Quarantine Winning
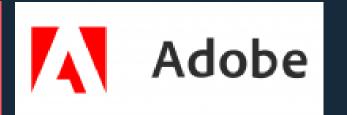
Who am I (Chris Bailey)?

- 20+ years remote software dev
- Remote for variety of companies
- In multiple US cities & Berlin
- Love espresso, mtb, skiing, running, climbing.
- Wife & two kids

" You are not working from home, you are at home during a crisis trying to work.

If only one thing...

Consider a lot of ideas, but...

figure out what works for you,

just like a diet.

WFH articles are great sources of ideas, but absolutely not authoritative.

Discuss & Coordinate with your SO

...and your kids (if applicable)

- Set expectations
- How to signal do not disturb

Work won't be (as much of) a social outlet

Find other - sports, meetups, coffees, etc.

But realize you also get time back*

Get time back, as you spend less time being interrupted or spending time on "non-work" social/chit-chat, etc., leaves more time in day to do what you want *outside of work*.

Dont scrimp on your office

1. High end chair
2. "Standing" desk (for precise height)

https://autonomous.ai or take your chair home

Transitions

No more commute = no more easy transition.

Do something to explicitly help transition. Take notes if in the middle of something.

Take breaks, change up the scenery

- Easier to get/stay in the zone/flow at home
- Read outside or on your couch
- Go for a walk

Use video!

- Nuance and human contact are significantly improved.
- Subtle, but valuable benefits

Also, stay muted unless you're talking.

Notifications

- Hard balance between showing folks you're there, and not being constantly interrupted
- Turn off email & nearly all phone notifications
- Batch email
- Slack: only notify for @ mentions, threads
- Beware of setting an expectation that you're *always* available
- Use the right communication medium

My Struggle

- Still find it hard to leave mid-afternoon.
- I prefer to exercise in the afternoon, but I am always happier when I do it in the morning, and then can work the rest of the day.
- People notice less if show up late (11am, noon?)

Contact Me?

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Latest tech/work: serverless, Go, geospatial, GIS, PostGIS, NatureQuant™ (my new biz)