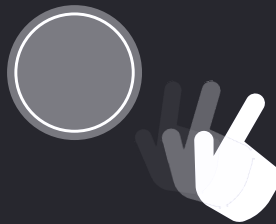




Hold down the red button to record
your first audio note.



This will pause the video so you can
begin to share your thoughts.



Release the red button and congrats
you've recorded your first note!