I SHOULD BE LUCKY TO BE INVISIBLE



Poems by Chris Winfield Los Angeles, CA September-November 2016

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Chris Winfield

I Should Be Lucky To Be Invisible Pt. 1

I should be lucky to be invisible

No human interruptions to add to the world of distraction.

I can step through my doorway, a portal between my reality and the inscrutable actuality.

Go to the grocery store, go to the post office, go to the lavanderia,

do what I need to do and never run into anyone I know.

Packages

I Still Have A Voice Even On The Freeway

Waiting for packages was never meant to happen.

But I've easily made it integral in my life, just like others have dance music or fast cars.

We have society, so many centuries of it, and I take from it packages. The things I need are waiting for me on the front porch.

I do enjoy making those old style retail runs, to some degree, but they require so much planning. Especially in Los Angeles. I'll never survive the 5pm roads after work, so it must be the weekend. And when it's the weekend, I try to make it as exciting as I can. I grab a burger and a little soda, like a treat. A sweet reward for leaving the house.

I know I still have a voice. I can order at the register and say I want it to go, then drive thru California's gauntlet packed with aggressive drivers in total control of their pedals, wheels, and horns, though I'm assured that won't be for much longer.

Then I go sit in my room. Eat that food. And fill the space with a medley of smells.

1857 Lemoyne St.

Expectation Interpretation

If I say fewer than fifty words all day, then I've been very polite. I'm staying so quiet no matter what they expect.

Trying to live a life here. I can do a little, feel comfortable, and read more.

I'm too tired to read though. It's painfully already ten pm. I go to sleep, and then no one hears about my dreams. An escape: a strange gift.
A party: a kind of intimacy I'd forgotten, or just disappointment.

I can hear a blonde woman saying "California" every night when I go to sleep. A different voice, but more or less the same person. She isn't a fantasy. She's the real people that I saw that day.

There's maybe forty people total in Los Angeles. Every day L.A. meets my expectations, like an obedient child going through the household routines.

I think I'm about to flip on this though.
I'm not sleeping well, I stay home most of the time.
It becomes easier to see nobody and myself be no person at all than to even put on a shell or make eye contact.
I put up no signals at all.

Dream

Clay On The Wheel

I dream about pulling my oversized work shirt out of my jeans and letting the fabric fall out almost to my knees.
I say "check out my dress" to the person nearest me.
They love it. In other dreams I recognize who I'm with.
They say something and I get the sense that maybe neither of us wants the other in the dream.
But still, we'll get in a bed together, usually mine, which I guess could have an interpretation.
I'll wake up in the surprising California morning cool.
Try to figure out which mistake has me so permanently disillusioned, as if I found a typo in a purportedly perfect book of poetry.

So much focus on what we agreed was meaningless.

It distracted me for a while in memories I wanted to hold on to for unknown reasons,

with so many ultimately irrelevant details about your mouth and face.

What really strikes me now is how I've repressed, I think,

the way we held hands on your balcony,

watching the city traffic and quietly talking,

the one time you asked me to stay over when I thought we were supposed to be distant.

and my excitement to see you on my birthday.

I let go of special and significant, and when we abruptly stopped I filed you away as another one who didn't see me again.

Now I'm invisible in L.A., and I wonder if it was me who disappeared before you did.

I try to push back against the questions, spin them as meaningless as we agreed our relationship would be.

Then thousands of miles from Virginia, I pull the blankets over my eyes and exhale loudly.

I Feel Uncomfortable

I'm Cool

I'm trying not to be the same person I was five seconds ago. How can I be anything but different though. From the moment I was born, I started to recede. My preference. Every memory was a time I pushed too hard until I shut it all down. Then every thought is devoted to not being the same person I was however many, fiveish I guess, seasons ago. Something like every fifteen months or so, I look back and assess. So far I've either lost or won temporarily.

Streaks of blood on the back on white sneakers.

I met some girls from online and never saw them again.

I got four blisters from all the walking we did.

Around the block so many times like a leashed routine.

If I'm an omen, I hope that I'm good.
And then where do they go.
I see them around and it must
mean something. Or just nothing, like everything, haha.

Finger Tats

Power Chord

The singer on the stage, the audience connects who he is to the album cover. The harmonica player, with all his diatonic keys, might have some long term economic goals to make himself more visible. Like a solo act. But it's bullshit. Nobody knows his name, and that's what he wanted from the moment he picked up his instrument.

I pose with my guitar in the mirror, shirtless, not necessarily by design. And I feel the same presence I did 30 minutes earlier, watching the band from the crowd, in this virtualized 2016. Loud and energetic and inspiring in that dated rock way. They were no opening acts. Much like how I don't wanna be. Will they ever put me on stage and let me be cool. I don't have to be shirtless if that helps.

Comforting

Missed Connection

There is no truth.
There is one truth.
There are ten truths.
There are eleven truths, maybe.
Why not 100 truths then. Maybe nothing is false.

You looked at me today,

I was wearing white shoes, black jeans, a blue shirt, and I have eyes and hair. I very distinctly remember you looking at me.

You were wearing clothes.

Please send an email including where you saw me, what time, a picture of your face, and your phone number.

I Bet Neil Young Probably Saw the Plot of Land That Became the 7-11 My Bus Stop Is In Front of

Vividly Remember the Layout of the Trailer I Took English and Social Studies in 5th Grade in

No one wants to hear this, or do anything really.

Just like me, they don't go out or ever pick up their phones.

No creating, no drinking, no talking.

Inconsistencies and drugs are hidden, like a cover-up.

Sometimes I'll smell weed outside, but that's it. Only a whiff.

So much energy wasted trying to pretend I know where it's all coming from.

I'm about ready to give up.

Sitting at home, I can stop everything
and just focus, even when everything's turned inward.

A clear light, like an office ceiling or the illuminated bus at night. It means expenses paid, full ride, much like they always talked about, the people I saw every day while growing up, trying to tell me how to avoid waking up in Los Angeles with no job and no friends, and no skills.

I've had it. For like a week, I did have it. Something like a breakthrough and feeling it's all over at the same time. It felt uncomfortably normal, like is this normal? or is this what mostly people normally feel?

A full ride to wherever I wanted to go, it was implied accompanied by that clear light, which is not at all like fibre optics. It's slow but omnidirectional and sustainable by me, who becomes free of anxiety, depression, and this goofy notion that I'm invisible.

Crushing It Bad News

I used to ask so many questions. Now when I'm feeling relaxed, I think what was that like for me. I'm easily falling into good habits now, or trying to, as much as I allow myself.

It's Saturday morning and I'm working on ways to manipulate myself. To widen the neural freeways that I want widened. Make them up for luxury driving, neurolinguistic fluency, and experiences that I won't think about while having them.

There's major national news and everyone eating al fresco can be heard talking about it from the free part of the sidewalk. I'm responding to everyone's assertions, in turn, in my head, though mostly what I'm thinking is, "You're dumb. And so are you. And so am I."

Peedeeex?

I Should Be Lucky To Be Invisible Pt. 2

Picture moving somewhere else. North this time. It's a new ideal. New bus routes to a different downtown. New people in silhouette passing by me on the street.

The same me, no denying that at this point.
All the memories go with me.
The quote-unquote trauma. The identities of different wood grains and where I've seen them before.
People saying I love you relaxed and happy.
Drunk, but friendly.
All the imagination comes too.
The fantasies about reliving the memories which now are somehow constructive, with new characters and self-serving dialogue.
Only what I want to hear and need to say.

Wear the same shirt a few times in a week, forget deodorant, skip showers, neglect to floss. No one will know but me.

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