



Adult Cycle Training 2016

Level 1 - Based in the school playground (i.e. not on the road), teaching the basics of how to ride a bike. This is great for new cyclists or if you haven't been on a bike for a long time. A maximum of 4 participants to 1 instructor. **You can borrow a bike if needed.**

Level 2 - Training on quiet local roads to cover the basics of road positioning and communicating with other road users. This level is great for anyone who wants to cycle on roads. Maximum of 6 participants to 1 instructor. **You must have a roadworthy bike.**

Saturday mornings

Where: Beechwood Primary School,
Ambleside Close, Woodley RG5 4JJ.

Cost: £3 per session

Date	Level 1	Level 2
12 th March	10-11am	11- 12 midday
19 th March	10-11am	11- 12 midday
26 th March	No session	No session
2nd April	10-11am	11- 12 midday
9 th April	10-11am	11- 12 midday
16 th April	10-11am	11-12 midday
23 rd April	10-11am	11-12 midday



For more details or to book a session please contact the Active Travel Officer on: myjourney@wokingham.gov.uk

