

## **Lake Chabot Regional Park**

**Location:** San Leandro, California

**Difficulty:** Easy

**Foot Traffic:** Light

**Parking Fee:** \$2

**Weather:**

**January** 58/41

**February** 61/43

**March** 63/44

**April** 66/45

**May** 69/48

**June** 72/51

**July** 75/54

**August** 75/54

**September** 76/55

**October** 72/51

**November** 64/45

**December** 58/41



The Lake Chabot East Shore Loop Trail is a quiet trail with minimal foot traffic. The total distance is 3.8 miles and the elevation gained is 413 feet. Dogs are allowed on the trail, but need to be kept on a leash. The entire hike is a mix of hills and flat pavement, but the hills do not have a severe grade. The most difficult part of the hike is shaded, so that certainly makes life easier. The entire hike features beautiful views of the lake, and the majority of the trail is paved too. It's a great place for a run. Just make sure to avoid the geese and dodge the bird droppings along the way. The truly special thing about this trail, is it offers a little bit of everything for the ardent, experienced hiker; to the person who is just starting out. If you happened to be in the Hayward/Oakland area, I highly suggest this!

