

## Redwood Regional Park

**Location:** Oakland  
**Difficulty:** Moderate  
**Foot Traffic:** Heavy  
**Parking Fee:** \$6  
**Weather:**

**January** 59/45  
**February** 63/47  
**March** 64/49  
**April** 67/50  
**May** 69/53  
**June** 72/55  
**July** 72/57  
**August** 73/58  
**September** 75/58  
**October** 72/55  
**November** 65/50  
**December** 58/45



This trail is 7.9 miles long and has an elevation gain of 1,358 feet. The hike is characterized by its sterling views of the East Bay, and the countless tall redwood trees that surround you as you make your descent towards the creek. The special thing about redwood trees, is that there are only 2 species of Redwoods in the world; one of them can be found in China, while the other species is found here in the Bay Area. On this trail you can bask in the legendary glory, which is the California Redwood. The hike is a mixture of strenuous and easy stretches, for the most part the trail is maintained. There are bathrooms along the way, as well as places to get water. the smells of Eucalyptus adds to the incredible atmosphere of this hike. It's definitely a must see for any avid hiker or outdoors person.

**IMPORTANT: THERE ARE MANY MOUNTAIN BIKERS WHO UTILIZE THIS TRAIL, SO BE MINDFUL OF THIS WHILE MAKING YOUR HIKE. AT TIMES THE TRAILS GET NARROW AND BIKERS DO NOT HAVE ADEQUATE ROOM TO SWERVE AND AVOID HITTING HIKERS, NOR DO THEY HAVE ENOUGH TIME TO BRAKE.**

