

WHEN AT EATING PLACES



Wash or sanitise your hands before and after eating.



AVOID sharing utensils.
Use serving spoons and **DON'T** double dip.



DON'T spit out food on tables and trays.
Use tissues.



Throw used tissues into trash bins.
DON'T leave them on trays or tables.



**Singapore has enough supplies of food and essentials.
Stay calm and only buy what you need.**

If you are sick



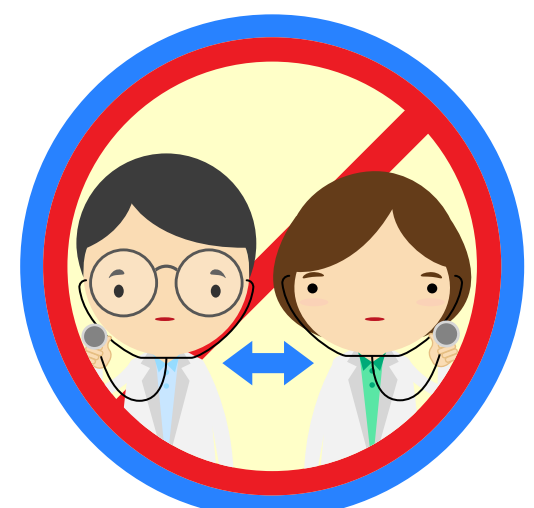
Wear a mask



See a doctor



Stay at home



DON'T doctor-hop



Do not spread rumours.

Get the latest on the COVID-19 by signing up for the Gov.sg WhatsApp channel (www.go.gov.sg/whatsapp)

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