

Client: The Learning Factor (NSW Ambulance)

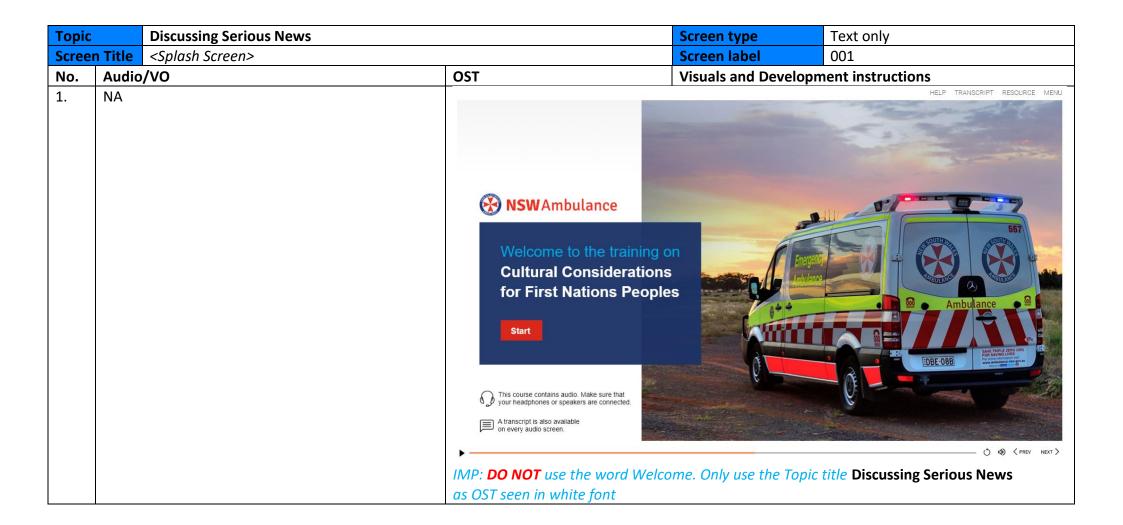
Document: Storyboard for Discussing Serious News

Version History:

Version No.	Edited By	Date	Remarks
001	Sheetal Mehta	14 th December, 2023	SB Creation
002	Anjuman Deodhar	15 th December, 2023	SB review

Notes to Developers:

- Please refer to Discussing Serious News.pptx for slide 2, 3, 17, 18 and 33 images.
- Please refer to https://www.digital.nsw.gov.au/delivery/digital-service-toolkit for Design Standards.
- Please refer to \\192.168.1.88\01 e-learning \text{Learning Factor}\02 \text{ NSW Ambulance}\01 \source\01 \client input\03 \text{ Images} for images without stock ids.
- IMP: This is a very serious topic, so please use graphics/icons and images that are in keeping with the topic being taught.



Topic		Discussing Serious News		Screen type	Static
Scree	n Title	Acknowledgement to Country		Screen label	002
No.	Audio	/vo	OST	Visuals and Develop	pment instructions
1.	deepe Tradit lands contin	Ambulance acknowledges and pays our est respect to the past, present, and future ional Custodians and Elders of the many on which we work and live, and the nuation of cultural, spiritual, and educational ces of Aboriginal and/or Torres Strait Islander es.	NSW Ambulance acknowledges and pays our deepest respect to the past, present, and future Traditional Custodians and Elders of the many lands on which we work and live, and the continuation of cultural, spiritual, and educational practices of Aboriginal and/or Torres Strait Islander peoples.		ge from 'Discussing Serious News.pptx side with OST in sync with VO on the left.

Topic		Discussing Serious News		Screen type	Static
Scree	n Title	Reminder: Look after yourself		Screen label 003	
No.	Audio	/vo	OST	Visuals and Developn	nent instructions
1.	guide care, a caregi It can	are many issues discussed in this learning related to serious illness, dying, end-of-life and death, as well as the impact on families, vers, and communities. be upsetting to reflect on and learn about issues.	There are many issues discussed in this learning guide related to serious illness, dying, end-of-life care, and death, as well as the impact on families, caregivers, and communities. It can be upsetting to reflect on and learn about these issues.		from 'Discussing Serious News.pptx de with OST in sync with VO on the left.

Topic		Discussing Serious News		Screen type	Text and image
Scree	Screen Title Introduction			Screen label	004
No.	Audio	/vo	OST	Visuals and Developn	nent instructions
1.	suppo illness quality an und palliat	aramedic, you have an important role in rting people who are living with life-limiting and those at the end of life. To support high-y care delivery, paramedics need to develop derstanding of the philosophy and practice of ive care and the role that you have in ing palliative care.	 Important role of Paramedics Support people who are living with life-limiting illness and those at the end of life Support high-quality care delivery Develop an understanding of the philosophy and practice of palliative care Understand your role in providing palliative care 	Display OST in sync wi	eth VO.
2.	quality palliat	ential area of focus when providing high care in the context of end of life and ive care includes effective communication atients and families.	 An essential area of focus includes effective communication with patients and families. 	Retain the image and Display OST in sync wi	

Topic Discussing Serious News			Screen type	Text and image
n Title	Learning Objectives		Screen label	005
Audio	/vo	OST	Visuals and Devel	opment instructions
Ide co De en Ide ho im cu Ou	entify the barriers that can lead to ineffective mmunication escribe the importance of empathy and appowerment entify the key points of communication and ow nonverbal communication along with the portance of cultural influences can shape Iturally safe and responsive communication utline the SPIKES framework and how it can	shutterstock ID: 2218316467	2 YO Lorem sed dia dolore la VO Lorem sed dia volume la VO Lorem sed dia vo	DUR TITLE ipsum dolor sit amet, consectetuer adipiscing elit, am nonummy nibh euismod tincidunt ut laoreet magna aliquam erat volutpat. DUR TITLE ipsum dolor sit amet, consectetuer adipiscing elit, am nonummy nibh euismod tincidunt ut laoreet magna aliquam erat volutpat. DUR TITLE ipsum dolor sit amet, consectetuer adipiscing elit, am nonummy nibh euismod tincidunt ut laoreet magna aliquam erat volutpat. DUR TITLE ipsum dolor sit amet, consectetuer adipiscing elit, am nonummy nibh euismod tincidunt ut laoreet magna aliquam erat volutpat. DUR TITLE ipsum dolor sit anet, consectetuer adipiscing elit, am nonummy nibh euismod tincidunt ut laoreet magna aliquam erat volutpat. IMAGE ID: 2218316467 www.shutterstock.com
	At the Audio At the co Deen ho	Audio/VO At the end of this module, you should be able to: Identify the barriers that can lead to ineffective communication Describe the importance of empathy and empowerment Identify the key points of communication and how nonverbal communication along with the importance of cultural influences can shape culturally safe and responsive communication	Audio/VO At the end of this module, you should be able to: Identify the barriers that can lead to ineffective communication Describe the importance of empathy and empowerment Identify the key points of communication and how nonverbal communication along with the importance of cultural influences can shape culturally safe and responsive communication Outline the SPIKES framework and how it can assist in discussing serious news	Audio/VO At the end of this module, you should be able to: Identify the barriers that can lead to ineffective communication Describe the importance of empathy and empowerment Identify the key points of communication and how nonverbal communication along with the importance of cultural influences can shape culturally safe and responsive communication Outline the SPIKES framework and how it can assist in discussing serious news Screen label Visuals and Devel YO Low Low Low Low Low Low Low Lo

Topic		Discussing Serious News		Screen type	Text and image
Scree	n Title	Effective Communication		Screen label	006
No.	Audio	/VO	OST	Visuals and Develo	ppment instructions
1.	a pati	nunicating well is an essential skill for helping ent and their family deal with the effects of miting illness and end-of-life concerns.	Communicating well is an essential skill for helping a patient and their family deal with the effects of life-limiting illness and end-of-life concerns.	(Image to be provid	amedics conversing with patients. Idea by the client) Is with VO with above image as
2.	about treatn	people want specific, honest information their prognosis, symptom management and ment options. This will help them with making ons and establishing realistic goals of care.	 Most people want specific, honest information about their prognosis, symptom management and treatment options It helps them make decisions and establish realistic goals of care 	Retain the image a Display OST in sync	nd fade out previous OST.
3.	comm profes Memb practi questi family conve Use of patier	are a range of barriers to effective nunication that exist in healthcare across all ssional groups, including: pers of the healthcare team using a tioner-centred communication style (eg, ion and answer) rather than a patient and v-centred style (eg, active listening, ersational) of medical terminology and jargon that the int and family are not familiar with tage issues or lack of use of interpreters	Barriers to effective communication Members of the healthcare team Using a practitioner-centred communication style rather than a patient and family-centred style Use of medical terminology and jargon Have language issues or lack of use of interpreters	(Image to be provide	amedics conversing with patients. ded by the client) columns in sync with VO.

Patients and family barriers to effective communication due to

Misunderstanding of health problems or diagnoses, illness and dying
Mistrust of healthcare services due to negative past experiences
Cultural and spiritual values and beliefs influencing responses and interactions with the healthcare team.

Patients and Family

- Misunderstand health problems or diagnoses, illness and dying
- Mistrust healthcare services due to negative past experiences
- Cultural and spiritual values and beliefs influencing responses and interactions with the healthcare team

Topic Discussing Serious News		iscussing Serious News		Screen type	Text and image
Screen Title Key strategies that can help improve communication		ication	Screen label	007	
No. 1.	Audio/V	· · · · · · · · · · · · · · · · · · ·	OST Paramedics are naturally strong communicators.		ppment instructions Emergency Ambulance
				background.	with VO with above image as
2.	palliative	r, conversations about serious illness, e care, dying and death are often difficult, require different styles and approaches.	Conversations about serious illness, palliative care, dying and death are often difficult, and can require different styles and approaches	Retain the above in Display the OST in s	_
3.	improve and their	e some key strategies that can help communication and support the patient family to make decisions, even during cy situations.	 Key strategies Improve communication Support the patient and their family to make decisions, even during emergency situations. 	Typography	
4.	trusting r This freq	ics are relied on to rapidly develop relationships with the people they care for. uently relies on open, honest ication where people feel listened to and	Open, honest communication where people feel listened to and cared for	Retain the OST and Display the OST in s	_

	cared for, feel that they can ask questions without being judged, and express their opinions openly.	 People feel that they can ask questions without being judged People express their opinions openly 	
5.	There are two important components to a trusting	Empathy	Display the OST (two components) in the form of
	relationship - empathy and empowerment:	Empowerment	flashcards.
	Select each component to learn more.		The flashcards display the images given below on the front
		Select each component to learn	with OST written on it.
		more.	shutterstock: Shutterstock ID: 576882187 (For Empathy)

	shuttersto. Shuttersto. (For Empo	ock ID: 731538226
6.	 Empathy is the ability To appreciate another person's experience, concerns and perspectives and communicate this understanding To truly listen and understand the patient's journey by asking questions related to their illness experience To encourage people to express their feelings, acknowledge their emotions and then respond with empathy Empowerment is the ability To help a person feel in control and have confidence in their life and the things they want to achieve To give people the confidence to make their own decisions based on 	On click, flip the cards to show the Interpretation of each component on the other side.

	 the support and guidance of members of the healthcare team To listen and provide access to information that helps people understand and make decisions about their healthcare
	Flip card activity ends

Topic		Discussing Serious News		Screen type	Text and image
Screen Title Key points of conversation		Key points of conversation		Screen label	008
No.	Audio	/VO	OST	Visuals and Develo	pment instructions
1.	For ex need to optimal your we regular	deral, providing plain language explanations in the manner and checking understanding arly, will help to limit misunderstandings. Sample, rather than saying, your wife will to have regular doses of opioid analgesics to ise her symptom management, you can say, wife will need strong pain killers, given arly, to make sure that her pain and other assing symptoms are controlled.	In general, providing plain language explanations in an open manner and checking understanding regularly, will help to limit misunderstandings. • "Your wife will need to have regular doses of opioid analgesics to optimise her symptom management" • "Your wife will need strong pain killers, given regularly, to make sure that her pain and other distressing symptoms are controlled"	Show an image of a conversation with a the client) Show the first line of the client in the client i	In NSW Ambulance paramedic in a non-medico. Ilmage to be provided by of OST. Det point within quotes next to the est s/he is saying it. After the OST has coss mark next to it. ine with the second bullet point, and a
2.	the modern common cues a These	essages you send and receive are nunicated not just in words but in nonverbal as well. include the way you talk (tone of voice, vocal and expression) and your body language	 Nonverbal Communication The way you talk Tone of voice Vocal clarity Expression Body language 		

	(facial expressions, posture, eye contact, touch, gestures). Emotions are often expressed subconsciously in nonverbal communication, so it is important to pay attention to these cues.	 Facial expressions Posture Eye contact Touch Gestures 	Shutterstock ID: 1402925585 Show Nonverbal Communication as the slide title, and the 2 main bullet points as the titles for each of the images above. Sub-bullets to appear as OST around respective icons	
3.	It is important to be sensitive to the ways that culture can influence communication. Select each point to learn more.	Cultural influences and culturally-safe and responsive communication	Accordion Activity	
Silence				
	opportunity to cons	ilence is a key part of conversations sider and process information. Some over an opportunity to speak when not the words you use	ne people can feel	
	many Aboriginal an statements about o	to be aware of the words you use and Torres Strait Islander communitied bying and death are usually not use and going to get better, bad / sad	es, direct d. Alternative	
		Preferred words		
	·	neck with the patient and their fam use in conversations.	ily to find out the	
		Appropriate spokesperson		
	It is also important to identify who the appropriate sp the family is and who should be included in conversati patient's care, and who to contact in the event of death.		ions about the	

Accordion activity ends

4. Here are some resources that can assist with your communication

Please have these external resources embedded into the course.

Please make the images (to be displayed side by side) given below, clickable. On clicking anywhere on the image, the pdf file will open in a new window/tab.

Clustrate or provide pdf files.

PEPA/IPEPA Communication Guides.

Supporting across to pullisher care for everyone

CULTURAL CONSIDERATIONS

PRESIDENCE CONFEDERATIONS

PRESIDENCE CONFEDERATIO

Topic		Discussing Serious News		Screen type	Text and image	
Scree	n Title	Frameworks for communication in serious illness		Screen label	009	
No.	No. Audio/VO		OST	Visuals and Development instructions		
1.	able to develop skills for 'bad news' conversations.		Healthcare professionals should develop skills for 'bad news' conversations	Display the image given below as the background. Emergency Ambulance		
2.	done	ersations about serious illness that are not well can lead to misunderstanding, Formed decision-making, or even additional a	Conversations about serious illness that are not done well can lead to misunderstanding, misinformed decisionmaking, additional trauma	Retain the image Display OST in syn		

3.	There are a number of frameworks and models for ways to break bad news to people and their families. These frameworks were developed to support staff who either had existing or ongoing relationships with patients and families, not for the prehospital or emergency setting. However, the basic principles of these frameworks can still be helpful and have been adapted here for use by paramedics.	 Developed to support staff who have relationships with patients and families Basic principles can be adapted for use by paramedics 	Image for re	Framework Color C
5.	One such framework is SPIKES. A guide to the	S - Setting up the conversation		Recreate previous framework image with 6
	SPIKES communication framework is used here.	P - Assess the person's Perception	n – ask the	nodes, and populate with the circles with the
	You might like to add some of your own phrases	patient open-ended questions I - Obtain the person's Invitation – how much		letters of the OST. Description to appear
	and words to the various sections in the			adjacent to the letters
	framework.	info do they want to know?		
		K - Providing Knowledge and information to		Click-to-Reveal Activity
		the person		
		E - Address the person's Emotions with		When the learner clicks a letter, display the
		Empathy		popup.
		S - Strategy moving forward and S	Summary	
	Click on each initial to know more about the	Click on each initial to know more	ahout the	
	framework.	framework.	about the	
		Set up		
6.	Prepare yourself for delivering difficult news to	Prepare yourself for	Add an X to	the top right corner of the pop-up. Blink when
	people – practise communication skills just as you	delivering difficult news		(Global for all the tab content)
	would clinical skills.	Have a 'script' for specific		
	Have a 'script' or ways of speaking about specific	situation that you know and		
	situations that you know and can adapt as needed.	can adapt		

	Recognise that these kinds of conversations are	Recognise that these are
	difficult for you too and acknowledge your own	difficult conversations
	emotions.	Acknowledge your own
	Think about the nonverbal aspect of the	emotions
	communication – position yourself at eye level	Think about the nonverbal
	rather than speaking from above, use touch to	aspect of communication
	reassure and comfort if appropriate and the person	Consider reducing
	is receptive to it.	distracting noises
	Consider reducing distracting noises, such as from	Put down medical
	your portable radio (where safe and appropriate)	equipment before starting
	and put down medical equipment before starting	the conversation
	the conversation.	Make sure the patient and
	Make sure the patient and their family have the	their family have people
	people with them who they consider important	they consider important
	and want to be involved in the conversation.	If English is not their
	If English is not their strength in communication,	strength find another
	find out if another person in the family group can	person in the family who
	support. Whenever possible arrange for	can support
	professional interpreter services to support	Whenever possible, arrange
	conversations about serious illness.	for a professional
		interpreter
		Perception
7.	Find out how much the patient understands about	Find out how much the
	their illness and how serious they think it is. For	patient understands about
	e.g., What do you know about your illness? What	their illness and how serious
	have you been told so far?	they think it is
	Give them time to answer, and listen actively.	Give them time to answer,
	Watch for emotional cues and body language that	and listen actively
	indicate anxiety, confusion, understanding – this	Watch for emotional cues
	can help you to decide on the pacing and content	and body language
	of the conversation.	
	'	Invitation
8.	Use their names and speak politely.	Use their names and speak
		politely
		·

Ask if it's okay to have this conversation. For e.g., We need to talk about how serious the situation is, will that be okay with you? Can I tell you what I understand about your illness and how things are at the moment? I'd like to talk about what's important to you so that we can provide you with the care you want, is that okay? Find out how much they want to know and the words to use. For e.g., Some people like to know lots of details and prefer to speak very directly about what will happen, others don't want to know too many details and use less direct words to talk about things — what would you prefer? Let their responses guide the information you give them in the next stage of the conversation. Knowledge Consider what the patient knows and needs or wants to know in order to work with you on managing their illness. This can include prognosis, treatment plan, support available etc.	
about things – what would you prefer? Let their responses guide the information you give them in the next stage of the conversation. Knowledge Consider what the patient knows and needs or wants to know in order to work with you on managing their illness. This can include prognosis,	
about things – what would you prefer? Let their responses guide the information you give them in the next stage of the conversation. Knowledge Consider what the patient knows and needs or wants to know in order to work with you on managing their illness. This can include prognosis, to know in order to work	
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wants to know in order to work with you on knows and needs or wants managing their illness. This can include prognosis, to know in order to work	
Give them a warning immediately before the 'bad news'. For e.g., <i>This might be difficult news to hear</i> Share difficult news by framing as a 'wish/hope worry' statement. For e.g., <i>I wish we were not in this situation, but I am worried that your illness is now at a point where the time you have left is getting short. I hope that this is not the case, but I'm worried that you will not get any stronger, and that you're likely to feel worse in the next days or weeks Be clear and to the point when discussing options relating to resuscitation or other life-sustaining care. Ask questions about their goals, wishes and choices</i>	

with your kind of illness needs CPR / a breathing
tube, they are unlikely to recover afterwards.
Ask questions about their goals, wishes and
choices. For e.g., Given the situation we're in at the
moment, what matters most to you? If you were to
take a turn for the worse, knowing what's
important to you can really help the us make the
right decisions.

It is important to make sure that family members do not feel burdened by decision-making. You can reassure them that it is the role of the healthcare team to make the decisions, but that knowing what's important to them helps you make the right decision for them

Let people ask questions and answer them to clarify what you know and do not know. It is better to say that you don't know the answer than to speculate or guess at the answers Check understanding often and clarify where required. For e.g., I know this is a lot to take in at the moment, do you need me to explain anything again?

- It is important to make sure that family members do not feel burdened by decisionmaking
- Let people ask questions and answer them to clarify what you know and do not know
- Check understanding often and clarify where required

Emotions & Empathy

- 10. Encourage and validate or check emotions. For e.g., I can see that this is really upsetting for you. You seem angry is that right?

 Ask the patient what they are thinking or feeling. For e.g., What are you most worried about right now? What is most important for you to know / do at this point?
 - Respond with empathy, allow time for silence. Resist any temptation to minimise the distressing news or make it seem better than it is. Instead, continue to provide support. For e.g., *I know this is*

- Encourage and validate or check emotions
- Ask the patient what they are thinking or feeling
- Respond with empathy, allow time for silence
- Resist any temptation to minimise the distressing news or make it seem better than it is. Instead, continue to provide support.

Topic Discussing Serious News		Discussing Serious News		Screen type	Blended
Screer	ı Title	-		Screen label	010
No.			OST		
1.	Now lo	et's look at a couple of case scenarios. But a we do that, please read this documentation me important details about these scenarios. In the icon.	These are just reference screen growthe client. Also add a document icon on screen button. For this case scenario, there are so that will help to build a trusting result of the communication at this empowerment, not to communication the communication was only filmed once. scenario. We know this is not a completely the CPR is administered.	abs from the two viden. The text below we communicationship. stage is to demonstrate regarding care descripted in the communication of	inicate with the patient and their family rate empathy and support

2.	It's 1100. The paramedics, Des and Renee, are called to a 72-year-old male patient. On the MDT they receive this information:	 Category of job: 1A Job type: Arrest/Not breathing Details: 72 yo male Cardiac arrest Daughter performing CPR Last seen 1 hour ago 	Show image during the VO. At the end of the VO, show the OST on screen. Client to provide reference of MDT
3.	They are the first to arrive on scene 12 minutes after the call. The front door is unlocked, and they enter the living room in the house.		lance
4.	Let's watch the video and note the interaction between the Paramedic and the patient's daughter Click on the play button	Take One Click on the play button	Case scenario Take One Please refer to Discussing Serious News.pptx for the video on slide 32.

			clicking	a play button which plays the respective video on a. he video is over, <clicknext continue="" to=""></clicknext>	
5.	Using the SPIKES communication framework note down specific phrases or words that were used that may have assisted or hindered communication between the paramedic and the patient's daughter. Select Submit after you have noted your reflections.	Reflective Practice Select Submit after you have noted your reflections.	S	Setting up the conversation	
			P	Assess the person's Perception – ask the patient open-ended questions	
			1	Obtain the person's Invitation – how much info do they want to know?	
			К	Providing Knowledge and information to the person	
			E	Address the person's Emotions with Empathy	
			S	Strategy moving forward and Summary	
			Display	a text box for the learner to enter under the OST. a Submit button under the tesxt box to submit the bisplay the above image on the right side of the	
6.	Now watch the second video and note the changes throughout the interaction between the Paramedic	Take Two			
	and the patient's daughter	Click on the play button	Case Scenario Take Two Please refer to Discussing Serious News.pptx for the video on slide 35.		
	Click on the play button				
				a play button which plays the respective video on	

			Displa	y OST in sync with VO.
7.	Using the SPIKES communication framework – note down specific phrases or words that were used that may have assisted or hindered communication between the paramedic and the patient's daughter. Select Submit after you have noted your reflections.	Select Submit after you have noted your reflections.	S	Setting up the conversation
			P	Assess the person's Perception – ask the patient open-ended questions
			1	Obtain the person's Invitation – how much info do they want to know?
			K	Providing Knowledge and information to the person
			E	Address the person's Emotions with Empathy
			5	Strategy moving forward and Summary
			Displa	y a text box for the learner to enter under the OST. y a Submit button under the tesxt box to submit the s. Display the above image on the right side of the

Topic		Discussing Serious News		Screen type	
Screen Title		Summary		Screen label	011
No.	Audio/VO (OST	Visuals and Developr	ment instructions
1.					