

VARIATIONAL QUANTUM ALGORITHMS ARE LIPSCHITZ SMOOTH

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ABSTRACT

Variational Quantum Algorithms (VQAs) are a cornerstone of near-term quantum computing, yet a full understanding of their optimization landscape is still developing. A key property for guaranteeing the convergence of gradient-based optimizers is L-smoothness, which implies a Lipschitz continuous gradient. In this work, we first formally prove that the objective function of any Quantum Neural Network (QNN) composed of standard parameterized and fixed gates is an L-smooth function of its parameters. We then derive a tight and explicit upper bound for the smoothness constant, L , using an operator-based formalism. This bound, $L \leq 4 \|M\|_2 \sum_{k=1}^P \|G_k\|_2^2$, depends directly on the observable M and the generators G_k of the parameterized gates, providing valuable theoretical insight for designing and optimizing VQAs.

1 INTRODUCTION

1.1 MOTIVATION AND GOAL

The primary objective of this work is to demonstrate that for a general Quantum Neural Network (QNN) architecture, the expectation value of an observable is an L-smooth function of the circuit parameters. This property is crucial as it provides a theoretical guarantee on the stability of the loss landscape, which is fundamental for the performance of gradient-based optimization algorithms commonly used to train QNNs.

1.2 DEFINITION OF L-SMOOTHNESS

A differentiable function $f(\theta)$ is said to be L-smooth if its gradient is Lipschitz continuous with a constant $L \geq 0$. This is formally stated as:

$$\|\nabla f(\theta_1) - \nabla f(\theta_2)\| \leq L \|\theta_1 - \theta_2\| \quad (1)$$

For a twice-differentiable function, a sufficient condition for L-smoothness is that the norm of its Hessian matrix is globally bounded:

$$\|\nabla^2 f(\theta)\| \leq L \quad (2)$$

2 THE GENERAL QNN MODEL

2.1 THE QUANTUM STATE

An n -qubit quantum state is a vector in a 2^n -dimensional Hilbert space. In a QNN, this state is parameterized by a vector $\theta \in \mathbb{R}^P$, and can be written as a linear combination of computational basis states $|i\rangle$:

$$|\psi(\theta)\rangle = \sum_{i=0}^{2^n-1} c_i(\theta) |i\rangle \quad (3)$$

where the complex amplitudes $c_i(\theta)$ are functions of the circuit parameters θ .

2.2 THE QNN OUTPUT

The output of a QNN, which serves as the objective function in a VQA, is the expectation value of a Hermitian operator M (an observable) with respect to the final state:

$$f(\boldsymbol{\theta}) = \langle M \rangle = \langle \psi(\boldsymbol{\theta}) | M | \psi(\boldsymbol{\theta}) \rangle \quad (4)$$

This can be expanded in terms of the state amplitudes as:

$$f(\boldsymbol{\theta}) = \sum_{i,j} c_i^*(\boldsymbol{\theta}) M_{ij} c_j(\boldsymbol{\theta}) \quad (5)$$

2.3 THE GATE SET

A QNN circuit is constructed from a sequence of unitary quantum gates. For this proof, we consider a universal gate set, which can be broadly categorized as follows:

- **Parameterized Gates:** Single-qubit rotations ($R_x(\theta)$, $R_y(\theta)$, $R_z(\theta)$) and two-qubit parameterized rotations ($R_{xx}(\theta)$, $R_{yy}(\theta)$, $R_{zz}(\theta)$, etc.).
- **Constant Gates:** Fixed single-qubit gates (H , X , Y , Z , S , T) and entangling gates ($CNOT$, CZ , $SWAP$).

3 CORE PROOF: QNN OUTPUTS AS TRIGONOMETRIC POLYNOMIALS

We prove by induction on the number of gates, k , that all amplitudes of the state vector are multivariate trigonometric polynomials of the circuit parameters $\boldsymbol{\theta}$.

3.1 INDUCTIVE HYPOTHESIS: P(K)

After applying k gates from the universal set, all amplitudes $c_i(\boldsymbol{\theta})$ of the state vector $|\psi_k(\boldsymbol{\theta})\rangle$ are multivariate trigonometric polynomials of the parameters $\boldsymbol{\theta}$ on which they depend.

3.2 BASE CASE: K=0

For $k = 0$, the state is the initial state, typically $|\psi_0\rangle = |0\dots 0\rangle$. The amplitudes are constants (one is 1, the rest are 0), which are trivial trigonometric polynomials of degree zero. Thus, P(0) holds.

3.3 INDUCTIVE STEP

Assume P($k - 1$) is true: the amplitudes $c_j(\boldsymbol{\theta}_{1:k-1})$ of the state $|\psi_{k-1}\rangle$ are trigonometric polynomials. Now, we apply the k -th gate, U_k , to produce the new state $|\psi_k\rangle = U_k |\psi_{k-1}\rangle$. The new amplitudes c'_i are a linear combination of the old amplitudes: $c'_i = \sum_j (U_k)_{ij} c_j$.

Case 1: U_k is a parameterized gate, $U_k(\theta_k)$ The matrix elements of rotational gates are trigonometric functions of θ_k (e.g., $\cos(\theta_k/2)$, $\sin(\theta_k/2)$). The new amplitudes c'_i are sums of products of these elements and the old amplitudes c_j . Since the set of multivariate trigonometric polynomials is closed under multiplication and addition, each c'_i is also a multivariate trigonometric polynomial of $\boldsymbol{\theta}_{1:k}$.

Case 2: U_k is a constant gate The matrix elements of U_k are constant complex numbers. The new amplitudes are therefore finite linear combinations of the previous amplitudes. A linear combination of trigonometric polynomials is itself a trigonometric polynomial, so the property is preserved.

By the principle of induction, the amplitudes of the final state vector of any QNN are trigonometric polynomials of the parameters.

4 L-SMOOTHNESS OF THE QNN OUTPUT

4.1 THE OUTPUT FUNCTION AS A TRIGONOMETRIC POLYNOMIAL

The QNN output, $f(\boldsymbol{\theta}) = \sum_{i,j} c_i^*(\boldsymbol{\theta}) M_{ij} c_j(\boldsymbol{\theta})$, is a sum of products of the amplitudes (which are trigonometric polynomials) and constants M_{ij} . Therefore, $f(\boldsymbol{\theta})$ is also a multivariate trigonometric polynomial.

4.2 BOUNDED HESSIAN AND CONCLUSION

The Hessian matrix of $f(\boldsymbol{\theta})$ contains second partial derivatives, $H_{ij} = \frac{\partial^2 f}{\partial \theta_i \partial \theta_j}$. Since derivatives of trigonometric polynomials are also trigonometric polynomials, and trigonometric polynomials (being finite sums of sines and cosines) are globally bounded, every element of the Hessian is bounded. A matrix with all bounded elements has a bounded norm. Thus, $\|\nabla^2 f(\boldsymbol{\theta})\|$ is globally bounded, which proves that the QNN output is an L-smooth function of its parameters.

5 FINDING AN EXPLICIT L-BOUND

While the proof via trigonometric polynomials establishes L-smoothness, it does not easily yield a practical bound. Here, we derive an explicit bound for L using an operator-based formalism.

5.1 OPERATOR-BASED FORMULATION OF THE HESSIAN

Let the unitary evolution of the QNN be $U(\boldsymbol{\theta}) = U_P(\theta_P) \cdots U_1(\theta_1)$, where each parameterized gate is given by $U_k(\theta_k) = \exp(-i\theta_k G_k)$ for a Hermitian generator G_k . The objective function is given by:

$$f(\boldsymbol{\theta}) = \langle \psi_0 | U^\dagger(\boldsymbol{\theta}) M U(\boldsymbol{\theta}) | \psi_0 \rangle = \langle \psi(\boldsymbol{\theta}) | M | \psi(\boldsymbol{\theta}) \rangle. \quad (6)$$

The first partial derivative of $f(\boldsymbol{\theta})$ with respect to a parameter θ_k is:

$$\frac{\partial f}{\partial \theta_k} = \frac{\partial \langle \psi |}{\partial \theta_k} M | \psi \rangle + \langle \psi | M \frac{\partial | \psi \rangle}{\partial \theta_k} = 2\text{Re} \left(\langle \psi | M \frac{\partial | \psi \rangle}{\partial \theta_k} \right) \quad (7)$$

Thus the elements of the Hessian matrix can be expressed as:

$$H_{kl} = \frac{\partial^2 f}{\partial \theta_k \partial \theta_l} = 2\text{Re} \left(\frac{\partial \langle \psi(\boldsymbol{\theta}) |}{\partial \theta_k} M \frac{\partial | \psi(\boldsymbol{\theta}) \rangle}{\partial \theta_l} + \langle \psi(\boldsymbol{\theta}) | M \frac{\partial^2 | \psi(\boldsymbol{\theta}) \rangle}{\partial \theta_l \partial \theta_k} \right) \quad (8)$$

5.2 BOUNDING THE STATE VECTOR DERIVATIVES

The key is to bound the norms of the state's partial derivatives. The first partial derivative is:

$$\frac{\partial | \psi(\boldsymbol{\theta}) \rangle}{\partial \theta_k} = U_P \cdots U_{k+1} (-i G_k U_k) U_{k-1} \cdots U_1 | \psi_0 \rangle \quad (9)$$

When taking the norm of $\|U_P \cdots U_{k+1} (-i G_k U_k) U_{k-1} \cdots U_1 | \psi_0 \rangle\|$ we can eliminate the $U_P \cdots U_{k+1}$ term since products of unitary operators are themselves unitary and preserve norms. Additionally we can simplify $U_k U_{k-1} \cdots U_1 | \psi_0 \rangle$ to $|\psi_k\rangle$ and $-i$ to 1. We then have the norm of $\|G_k |\psi_k\rangle\| \leq \|G_k\| \cdot \|\psi_k\rangle\|$ following the Cauchy-Schwarz inequality. Since $\|\psi_k\rangle\| = 1$ we get:

$$\left\| \frac{\partial | \psi(\boldsymbol{\theta}) \rangle}{\partial \theta_k} \right\| \leq \|G_k\| \triangleq g_k \quad (10)$$

Doing similar simplifications, the norms of the second partial derivatives are bounded as follows:

• **Mixed partial derivative ($k \neq l$):**

In this example the the second partial derivative is given by:

$$\frac{\partial^2 |\psi\rangle}{\partial \theta_l \partial \theta_k} = U_P \cdots U_{l+1} (-iG_l U_l) \cdots (-iG_k U_k) \cdots U_1 |\psi_0\rangle \quad (11)$$

When taking the norm of $\|U_P \cdots U_{l+1} (-iG_l U_l) \cdots (-iG_k U_k) \cdots U_1 |\psi_0\rangle\|$ we can remove the term $U_P \cdots U_{l+1}$ and simplify $U_k \cdots U_1 |\psi_0\rangle$ to $|\psi_k\rangle$. This gives:

$$\left\| \frac{\partial^2 |\psi\rangle}{\partial \theta_l \partial \theta_k} \right\| = \|G_l U_l \cdots U_{k+1} G_k |\psi_k\rangle\| \leq \|G_l U_l \cdots U_{k+1} G_k\| \cdot \|\psi_k\rangle\| \quad (12)$$

Where $\|\psi_k\rangle\| = 1$. By using the the submultiplicative property of norms we get:

$$\|G_l U_l \cdots U_{k+1} G_k\| \leq \|G_l\| \cdot \|U_l\| \cdots \|U_{k+1}\| \cdot \|G_k\| \quad (13)$$

Since the norm of each unitary operator $\|U_i\| = 1$ we get the final inequality

$$\left\| \frac{\partial^2 |\psi\rangle}{\partial \theta_l \partial \theta_k} \right\| \leq \|G_l\| \|G_k\| \triangleq g_l g_k \quad (14)$$

• **Unmixed partial derivative ($k = l$):**

The second derivative is defined as

$$\frac{\partial^2 |\psi\rangle}{\partial \theta_k^2} = U_P \cdots (-iG_k)^2 U_k \cdots U_1 |\psi_0\rangle \quad (15)$$

Following the same logic when taking the norm, $U_P \cdots U_{k+1}$ can be removed. $(-iG_k)^2 = -G_k^2$ and $U_k \cdots U_1 |\psi_0\rangle = |\psi_k\rangle$ whose norm is one which gives:

$$\left\| \frac{\partial^2 |\psi\rangle}{\partial \theta_k^2} \right\| \leq \|G_k^2\| \triangleq g_k^2 \quad (16)$$

5.3 ESTABLISHING THE FINAL BOUND FOR L

We can now bound the magnitude of each Hessian element $|H_{kl}|$ using the triangle inequality and the Cauchy-Schwarz inequality:

$$|H_{kl}| \leq 2 \left(\left\| \frac{\partial \langle \psi(\theta) |}{\partial \theta_k} M \frac{\partial |\psi(\theta)\rangle}{\partial \theta_l} \right\| + \left\| \langle \psi(\theta) | M \frac{\partial^2 |\psi(\theta)\rangle}{\partial \theta_l \partial \theta_k} \right\| \right) \quad (17)$$

$$\leq 2 \left(\left\| \frac{\partial |\psi(\theta)\rangle}{\partial \theta_k} \right\| \|M\| \left\| \frac{\partial |\psi(\theta)\rangle}{\partial \theta_l} \right\| + \|\psi(\theta)\rangle\| \|M\| \left\| \frac{\partial^2 |\psi(\theta)\rangle}{\partial \theta_l \partial \theta_k} \right\| \right) \quad (18)$$

Substituting our derivative bounds gives:

$$|H_{kl}| \leq 2 \|M\| (g_k g_l + 1 \cdot g_l g_k) = 4 \|M\| g_k g_l \quad (19)$$

To find a bound for L , we can use the Frobenius norm of the Hessian:

$$L \leq \|H\|_F = \left(\sum_{k,l=1}^P |H_{kl}|^2 \right)^{1/2} \leq \left(\sum_{k,l=1}^P (4 \|M\| g_k g_l)^2 \right)^{1/2} \quad (20)$$

This simplifies to our final result:

$$L_{bound} = 4 \|M\|_2 \sum_{k=1}^P \|G_k\|_2^2 \quad (21)$$

5.4 THE NORM OF THE GATE GENERATORS (G_k)

In modern VQAs, the parameterized gates are almost always single or multi-qubit Pauli rotations. For all of these standard gates, the spectral norm of their generator is constant:

- **Single-Qubit Rotations (R_i):** For gates like $R_x(\theta)$, $R_y(\theta)$, or $R_z(\theta)$, the generator is $G_k = \frac{1}{2}P_i$, where $P_i \in \{X, Y, Z\}$ is a Pauli matrix. The spectral norm of any Pauli matrix is $\|P_i\|_2 = 1$. Consequently, the generator norm is always:

$$\|G_k\|_2 = \|\frac{1}{2}P_i\|_2 = \frac{1}{2}\|P_i\|_2 = \frac{1}{2}.$$

- **Two-Qubit Rotations (R_{ii}):** For entangling gates like $R_{XX}(\theta)$, $R_{YY}(\theta)$, or $R_{ZZ}(\theta)$, the generator is $G_k = \frac{1}{2}P_i \otimes P_j$. Using the tensor product property of the spectral norm ($\|A \otimes B\|_2 = \|A\|_2\|B\|_2$), the norm is again:

$$\|G_k\|_2 = \|\frac{1}{2}P_i \otimes P_j\|_2 = \frac{1}{2}\|P_i\|_2\|P_j\|_2 = \frac{1}{2}(1)(1) = \frac{1}{2}.$$

Therefore, for any standard single or two-qubit Pauli rotation gate, the generator’s spectral norm is precisely $\frac{1}{2}$. Using this to simplify the bound we get:

$$L_{\text{bound}} = P \|M\|_2 \quad (22)$$

5.5 THE NORM OF THE OBSERVABLE (M)

The norm of the observable, $\|M\|_2$, is problem-dependent and establishes the scale of the objective function’s landscape. It is **not guaranteed to be 1**.

- **Case 1: Simple Pauli Observables.** If the goal is to measure a simple property, the observable might be a single Pauli operator, like $M = Z_i$ (measuring the spin of the i -th qubit). In this common scenario, the norm is indeed $\|M\|_2 = \|Z_i\|_2 = 1$.
- **Case 2: General Hamiltonians.** In many important applications, such as in chemistry (VQE) or physics, the observable M is a Hamiltonian representing the system’s energy. Such a Hamiltonian is typically a weighted sum of Pauli strings, e.g., $M = \sum_j w_j S_j$ where S_j are Pauli strings (like $X_0 Y_1 Z_2$) and w_j are real coefficients. The norm $\|M\|_2 = \|\sum_j w_j S_j\|_2$ depends on the coefficients and the structure of the Hamiltonian, and is generally not equal to 1.

SIMPLIFIED BOUND FOR A NORMALIZED, COMMON SCENARIO

Let’s consider a widespread VQA architecture with P parameterized Pauli rotation gates. For every such gate, we have established that $\|G_k\|_2 = 1/2$. If we are in the specific, common case where the observable is a single Pauli operator or has been normalized such that $\|M\|_2 = 1$, our bound from Eq. (14) simplifies dramatically:

$$L_{\text{bound}} = P \quad (23)$$

This remarkably simple result, $L \leq P$, provides an intuitive limit for this normalized VQA setup: the smoothness constant is bounded directly by the number of parameterized gates. For the general case, the bound remains $L \leq \|M\|_2 \cdot P$, directly scaling with the norm of the chosen observable.

6 WHEN L-SMOOTHNESS BREAKS

6.1 CONDITIONAL GATES

The L-smoothness property is not guaranteed if the QNN architecture includes conditional gates that introduce discontinuities. For example, consider a gate whose rotation angle depends on a

non-smooth function g :

$$U(\theta_k) = R_x(g(\theta_k)) \quad \text{where} \quad g(\theta_k) = \begin{cases} 0 & \text{if } \theta_k < \tau \\ \theta_k & \text{if } \theta_k \geq \tau \end{cases} \quad (24)$$

This is analogous to a ReLU activation function in classical neural networks. Such conditional logic makes the function non-differentiable at the threshold point $\theta_k = \tau$, which breaks the L-smoothness property. It is important to note, however, that most standard QNN architectures do not use such gates as QNNs exhibit non-linearity inherently through its gate set.