

AMBER PODMORE

Temporary Accommodation



EDUCATION

2011-14

University of Chester

BSc in Business Management - First Class Honours 📍 Chester, UK

Thesis: Demystifying the complexity of psychological flexibility.

Placement year: NHS accounts worker



WORK EXPERIENCE

2019
|
Present

Temporary Accommodation Move-on Officer

Oldham Council 📍 Manchester, UK
• blah blah blah blah blah blah blah blah blah blah

2016
|
2019

Customer Support Officer

Guinness Partnership 📍 Manchester, UK
• blah blah blah blah blah blah blah blah blah blah



CONTINUAL PROFESSIONAL DEVELOPMENT

2018
|
Present

Mental Health Courses

Guinness partnership 📍 Manchester, UK
• Learning about mental health

2020
|
present

head start programme

Teaching designer and facilitator for clinical psychology doctoral trainees & clinical associate psychologists.
📍 Sheffield, UK



TEACHING EXPERIENCE

2020
|
present

head start programme

Teaching designer and facilitator for clinical psychology doctoral trainees & clinical associate psychologists.
📍 Sheffield, UK

2021
|
Present

Visiting lecturer on working with functional neurological disorders.

Introductory workshop for trainee paramedics concerning functional neurological disorders and non-epileptic attacks.
📍 Edgehill University, UK



CONTACT INFO

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For more information, please contact me via email.

SKILLS

Experienced in applications of clinical psychology and clinical neuropsychology for a variety of populations.

Highly experienced in working with people who experience a variety of cognitive, behavioural or emotional difficulties.

Specialist experience in working with functional neurological symptoms.

Experience in working across the lifespan; particularly in young adults, pediatrics, families and working age adults.



SELECTED PUBLICATIONS

2021



Effectiveness of the unified protocol for treating co-morbid health anxiety and depression: an empirical case study

Behavioural and Cognitive Psychotherapy. 2021;(in press).

Gaskell, C, Hague, B, Kellett, S.

2021



Effectiveness of transdiagnostic seminars to support patients with common mental disorders: a multi-service practice research network study

Behavioural and Cognitive Psychotherapy. 2021;49(4), 495-507.

Gaskell, C, Askey-Jones, R, Groom, M. Delgadillo, J.