

A message from your LAP-BAND® System Support Team regarding the next step in your journey.

Dear %%first_name%%,

You've selected Dr. %%surgeonname%% as your certified LAP-BAND® System surgeon. You've set the appointment date. This is a big and very important step in your LAP-BAND® Adjustable Gastric Banding System journey.

To help you move forward, we're sending you this friendly reminder – not only to keep your appointment, but also to prepare in advance to get the most out of it.

When you meet with your surgeon, it's your opportunity to get to know him or her and ask any questions you have about the LAP-BAND® System and preparing for your surgery. Remember that at our [LAP-BAND® System Web site](#), you can access several resources for your visit, such as tips for [Discussing the LAP-BAND® System with Your Doctor](#) and [What to Look For In a Surgeon](#).

In addition, here are some questions you can ask during Dr. %%surgeonname%%'s office visit:

- » Am I a candidate for LAP-BAND® System surgery?
- » What is the LAP-BAND® System procedure like?
- » What are the benefits of LAP-BAND® System surgery? What are the risks?
- » How does the LAP-BAND® System compare with gastric bypass surgery - weight loss results, hospital stay, recovery time, side effects?
- » What can I expect after my surgery?
- » What sort of lifestyle changes will I have to make if I have the surgery (e.g. can I eat whatever I want)?
- » What are LAP-BAND® System adjustments?
- » How often will I need to have checkups after my surgery?
- » How much weight can I expect to lose?
- » What about other health conditions, e.g. diabetes, high blood pressure, sleep apnea, etc? Can I still have the procedure and how does it impact these conditions?
- » Can you connect me with other patients I can talk to?

Print out these questions and bring them with you when you see your surgeon. You should also ask detailed questions about his or her experience



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To get all the answers you need, be sure to learn as much as possible before you visit your surgeon. Just [click here](#) to access the Prepare for Surgery section of our Web site.

The [Prepare for Surgery](#) section offers information and resources about the LAP-BAND® System surgery to help you:

- Review a detailed procedure description
- Understand what your surgery day will be like
- Know what to expect after surgery
- Prepare a detailed "I'm Ready!" checklist
- Review frequently asked questions and answers

There is also a [brochure you can download](#) that provides in-depth information you'll want to know before surgery.

We wish you a productive appointment with your surgeon. And once you've completed the appointment, remember to update My LAP-BAND® Journey.

Your LAP-BAND® System Support Team

Here is your surgeon's contact information:



Dr. %%surgeonname%%
%%officeaddress1%% %%officeaddress2%%
%%officecity%%, %%officestate%% %%officezip%%

Phone: %%officephone%%
[%%officewebsite%%](#)

www.lapband.com

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Important LAP-BAND® System Safety Information

Indications: The LAP-BAND® System is indicated for weight reduction for patients with obesity, with a Body Mass Index (BMI) of at least 40 kg/m² or a BMI of at least 30 kg/m² with one or more obesity related comorbid conditions.

Contraindications: The LAP-BAND® System is not recommended for non-adult patients, patients with conditions that may make them poor surgical candidates or increase the risk of poor results (e.g., inflammatory or cardiopulmonary diseases, GI conditions, symptoms or family history of autoimmune disease, cirrhosis), who are unwilling or unable to comply with the required dietary restrictions, who have alcohol or drug addictions, or who currently are or may be pregnant.

Warnings: The LAP-BAND® System is a long-term implant. Explant and replacement surgery may be required. Patients who become pregnant or severely ill, or who require more extensive nutrition may require deflation of their bands.

Anti-inflammatory agents, such as aspirin, should be used with caution and may contribute to an increased risk of band erosion.

Adverse Events: Placement of the LAP-BAND® System is major surgery and, as with any surgery, death can occur. Possible complications include the risks associated with the



medications and methods used during surgery, the risks associated with any surgical procedure, and the patient's ability to tolerate a foreign object implanted in the body.

Band slippage, erosion and deflation, reflux, obstruction of the stomach, dilation of the esophagus, infection, or nausea and vomiting may occur. Reoperation may be required.

Rapid weight loss may result in complications that may require additional surgery. Deflation of the band may alleviate excessively rapid weight loss or esophageal dilation.

Important: For full safety information please visit www.Lapband.com, talk with your doctor, or call Allergan Product Support at 1-800-624-4261.

CAUTION: Rx only.

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