

Joaquin Miller Regional Park

Location: Oakland, California

Difficulty: Easy

Foot Traffic: Heavy

Parking Fee: N/A

Weather:

January 55/44

February 57/44

March 61/45

April 63/46

May 66/48

June 71/51

July 73/53

August 74/54

September 75/55

October 70/53

November 60/48

December 54/44



This trail spans 3.2 miles and the total elevation gained is 570 feet. From the trail, you will be able to explore Palo Seco Creek, Cinderella Creek, enjoy a gorgeous waterfall, and maybe even see a deer. This trail is very heavily trafficked, in fact it is one of the most frequented in the entire East Bay Regional Park District. Many people visit, from hikers, to bikers, to tourists. It truly is an urban oasis, just outside of one of the Bay Areas most densely populated areas. The plethora of trees makes you feel like you're in the redwoods.

IMPORTANT: This trail is heavily used by mountain bikers, and at times the trail can become extremely narrow. So always be aware of your surroundings, because not only do cyclists move fast, they also travel in large groups. With little room to get out of the way, this can potentially be a recipe for disaster. Enjoy with caution!

