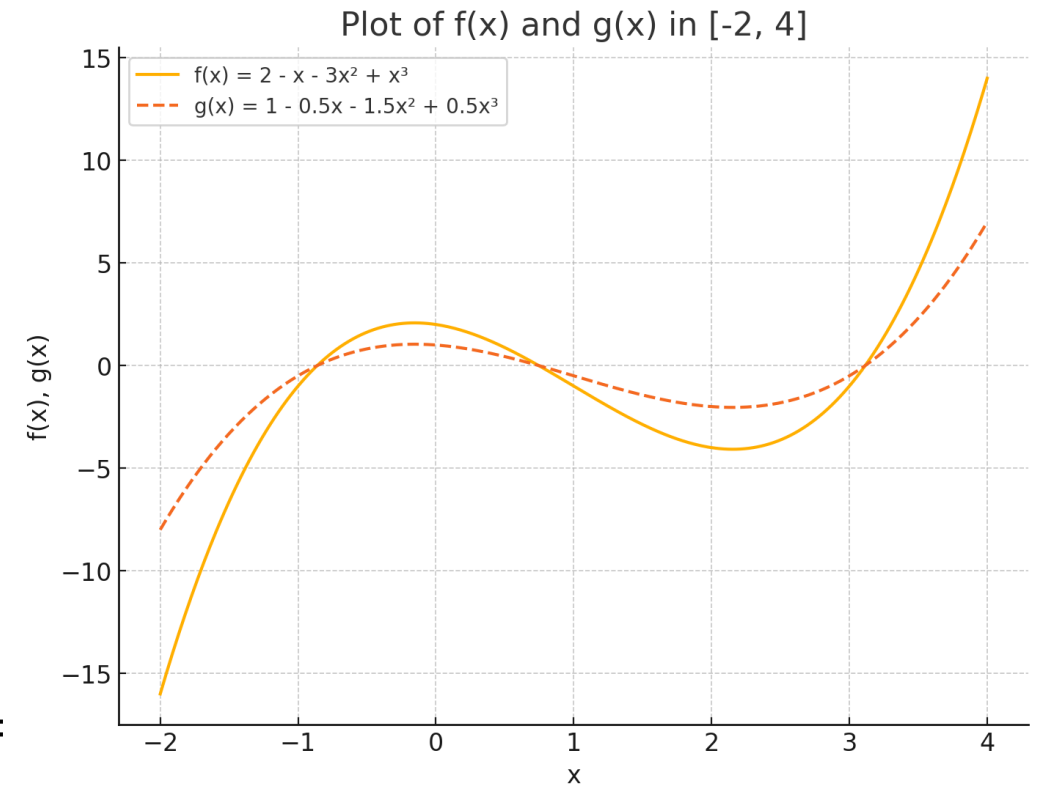# How does regularization work?

- Regularization controls the parameter complexity (norms of parameter).
    - p-norm regularized least square

$$\hat{\theta} = \arg\min_{\theta} \frac{1}{n}\|X\theta - y\|_2^2 + \lambda\|\theta\|_p^p$$

- In-class exercise:
    - Find L-2 norm of $x = [2, -1, -3, 1]$ and $x' = [1, -0.5, -1.5, 0.5]$
    - Plot $f(x) = 2 - x - 3x^2 + x^3$ and $g(x) = 1 - 0.5x - 1.5x^2 + 0.5x^3$ in $[-2, 4]$
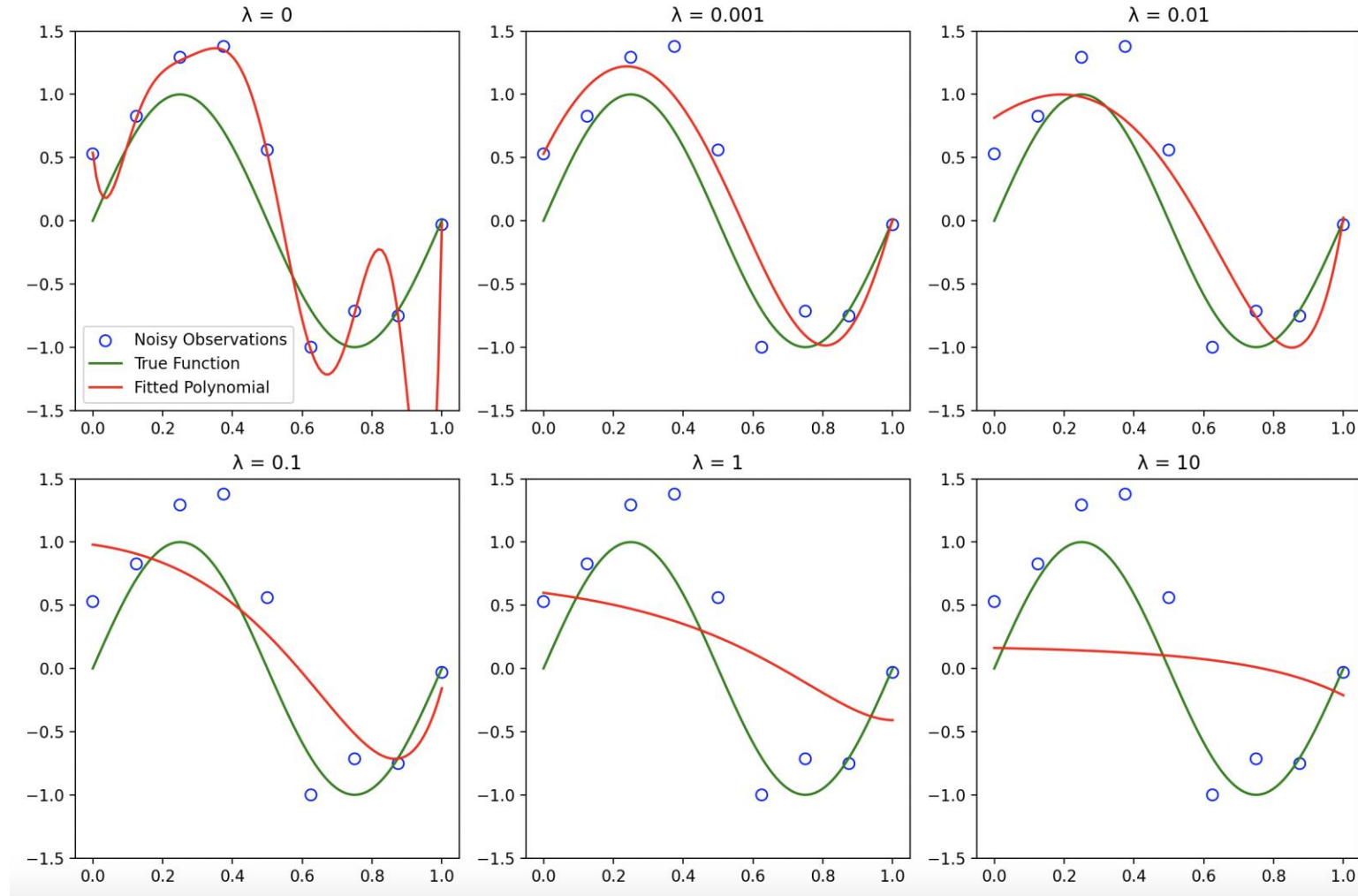

Plot of f(x) and g(x) in [-2, 4]

f(x) = 2 - x - 3x² + x³
g(x) = 1 - 0.5x - 1.5x² + 0.5x³

Different choices of regularization

- p-norm regularized least square
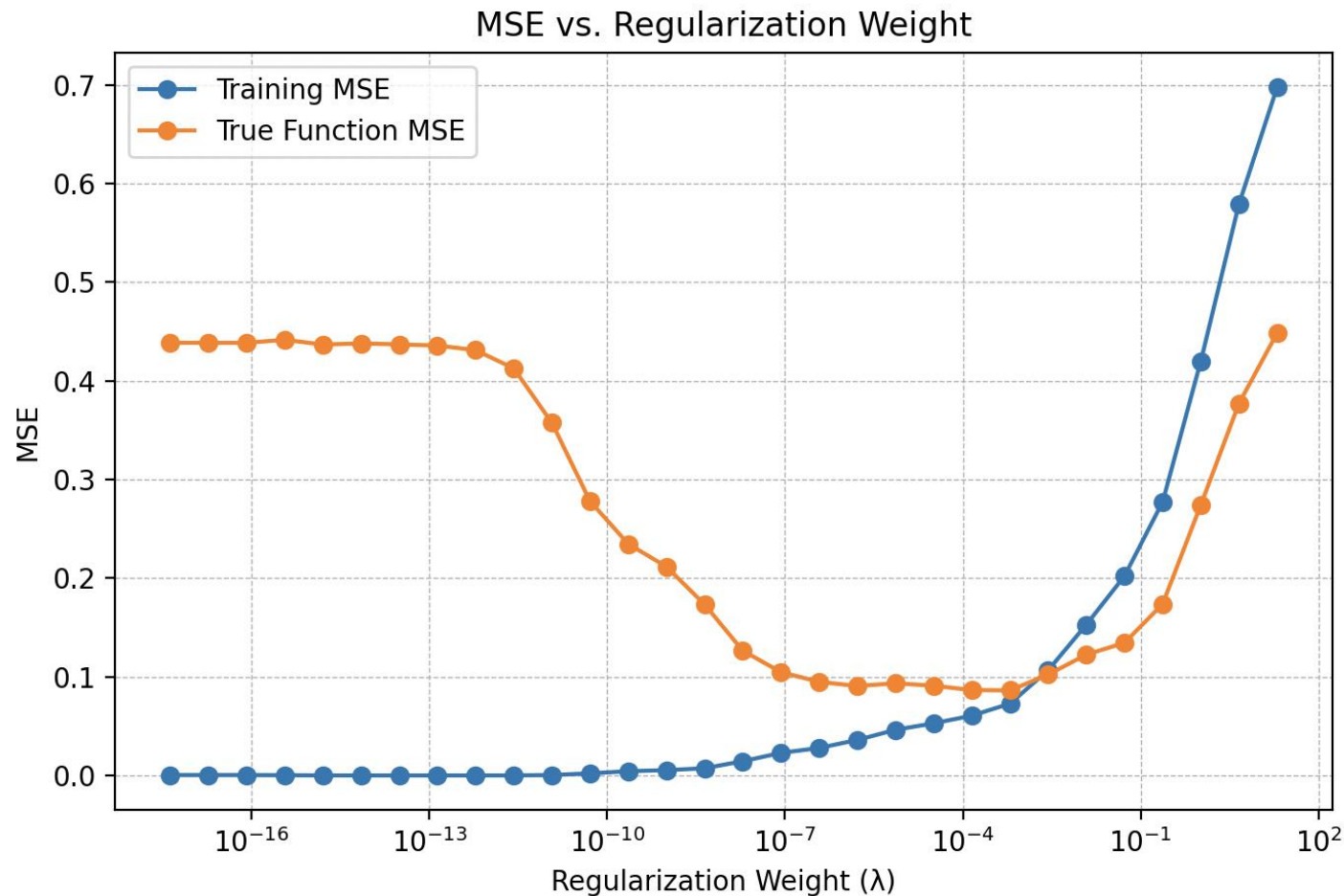
$$\hat{\theta} = \arg\min_{\theta} \frac{1}{n}\|X\theta - y\|_2^2 + \lambda\|\theta\|_p^p$$

  - when p=2, this is called "Ridge Regression"
  - when p=1, this is called "Lasso"

- Direct solver for Ridge Regression in HW 2.

Fitted curve as L-2 regularization weight increases

The mean square errors as we adjust the L2 regularization weight

MSE vs. Regularization Weight

- Discussion:
  - Why training error increases with regularization weight?
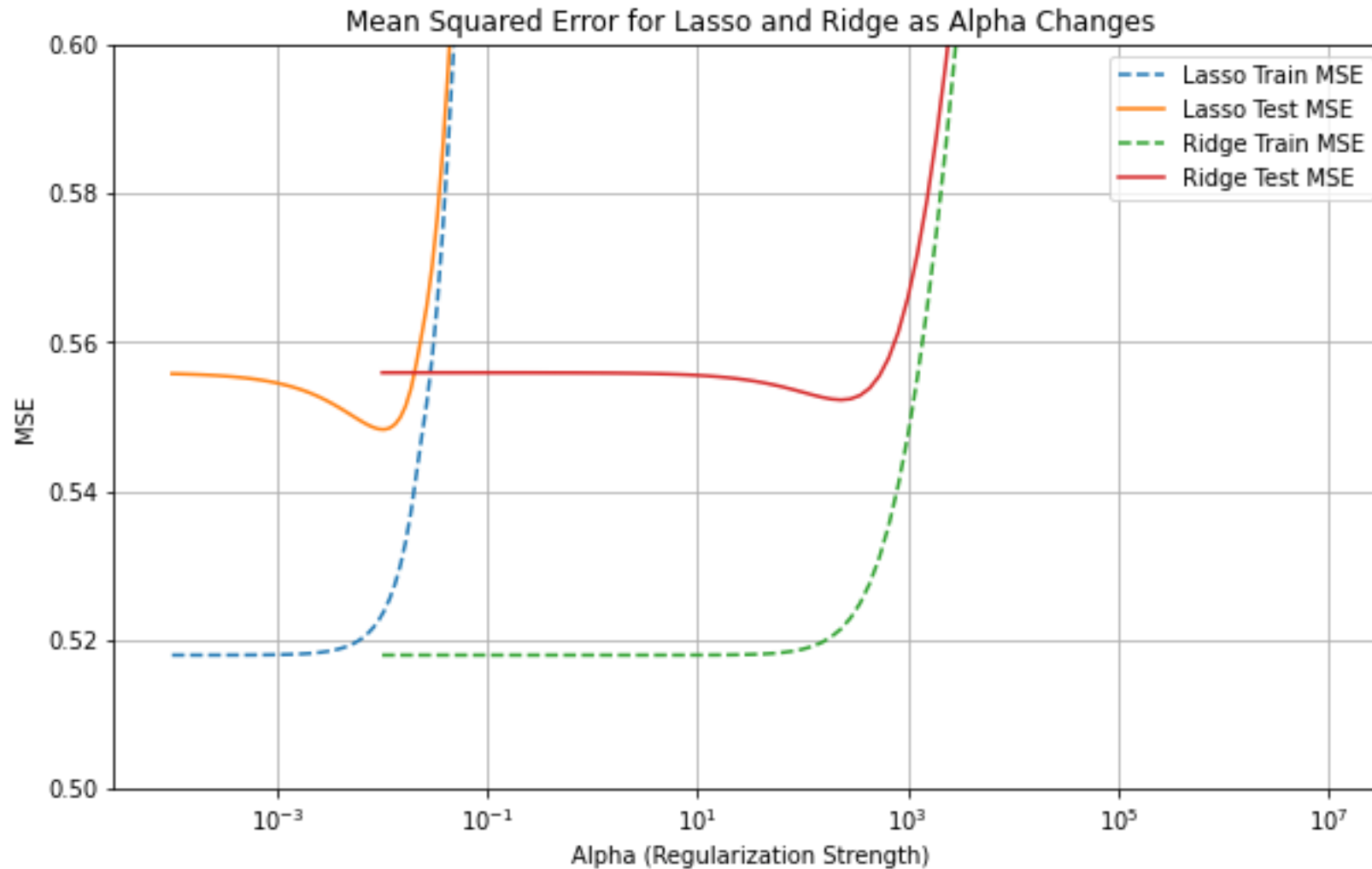 - Why is test error in a U-shaped curve?
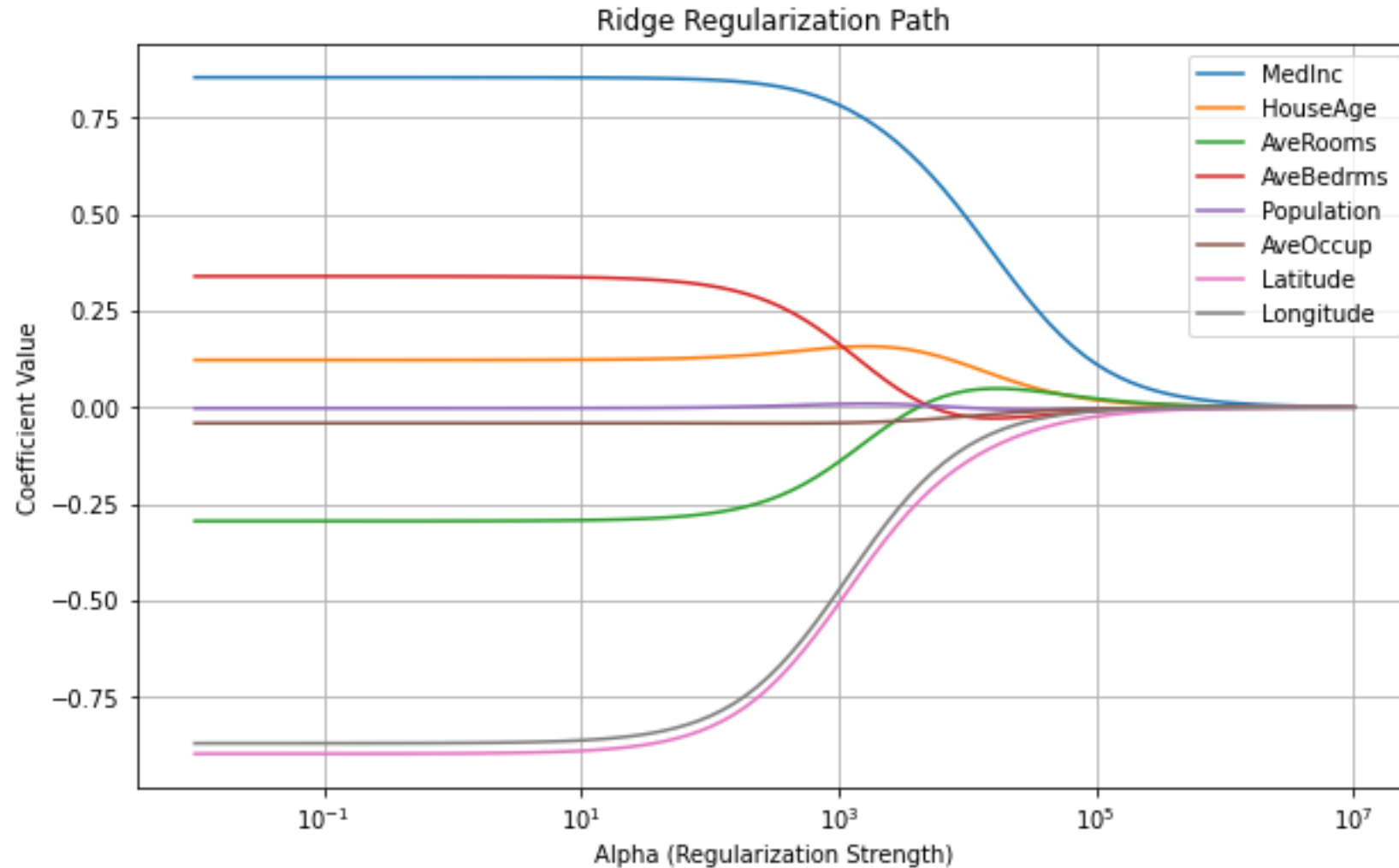
Case study: Housing price dataset

- Example data

	MedInc	HouseAge	AveRooms	AveBedrms	Population	AveOccup	Latitude	Longitude	Target
0	8.3252	41.0	6.984127	1.023810	322.0	2.555556	37.88	-122.23	4.526
1	8.3014	21.0	6.238137	0.971880	2401.0	2.109842	37.86	-122.22	3.585
2	7.2574	52.0	8.288136	1.073446	496.0	2.802260	37.85	-122.24	3.521
3	5.6431	52.0	5.817352	1.073059	558.0	2.547945	37.85	-122.25	3.413
4	3.8462	52.0	6.281853	1.081081	565.0	2.181467	37.85	-122.25	3.422

- Questions one can ask:
  - How well can one use the 8 features to predict house price (i.e., Target)?
  - Which feature is more predictive with house price?
  - What is the effect of regularization?

The MSE vs regularization weight

Mean Squared Error for Lasso and Ridge as Alpha Changes

The "Regularization path" for L2-regularization

How to interpret the fitted coefficients?

- The "sign" indicates positive or negative correlation with the label

- The "magnitude" indicates how strongly correlated.

Summary

- Linear regression
  - Solving the Least Square problem {with GD, SGD and direct solver}
- Regularization
  - Controls the parameter complexity of the fitted function
  - Prevents overfitting!
  - Different regularization: L-2 (most popular) and L-1
- Case study: Predict Housing Price
  - Effect of regularization on training test and test error
  - Regularization path (Effect of regularization on coefficients)

Midterm course project presentations

- Each group has 5 min
  - 5 min limit is strictly enforced to ensure all groups can present
- Suggested contents:
  - Background, Problem setup, Challenges, Current progress, Plans
- **Evaluation criteria** (each counts 1 point):
  - Soundness, organization, clarity, current progress, and challenges
- Tips for clarity:
  - Figure (most preferred) > tables > bullet points > words > sentences (least preferred)
  - Figure: x-axis and y-axis need to be defined
  - Table: row and column need to be defined