COVID-19
(Coronavirus Disease 2019)

If you have **mild flu-like symptoms** like

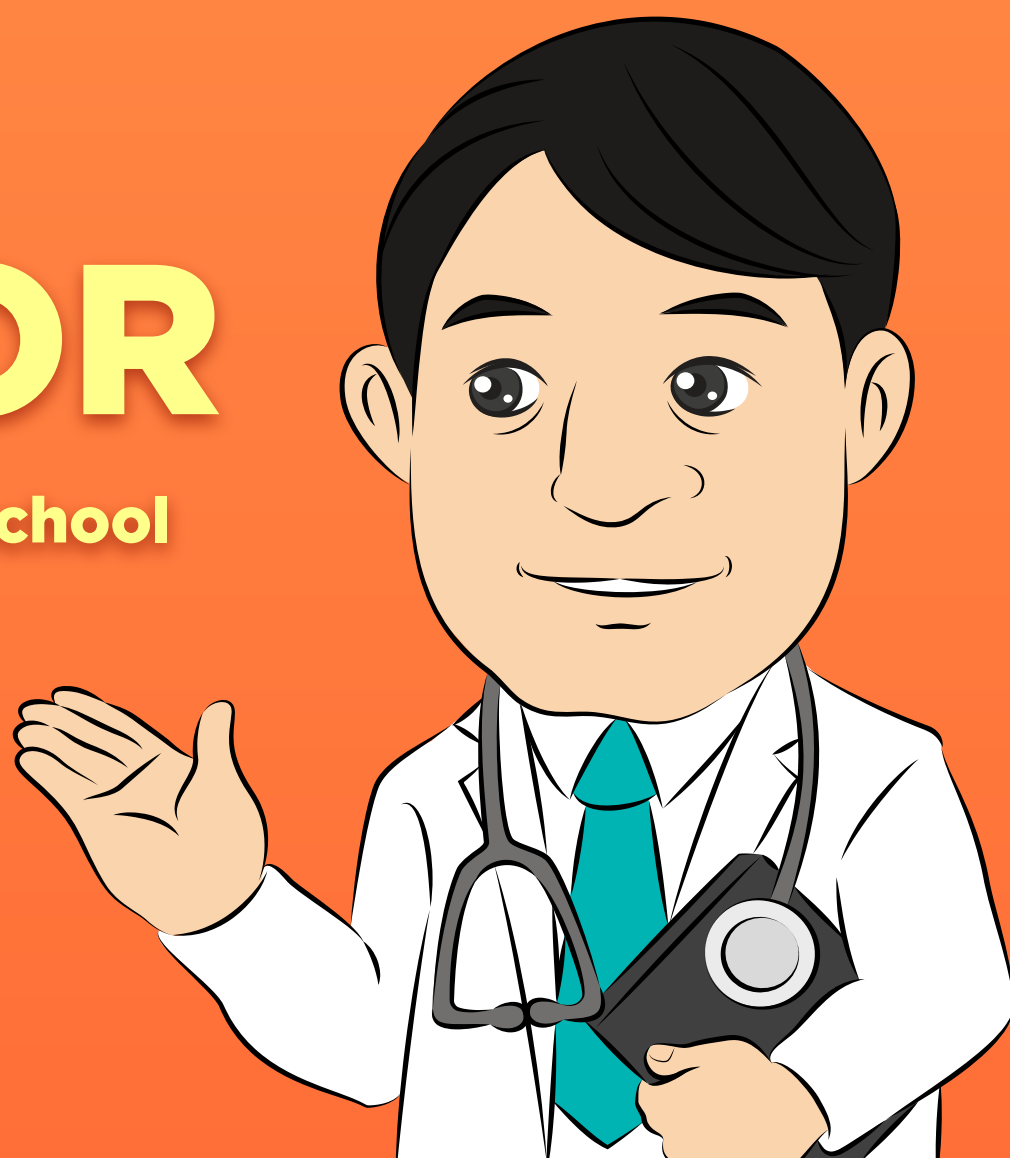**Cough**

Runny nose

Sore throat

Fever

SEE A DOCTOR

- Don't go to work or school
- Avoid crowds
- Stay at home
- Don't doctor-hop

You can go to **Public Health Preparedness Clinics and polyclinics. Singaporeans and PRs receive subsidised treatments.**

Check www.phpc.gov.sg

Look out for this logo

✓ READY

PHPC
PUBLIC HEALTH PREPAREDNESS CLINIC

LET'S ALL DO ♡UR PART

Practise 7 habits of good public hygiene to keep Singapore clean

Wash your hands frequently with soap

Monitor your temperature twice daily
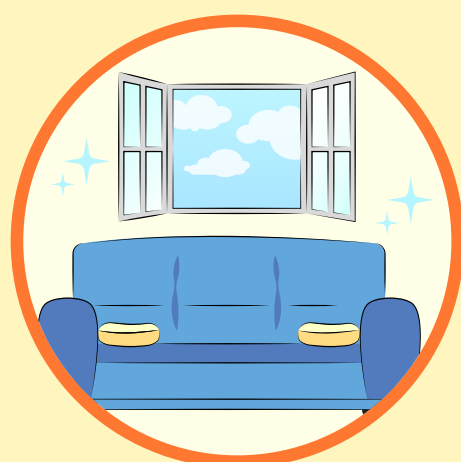
Use tissue paper when sneezing or coughing

Bin litter and used tissue

Return tray and keep table clean

Keep toilet clean and dry

Keep your surroundings clean, well-ventilated and pest-free

Comply with Home Quarantine Orders and Stay-Home Notices and stay at your designated locations

Do not spread rumours.

Get the latest updates on COVID-19 by signing up for the Gov.sg WhatsApp channel (www.go.gov.sg/whatsapp) or at the MOH website (www.moh.gov.sg)

SG UNITED

SG CLEAN

National Environment Agency
Safeguard · Nurture · Cherish

MINISTRY OF HEALTH
SINGAPORE

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