Theorem (1.6.14). If x is a rational number and $x \neq 0$, then $\frac{1}{x}$ is rational.

Proof. It is trivial to express x as $x = \frac{x}{1}$. Since x is rational, by the definition of ration numbers there exist integers a and b such that $\frac{x}{1} = \frac{a}{b}$. By equivalence we have $\frac{b}{a} = \frac{1}{x}$, so $\frac{1}{x}$ is rational by definition whenever x is a nonzero rational number.