

Las Trampas Wilderness

Location: Alamo, California

Difficulty: Strenuous

Foot Traffic: Light

Vehicle Fee: 5\$

Weather:

January 57/45

February 57/45

March 62/47

April 65/47

May 71/51

June 78/58

July 84/60

August 84/60

September 82/61

October 73/56

November 61/49

December 54/44



The Ringtail Cat loop in Las Trampas Wilderness offers a unique experience from many other hikes in the East Bay region, in the sense that this hike will take you into very remote, and rugged areas. The area was produced by 2 Bay Area fault lines, and is also very geologically diverse. Another interesting fact about this park, is that it contains a wide variety of metamorphic, fossil bearing rock. If you pay close enough attention during your trip, you may even spot a fossil. There are many different terrains you will encounter on this trail from flat grasslands, wooded areas, and the rolling hills the East Bay is known for. At the top you will reach a nice bluff, with wonderful panoramic landscape views of the East Bay. The distance of the hike is 7.9 miles and the elevation gained is 1,909 feet.

WORDS OF WARNING: The water supply is very inconsistent, so prior to hiking, make sure that you are carrying at least one liter of water. Moreover, there are no bathrooms during the hike, so make sure to take care of business beforehand.