More Methods on the Object Constructor

Object.create and Object.getPrototypeOf - When you combine getPrototypeOf with Object.create we can create a prototype chain that mimics classical inheritance

Object.defineProperties - We can provide properties and values and set whether each property can be changed or not

```
Object.defineProperties(obj, {
   age: {
     value: 30,
     writable: false,
   },
});
```

Object.freeze - If we want to have an object with properties that are immutable, use Object.freeze - This prevents any property values that are not objects from being changed or deleted (objects, and as a result arrays, can be changed) - For property values that are objects, the references to the objects are frozen - You can't point it to other objects but you can still use the frozen references to mutate the objects - Cannot be unfrozen