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| **Q** |  | | **Response options** | **Variable name** | |
| **2** | **What year were you born?** | | | | |
|  |  | | 1) 1999  2) 2000  3) 2001  4) 2002  5) 2003  6) 2004  7) 2005  8) 2006  9) 2007  10) 2008  11) 2009 | QDY\_2 | |
| **3** | **Are you a boy or a girl?** | | | | |
|  |  | | 1. Boy 2. Girl | QDY\_3 | |
| **Q** | | |  | **Response**  **Options** | **Variable name** |
| **4-31** | | | **What have you been drinking the last month?** Think about what you usually drink to all meals and between  meals both in the weekdays and in the weekend. 1 glass/cup = 2-2,5 dl | | |
|  | | | **Dairy** |  |  |
|  | | | 4. Full-fat milk | 1) 0 glass per month | QDY\_4 |
| 5. Low-fat milk | 2) 1-3 glass per month | QDY\_5 |
| 3) 1 glass per week |
| 6. Extra low-fat milk | QDY\_6 |
| 4) 2-6 glass per week |
| 7. Skimmed milk | QDY\_7 |
| 5) 1 glass per day |
| 8. Kefir/buttermilk | QDY\_8 |
| 1. 2-3 glass per day 2. More than 3 glass per day |
| 9. Chocolate milk, strawberry milk etc. | QDY\_9 |
| 10. Cultura/Biola natural |  | QDY\_10 |
| 11. Cultura/Biola with taste |  | QDY\_11 |
| **Juice/soft drink/water** | | |
| 12. Soya milk, rice or oat milk etc. | 1. 0 glass per month 2. 1-3 glass per month 3. 1 glass per week 4. 2-6 glass per week 5. 1 glass per day 6. 2-3 glass per day 7. More than 3 glass per day | QDY\_12 |
| 13.Tap water or bottled water | QDY\_13 |
| 14. Orange juice | QDY\_14 |
| 15. Apple juice | QDY\_15 |
| 16. Other fruit juice and nectar | QDY\_16 |
| 17. Juicesoda (Noisy etc.) | QDY\_17 |
| 18. Smoothie | QDY\_18 |
| 19. Fruit syrup, ice tea, slush with | QDY\_19 |
| sugar |  |
| 20. Fruit syrup, ice tea, slush with | QDY\_20 |
| artificial sweetener |  |
| 21. Soft drinks with sugar | QDY\_21 |
| 22. Soft drinks with artificial | QDY\_22 |
| sweetener |  |

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|  | 23. Sports drinks (YT, Power Aid etc.) |  | QDY\_23 |
| 24. Energy drinks (Red bull, Battery etc.) | QDY\_24 |
| **Coffee/tea** | | |
| 25. Coffee without milk | 1. 0 glass per month 2. 1-3 glass per month 3. 1 glass per week 4. 2-6 glass per week 5. 1 glass per day 6. 2-3 glass per day 7. More than 3 glass per day | QDY\_25 |
| 26. Coffee with milk, ice coffee | QDY\_26 |
| 27. Black tea | QDY\_27 |
| 28. Tea with milk | QDY\_28 |
| 29. Fruit tea | QDY\_29 |
| 30. Herbal tea | QDY\_30 |
| 31. Green tea | QDY\_31 |
| **Sugar and artificial sweetener** | | | |
| **32** | **Did you use sugar in tea/coffee the last month?** | | |
|  |  | 1. yes 2. no | QDY\_32 |
| **33** | **How many teaspoons per cup** | | |
|  |  | 1) 1/2  2) 1  3) 2  4) 3  5) 4  6) 5  7) 6  8) More than 6 | QDY\_33 |
| **34** | **Did you use artificial sweetener in coffee/tea the last month** | | |
|  |  | 1. yes 2. no | QDY\_34 |
|  | **Alcoholic drinks** | | |
| **35** | **Have you ever been drinking alcohol (more than just tasting a sip)?** | | |
| **Version A** |  | 1. yes 2. no | QDY\_35 |
| **36** | **What kind of alcoholic drink have you had the last month?** | | |
| **Version A** | 1) Beer |  | QDY\_36\_1 |
| 2) Cider, alcopops |  | QDY\_36\_2 |
| 3) Wine |  | QDY\_36\_3 |
| **37** | **How many units (glass/box/bottle) of beer have you had the last month?** | | |
| **Version A** |  | 1) 1-3  2) 4-7  3) more than 8 | QDY\_37 |
| **38** | **How many units (glass/box/bottle) of cider/alkopops have you had the last month?** | | |
| **Version A** |  | 1) 1-3  2) 4-7  3) more than 8 | QDY\_38 |
| **39** | **How many glasses of wine have you had the last month?** | | |
| **Version A** |  | 1) 1-3  2) 4-7  3) more than 8 | QDY\_39 |
| **P35-P37** | **Have you had any of the following alcoholic drinks the last month?** | | |
| **Pilot** | P35) Beer | 1. 0 glass/boxes/bottles per month 2. 1-3 glass/boxes/bottles per month 3. 1 glass/box/bottle per week 4. 2-6 glass/boxes/bottles per week 5. More than 7 glass/boxes/bottles per week | QDY\_P\_35 |
| P36) Cider, alcopops | QDY\_P\_36 |
| P37) Wine | QDY\_P\_37 |

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| **Q** |  | **Response Options** | **Variable name** |
| **40-44** | **Did you eat the following food items the last month?** Think about all meals and snacks both in the weekdays and  in the weekend. | | |
|  | 40. Yoghurt natural, greek yoghurt etc. | 1. Not eaten 2. 1-3 box per month 3. 1 box per week 4. 2-6 box per week 5. 1 box per day 6. More than 1 box per day | QDY\_40 |
| 41. Fruit yoghurt | QDY\_41 |
| 42 Biola, Activia yogurt (with probiotics) | QDY\_42 |
| 43. Go-morgen yogurt | QDY\_43 |
| 44. Skyr, Cottage cheese | QDY\_44 |
| **Q** |  | **Response Options** | **Variable name** |
| **45-49** | **Did you eat the following food items the last month?** | | |
|  | 45. Corn Flakes, Havrefras, Special-K, Havreloops, Cheerios, etc. | 1. Not eaten 2. 1-3 portions per month 3. 1 portion per week 4. 2-6 portions per week 5. 1 portion per day 6. more than 1 portion per day | QDY\_45 |
| 46. Coco pops, Honnikorn, etc. | QDY\_46 |
| 47. Oatmeal, oat porridge | QDY\_47 |
| 48. Muesli, mixed cereal | QDY\_48 |
| 49. Other type of porridge | QDY\_49 |

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| **Q** |  | **Response Options** | **Variable name** |
| **50-55** | **How often did you eat the following type of bread the last month?** | | |
|  | 50. Wholemeal bread (Kneipp bread, medium coarse) | 1. Not eaten 2. 1-4 slices per month 3. 2-6 slices per week 4. 1 slice per day 5. 2-3 slices per day 6. 4-5 slices per day 7. more than 6 slices per day | QDY\_50 |
| 51. Coarse bread | QDY\_51 |
| 52. White bread | QDY\_52 |
| 53. Crispbread | QDY\_53 |
| 54.Polar bread (fine/coarse) | QDY\_54 |
| 55. Rolls, baguettes | QDY\_55 |
| **56** | **How often did you use butter/margarine on sandwiches the last month?** | | |
|  |  | 1. seldom/never 2. sometimes 3. often 4. always | QDY\_56 |
| **57** | **How often did you use mayonnaise on sandwiches the last month?** | | |
|  |  | 1. seldom/never 2. sometimes 3. often 4. always | QDY\_57 |
| **Q** |  | **Response Options** | **Variable name** |
| **58-75** | **How many sandwiches/rolls/crisp breads etc. have you eaten with the following food items the last month?**  Think about all meals and snacks both in the weekdays and in the weekend. | | |
|  | 58. Cold cuts of ham, roast beef, saddle of pork etc. | 1. Not eaten 2. 1-4 slices per month 3. 2-6 slices per week 4. 1 slice per day 5. 2-3 slices per day 6. 4-5 slices per day 7. more than 6 slices per day | QDY\_58 |
| 59. Liver paste | QDY\_59 |
| 60. Salami, Swedish sausage etc. | QDY\_60 |
| 61. Cold cuts of turkey, chicken | QDY\_61 |
| 62. Yellow cheese (Norvegia, Jarlsberg etc.) | QDY\_62 |
| 63. Brown cheese, Prim | QDY\_63 |
| 64. Cheese spread (cheese with ham spread, cheese on tube etc.) | QDY\_64 |
| 65. Spread with mayonnaise (Italian etc.) | QDY\_65 |
| 66. Egg on slice of bread | QDY\_66 |
| 67. Caviar spread | QDY\_67 |
| 68. Fish spread (mackerel/sardine in tomato sauce etc.) | QDY\_68 |
| 69. Fruit (banana, apple etc.) | QDY\_69 |
| 70. Vegetable (tomato, cucumber etc.) | QDY\_70 |
| 71. Peanut butter | QDY\_71 |
| 72.Chocolate or nut spread | QDY\_72 |

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|  | 73. Sweet spread (Hapå, Banos) |  | | QDY\_73 |
| 74. Jam | QDY\_74 |
| 75. Honey | QDY\_75 |
| **Q** |  | | **Response Options** | **Variable name** |
| **76-**  **101** | **How often have you eaten the following main dish as dinner the last month?** | | | |
|  | **Hot meals with meat** | | | |
| 76. Minced meat patties, meat balls | | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | QDY\_76 |
| 77. Hamburger | | QDY\_77 |
| 78. Sausage | | QDY\_78 |
| 79. Taco | | QDY\_79 |
| 80. Pita bread with filling | | QDY\_80 |
| 81. Pizza | | QDY\_81 |
| 82. Casserole dish (risotto, beef stew etc.) | | QDY\_82 |
| 83. Pasta with meat (spaghetti bolognaise, lasagna etc.) | | QDY\_83 |
| 84. Pork, beef or lamb meat (steak, roast, chop etc.) | | QDY\_84 |
| 85. Venison meat (roast of elk, deer, reindeer etc.) | | QDY\_85 |
|  | **Hot meals with poultry** | | | |
| 86. Chicken or turkey (fillet, barbeque, chicken legs etc.) | | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | QDY\_86 |
| 87. Chicken burger, nuggets | | QDY\_87 |
| **Pie** | | | |
| 88. Pie with meat or vegetables | | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | QDY\_88 |
| **Seafood** | | | |
|  | 89. Salmon, trout, mackerel or other fatty fish | | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | QDY\_89 |
| 90. Cod, saithe or other lean fish | | QDY\_90 |
| 91. Fish soup | | QDY\_91 |
| 92. Shrimp, shellfish | | QDY\_92 |
| 93. Fish cakes, fish sticks or other fish products | | QDY\_93 |
|  | **Other hot meals** | | | |
|  | 94. Dishes with beans/lentils/peas | | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week | QDY\_94 |
| 95. Soup (tomato soup, vegetable soup) | | QDY\_95 |
| 96. Eggs; fried, scrambled, omelet | | QDY\_96 |
| 97. Pancakes | | QDY\_97 |
| 98. Rice porridge | | QDY\_98 |

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|  | 99. Other porridge | | 1. 4-6 times per week 2. 1 time per day or more | QDY\_99 |
| **100-**  **101** | **If you had porridge/pancakes the last month how many teaspoons of sugar or jam did you use on the porridge?** | | | |
|  | 100. Porridge | | 1) None 2) 1-3 3) 4-5  4) More than 6 | QDY\_100 |
| 101. Pancakes | | QDY\_101 |
| **102** | **Did you eat anything else for dinner this month?** | | | |
|  |  | | 1. Yes 2. No | QDY\_102 |
| **103** | **What other dish did you eat for dinner?** | | | |
|  |  | | Text variable | QDY\_103 |
| **Q** |  | **Response Options** | | **Variable name** |
| **104-**  **116** | **How often have you eaten the following side dishes for dinner the last month?** | | | |
|  | ***Side dish*** | | | |
| 104. Potatoes (boiled, baked, mashed) | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | | QDY\_104 |
| 105. French fries | QDY\_105 |
| 106. Potatoes au gratin, potato salad | QDY\_106 |
| 107. Fried potatoes | QDY\_107 |
| 108. Rice | QDY\_108 |
| 109. Noodles, pasta, spaghetti | QDY\_109 |
| 110. Bread, focaccia etc. | QDY\_110 |
|  | ***Gravy/dressing*** | | | |
| 111. Warm gravy | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | | QDY\_111 |
| 112. Sour cream, crème fraiche | QDY\_112 |
| 113. Dressing | QDY\_113 |
| 114. Ketchup | QDY\_114 |
| 115. Mustard | QDY\_115 |
| 116. Mayonnaise, rémoulade | QDY\_116 |
| **117** | **Did you eat any other side dish for dinner the last month?** | | | |
|  |  | 1. Yes 2. No | | QDY\_117 |
| **118** | **What other side dish did you eat for dinner the last month?** | | | |
|  |  | Text variable | | QDY\_118 |

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| **Q** |  | **Response Options** | **Variable name** |
| **119-**  **144** | **How often did you eat the following fruit and vegetables the last month?** | | |
|  | **Fresh fruit** | | |
| 119. Apple (1 piece) | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | QDY\_119 |
| 120. Pear (1 piece) | QDY\_120 |
| 121. Banana (1 piece) | QDY\_121 |
| 122. Orange or 2 clementines | QDY\_122 |
| 123. Peach, nectarine (1 piece) | QDY\_123 |
| 124. Plum (1 piece) | QDY\_124 |
| 125. Melon (1 slice) | QDY\_125 |
| 126. Kiwi (1 piece) | QDY\_126 |
| 127. Pineapple (1 slice), mango (1 bit) | QDY\_127 |
| 128. Berries, fresh or frozen (1 portion) | QDY\_128 |
| 129. Grapes (1 handful) | QDY\_129 |
| 130. Raisins (1/2 handful) | QDY\_130 |
| 131. Other dried fruits (1/2 handful) | QDY\_131 |
| **Vegetables** | | |
| 132. Broccoli | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day or more | QDY\_132 |
| 133. Cauliflower | QDY\_133 |
| 134. Onion, garlic, leek | QDY\_134 |
| 135. Avocado (1/2 piece) | QDY\_135 |
| 136. Corn (1/2 cob = 2 tbsp) | QDY\_136 |
| 137. Peas, snow peas | QDY\_137 |
| 138. Mixed salad (1 portion) | QDY\_138 |
| 139. Cooked spinach | QDY\_139 |
| 140. Pepper (1/4) | QDY\_140 |
| 141. Carrots (1 piece) | QDY\_141 |
| 142. Cucumber (about 4-5 cm) | QDY\_142 |
| 143. Tomato (1 piece) | QDY\_143 |
| 144. Other vegetables | QDY\_144 |
| **145** | **If you crossed out other vegetables, what other vegetables did you eat?** | | |
|  |  | Text variable | QDY\_145 |

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| **Q** | |  | | **Response options** | **Variable name** | | |
| **146-151** | | **How often do you eat/drink the following organic food and drinks?** | | |  | | |
| **Version A** | | 146. Milk, milk products and cheese | | 1. Seldom/never 2. Sometimes 3. Often 4. Mostly | QDY\_146 | | |
| 147. Bread and cereal products (flour, muesli etc.) | | QDY\_147 | | |
| 148. Egg | | QDY\_148 | | |
| 149. Vegetables | | QDY\_149 | | |
| 150. Fruit | | QDY\_150 | | |
| 151. Meat | | QDY\_151 | | |
| **Q** | |  | | **Response Options** | | | **Variable name** |
| **152-**  **164** | | **How often have you eaten the following the last month?** | | | | | |
|  | | 152. Cake (cream layer cake, brownie chocolate cake) (1 piece) | | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day 8. 2 times per day or more | | | QDY\_152 |
| 153. Cookies, sweet biscuits (1 piece) | | QDY\_153 |
| 154. Danish pastry (1 piece) | | QDY\_154 |
| 155. Buns (cinnamon buns, Norwegian custard buns (“*skolebrød*”), currant  buns etc.) (1 piece) | | QDY\_155 |
| 156. Müslie bar | | QDY\_156 |
| 157. Ice cream, yogurt ice cream (1 piece) | | QDY\_157 |
| 158. Water ice stick, sorbet (1 piece) | | QDY\_158 |
| 159. Pudding and mousse | | QDY\_159 |
| 160. Creamed rice or “rislunsj” (Norwegian rice pudding) | | QDY\_160 |
| 161. Gelo | | QDY\_161 |
| 162. Canned fruit | | QDY\_162 |
| 163. Cream, whipped cream | | QDY\_163 |
| 164. Vanilla sauce | | QDY\_164 |

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| **Q** | |  | | | **Response Options** | **Variable name** |
| **165-**  **173** | | **How often have you eaten the following the last month?** | | | | |
|  | | **Snacks** | | | | |
| 165. Crisps, potato chips, cheese doodles | | | 1. Not eaten 2. 1 time per month 3. 2-3 times per month 4. 1 time per week 5. 2-3 times per week 6. 4-6 times per week 7. 1 time per day 8. 2 times per day or more | QDY\_165 |
| 166. Tortilla chips (not with taco dinner) | | | QDY\_166 |
| 167. Popcorn | | | QDY\_167 |
| 168. Nuts | | | QDY\_168 |
| 169. Mixed candy (Norwegian “smågodt”) | | | QDY\_169 |
| 170. Snowballs | | | QDY\_170 |
| 171. Chocolate bar, plain (Norwegian “Melkesjokolade”, Norwegian “Firkløver”, Norwegian “Stratos” etc.)  (small bar) | | | QDY\_171 |
| 172. Chocolate bar, filled (Mars, Japp, Snickers etc.) (1 piece) | | | QDY\_172 |
| 173. Dark chocolate (1/4 bar) | | | QDY\_173 |
| **Q** | |  | **Response options** | | **Variable name** | |
| **174-**  **177** | | **How many times a week do you eat breakfast, lunch, dinner and evening meal (weekdays and weekend)?** | | | | |
|  | | 174. Breakfast | 1. Never or almost never 2. 1-2 times per week 3. 3-4 times per week 4. 5-6 times per week 5. Every day | | QDY\_174 | |
| 175. Lunch | QDY\_175 | |
| 176. Dinner | QDY\_176 | |
| 177. Evening meal | QDY\_177 | |
| **178** | | **How often do you eat breakfast or dinner with your family?** | | | | |
|  | |  | 1. Never or almost never 2. 1-2 times per week 3. 3-4 times per week 4. 5-6 times per week 5. Every day | | QDY\_178 | |
| **179** | | **Where do you get your school lunch?** | | | | |
|  | | 1) Bring packed lunch from home |  | | QDY\_179\_1 | |
| 2) Buy at school | QDY\_179\_2 | |
| 3) Buy outside of school | QDY\_179\_3 | |
| 4) Don’t eat lunch at school | QDY\_179\_4 | |
| **180** | | **How often do you eat food from McDonald’s, Narvesen, 7-Eleven etc.?** | | | | |
|  | |  | 1. Never/seldom 2. 1-3 times per month 3. 1 time per week 4. 2-3 times per week 5. 4-6 times per week 6. 1 time per day or more | | QDY\_180 | |

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| **Q** | |  | **Response options** | | **Variable name** | |
| **181-**  **187** | | **How often have you taken the following supplements during the last month?** | | | | |
|  | | 181. Cod liver oil | 1. Not used 2. 1-3 times per month 3. 1-2 times per week 4. 3-4 times per week 5. 5 times per week or more | | QDY\_181 | |
| 182. Cod liver/fish oil capsules | QDY\_182 | |
| 183. Multivitamins without minerals | QDY\_183 | |
| 184. Multivitamins with minerals | QDY\_184 | |
| 185. Iron supplement | QDY\_185 | |
| 186. Vitamin C | QDY\_186 | |
| 187. Vitamin D | QDY\_187 | |
| **188** | | **Have you used other supplements than those mentioned above during the last month?** | | | | |
|  | |  | 1. No 2. Yes | | QDY\_188 | |
| **189** | | **What other supplements have you used?** | | | | |
|  | |  | Text variable. | | QDY\_189 | |
| **Q** | |  | | | **Response option** | **Variable name** |
| **190** | | **Do you participate in cooking at home?** | | | | |
|  | |  | | | 1. Never 2. Seldom 3. Often | QDY\_190 |

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| **Q** |  | **Response option** | | **Variable name** | |
| **191** | **Do you have any kind of food allergy or intolerance?** | | | | |
|  |  | 1. Yes 2. No | | QDY\_191 | |
| **192** | **What kind of food allergy/intolerance do you have?** | | | | |
|  | 1) Egg |  | | QDY\_192\_1 | |
| 2) Milk | QDY\_192\_2 | |
| 3) Nuts | QDY\_192\_3 | |
| 4) Shellfish | QDY\_192\_4 | |
| 5) Wheat, gluten | QDY\_192\_5 | |
| **193** | **If there is other food items you cannot tolerate, write them here:** | | | | |
|  |  | Text variable | | QDY\_193 | |
| **194** | **Are there food items that you avoid for other reasons than allergy/intolerance?** | | | | |
|  |  | 1. Yes 2. No | | QDY\_194 | |
| **195** | **What do you avoid eating?** | | | | |
|  |  | Text variable | | QDY\_195 | |
| **196** | **Why do you avoid eating this food?** | | | | |
|  |  | Text variable | | QDY\_196 | |
| **Q** |  | | **Response option** | **Variable name** |
| **197** | **How many hours do you sleep every night on weekdays?** | | | |
|  |  | | 1. Less than 5 hours 2. 5 hours 3. 6 hours 4. 7 hours 5. 8 hours 6. 9 hours 7. 10 hours 8. 11 hours or more | QDY\_197 |
| **198** | **How many hours do you sleep every night on weekends?** | | | |
|  |  | | 1. Less than 5 hours 2. 5 hours 3. 6 hours 4. 7 hours 5. 8 hours 6. 9 hours 7. 10 hours 8. 11 hours or more | QDY\_198 |

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| **Q** |  | **Response options** | **Variable name** |
|  | *How active are you? Pick the answer that best describes how active you have been the last month. Think about both weekdays and weekends.* | | |
| **199** | **Do you participate in physical education at school?** | | |
|  |  | 1. Yes 2. No | QDY\_199 |
| **200** | **How many school hours do you participate in physical education at school?** | | |
|  |  | 1. Less than 1 school hour 2. 1-2 school hours 3. 3-4 school hours 4. 5-7 school hours 5. more than 7 school hours | QDY\_200 |
| **201** | **Have you participated in organized sports on your leisure time the last month?** | | |
|  |  | 1. Yes 2. No | QDY\_201 |
| **202** | **What kind of sports?** | | |
|  | 1) Football |  | QDY\_202\_1 |
| 2) Handball | QDY\_202\_2 |
| 3) Other ball games | QDY\_202\_3 |
| 4) Gymnastics | QDY\_202\_4 |
| 5) Athletics | QDY\_202\_5 |
| 6) Cycling | QDY\_202\_6 |
| 7) Dancing | QDY\_202\_7 |
| 8) Horse riding | QDY\_202\_8 |
| 9) Karate, other martial arts | QDY\_202\_9 |
| 10) Skiing | QDY\_202\_10 |
| 11) Others | QDY\_202\_11 |
| **203** | **How many hours in total do you spend doing organized sports per week?** | | |
|  |  | 1. Less than 1 hour 2. 1-2 hours 3. 3-4 hours 4. 5-7 hours 5. 8-10 hours 6. 11 hours or more | QDY\_203 |
| **204** | **Have you participated in other organized activities the last month?** | | |
|  |  | 1. Yes 2. No | QDY\_204 |
| **205** | **What other organized activities?** | | |
|  | 1) Scouts |  | QDY\_205\_1 |
| 2) Band (e.g. school band, brass band) | QDY\_205\_2 |
| 3) Music school | QDY\_205\_3 |
| 4) Choir | QDY\_205\_4 |
| 5) Other | QDY\_205\_5 |
| **206** | **How many hours in total do you spend on other organized activities per week?** | | |
|  |  | 1. Less than 1 hour 2. 1-2 hours 3. 3-4 hours 4. 5-7 hours 5. 8-10 hours 6. 11 hours or more | QDY\_206 |
| **207** | **Do you ride your bike or walk to school and/or after school activities?** | | |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | 1. Yes 2. No | QDY\_207 |
| **208** | **How many hours a week have you cycled or walked to school and/or after school activities?** | | |
|  |  | 1. Less than 1 hour 2. 1-2 hours 3. 3-4 hours 4. 5 hours or more | QDY\_208 |
| **Q** |  | **Response options** | **Variable name** |
| **209-**  **211** | **How much screen time do you usually have during a weekday?** | | |
|  | 209. Screen time (PC, tablet etc.) for homework? | 1. Less than 1 hour 2. 1-2 hours 3. 3-4 hours 4. 5-7 hours 5. 8-10 hours 6. 11 hours or more | QDY\_209 |
| 210. Screen time (TV, tablet,  smartphone, PC, etc.) for other things than homework? | QDY\_210 |
| 211. Screen time (PC, TV etc.) at school? | QDY\_211 |
| **212** | **How much screen time (TV, tablet, smartphone etc.) do you use to other things than homework on days off?** | | |
|  |  | 1. Less than 1 hour 2. 1-2 hours 3. 3-4 hours 4. 5-7 hours 5. 8-10 hours 6. 11 hours or more | QDY\_212 |
| **Q** |  | **Response options** | **Variable name** |
| **213** | **How high are you?** | | |
|  |  | 1) lower than 125 cm | QDY\_213 |
| 2) 125 cm |  |
| 3) 126 cm |  |
| - |  |
| - |  |
| 76) 199 cm |  |
| 77) 200 |  |
| 78) higher than 200 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **214** | **How much do you weigh?** | | |
|  |  | 1. less than 25 kg 2. 25 kg 3. 26 kg   -  -  76) 99 kg  77) 100 kg  78) more than 100 kg | QDY\_214 |