

**Eastern Oregon University
Office for Research and Sponsored Programs
Consent to Participate in Research**

Title of Study: Influences on Goal Orientation

Investigators: Mindy Mele and Alejandra Chong

Faculty Sponsor: William H. Knapp III

Purpose of the Study: The purpose of this study is to aim to explore how simple distractors can affect an individual's goal orientation.

Brief Description of Procedure: Once an informed consent is signed, you will be asked your age, gender, month of birth, then instructed to read a paragraph, complete 5 simple mathematical problems, and complete a survey. In total, this investigation should take approximately 10 to 15 minutes.

Risks and Benefits: Possible risks are no more stressful than possible risks found in everyday university occurrences. Emotional reactions to any of the tasks are not expected, however, mild frustration may occur during the mathematical portion of participation. Also, by participating in this study you will learn a little bit about psychology.

Confidentiality: The confidentiality of your responses will be ensured in that there will be no identifying marks in your performance; responses will only be accessible to the investigators during the data collection process, and kept on a password protected computer. The final report will only include group data; therefore, there will be no way to trace any response directly to a specific participant.

Compensation: While the investigators are not providing compensation, some instructors might provide course credit for you just for participating in this research.

Right to Refuse or Withdraw (include statement of participant withdrawal procedure):
Your participation in this investigation is 100% voluntary. There will not be any kind of consequences for changing your mind in participating. If you do choose to participate, you may also withdraw from the investigation at any time.

Consent: Checking the appropriate box indicates that you have agreed to volunteer as a research subject, that you understand your rights for withdrawal, and that you will notify the investigator in advance if you are unable to participate for any reason.