

# DR. CHRIS GASKELL

Senior Clinical Psychologist & Honorary Researcher



## EDUCATION

2010-13

### University of Chester

BSc in Psychology (First-Class Honours)

📍 Chester, UK

Thesis: Demystifying the complexity of psychological flexibility.

2018-21

### University of Sheffield

DClinPsy in Clinical Psychology

📍 Sheffield, UK

Thesis: The effectiveness of psychological interventions in routine settings (no corrections)



## CLINICAL EXPERIENCE

2022  
|  
Present

### Senior Clinical Psychologist

North Staff Combined NHS Foundation Trust

📍 Stoke-on-Trent, UK

- Senior clinical psychologist working with neurological presentations (including functional neurological).

2020  
|  
Present

### Psychologist Associate

IndigoNeuro

📍 North-West, UK

- Carrying out assessment and intervention with children and young people who have experienced brain injuries.
- Working at a family and systems levels of intervention.
- Providing clinical leadership to the multi disciplinary team.
- Preparing and developing training on neuropsychological aspects of brain injury for schools.

2020  
|  
2022

### Clinical Psychologist

Salford Royal NHS Foundation Trust

📍 Manchester, UK

- Experience as a clinical psychologist treating individuals who experience a variety of functional neurological presentations.



## CONTACT INFO

✉ [chris@indigoneuro.co.uk](mailto:chris@indigoneuro.co.uk)

For more information, please contact me via email.

## SKILLS

Experienced in applications of clinical psychology and clinical neuropsychology for a variety of populations.

Highly experienced in working with people who experience a variety of cognitive, behavioural or emotional difficulties.

Specialist experience in working with functional neurological symptoms.

Experience in working across the lifespan; particularly in young adults, pediatrics, families and working age adults.

## RESEARCH EXPERIENCE

2018  
|  
Present

### **Honorary Researcher**

University of Sheffield

📍 Sheffield, UK

- Regularly publish peer-reviewed journals articles across a variety of clinical topics, including: the effectiveness of psychological interventions, advanced quantitative methods, and psychological mechanisms of neurological conditions.
- Specialist expertise in practice-based methodologies including single case experimental design, meta-analysis and longitudinal multilevel models.
- Provide research supervision to DClinPsy and MSc students.

## TEACHING EXPERIENCE

2020  
|  
present

### **Workshop leader on single case experimental design methodology.**

Teaching designer and facilitator for clinical psychology doctoral trainees & clinical associate psychologists.

📍 Sheffield, UK

2021  
|  
2022

### **Visiting lecturer on working with functional neurological disorders.**

Introductory workshop for trainee paramedics concerning functional neurological disorders and non-epileptic attacks.

📍 Edgehill University, UK

## SELECTED PUBLICATIONS

2023

### **A meta-analytic review of the effectiveness of psychological treatment of functional / dissociative seizures on non-seizure outcomes in adults**

Epilepsia. 2023;(in press).

Gaskell, C, et al.,

2023

### **Long-term psychotherapy in tertiary care: A practice-based benchmarking study**

British Journal of Clinical Psychology. 2023;(in press).

Gaskell, C, et al.,

2022

### **The effectiveness of psychological interventions delivered in routine practice. Systematic review and meta-analysis**

Administration and Policy in Mental Health and Mental Health Services Research. 2022.

Gaskell, C, et al.,