

# CHRIS LUCYNSKI, BSN, RN

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(703) 606-9237

## PROFESSIONAL EXPERIENCE

### **Nurse Manager**

Oct. 2017 - Present

#### **5 West Inpatient Psychiatry, University of Utah**

Salt Lake City, Utah

- Manage a 24-bed inpatient medical-psychiatric unit, overseeing the operations and budget of the unit while supervising 50+ employees, to include hiring, onboarding, and termination.
- Worked with HR leave specialists to coordinate staff's medical leaves of absence.
- Collaborated with an interdisciplinary team to ensure seamless discharge planning for patients, coordinating closely with the case management team to help with difficult dispositions.
- Strategic planning to meet the three pillar goals of the organization: financial strength, exceptional patient experience, and quality.
- Analyze reports relating to patient care, quality, financial statements, and safety and develop interventions to address opportunities for improvement.
- Monthly meetings with construction and hospital administration to ensure compliance with DNV/CMS regulations in the clinical environment.

### **Clinical Nurse Coordinator**

Aug. 2016 - Oct. 2017

#### **5 West Inpatient Psychiatry, University of Utah**

Salt Lake City, Utah

- Developed and implemented quality improvement initiatives; successfully improved BCMA compliance on the unit by 12% over a six-month period; met and exceeded hospital EPE goals.
- Served as a mentor for employees and students through developmental feedback and coaching.
- Assisted and collaborated with the nurse manager through the corrective action process.

### **Charge Nurse, UNI Child Inpatient Unit, University of Utah**

Jan. 2016 - Aug. 2016

Salt Lake City, Utah

- Gathered and disseminated information to staff members and multidisciplinary treatment team.
- Assisted with ADL's; resolved behavioral issues with patients through therapeutic communication, timeouts, and locked seclusions; deescalated situations with patients' families.
- Supported staff during stressful situations; addressed difficult issues and provided feedback.
- Oriented and precepted students and new nurses to the floor.

### **Medication Nurse, UNI Adolescent/Youth Units, University of Utah**

Oct. 2015 - Dec. 2015

Salt Lake City, Utah

- Assessed and documented patients' physical, emotional, and mental status every shift.
- Administered PO, IM, topical, and intradermal medications; completed wound care as needed.
- Provided therapeutic communication and redirected patients; admitted and discharged patients.
- Assisted with medical and behavioral codes; collected EKG's, urine analysis and drug screens, and cultures; inserted NG tubes and administered tube feedings as prescribed.

### **Registered Nurse, UNI Girls Transition Center (GTC), University of Utah**

Mar. 2014 - Sept. 2015

Salt Lake City, Utah

*UNI's Girls RTC is a nine-bed facility for patients ages 12-17 with behavioral and mental health issues.*

- Developed new policies, procedures, and documentation for: the nursing role at the UNI GTC, medication transportation, employee observation of client self-administration of medications, various medical protocols, etc.

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- Worked as only nurse on the unit; provided medical care to the clients and coordinated care with UNI staff, their physician, case worker, and Department of Health (DOH) case nurse as needed.
- Coordinated and scheduled all clients' medical, dental, and vision needs; established partnerships with these various medical providers to accept our unit's clients.
- Provided training for all staff on: observing clients' self-administration of medications, checking clients' blood glucose levels, monitoring vital signs, administering an epi-pen, Epic EMR system.

### **Registered Nurse, Medical/Surgical Unit, Florida Hospital Altamonte**

Mar. 2013 - Feb. 2014

Orlando, Florida

*Ranked #1 Hospital System in Florida by U.S. News & World Report (2014)*

- Provided care for patients with comorbidities including diabetes, mental illness, and dementia.
- Communicated and coordinated patient care with multiple healthcare professionals, including doctors, case managers, physical and occupational therapists, dieticians, laboratory, etc.

### **IM Safe Trainer and "Super User," Florida Hospital Altamonte**

Aug. 2013 - Feb. 2014

Orlando, Florida

- Selected by management as unit "Super User," educating more than 500 nurses and staff on new barcode medication administration process and technology.
- Conducted numerous training sessions at multiple Florida Hospital campuses.
- Concurrent role while maintaining full-time Medical/Surgical Registered Nurse position.

## **SKILLS**

Effective, strategic decision making | Leadership & team building | Quick and adaptable learner

- Outstanding written, verbal, and interpersonal communication skills, with experience collaborating with physicians, nursing informatics, quality, patient safety, legal, facilities and engineering, nursing, hospital executives, internal accreditation team, and DNV surveyors.
- Extensive knowledge of the healthcare system, the admission cycle and flow of patient care, and both clinical and administrative process, policies, and procedures.
- Charismatic leader able to motivate others; committed to coaching, recognition, and support of team members' personal and professional growth and development.
- Extensive exposure to the accreditation process and DNV surveying.
- Proficient at using popular hospital software programs Epic and Cerner, with exposure to the Martti system.

## **EDUCATION**

BSN

**Bachelor of Science in Nursing, University of Hawaii at Manoa**

Dec. 2012

Honolulu, Hawaii

*Honors/Awards:* Cum Laude, Dean's List: Fall 07, Spring 08, Fall 08, Fall 12

*Cumulative GPA:* 3.64/4.00

## **LICENSURE & CERTIFICATIONS**

- Registered Nurse, Utah State/Interstate Compact License Jan. 2017 - Dec. 2019
- Basic Life Support (CPR) Certified 2018-2020

## **RECOGNITION**

- Employee of the Month, Florida Hospital Altamonte July 2013
- "Employee Wisdom" promotional video interview, Florida Hospital Altamonte Fall 2013

