

Hayward Regional Shoreline

Location: Hayward, CA

Difficulty: Easy

Foot Traffic: Light

Parking Fee: N/A

Weather:

January 58/43

February 61/45

March 64/48

April 66/49

May 69/53

June 73/56

July 75/58

August 76/58

September 76/58

October 72/54

November 64/48

December 58/43



Hayward Regional shoreline over one thousand acres of seasonal wetlands and marshes. The park's levees were originally built for salt evaporation ponds, but now provide visitors with the perfect paths to walk, run, bike or play alongside the Bay. The trail is kid friendly because it is very flat, and well-maintained. On a clear day, the San Francisco skyline is easily visible to the West, but that doesn't mean that it isn't nice to visit on a cloudy day as well. The shoreline offers more than just an opportunity to exercise, however. There are certain points on the trail which allow fishing. There are benches placed at each half-mile, so this serves as a great place to rest and take in the view, or a place to mark your progress as you log your miles in. Either way, the Hayward Regional Shoreline is a splendid place to visit!

