

Mobile Brain EEG

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EEGLAB



Mobile Brain EEG



Terminology



Motivation



Results & Ideas

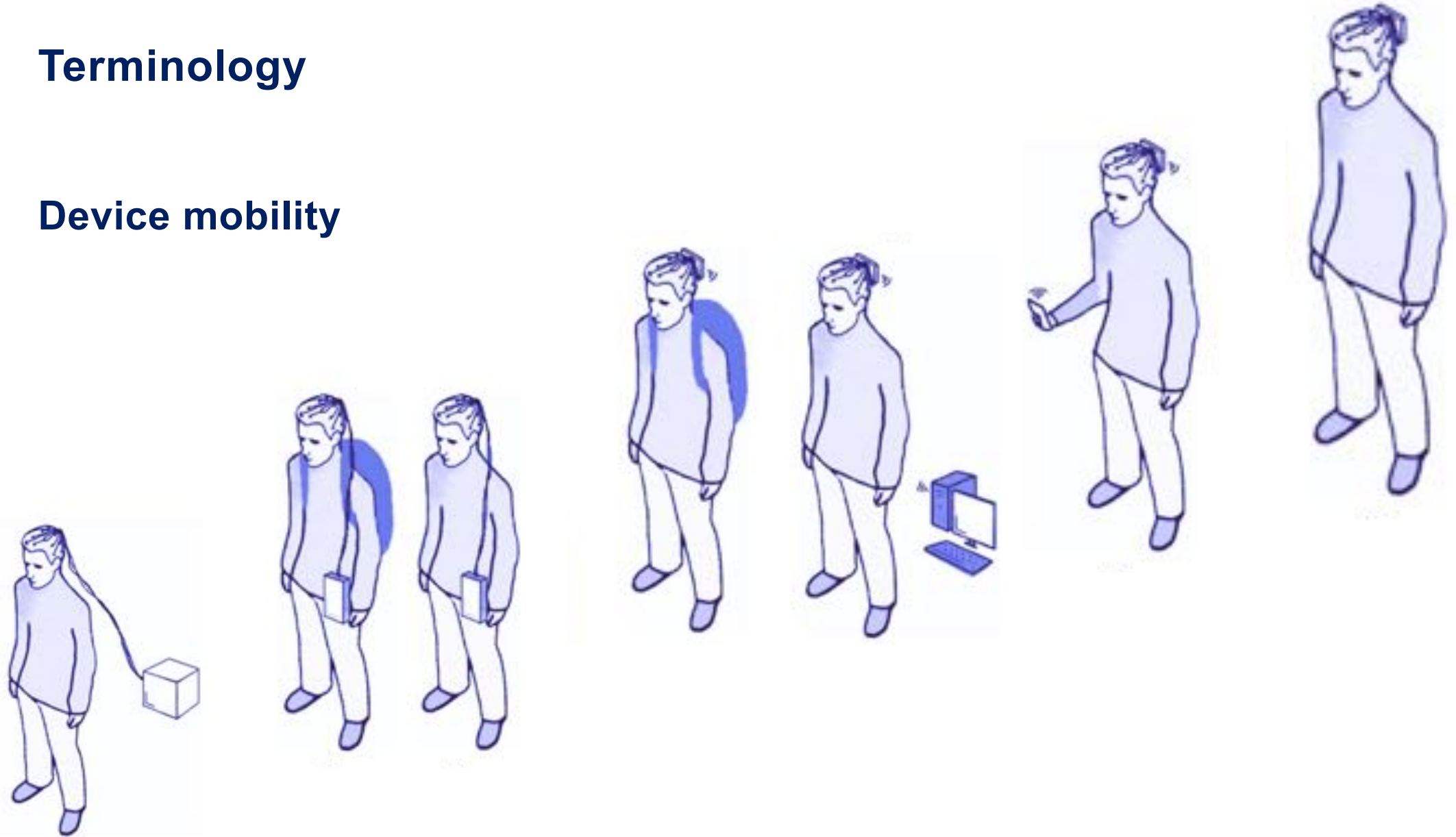
Terminology



wearable EEG wireless EEG
smartphone EEG EEG to go
Ear EEG
motion-tolerant
Transparent EEG
Mobile EEG
unobtrusive EEG
Ambulatory EEG
Portable EEG
ecologically valid

Terminology

Device mobility



Bateson et al., (2017). Categorisation of mobile EEG: A researcher's perspective.
BioMed Research International

Terminology

Device mobility

Participant mobility



Terminology

Device mobility

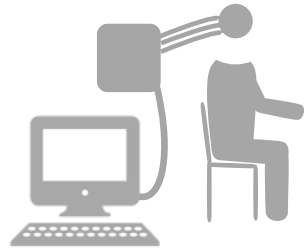
Participant mobility

System specification

TABLE 6: System specification scores.

System attribute ¹	1
Bit resolution (bits)	14
Sampling rate (Hz)	125 or 128
Battery life (hours)	Mains, USB or equivalent

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0D, 0P, 17S, 96C

Debener et al., 2015



4D, 0P, 12S, 16C

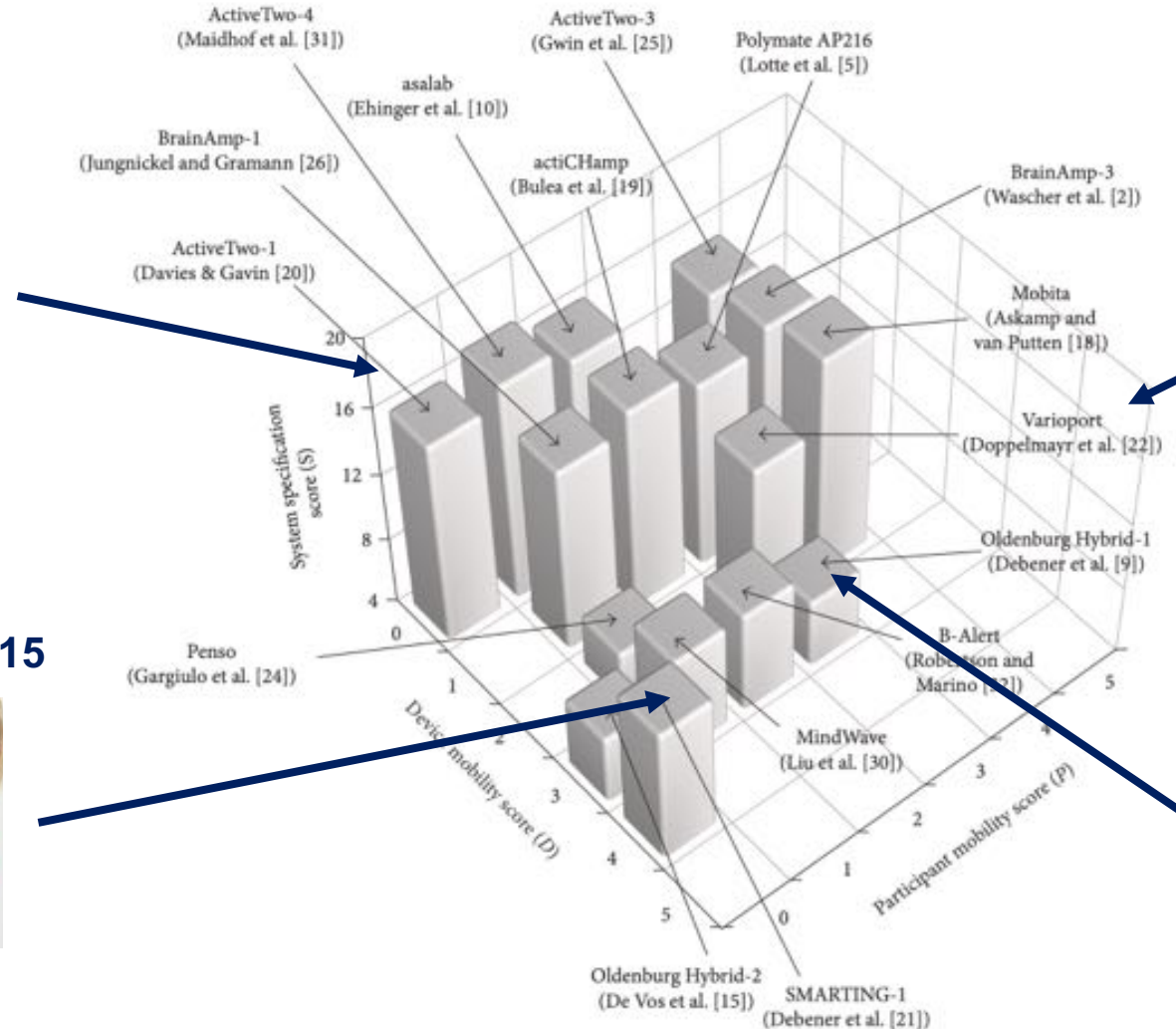
Transparent EEG
Bleichner & Debener, 2017



Debener et al., 2012



3D, 3P, 8S, 14C



Bateson et al., (2017). Categorisation of mobile EEG: A researcher's perspective.
BioMed Research International

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TABLE 5: Electrode type scoring.

Passive (0)	Unshielded (0)	Dry (1)
Active (1)	Shielded (1)	Wet (2)
		Gel (3)



**Do active electrodes outperform
passive electrodes at modest
participant mobility?**

Terminology



64ch active electrodes:
Device mobility score 1

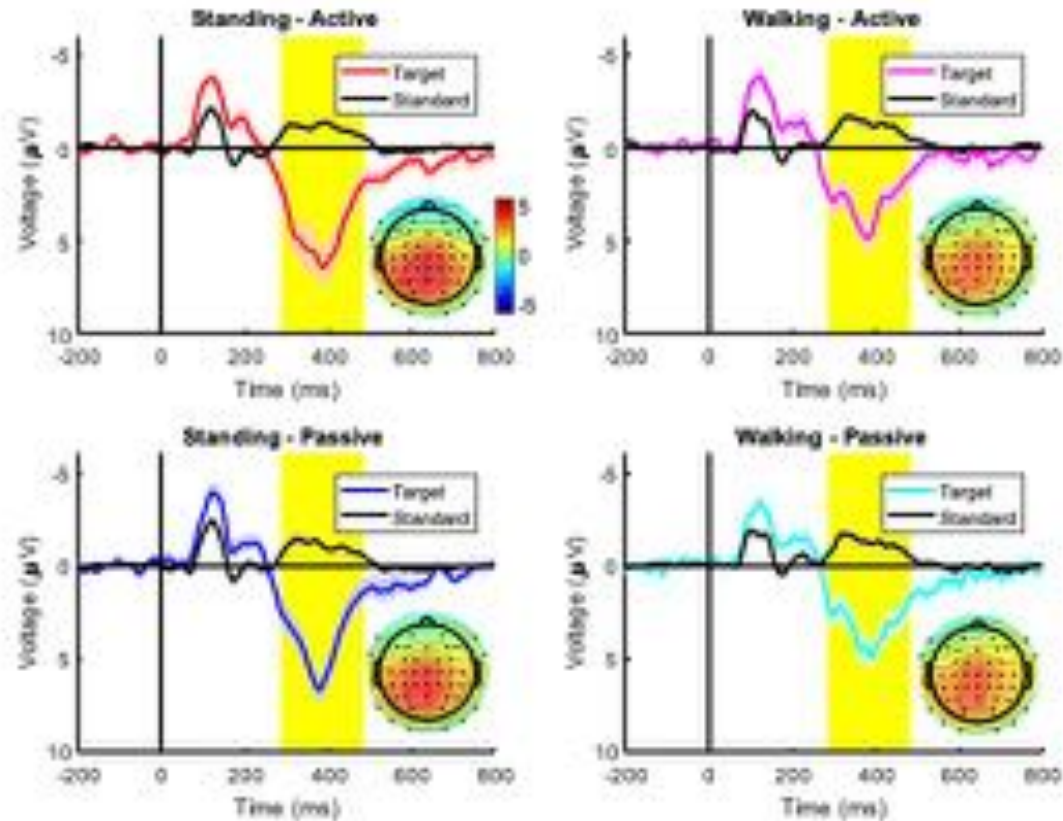


www.brainproducts.com

64ch passive electrodes:
Device mobility score 3



Terminology



No evidence in favour of active electrodes

Scanlon et al., (2020). Does electrode amplification style matter? A comparison of active and passive EEG system configurations during standing and walking *European Journal of Neuroscience*

Terminology

Take home

Mobile EEG claims should be substantiated with evidence based on at least modest participant AND modest device mobility levels.

Mobile Brain EEG



Terminology



Motivation



Results & Ideas

Motivation



Real-world neuroscience
Natural study conditions
Brain-behavior relationship
Next generation tool
Ecological Validity
Daily-life
Real-life Home monitoring
Brain-Body Imaging
Motor cognition

Holleman et al., (2020).
Frontiers Psychology

Why is physical activity beneficial for brain & cognition?

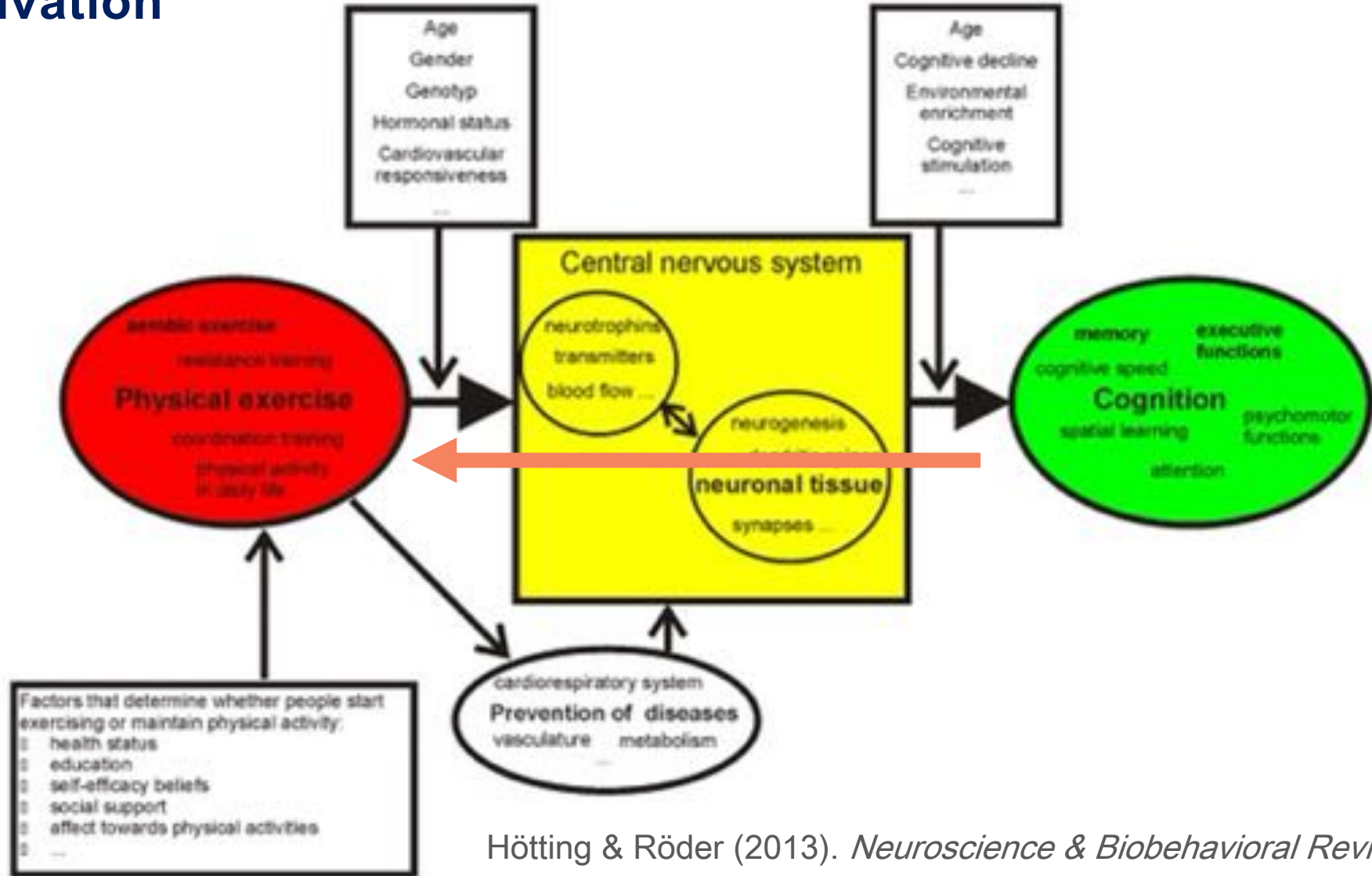
Motivation

Physical activity keeps brain & cognition in shape

- ❑ Age-related hippocampus decline can be slowed down
- ❑ Benefits in particular for episodic memory
- ❑ Physical activity has beneficial effects for depression
- ❑ Slowing of gait predicts MCI
- ❑ ...

-> Physical activity is a cornerstone for healthy aging

Motivation



Hötting & Röder (2013). *Neuroscience & Biobehavioral Reviews*

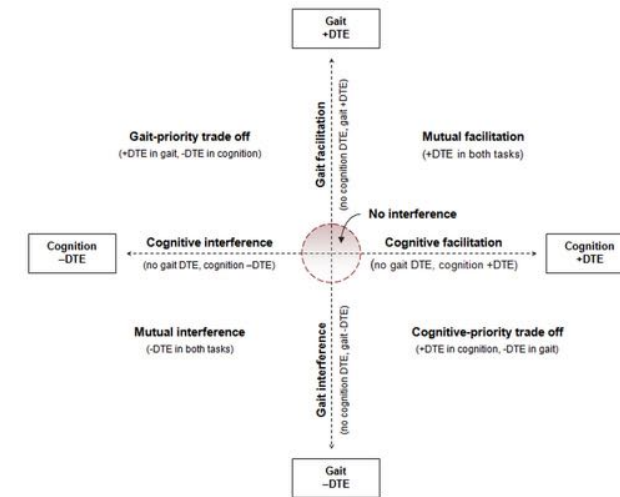
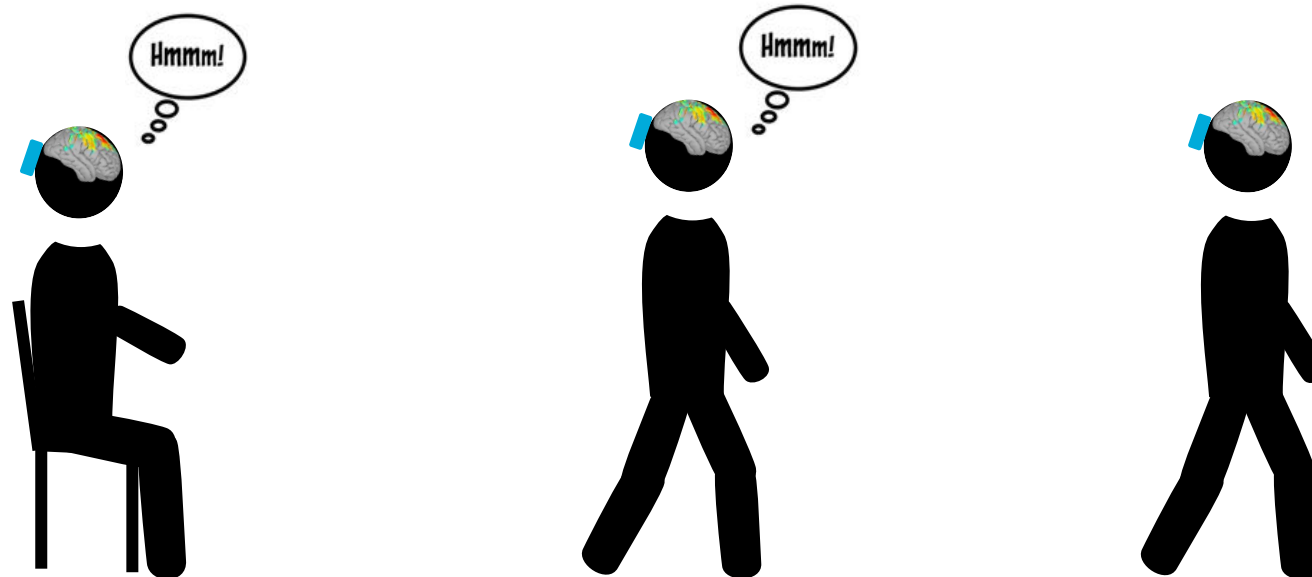
Motivation

How cognitively demanding is physical activity?

Dual task approach:

Neural correlates of cognitive task at rest vs. during physical activity

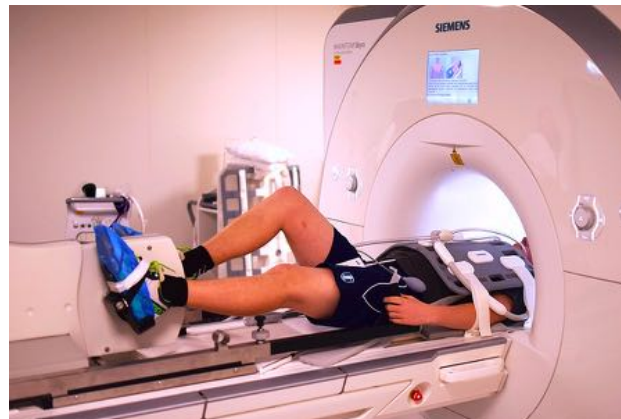
Neural correlates of physical activity alone vs during cognitive task



Plummer & Eskes (2015). *Frontiers in Human Neuroscience*

Motivation

**Mobile EEG can capture the neural correlates
of cognitive and motor processes**



Matthias Seehase, UMG



Mobile Brain EEG



Terminology



Motivation

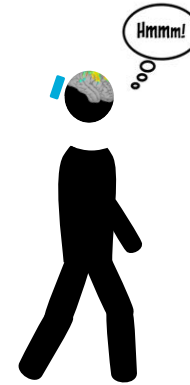
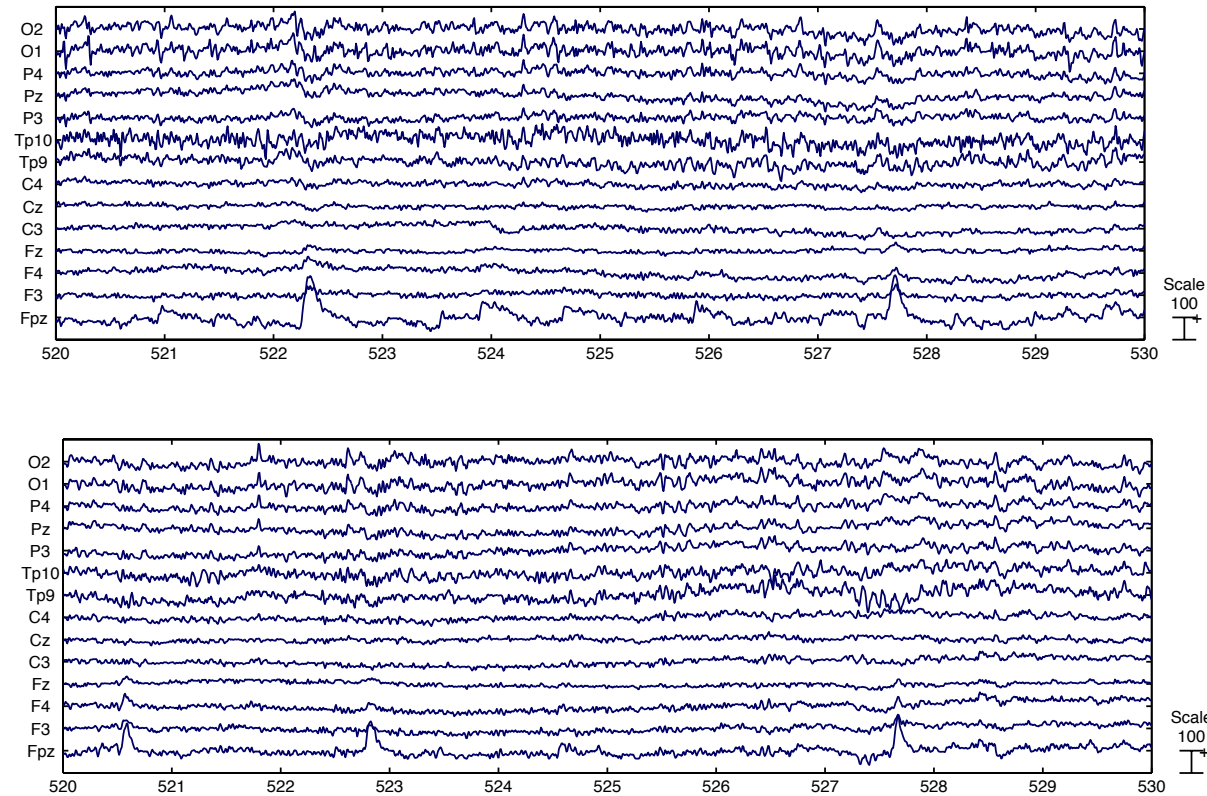


Results & Ideas

Results & Ideas: Gait



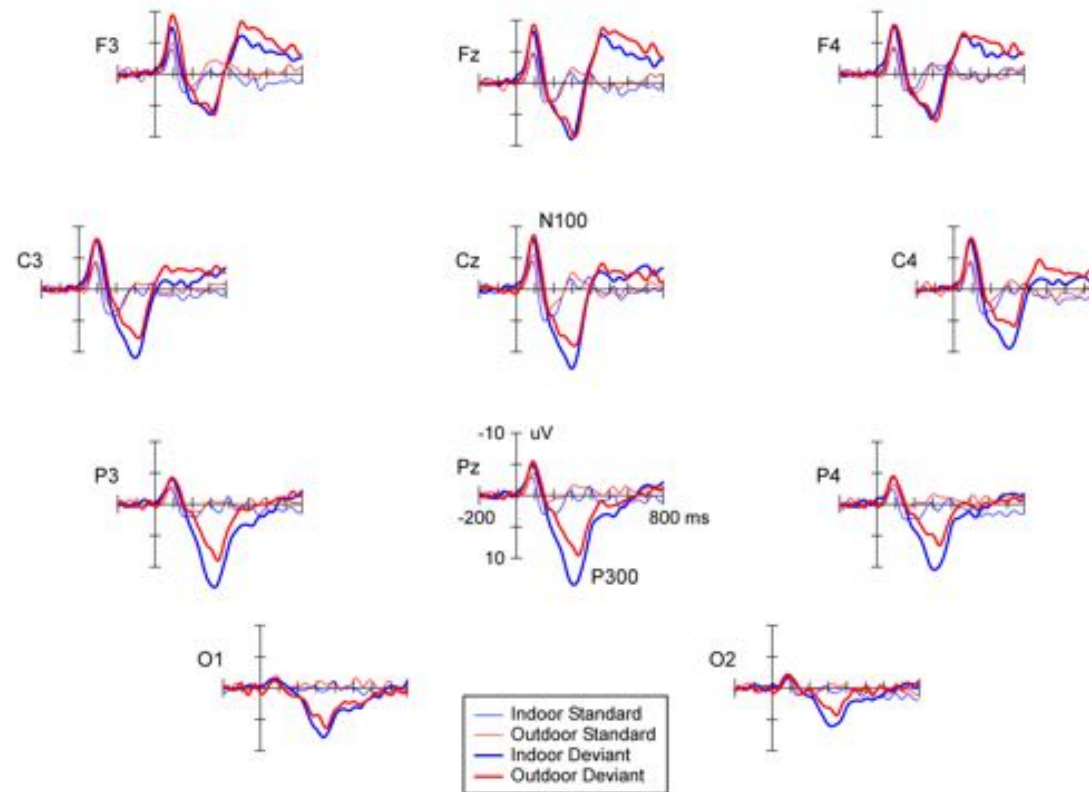
Auditory oddball task sitting vs walking outdoors



Results & Ideas: Gait

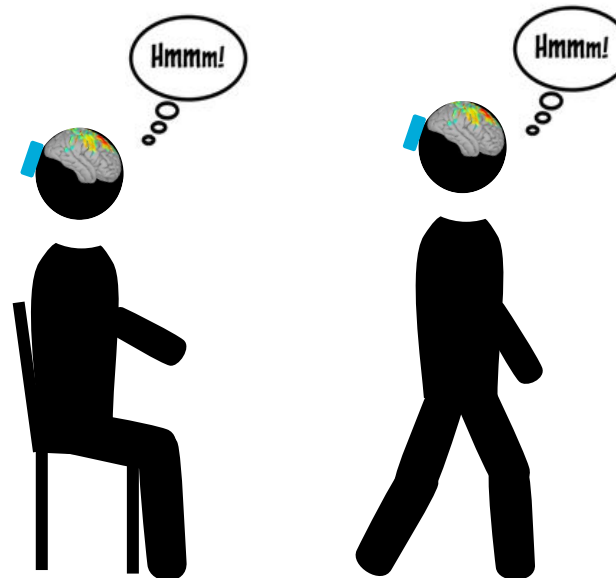


Auditory oddball task sitting vs walking outdoors



Results & Ideas: Gait

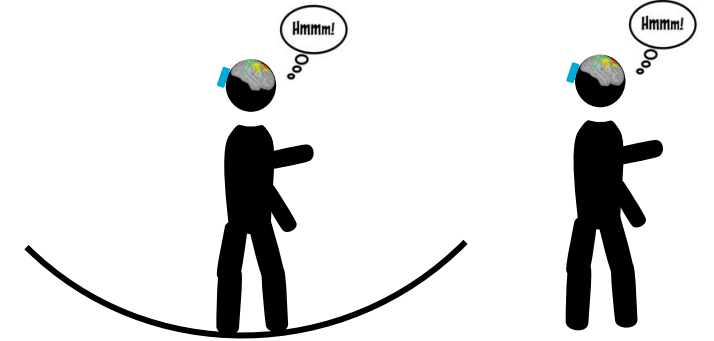
P300 reduction captures the cognitive demands of physical activity



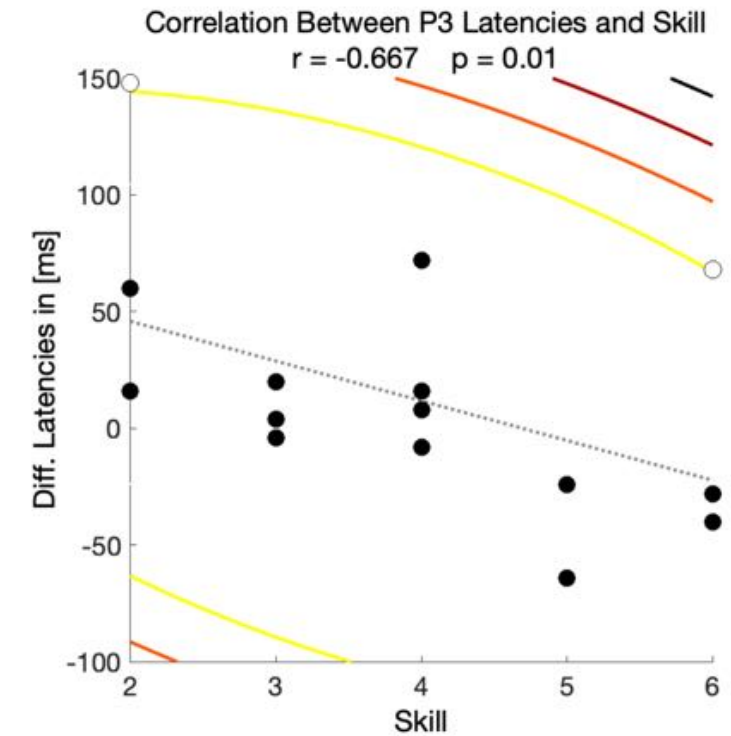
See
Debener et al., 2012
De Vos et al., 2014
Ladouce et al., 2019
Scanlon et al., 2020
...

Could this be confounded by residual movement artifacts?

Results & Ideas: Beyond gait

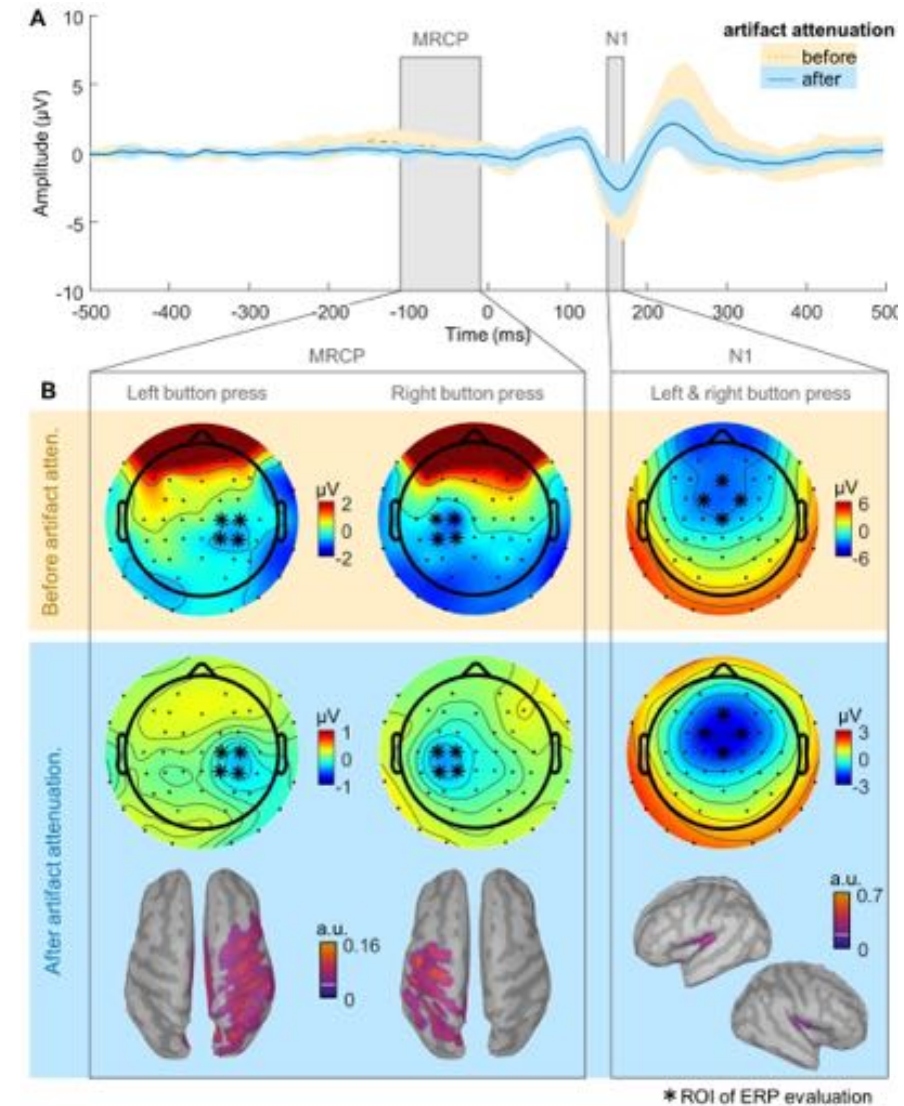
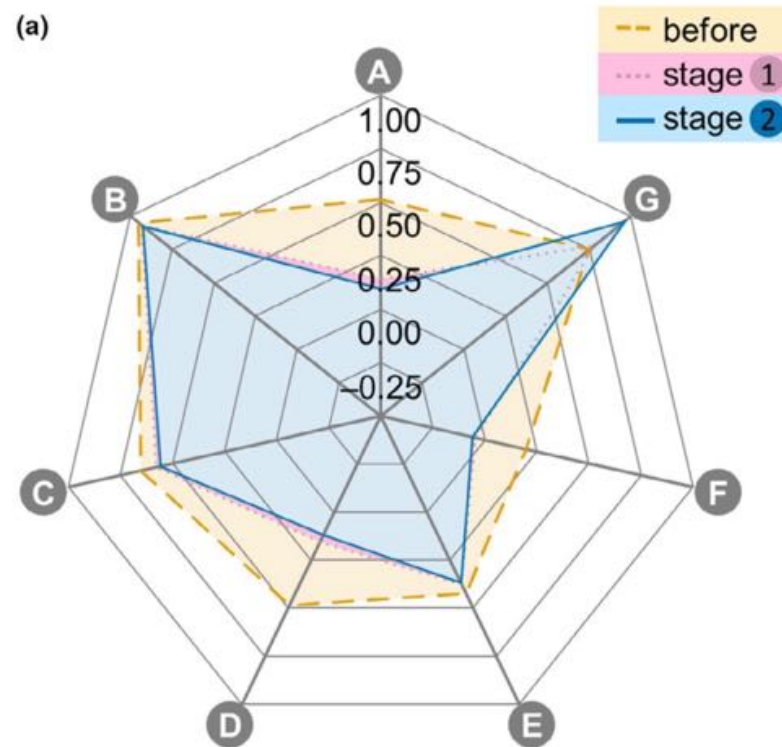


P300 amplitude and latency during slacklining vs standing



Results & Ideas: Artifacts

Artifact reduction strategy should include measures of sensitivity and specificity



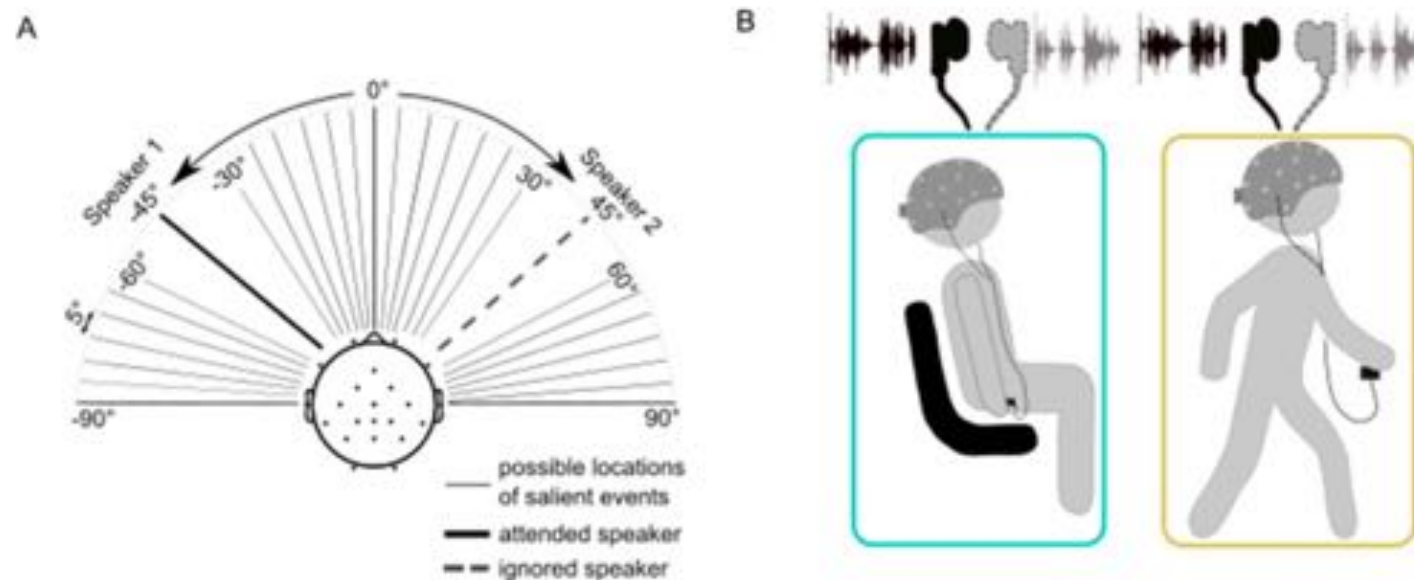
Jacobsen et al., (2020). A walk in the park? Characterizing gait-related artifacts in mobile EEG recordings. *European Journal of Neuroscience*

Results & Ideas: Attention tracking to go

Capturing bottom-up and top-down processes of attention

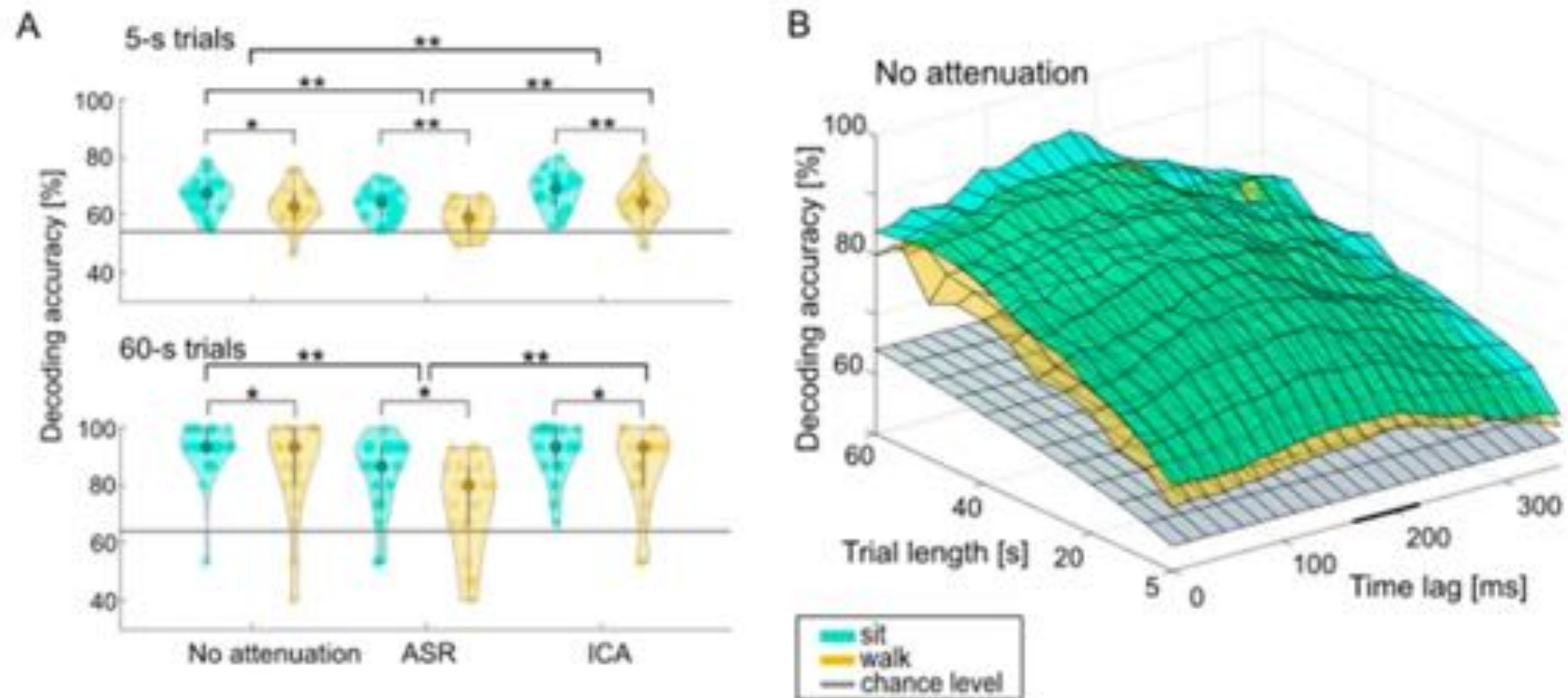
Task: Listen to one of two concurrently played audiobooks

Analysis: attention decoding by envelope tracking (mTRF, Crosse et al., 2016)



Straetmans et al., (2021). Neural tracking to go: auditory attention decoding and saliency detection with mobile EEG *Journal of Neural Engineering*

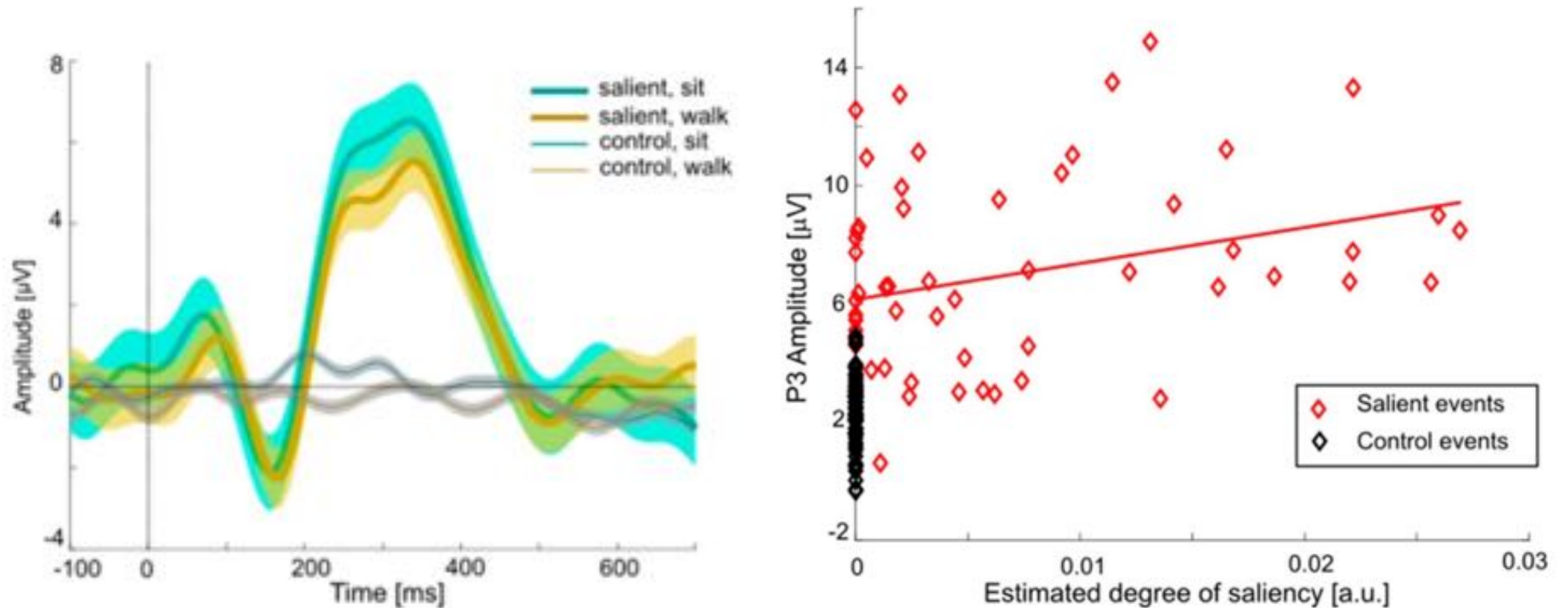
Results & Ideas: Attention tracking to go



Straetmans et al., (2021). Neural tracking to go: auditory attention decoding and saliency detection with mobile EEG *Journal of Neural Engineering*

Results & Ideas: Attention tracking to go

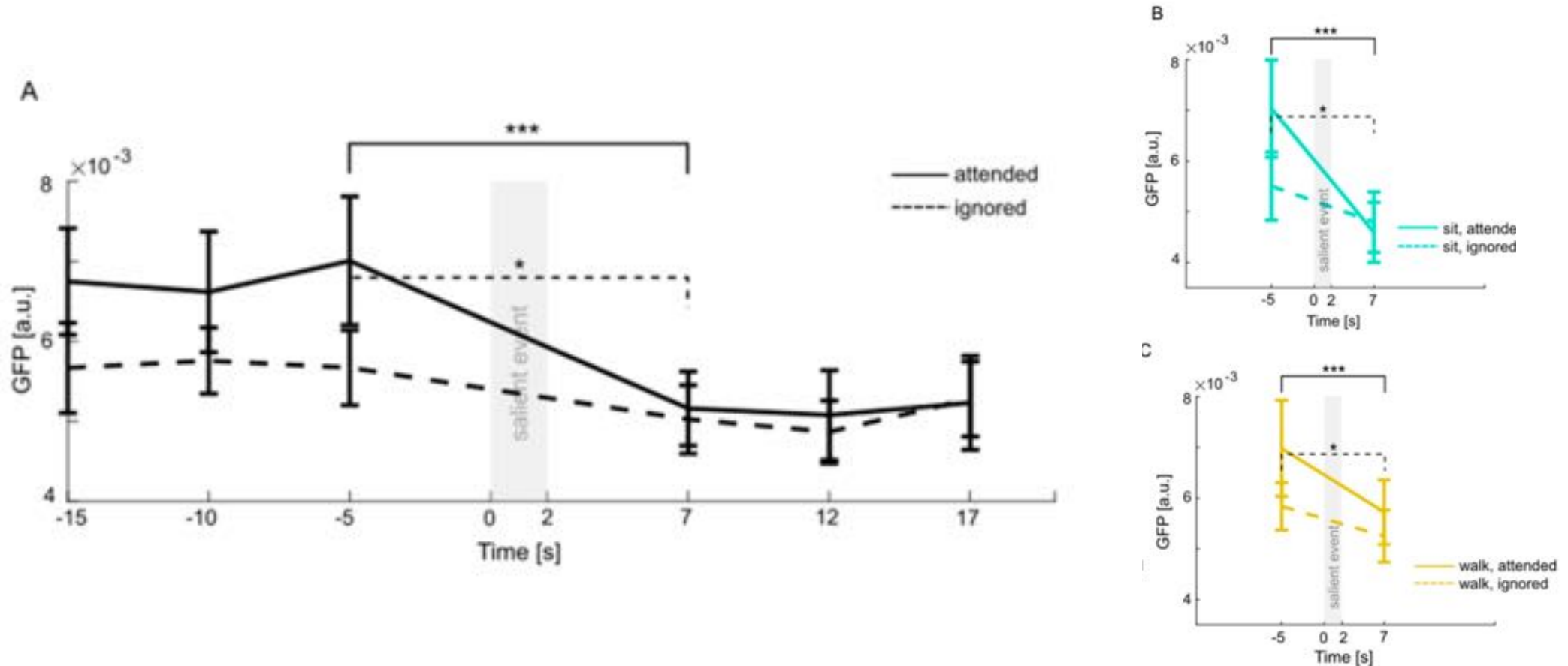
Novelty-P3 amplitude correlates with computational model of auditory saliency (cf. Kaya & Elhiali, 2014)



Straetmans et al., (2021). Neural tracking to go: auditory attention decoding and saliency detection with mobile EEG *Journal of Neural Engineering*

Results & Ideas: Attention tracking to go

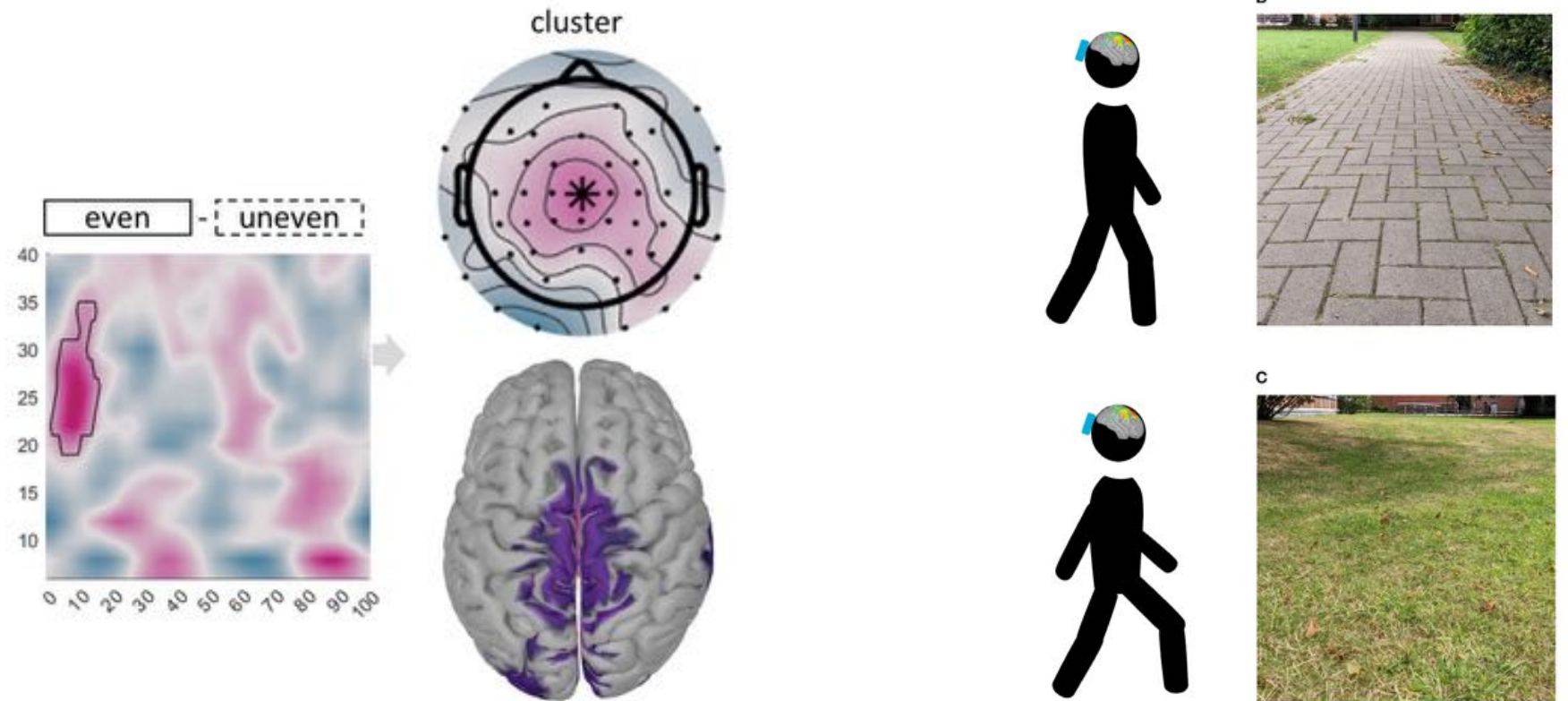
Dynamics of distraction can be captured, even during walking



Straetmans et al., (2021). Neural tracking to go: auditory attention decoding and saliency detection with mobile EEG *Journal of Neural Engineering*

Results & Ideas: What's next?

Gait-phase related power modulations in the beta band reflect terrain-dependent gait control demands



Jacobsen et al., (2022). Mobile EEG captures differences of walking over even and uneven terrain *Frontiers in Sports and Active Living*

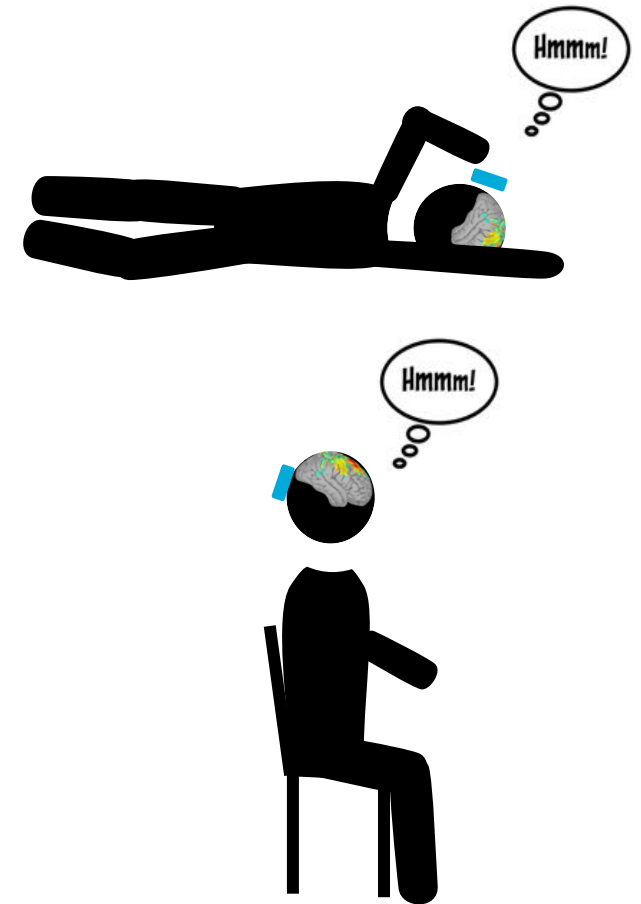
Results & Ideas: What's next?

Integrate the dynamics of physical activity, using IMUs



Results & Ideas: What's next?

Integrate the dynamics of physical activity, using IMUs

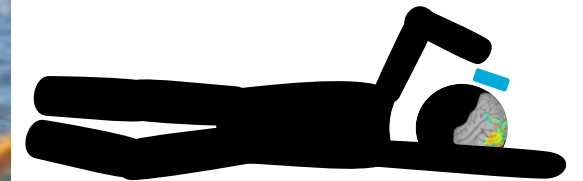
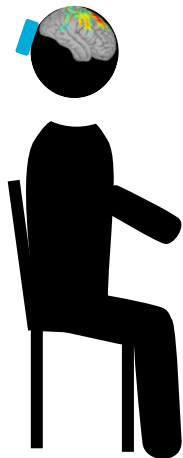


Outlook

Mobile EEG with high device mobility and system specification is needed

Mobile EEG offers insights into the cognitive demands of physical activity

This may help to develop individualized programs facilitating healthy aging



Acknowledgement

