

STAY AT HOME

EXCEPT
to buy
essentials

OR
to work in
essential
services

OR
to exercise



**All employers
must allow
telecommuting**



Do the right thing.
The health of all depends on each one of us.

**If you have to go out and
come in close contact with others,
wear a mask or some covering
for your mouth and nose.**

If you are sick

- Wear a surgical mask
- See a doctor
- Stay at home
- DON'T doctor-hop



Do not spread rumours.

Get the latest on COVID-19 by signing up for
the Gov.sg WhatsApp channel (www.gov.sg/whatsapp)

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Updated: 3 Apr 2020