

DR. CHRIS GASKELL

Clinical Psychologist & Honorary Researcher



EDUCATION

2010-13

University of Chester

BSc in Psychology

📍 Chester, UK

Thesis: Demystifying the complexity of psychological flexibility.

2018-21

University of Sheffield

DClinPsy In Clinical Psychology

📍 Sheffield, UK

Thesis: The effectiveness of psychological interventions in routine settings



CLINICAL EXPERIENCE

2020
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Present

Clinical Psychologist

Salford Royal NHS foundation trust

📍 Manchester, UK

- Specialist experience as a trainee critical psychologist, and more recently qualified clinical psychologist in treating individuals who experience functional neurological presentations.

2020
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Present

Psychologist Associate

Indigo Neuro

📍 North-West, UK

- Carrying out assessment and intervention with children and young people who have experienced brain injuries.
- Working at a family and systems levels of intervention.
- Providing clinical leadership to the multi disciplinary team.
- Preparing and developing training on neuropsychological aspects of brain injury for schools.



RESEARCH EXPERIENCE

2018
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Present

Honorary Researcher

University of Sheffield

📍 Sheffield, UK

- Regular publisher of peer-reviewed journals concerning the effectiveness of psychological therapy in routine settings.
- Specialist expertise in practice-based methodologies including single case experimental design, meta-analysis and longitudinal multilevel modeling.



CONTACT INFO

✉ chris@indigoneuro.co.uk

📞 07883910093

For more information, please contact me via email.

SKILLS

Experienced in applications of clinical psychology and clinical neuropsychology for a variety of populations.

Highly experienced in working with people who experience variety of cognitive, behavioural or emotional difficulties.

Specialist experience in working with functional neurological symptoms.

Experience in working across the lifespan; particularly in young adults, pediatrics, families and working age adults.



TEACHING EXPERIENCE

2020
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present

● **Workshop leader on single case experimental design methodology.**

Teaching designer and facilitator for clinical psychology doctoral trainees & clinical associate psychologists.

📍 Sheffield, UK

2021
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Present

● **Visiting lecturer on working with functional neurological disorders.**

Introductory workshop for trainee paramedics concerning functional neurological disorders and non-epileptic attacks.

📍 Edgehill University, UK



SELECTED PUBLICATIONS

2021

● **Effectiveness of the unified protocol for treating co-morbid health anxiety and depression: an empirical case study**

Behavioural and Cognitive Psychotherapy. 2021;(in press).

Gaskell, C, Hague, B, Kellett, S.

2021

● **Effectiveness of transdiagnostic seminars to support patients with common mental disorders: a multi-service practice research network study**

Behavioural and Cognitive Psychotherapy. 2021;49(4), 495-507.

Gaskell, C, Askey-Jones, R, Groom, M, Delgadillo, J.