

(a) Brief description of the diffusion model and its key components

In this lab we implemented a Denoising Diffusion Probabilistic Model for generating MNIST digits. The model has two phases: a forward process, which gradually adds Gaussian noise to data until it becomes pure noise, and a reverse process, which learns to denoise step by step so we can generate new images from random noise. Key components include the noise scheduler, which defines a linear schedule of betas and precomputes  $\alpha_t$ ,  $\bar{\alpha}_t$ , and their square roots so we can add noise in one step via  $x_t = \sqrt{\bar{\alpha}_t} x_0 + \sqrt{1 - \bar{\alpha}_t} \epsilon$ . The U-Net backbone takes a noisy image and a sinusoidal timestep embedding and predicts the added noise  $\epsilon_{\theta}(x_t, t)$ . Training minimizes the MSE between the true noise and the predicted noise over random timesteps. Sampling starts from  $x_T \sim N(0, I)$  and repeatedly applies the learned reverse step to obtain  $x_{t-1}$  from  $x_t$  until we get a clean image at  $t = 0$ .

(b) Screenshots of generated images and training



### (c) Reflection

Implementing the DDPM from scratch clarified how the forward process is fixed (just adding noise with a schedule) while the model only learns the reverse process by predicting noise. Seeing the reverse diffusion visualization made the iterative denoising idea concrete. The same core ideas underlie large-scale models like Stable Diffusion, so this lab was a solid foundation for understanding modern diffusion-based image generation.