

Theorem (2.4.22). *The sum of squares from 1 to n is $\frac{n(n+1)(2n+1)}{6}$.*

Proof. Let n and k be integers. By the Binomial Theorem,
 $(k-1)^3 = k^3 - 3k^2 + 3k - 1$. This means that $k^3 - (k-1)^3 = 3k^2 - 3k + 1$.
By Theorem 2.4.19, $n^3 = \sum_{k=1}^n k^3 - (k-1)^3$. Thus, $n^3 = \sum_{k=1}^n 3k^2 - 3k + 1$.
This statement is equivalent to $n^3 = (3 \sum_{k=1}^n k^2) - (3 \sum_{k=1}^n k) + (\sum_{k=1}^n 1)$.
By Theorem 2.4.21a, and by Theorem 2.4.21b, that is
 $n^3 = (3 \sum_{k=1}^n k^2) - 3 \frac{n(n+1)}{2} + n$; or rather $n^3 + 3 \frac{n(n+1)}{2} - n = 3 \sum_{k=1}^n k^2$.
Eliminating the coefficient 3 from the right-hand side, all that is left to do
is to simplify the left-hand side $\frac{1}{3}[n^3 + 3 \frac{n(n+1)}{2} - n] = \sum_{k=1}^n k^2$. On the
left-hand side we have $\frac{2n^3+3n^2+3n-2n}{6} = \frac{2n^3+3n^2+n}{6}$. Factoring $\frac{1}{6}n$ out of this
expression gives $\frac{1}{6}n(2n^2+3n+1) = \frac{1}{6}n(2n^2+2n+n+1)$. Factoring the first
two terms in the sum, $\frac{1}{6}n[2n(n+1) + (n+1)]$. The simplification process is
completed by factoring $(n+1)$ out of the sum, $\frac{1}{6}n(n+1)(2n+1)$. That is,
 $\sum_{k=1}^n k^2 = \frac{n(n+1)(2n+1)}{6}$. ■