PSYC753 Data Fluency: Analysis

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## Overview

This workbook contains details of the seven sessions given by Chris Berry:

- 17/01/22. Simple regression.
- 24/01/22. Multiple regression 1: multiple continuous predictors
- 31/01/22. ANOVA 1: one-way
- $\bullet$  07/02/22. Multiple regression 2: one continuous, one categorical
- $\bullet$  14/02/22. Multiple regression 3: evaluating and comparing models
- 21/02/22 No session
- 28/02/22. ANOVA 2: factorial
- 07/03/22. Pre-post data, effect sizes, clinically significant change

It also contains details of:

- ullet the Regression assessment
- the assessment FAQs

6 CONTENTS

# Chapter 1

# Simple Regression

stuff here

### Chapter 2

# Multiple regression: multiple continuous predictors

January 2022

#### 2.0.1 In brief

Models need to be appropriately complex. That is, we want to make models that represent our theories for the underlying causes of our data. Often this means adding many variables to a regression model. But we won't always be sure which variables to add. Adding multiple variables also brings challenges. Where predictors are highly correlated (termed **multicollinearity**) then model results can be confusing.

# 2.1 Multiple regression with several continuous predictors

• Slides for the session

#### 2.1.1 Overview

So far, you have used regression to predict an outcome variable from a predictor variable. For example, can we predict academic performance from hours of study?

You've also used it to determine whether the relation between two variables differs according to a categorical variable. Does the relation between academic performance and hours of study, for example, differ for *men* and *women*?

We often want to determine the extent to which an outcome variable is predicted by several continuous predictors.

For example, in addition to hours of study, a person's IQ or academic interest might also predict their academic performance. We may want to add these predictors to a model because it may serve to *improve* the prediction of academic performance.

#### Today, we will:

- learn how to conduct a multiple regression with several continuous predictor variables
- evaluate the regression model with statistics ( $R^2$ , F-statistic, t-values)
- use Venn diagrams to help conceptualise the contribution of predictors to a model

#### Simple vs. multiple regression

- Simple regression is a linear model of the relationship between *one* outcome variable and one predictor variable. For example, can we predict exam performance on the basis of IQ scores?
- Multiple regression is a linear model of the relationship between *one* outcome variable and more than one predictor variable. For example, can we predict exam performancebased on IQ scores and attendance at lectures?

### 2.2 Analysing the model

Suppose we want to construct a model to predict final university exam scores. This is the task faced by some admissions tutors! We'll start off with a simple regression model, then work up to multiple regression.

Load the ExamData dataset from https://bit.ly/37GkvJg. This contains exam scores for students taking a university course. (Make sure tidyverse is loaded first!)

#### Learning tip

Try typing out the code today if you usually cut and paste it to R!

```
ExamData <- read_csv('https://bit.ly/37GkvJg')</pre>
```

```
ExamData %>% head()
> # A tibble: 6 x 7
    finalex entrex
                                       iq proposal attendance
                      age project
      <dbl> <dbl> <dbl>
                                                         <dbl>
>
                             <dbl> <dbl>
                                             <dbl>
> 1
         38
                 44
                     21.9
                                50
                                     110
                                                44
                                                             0
> 2
         49
                     22.6
                                75
                                     120
                                                70
                                                             0
                 40
> 3
         61
                 43
                     21.8
                                54
                                     119
                                                54
                                                             0
> 4
         65
                 42
                     22.5
                                60
                                     125
                                                53
                                                             0
                                                             0
> 5
         69
                 44
                     21.9
                                82
                                     121
                                                73
> 6
         73
                     21.8
                                                             0
                 46
                                65
                                      140
                                                62
```

These are the variables in ExamData:

- finalex: final examination marks
- entrex: entrance examination marks
- age: age in years
- project: dissertation project marks
- iq: IQ score
- proposal: dissertation proposal grade
- attendance: 1 = high attendance; 0 = low attendance

First, let's ask whether finalex is predicted by entrex. Plot these variables:

```
ExamData %>%
  ggplot(aes(x = entrex, y = finalex)) +
  geom_point() +
  geom_smooth(se=F, method=lm)
```

There looks to be a positive association - students with higher entrance exam scores tend to have higher final exam scores. A good start!

To conduct the simple regression with finalex as the outcome variable, and entrex as the predictor variable, use lm:

```
m1 <- lm(finalex ~ entrex, data = ExamData)</pre>
```

Explanation: finalex ~ entrex can be read as "finalex is predicted by entrex". The model is stored in m1.

View the intercept of the regression line and the coefficient for entrex:

```
m1
> Call:
> Im(formula = finalex ~ entrex, data = ExamData)
> Coefficients:
> (Intercept) entrex
> -46.305 3.155
```

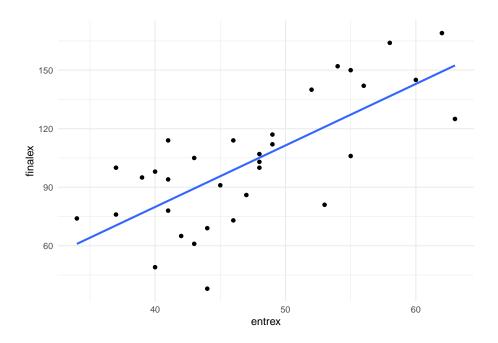


Figure 2.1: TRUE

We can therefore write the regression equation:

 $Predicted\ final\ exam\ score = 46.305 + 3.155 (entrance\ exam)$ 

Use summary(m1) to display statistical analysis of the model:

```
summary(m1)
> Call:
> lm(formula = finalex ~ entrex, data = ExamData)
> Residuals:
               1Q Median
                                      Max
     Min
                               3Q
 -54.494 -21.185
                   3.733 18.124 30.969
 Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) -46.3045
                          25.4773 -1.817
                                            0.0788 .
                3.1545
                                    5.925 1.52e-06 ***
> entrex
                          0.5324
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
> Residual standard error: 22.7 on 31 degrees of freedom
> Multiple R-squared: 0.531, Adjusted R-squared: 0.5159
> F-statistic: 35.1 on 1 and 31 DF, p-value: 1.52e-06
```

#### Explanation of the output:

**Residuals:** provides an indication of the discrepancy between the values of finalex predicted by the model (i.e., the regression equation) and the actual values of finalex. If the model does a good job in predicting finalex, the residuals should be relatively small.

• The difference between Min and Max gives us some idea of the range of error in the prediction of finalex scores. The difference in 3Q and 1Q is the interquartile range. The median of the residuals is 3.73.

Coefficients: contains tests of statistical significance for each of the coefficients. The values in the column headed Pr(>|t|) are the p-values associated with the t-values for the coefficients for each predictor. The t-values test a null hypothesis that the coefficients are equal to zero. A p-value less than .05 indicates that a predictor is statistically significant.

- The row for the (intercept) reports a t-test for whether the value of the intercept differs from zero. We're not usually interested in this test (so don't report it).
- The row for entrex tests whether the value of its coefficient (3.15) differs from zero. A coefficient of zero would be expected if the predictor explained no variance in the outcome variable. The coefficient for entrex (3.15) is clearly greater than zero. We can report this by saying that extrex is a statistically significant predictor of finalex, b = 3.15, t(31) = 5.92, p < .001.

Multiple R-squared: This is  $R^2$  - the proportion of variance in finalex explained by entrex. Here,  $R^2 = 0.531$ . So approximately half of the variance in finalex is explained by entrex. It's usually referred to simply as "R-squared" or  $R^2$ .

•  $R^2$  is often reported as a percentage. To get this, simply multiply the value by 100. i.e., 0.531 x 100 = 53.10%.

Adjusted R-squared: is an estimate of  $R^2$ , but adjusted for the population. Despite the usefulness of this statistic, most studies still tend to report only the (unadjusted)  $R^2$  value. If reporting the Adjusted R-squared value, be sure to label it clearly as such. Here, Adjusted R-squared = 0.52.

**F-statistic:** This compares the variance in **finalex** explained by the model with the variance that it does not explain (i.e., explained variance divided by unexplained variance). Higher values of F indicate that the model explains greater variance in an outcome variable. If the p-value associated with the F-statistic is less than .05, we can say that the model significantly predicts the outcome variable.

Hence, we can say that a model consisting of entrex alone is a significant predictor of finalex, F(1, 31) = 35.10, p < .001. Higher entrex scores tend to be associated with higher finalex scores. If our model did not explain any variance in finalex, we wouldn't expect this to be statistically significant.

• In simple regression, the null hypothesis being tested on the *F*-statistic is that the slope of the regression line in the population is equal to zero. This is actually equivalent to the *t*-test on the entrex coefficient. So in simple regression, report the *F*-statistic for the overall regression or the *t*-test on the coefficient (not both). This equivalence between *F* and *t* does not hold true for multiple regression, as we shall see later.

#### Exercise 2.1. Now you have a go

Run another simple regression:

- set finalex as the outcome variable and project as the predictor variable
- store the output in a variable with a different name (m2)
- then display the output of m2 using summary().

Try yourself first before clicking to show the code

```
m2 <- lm(finalex ~ project, data= ExamData)</pre>
summary(m2)
>
> Call:
> lm(formula = finalex ~ project, data = ExamData)
> Residuals:
               1Q Median
      Min
                                3Q
                                       Max
  -64.015 -21.686 -0.573 21.758 70.427
> Coefficients:
              Estimate Std. Error t value Pr(>|t|)
> (Intercept)
                4.6968
                           40.1677
                                     0.117
                                             0.9077
> project
                1.4442
                           0.5861
                                     2.464
                                             0.0195 *
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
> Residual standard error: 30.32 on 31 degrees of freedom
> Multiple R-squared: 0.1638, Adjusted R-squared: 0.1368
> F-statistic: 6.072 on 1 and 31 DF, p-value: 0.01948
```

Answer the following: (report statistics to 2 decimal places)

- What is the value of the coefficient for project?
- What proportion of the variance in finalex is explained by project?:  $R^2 = (\text{or \%}).$
- Write down the regression equation (on a bit of paper).

Show me

- $Predicted\ final\ exam\ score = 4.70 + 1.44(project)$
- Is project alone a statistically significant predictor of finalex, as indicated by the F-statistic? noves
- Report the F-ratio in APA style, that is, in the form

$$F(df1, df2) = F$$
-statistic,  $p = p$ -value:

Show me

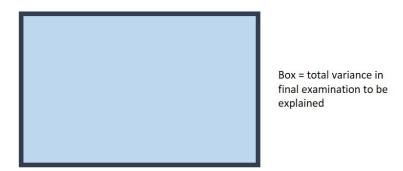
$$F(1, 31) = 6.07, p = .02$$

• Individuals with lower higher project scores tended to have higher final exam scores.

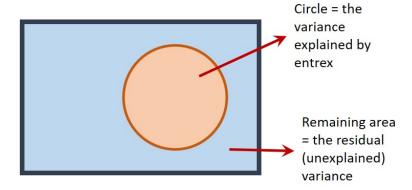
# 2.3 Conceptualising the variance explained by predictors

Venn diagrams are useful for understanding the variance that predictors explain in the outcome variable. They are especially useful for understanding what's going on in multiple regression.

Suppose the rectangle below represents all of the *variance* in finalex to be explained.



The area of the circle below represents the variance in finalex explained by entrex in the first simple regression we did. If this diagram were drawn to scale (it's not), the area of the circle would be equal to the value of  $R^2$  (i.e., 53.1% of the rectangle).



The part of the rectangle not inside the circle represents the variance in **finalex** that is *not* explained by the model (i.e., the unexplained or *residual* variance).

To *improve* the model, we can explore whether adding in other predictors to the model explains additional variance, thereby increasing the total  $\mathbb{R}^2$  of the model.

You might think that we can simply add in variables (circles, above) to the model as we wish, until all the residual variance has been explained. This seems fine to do until we learn that if we were to add as many predictors to the model as there are rows in our data (33 individuals in our ExamData), then we'd perfectly predict the outcome variable, and have an  $R^2$  of 100%! This would be

true even if the predictors consisted of random values. Our model would clearly be meaningless though. We ideally want to explain the outcome variable with relatively few predictors.

### 2.4 Adding predictor variables to the model

An issue that can arise when adding variables to a model is that predictors are usually correlated to some extent. This can make interpretation of multiple regressions tricky. For example, a predictor that is statistically significant in a simple regression may become non-significant in a multiple regression. Let's see a demonstration of this!

We'll now add project to the model with entrex. First, check the correlation between predictors:

**Exercise 2.2.** The correlation between entrex and project is r =

Our predictor variables are weakly correlated. We should keep this in mind going forward.

Now run a *multiple regression* to predict finalex from both entrex and project. Again, use lm but use the + symbol to add predictors to the model:

```
m3 <- lm(finalex ~ entrex + project, data = ExamData)</pre>
summary(m3)
> Call:
> lm(formula = finalex ~ entrex + project, data = ExamData)
> Residuals:
     Min
               1Q Median
                               3Q
                                      Max
> -41.880 -16.617  4.636  15.562  35.273
> Coefficients:
              Estimate Std. Error t value Pr(>|t|)
                          33.6846 -2.518 0.0174 *
> (Intercept) -84.8289
                2.8894
                           0.5406
                                    5.344 8.81e-06 ***
> entrex
> project
                0.7515
                           0.4457
                                    1.686
                                            0.1021
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
> Residual standard error: 22.06 on 30 degrees of freedom
> Multiple R-squared: 0.5716, Adjusted R-squared: 0.5431
> F-statistic: 20.02 on 2 and 30 DF, p-value: 3e-06
```

#### Exercise 2.3. In this model with entrex and projectas predictors:

What is the value of  $R^2$  (as a percentage): %

By how much has  $R^2$  increased in this model, relative to the model with entrex alone (where  $R^2$  was 53.10%)? (as a percentage) (you will need to calculate this) %

Is the overall regression model predicting finalex on the basis of entrex and project statistically significant? yesno

- Is entrex a statistically significant predictor of finalex? yesno
- We can report this in the following way: the t-test on the coefficient for entrex is statistically significant, b = 2.89, t(30) = 5.34, p < .001.
- Is project a statistically significant predictor of finalex in this model?
   yesno
- What is the value of the coefficient for project? b =
- Report the t-statistic in APA style:

Show me

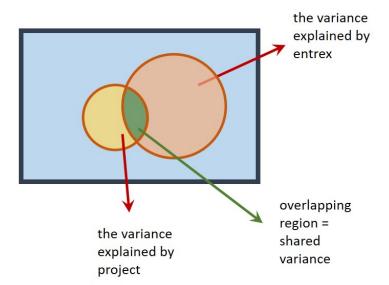
Project mark was not a statistically significant predictor of final examination in this model, b = 0.75, t(30) = 1.69, p = .10

Looking across the analyses we've performed, we can see that project is a (weak) but statistically significant predictor of finalex in a simple regression. However, when it is included in a model that also includes entrex it is not a significant predictor! What's going on?

- The model containing only project explains 16.38% of the variability in finalex.
- The model containing only entrex explains 53.10% of the variability in finalex.
- However, a model containing both project and entrex only explains 57.16% of the variability in finalex, not 16.38 + 53.10 = 69.48%, as we might expect.

This is because the predictors are *correlated* (r = .29) and so the variance they explain in finalex is *shared*.

We could represent this on a Venn diagram as follows:



The correlation is represented as an overlap in the circles. Their total area (57.16%) is therefore *less* than the area they'd explain if there were no overlap (69.48%) (i.e., if there was no correlation).

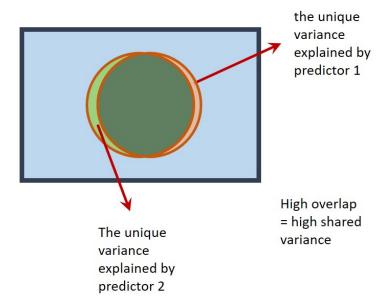
This demonstrates an important point: The *t*-tests on the coefficients in a multiple regression assess the **unique** contribution of each predictor in the model. That is, they test the variance a predictor explains in an outcome variable, **after** the variance explained by the other predictors has been taken into account. This is why **project** is not statistically significant in the multiple regression model – it only explains a small amount of variance once **entrex** has been taken into account.

It is possible to think of the F-statistic and t-value in multiple regression in terms of the Venn diagram:

- The **F-statistic** compares the explained variance with the unexplained variance. The explained variance is represented by the **outline** of the two circles in the Venn diagram above. The unexplained variance is the remaining blue area of the rectangle.
- The **t-value** compares the unique variance a predictor explains with the remaining unexplained variance. For example, for **project** in the Venn diagram above, this would be the area in the orange **crescent**, relative to the remaining blue area in the rectangle.

### 2.5 Multicollinearity

If the correlation between predictors is very high (greater than r=0.9), this is known as **multicollinearity**. On a Venn diagram, the circles representing the predictors would almost completely overlap. Multicollinearity can be a problem in multiple regression. Predictors may explain a large amount of variance in the outcome variable, but their 'unique' contribution in a multiple regression may be small. A situation can arise where *neither* predictor may be statistically significant even though the overall regression is significant!



An example of multicollinearity in the ExamData dataset can be seen with the variables project and proposal.

Exercise 2.4. Obtain the correlation between project and proposal:

Show me

```
ExamData %>%
    select(project, proposal) %>%
    cor()
>          project proposal
> project 1.0000000 0.9371487
> proposal 0.9371487 1.0000000
```

The correlation between project and proposal is r = .

To see the effects of multicollinearity, conduct a regression with finalex as the

outcome variable and project and proposal as the predictor variables.

Show me

```
multi1 <- lm(finalex ~ project + proposal, data = ExamData)</pre>
summary(multi1)
> Call:
> lm(formula = finalex ~ project + proposal, data = ExamData)
> Residuals:
     Min
              1Q Median
                              3Q
                                     Max
> -64.287 -22.590 -0.346 22.395 70.289
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) 4.8784 40.8601 0.119
                                           0.906
                          1.7072 0.747
> project
               1.2751
                                            0.461
> proposal
               0.1826
                         1.7263 0.106
                                           0.916
> Residual standard error: 30.81 on 30 degrees of freedom
> Multiple R-squared: 0.1641, Adjusted R-squared: 0.1084
> F-statistic: 2.945 on 2 and 30 DF, p-value: 0.06797
```

- How much variance in finalex is explained by the model:  $R^2 = \%$ .
- Is the overall regression statistically significant? yesno
- Is the coefficient for project statistically significant? yesno
- Is the coefficient for proposal statistically significant? yesno

Exercise 2.5. Now run two simple regressions to determine whether project and proposal explain variance in finalex and are statistically significant predictors when in models on their own.

Show me

```
multi2 <- lm(finalex ~ project, data = ExamData)
summary(multi2)

multi3 <- lm(finalex ~ proposal, data = ExamData)
summary(multi3)
>
> Call:
> lm(formula = finalex ~ project, data = ExamData)
>
> Residuals:
> Min 1Q Median 3Q Max
```

```
> -64.015 -21.686 -0.573 21.758 70.427
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) 4.6968 40.1677 0.117
                                          0.9077
               1.4442
                        0.5861 2.464
                                          0.0195 *
> project
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
> Residual standard error: 30.32 on 31 degrees of freedom
> Multiple R-squared: 0.1638, Adjusted R-squared: 0.1368
> F-statistic: 6.072 on 1 and 31 DF, p-value: 0.01948
> Call:
> lm(formula = finalex ~ proposal, data = ExamData)
> Residuals:
     Min
             1Q Median
                             3Q
                                    Max
> -64.987 -22.987 -1.378 24.059 68.921
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) 16.628 37.441 0.444
                                          0.6601
               1.391
                         0.598 2.326 0.0267 *
> proposal
> Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
> Residual standard error: 30.59 on 31 degrees of freedom
> Multiple R-squared: 0.1486, Adjusted R-squared: 0.1211
> F-statistic: 5.409 on 1 and 31 DF, p-value: 0.02675
```

- In a simple regression with finalex as the outcome variable, and project as the predictor variable,  $R^2 = \%$ .
- Is the overall regression statistically significant? yesno
- In a simple regression with finalex as the outcome variable, and proposal as the predictor variable,  $R^2 = \%$ .
- Is the overall regression statistically significant? yesno
- Try to explain what's going on here in your own words. Click below or ask if you get stuck.

#### Explain

Interpretation

- Because proposal and project are highly correlated (r = 0.94), this gives rise to the situation where the simple regressions indicate that they explain variance in finalex, but when both are included as predictors in a multiple regression, it appears as if neither are significant predictors of finalex!
- If this were a real scenario, we'd consider dropping project or proposal from the model. Because the correlation is so high, having one predictor is as good as having the other (more or less).
- It seems intuitive that a person's final project mark would be highly correlated with their proposal mark.
- The take-home message here is to check for high correlations between your predictor variables before including them in a multiple regression.

#### 2.6 Final exercise

Exercise 2.6. As a final exercise, run a multiple regression to predict finalex from three predictors: entrex, project, and iq.

Show me how

```
multi4 <- lm(finalex ~ entrex + project + iq, data = ExamData)
summary(multi4)
> Call:
> lm(formula = finalex ~ entrex + project + iq, data = ExamData)
> Residuals:
     Min
              1Q Median
                              3Q
                                     Max
                   5.509 14.312 33.338
 -40.444 -16.174
> Coefficients:
              Estimate Std. Error t value Pr(>|t|)
> (Intercept) -130.3803 54.7288 -2.382 0.023981 *
> entrex
                2.6180
                           0.5978 4.379 0.000142 ***
> project
                0.6874
                           0.4490 1.531 0.136620
                0.4862
                           0.4610
                                  1.055 0.300214
> iq
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
> Residual standard error: 22.02 on 29 degrees of freedom
> Multiple R-squared: 0.5875, Adjusted R-squared: 0.5448
> F-statistic: 13.77 on 3 and 29 DF, p-value: 9.168e-06
```

Which variables are statistically significant predictors of finalex?

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- entrex yesno
- project yesno
- iq yesno

On the basis of all the models conducted so far (with entrex, project, and iq), which model would you choose to best predict finalex?

Tell me which model seems best

The model containing entrex alone, as this seems to provide the simplest and most effective model of the finalex.

A general goal of regression is to identify the fewest predictor variables necessary to predict an outcome variable, where each predictor variable predicts a substantial and independent segment of the variability in the outcome variable.

### 2.7 Summary of key points

- Predictors can be added to a model in 1m using the + symbol
- e.g., lm(finalex ~ entrex + project + iq)
- Predictor variables are often correlated to some extent. This can affect the interpretation of individual predictor variables. Venn diagrams help to understand the results.
- The *F*-statistic tells us whether the model as a whole significantly predicts the outcome variable.
- The **t-values** tell us whether individual predictors in the model are statistically significant.
- In multiple regression, it's important to understand that the statistical significance of individual predictors only holds after taking into account the other predictors in the model.
- Multicollinearity exists when predictors are very highly correlated (r above 0.9) and should be avoided.

Chapter 3

ANOVA: 2x2

Between-subjects

## Chapter 4

Multiple regression: one continuous, one categorical

28CHAPTER 4. MULTIPLE REGRESSION: ONE CONTINUOUS, ONE CATEGORICAL

## Chapter 5

# Multiple regression: evaluating and comparing models

January 2022

#### 5.0.1 In brief

In this session we discuss model selection in the context of ANOVA and the use of Bayes Factors to choose between theoretically interesting models.

# 5.1 Using ANOVA and Bayes Factors to compare models

- Slides for the session
- Using Rmd files

#### 5.1.1 Overview

In the previous session, we saw that we can construct a linear model to predict an outcome variable (e.g., *final exam score* from *entrance exam score*). We also investigated how we can *improve* a model by adding several continuous predictors to it.

How do we know if one model is *better* or should be *preferred* over another model? We touched on a common sense approach in the last session - we ideally want models that explain the variance in an outcome variable but each predictor in the model should make a sizable and relatively independent contribution to the model.

Today we will cover a more formal approach to model comparison using:

- ANOVA (Analysis of Variance) and
- Bayes Factors

It's important that you are comfortable with the material from the first Building Models 1 session before proceeding today.

### 5.2 Comparing models using ANOVA

We can use ANOVA to determine whether the addition of variables into a model leads to a statistically significant improvement in the variance it explains *overall*. We may want to do this, for example, when building on existing theories or models, or looking at the effects of variables after controlling for others.

We'll start by comparing a model with *one* predictor vs. a model with *three* predictors.

Using the ExamData from the previous session, we'll run:

- a linear model with finalex as the outcome variable, and entrex as the predictor.
- a linear model with finalex as the outcome variable, and entrex, age, and project as the predictors.

```
ExamData <- read_csv('https://bit.ly/37GkvJg')
model1 <- lm(finalex ~ entrex, data = ExamData)
model2 <- lm(finalex ~ entrex + age + project, data = ExamData)</pre>
```

Explanation of the code: first the data is loaded into ExamData. The results of the simple regression are stored in model1. Those of the multiple regression are stored in model2.

Use summary() to display the results of each regression:

#### Model 1:

```
summary(model1)
> Call:
> lm(formula = finalex ~ entrex, data = ExamData)
> Residuals:
    Min
             1Q Median
                             3Q
                                    Max
> -54.494 -21.185 3.733 18.124 30.969
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
                      25.4773 -1.817 0.0788 .
> (Intercept) -46.3045
> entrex 3.1545
                        0.5324 5.925 1.52e-06 ***
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
> Residual standard error: 22.7 on 31 degrees of freedom
> Multiple R-squared: 0.531, Adjusted R-squared: 0.5159
> F-statistic: 35.1 on 1 and 31 DF, p-value: 1.52e-06
```

#### Model 2:

```
summary(model2)
> Call:
> lm(formula = finalex ~ entrex + age + project, data = ExamData)
> Residuals:
     Min
            1Q Median
                            3Q
> -42.563 -16.519  4.901  16.991  36.424
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) -117.9159 46.4211 -2.540 0.0167 *
               3.0889
> entrex
                         0.5734 5.387 8.66e-06 ***
              1.4231
                        1.3756 1.035 0.3094
> age
              0.6280
                      0.4609 1.363 0.1835
> project
> Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
> Residual standard error: 22.03 on 29 degrees of freedom
```

```
> Multiple R-squared: 0.5869, Adjusted R-squared: 0.5442
> F-statistic: 13.73 on 3 and 29 DF, p-value: 9.353e-06
```

(If you are not sure what it means by "e-06" in the output above then see the FAQs here)

**Exercise 5.1.** Make note of the variance explained by each model  $(R^2)$ , i.e., Multiple R-squared: (report as a percentage, to 2 decimal places)

- Model 1:  $R^2 = \%$
- Model 2:  $R^2 = \%$

Which model explains a greater proportion of variance in finalex? entrex aloneentrex, age, project

- Calculate the difference in  $R^2$  between the models.  ${\tt model2}$  improves the prediction of  ${\tt finalex}$  by %

To compare the variance explained by each model, use anova():

```
anova(model1, model2)
> Analysis of Variance Table
>
> Model 1: finalex ~ entrex
> Model 2: finalex ~ entrex + age + project
> Res.Df RSS Df Sum of Sq F Pr(>F)
> 1 31 15981
> 2 29 14078 2 1903 1.9601 0.1591
```

#### Explanation of the output:

- anova() compares the variance that model1 and model2 explain with an
   F-statistic.
- Pr(>F) gives the p-value for this statistic. If the p-value is less than .05, then we can reject the null hypothesis that there is no difference in the variance explained by each model, and we can say that the variance that model2 explains in finalex is significantly greater than that of model1.
- We can report the F-statistic in APA style as F(2, 29) = 1.96, p = .16. We can say that the additional 5.59% variance that model2 explains relative to model1 does not represent a statistically significant increase in  $R^2$ , and so model2 should **not** be preferred over model1.

Comparing models in steps as we've done is sometimes called **hierarchical regression** or **sequential regression**. This type of regression is usually used for logical or theoretical reasons, when we want to know the contribution of a predictor (or a set of predictors) **over and above** an existing one.

#### Exercise 5.2. Now, you try using anova to compare models.

The variable attendance in ExamData scores individuals according to whether their class attendance was low (0) or high (1). A researcher suspects that attendance may explain additional variance in finalex over and above entrex.

As an exercise, compare the following two models using the anova() approach above:

- 1. a model with entrex as a sole predictor of finalex (i.e., model1), and
- 2. a model where finalex is predicted by entrex and attendance (call this model3).

Is there sufficient evidence that a model with entrex and attendance explains more variance than a model with entrex alone?

Try yourself first, then click to see the code

```
# model1 was created earlier
summary(model1)
# specify model3
model3 <- lm(finalex ~ entrex + attendance, data = ExamData)</pre>
# show model3
summary(model3)
#compare model1 and model3
anova(model1, model3)
>
> Call:
> lm(formula = finalex ~ entrex, data = ExamData)
> Residuals:
              1Q Median
                              3Q
     Min
                                     Max
> -54.494 -21.185 3.733 18.124 30.969
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) -46.3045 25.4773 -1.817 0.0788.
> entrex
             3.1545 0.5324
                                 5.925 1.52e-06 ***
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
> Residual standard error: 22.7 on 31 degrees of freedom
> Multiple R-squared: 0.531, Adjusted R-squared: 0.5159
> F-statistic: 35.1 on 1 and 31 DF, p-value: 1.52e-06
>
> Call:
> lm(formula = finalex ~ entrex + attendance, data = ExamData)
> Residuals:
             1Q Median
                              3Q
    Min
                                    Max
> -42.750 -11.750 1.801
                           9.689 30.347
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) -63.3108 20.2768 -3.122 0.00395 **
> entrex
                                 7.846 9.35e-09 ***
               3.2741
                         0.4173
> attendance 28.8202
                          6.3398 4.546 8.37e-05 ***
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
> Residual standard error: 17.76 on 30 degrees of freedom
> Multiple R-squared: 0.7223, Adjusted R-squared: 0.7038
> F-statistic: 39.02 on 2 and 30 DF, p-value: 4.499e-09
> Analysis of Variance Table
> Model 1: finalex ~ entrex
> Model 2: finalex ~ entrex + attendance
   Res.Df
              RSS Df Sum of Sq F Pr(>F)
> 1
       31 15980.6
       30 9462.4 1
                        6518.1 20.665 8.37e-05 ***
> 2
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

- The variance explained by a model with entrex alone is  $R^2 = \%$
- The  $R^2$  for the model that also included attendance was  $R^2 = \%$
- The increase in  $\mathbb{R}^2$  was %
- The ANOVA comparing models can be reported as: F(,) = , p < .001.
- The increase in  $\mathbb{R}^2$  was statistically significant significant.
- As indicated by the estimates of the coefficients for entrex and attendance, both negatively positively predict finalex.
- A higher entrex score and greater attendance is associated with a high-

erlower finalex score.

#### 5.3 Comparing models using Bayes Factors

An alternative approach to using ANOVA to compare models is to use **Bayes** Factors.

A Bayes Factor is the probability of obtaining the data under one model compared to another (Rouder & Morey, 2012).

For example, a Bayes Factor equal to 2 would tell us that the data are twice as likely under one model than another. A Bayes Factor equal to 0.5 would tell us that the data are half as likely under one model than another.

Unlike classical tests of statistical significance (with p-values), Bayes Factors also allow us to quantify evidence for the null hypothesis. Very handy!

To compute a Bayes Factor for a specific linear model, we use lmBF in the BayesFactor package (where lm stands for *linear model* and BF stands for *Bayes Factor*).

First, we need to load the BayesFactor package:

```
library('BayesFactor')
```

We can use the lmBF function in the same way we use lm. The function will return a **Bayes Factor** for the model we specify.

Let's determine the Bayes Factor for model1

```
model1.BF <- lmBF(finalex ~ entrex, data = as.data.frame(ExamData) )</pre>
```

Explanation of the code: The model is specified in exactly the same way as with lm. Due to a limitation of the package, however, we must convert ExamData from a tibble to a data frame using as.data.frame. Otherwise, the command works in the same way. The results are stored in model1.BF.

To look at what's stored in model1.BF:

```
model1.BF
> Bayes factor analysis
> ------
> [1] entrex : 8310.846 $0.01%
```

```
> Against denominator:
> Intercept only
> ---
> Bayes factor type: BFlinearModel, JZS
```

#### Explanation of the output:

- The Bayes Factor provided for the model with entrex is equal to 8310.85.
- The Against denominator: Intercept only means that the model with entrex is being compared with a model that contains an intercept only. In an intercept-only model, the coefficient for entrex is equal to zero; that is, the regression line is a flat line (equal to the *mean* of entrex).
- The value of our Bayes Factor indicates that the model with entrex in is much more likely than a model that contains only an intercept (8310.85 times more likely, to be precise). We can therefore be confident that a model with entrex is preferable to the intercept only model (just as with our classical analysis). Happy days!

Now let's do the same for model2:

**Explanation:** The Bayes Factor is equal to **2427.68**. Again, this indicates that the model with entrex and age is much more likely than a model with only the intercept in (this is not that surprising given the result for model1.BF above).

But, what we want to know is whether model2 (containing entrex and age) is more likely than model1 (containing only entrex). We can determine this by dividing the Bayes Factor for model2 by the Bayes Factor for model1:

```
model2.BF / model1.BF
> Bayes factor analysis
> ------
> [1] entrex + age + project : 0.2921093 $0.01%
>
> Against denominator:
> finalex ~ entrex
> ---
> Bayes factor type: BFlinearModel, JZS
```

Explanation: The Bayes Factor for this comparison is 0.29. This means that model2 is *less than a third as likely* than model1. So, model2 is much *less* likely than model1. Not good news for model2!

#### Interpreting the Bayes Factor

- A Bayes Factor **equal to 1** tells us that probability of each model is the same
- A Bayes Factor **greater than 1** means that model2 is more likely than model1.
- A Bayes Factor less than 1 means that model1 is more likely than model2.

Thus, our Bayes Factor of 0.29 indicates that model1 is more likely than model2.

#### Reporting Bayes Factors

#### Notation

We usually write the Bayes Factor in reports as  $BF_{10}$  where:

- the subscript  $\mathbf{1}$  in  $BF_{10}$  denotes the less-constrained model (the alternative hypothesis). This is the model with **more predictors** (our model2).
- the subscript  $\mathbf{0}$  in  $BF_{10}$  denotes the more constrained or simpler model (i.e., the null hypothesis). This is the model with **fewer predictors** (our model 1).

(You can just write BF10 if you prefer.)

#### The Size of the Bayes Factor

• If the Bayes Factor is **greater than 3** (i.e.,  $BF_{10} > 3$ ), we say that there is **substantial evidence for model2** (the less constrained model).

- If the Bayes Factor is less than 0.33 (i.e.,  $BF_{10} < 0.33$ ), we usually say that there is substantial evidence for model1 (the more constrained model).
- We say that intermediate values for the Bayes Factor (between 0.33 and 3) don't offer strong evidence for either model.

Thus, because our Bayes Factor of 0.29 is less than 1, this indicates greater evidence for model1 than model2. Furthermore, because the Bayes Factor is less than 0.33, we have *substantial* evidence for model1 over model2.

It's becoming increasingly common to report the Bayes Factor alongside the results of a classical analysis. Thus, we could report our results as follows: "There was insufficient evidence that the addition of age and project to the model containing entrance exam resulted in an increase in  $R^2$ , F(2, 29) = 1.96, p = .16; BF10 = 0.29."

#### Exercise 5.3. Now you try using Bayes Factors to compare models

To supplement the comparison of model3 and model1 that you did with anova, now compute the Bayes Factor for model3 vs. model1.

You'll need the following steps:

- Model 1: Obtain the Bayes Factor for a model with entrex as a sole predictor of finalex (we did this already above; it's stored in model1.BF)
- Model 2: Obtain the Bayes Factor for a model where finalex is predicted by entrex *and* attendance and store this in model3.BF.
- Compare the Bayes Factors in model3.BF and model1.BF.

Try yourself first, then click here for the code

#### Answer the following questions from the output:

How much more likely is a model withertex than an intercept only model?

· times more likely.

How much more likely is a model with entrex and attendance than an intercept only model?

• times more likely.

How much more likely is a model with entrex and attendance as predictors than a model with entrex alone?

• times more likely.

There is insufficientstrong evidence that a model with entrex and attendance should be preferred over a model with entrex alone, given the data.

A comparison of the Bayes Factors for the two models therefore does not converge converges with the results of the comparison using ANOVA, and the model in which Final Exam is predicted by Entrance Exam only Entrance Exam and Attendance should be preferred.

#### 5.4 Exercise

Now you will practise using ANOVA and Bayes Factors to compare models with a new dataset.

Scenario: A researcher would like to construct a model to predict scores in a memory task from several different variables. The data from 234 individuals are stored in the memory\_data dataset, which are located at https://bit.ly/37pOT rC.

Exercise 5.4. Use read\_csv to load in the data at the link above to the variable memory\_data and preview it with head().

Try this yourself first. Click to show code

```
memory_data <- read_csv('https://bit.ly/37pOTrC')</pre>
memory_data %>% head()
> # A tibble: 6 x 7
    attention
                sex blueberries
                                    iq
                                         age sleep memory_score
>
        <dbl> <dbl>
                          <dbl> <dbl> <dbl> <dbl> <
                                                           <dbl>
> 1
         95.8
                             308 99.9 44.9 9.94
                                                           128.
                  1
> 2
         66.7
                                        29.4 8.04
                                                           127.
                  1
                             270 137.
> 3
        102.
                  1
                             442 110.
                                        31.9 11.0
                                                           118.
> 4
         36.9
                  1
                             219 110.
                                        27.9 5.28
                                                            95.5
> 5
         91.7
                  0
                                                           122.
                             450 119.
                                        36.7 9.30
> 6
        146.
                             255 85.6 23.9 7.05
                                                           102.
```

#### About the data:

- attention: sustained attention score (higher = better attention)
- $\mathbf{sex}$ : 0 = female, 1 = male
- blueberries: average number of blueberries consumed per year
- iq: the individual's IQ
- age: age of person in years
- sleep: average hours of sleep per night
- memory\_score: memory test score

The researcher wants to test whether attention and sleep predict memory\_score, but after controlling for iq and age (she suspects memory varies with iq and age to being with).

She therefore wants to use a hierarchical regression approach to determine whether attention and sleep explain additional variance in memory\_score over and above iq and age.

5.4. EXERCISE 41

1. First, fit a linear model to determine the extent to which memory\_score is predicted by iq and age. Store the results in memory1.

Try first, then click to see the code

```
# specify the baseline model
memory1 <- lm(memory_score ~ iq + age, data = memory_data)</pre>
# see the model results
summary(memory1)
> Call:
> lm(formula = memory_score ~ iq + age, data = memory_data)
> Residuals:
             1Q Median
                              3Q
                                     Max
     Min
> -44.154 -11.754 0.732 11.608 40.790
> Coefficients:
             Estimate Std. Error t value Pr(>|t|)
> (Intercept) 71.1669 9.0796 7.838 1.67e-13 ***
                          0.0699 1.534 0.126
> iq
               0.1073
               0.8220
                          0.1461 5.627 5.27e-08 ***
> age
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
> Residual standard error: 16.1 on 231 degrees of freedom
> Multiple R-squared: 0.1303, Adjusted R-squared: 0.1228
> F-statistic: 17.31 on 2 and 231 DF, p-value: 9.875e-08
```

2. Next, add attention and sleep to the model, storing your results in memory2.

Try first, then click to see the code

```
# specify the next model
memory2 <- lm(memory_score ~ iq + age + attention + sleep, data = memory_data)

# show the results
summary(memory2)
> Call:
> lm(formula = memory_score ~ iq + age + attention + sleep, data = memory_data)
> Residuals:
> Min 1Q Median 3Q Max
```

```
> -28.935 -8.555 1.713 8.450 31.384
> Coefficients:
         Estimate Std. Error t value Pr(>|t|)
> (Intercept) 9.60112 8.57889 1.119 0.264246
         > iq
         > age
> sleep
      3.68609 0.39328 9.373 < 2e-16 ***
> ---
> Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
> Residual standard error: 12.46 on 229 degrees of freedom
> Multiple R-squared: 0.4839, Adjusted R-squared: 0.4749
> F-statistic: 53.68 on 4 and 229 DF, p-value: < 2.2e-16
```

3. Now, compare the memory1 and memory2 models using anova()

Try first, then click to see the code

#### Answer the following questions:

- A model with iq and age as predictors explains % of the variance in  ${\tt memory\_scores}$
- A model with iq, age, attention and sleep as predictors explains % of the variance in memory\_scores
- Calculate the additional variance explained by the second model: Change in  $R^2=\%$
- The ANOVA comparing models can be reported as: F(,) = , p < .001.
- Is there a statistically significant improvement in the prediction of memory\_scores as a result of adding attention and sleep to the model?

5.4. EXERCISE 43

noyes

Now use Bayes Factors to determine how much more likely the memory2 model is than the memory1 model.

Try first, click here for a reminder of the steps

- Determine the Bayes Factor for memory1
- Determine the Bayes Factor for memory2
- Compare the Bayes Factors for memory2 and memory1

Try first, click here to see the code

#### Answer the following questions:

- The Bayes Factor comparing memory2 and memory1 to (2 decimal places) is e+.
- Does the Bayes Factor support the conclusions from the ANOVA? noves

Click for answer

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Yes! The Bayes Factor is equal to  $4.17 \times 10^{23}$ , and this therefore strongly supports the inclusion of attention and sleep in the model already containing iq and age.

#### Extra exercises, if there's time

#### 1.

The researcher wishes to predict the memory\_score for a new individual with iq = 105, age = 27, attention = 90, sleep = 8. Determine the prediction.

Hint: in a previous session, you have previously used the predict() function to do this.

• The predicted memory\_score is

Try first, then click to show the code for the answer

```
# create tibble for the new data
new_data <- tibble(iq = 105, age = 27, attention = 90, sleep = 8)

# use predict to derive prediction from new data
predict(memory2, new_data)
> 1
> 102.6768
```

2. Create a scatterplot of attention against memory\_score, with the size of each point indicating the hours of sleep

Try yourself first, then click for the code

```
memory_data %>%
  ggplot(aes(x = attention, y = memory_score, size = sleep)) +
  geom_point(alpha = 0.5) + # alpha=0.5 makes points 50% transparent
  xlab('Memory Score') +
  ylab('Attention Score') +
  labs(size="Sleep (hours)")
```

5.4. EXERCISE 45

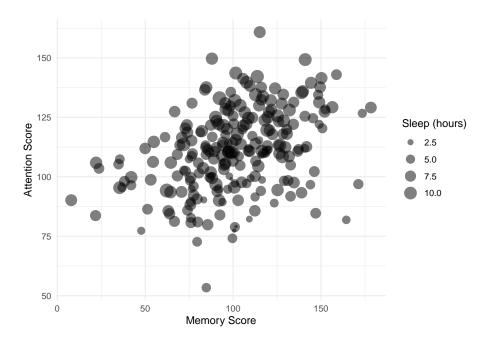


Figure 5.1: TRUE

#### 3.

The researcher is interested to know whether annual consumption of blueberries has any bearing on memory\_scores, and so wants to add blueberries to the model in memory2.

Determine the Bayes Factor comparing memory2 with a model that additionally contains blueberries.

- The Bayes Factor for the model comparison is (to 2 decimal places)
- The Bayes Factor indicates that the model with blueberries is more likelyless likely than the model without it.
- Should the researcher add blueberries to the model? noyesif it tastes good

Try yourself first, then click for the code

```
# add blueberries to memory2; store in memory3.BF
memory3.BF <- lmBF(memory_score ~ iq + age + attention + sleep + blueberries, data = as.data.fram
# calculate the BF for memory3 vs memory2
memory3.BF / memory2.BF</pre>
```

```
> Bayes factor analysis
> ------
> [1] iq + age + attention + sleep + blueberries : 0.1663574 ś0%
>
> Against denominator:
> memory_score ~ iq + age + attention + sleep
> ---
> Bayes factor type: BFlinearModel, JZS
```

### 5.5 Summary of key points

- We can compare a model with one that has more predictors by using anova(model1, model2).
- We can compare models using Bayes Factors with lmBF in the BayesFactor package.
- A Bayes Factor is probability of one model relative to another, given the data.
- To compare Bayes Factors of models:
  - First obtain the Bayes Factors for model1 and model2.
  - Then use model2 / model1 to get the Bayes Factor, indicating how much more likely model2 is.
- Bayes Factors less than 1 indicate evidence for model1
- Bayes Factors greater than 1 indicate evidence for model2
- We can report Bayes Factors as  $BF_{10}=2.23$  (or BF10 = 2.23)

Next week's session will build on what was done in this session, so make sure you understand what was covered and ask if there's anything you're unsure of.

ANOVA: Repeated

measures

Pre-post data, effect sizes, clinically significant change

50 CHAPTER~7.~~PRE-POST~DATA,~EFFECT~SIZES,~CLINICALLY~SIGNIFICANT~CHANGE

# Regression Assessment 2022

Regression Assessment 2022: FAQs