

Pleasanton Ridge Trail

Location: Sunol

Difficulty: Strenuous

Foot Traffic: Moderate

Parking Fee: \$4

Weather:

January 54/34

February 57/36

March 62/38

April 67/41

May 72/46

June 79/50

July 84/53

August 84/53

September 82/51

October 74/56

November 62/38

December 54/34



The Shady Creek Trail is one of the longest trails in the East Bay Regional Park District, at 14.0 miles. It also features a significant elevation gain, of 2,464 feet. You can expect to take at least 4 hours to complete this hike, even if you are one of the more seasoned runners/hikers. The first 2 miles of the trail are the most challenging overall, so you definitely don't get eased into the experience, but you do get the hard part out of the way first. The trail is beautiful and about halfway through—at the 7 or 8 mile mark, you will see a park bench, where you can sit and have lunch, or a refreshing sip (or couple sips) of water. The park bench features a stunning view of Pleasanton and the Tri-Valley area.

IMPORTANT: THIS TRAIL IS FEATURED AS ONE OF THE BAY AREAS MOST CHALLENGING HIKES, SO BY VIRTUE OF THIS, IT IS NOT RECOMMENDED FOR YOUNG CHILDREN OR BEGINNERS!

