

PREPARING FOR A BETHEL SOZO PRAYER APPOINTMENT

We are pleased to welcome you as an honoured guest for your Bethel Sozo appointment and look forward to meeting you. The following information is given to help you gain the fullest benefit from your time with us and to pray that it will be a time of healing, blessing and releasing.

Sozo is a unique healing and deliverance ministry in which the aim is to root out blocks and hindrances to our personal connections with Father, Son and Holy Spirit. This process involves forgiveness of ourselves and others and for any lies we have believed to be replaced with the truth. This is all done within a 2-2.5 hour prayer time in a supportive atmosphere where the facilitator encourages you to hear God for yourself and to make space for Him to speak to you.

We suggest that you have a time of fasting in preparation beforehand as this is a biblical principle to help us hear God more clearly and to open our hearts for deeper intimacy with Him. This could be by abstaining from food by missing a meal or perhaps releasing time in other ways in order to seek God e.g. not watching TV, abstaining tea and coffee or chocolate!!

Forgiveness is also a key area when it comes to removing blocks with God and experiencing freedom. This area can be a challenging one for many people as they often feel that those involved do not 'deserve' to be forgiven and by doing so would mean that the offenses committed are not taken seriously. Nothing could be further from the truth as God is a just God and He judges fairly. What He asks is that we step out of the way so He can have direct access to the person. By doing this it does not mean that they get off free or that we have to give up our rights but that we make a choice to offer grace as God has done towards us and to let the person go into God's hands.

There are some key scriptures that point to this Matthew 6 v14-15, Luke 6v37 and Matthew 18 v 21-35. Here we see that God loves us to show mercy as He has towards us. He makes it a command because He loves us too much to live with the consequences of an unforgiving heart which will exhibit bitterness, resentment, pride, hatred, rebellion and self pity. The fruit of these emotions in our lives will take a toll on our emotional, physical and spiritual health and bind us in a prison of torment thus giving the enemy a foothold.

Forgiveness can also help to close open doors in our lives into such areas as fear, anger, bitterness, the occult, sexual sin, resentment and pride. God's heart is always to be in close loving, intimate relationship with us and to relieve us of our burdens releasing us into freedom and grace. It is a choice to forgive not a feeling and it is a key part of the Sozo appointment.

We do suggest that you have some form of accountability in the church for prayer support and encouragement to walk out your freedom after the appointment. A home group leader would be a possibility or someone in a similar position

Above all our heart is to support you in this Sozo time to hear and experience God's love, healing, acceptance and freedom and the fullness of the salvation He has given you.

'Therefore with joy will you draw water out of the wells of salvation and in that day you will say give thanks to the Lord.'

Isaiah 12 v 3-4