

## **Garin Regional Park**

**Location:** Hayward, California

**Difficulty:** Moderate

**Foot Traffic:** Light

**Vehicle Fee:** 5\$

**Weather:**

**January** 57/42

**February** 60/44

**March** 63/47

**April** 65/48

**May** 68/52

**June** 72/55

**July** 74/57

**August** 74/57

**September** 75/57

**October** 71/53

**November** 63/47

**December** 57/42



While Garin Regional Park is rated as “moderate”, I must mention that the trail is kid-friendly. Unlike other local trails, such as Mission Peak, you can observe many young children (under 12) hiking, on any given day. There is also ample space provided for picnics, playing catch, and other activities along the way. There is scenic Jordan Pond (no swimming or fishing allowed, but it is a great photo op for IG), and some old relics from the parks rich agricultural past, located at the trail-head. All in all, Garin Regional Park has a little bit of something for everyone. The hike is a total of 6 miles, and the steepest incline occurs about 1.05 miles into the ascent, as evident by the map pictured below. I specifically left the cursor on the steepest grade, which is 21%. The maximum elevation reached is 1,147 and the decline is much more gradual, than the abrupt incline.

