

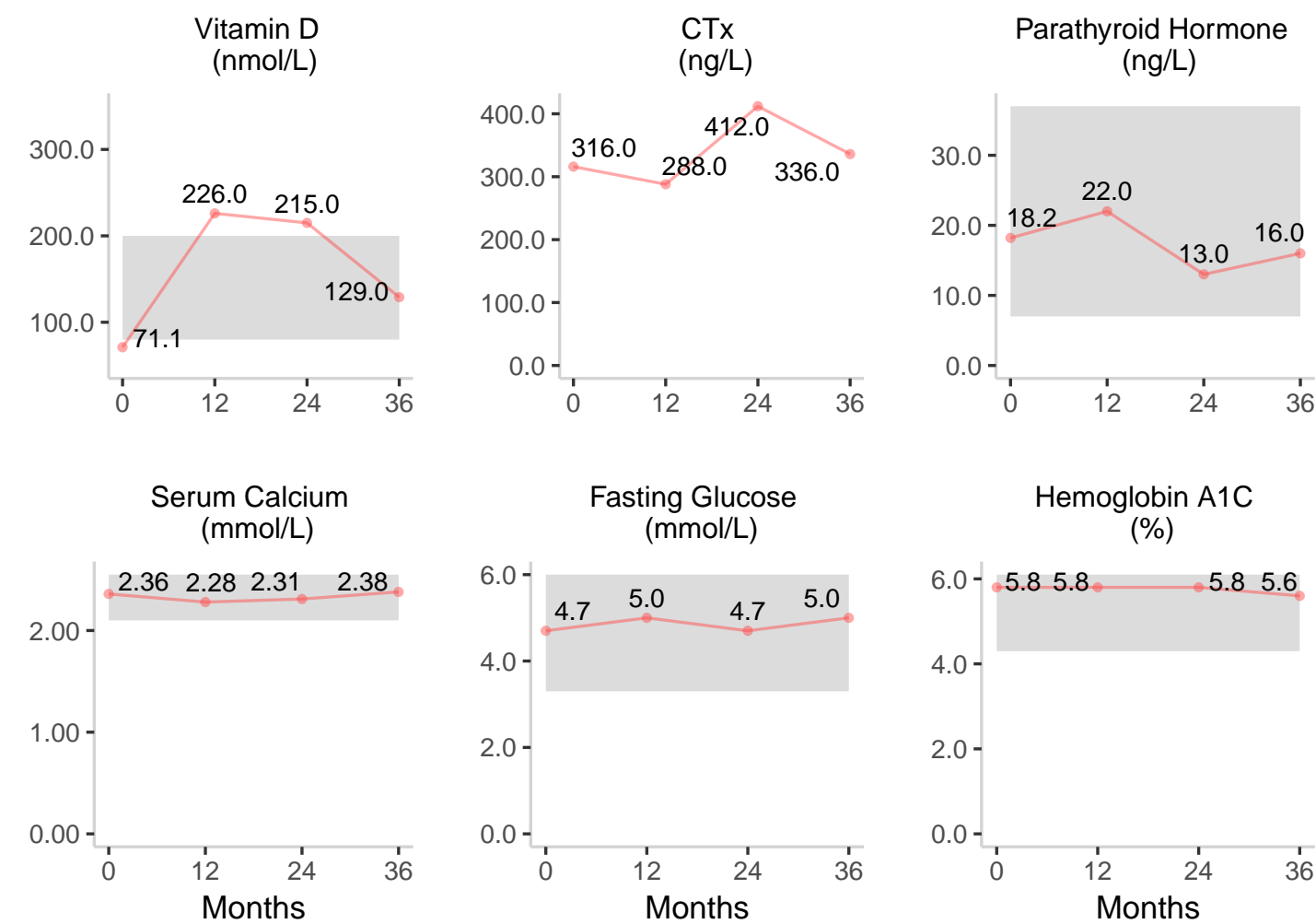


Table 1: Identifiers

Participant ID	Sex	Daily Vitamin D	Astrological Sign
VITD_1002	Female	10,000 IU	Aquarius

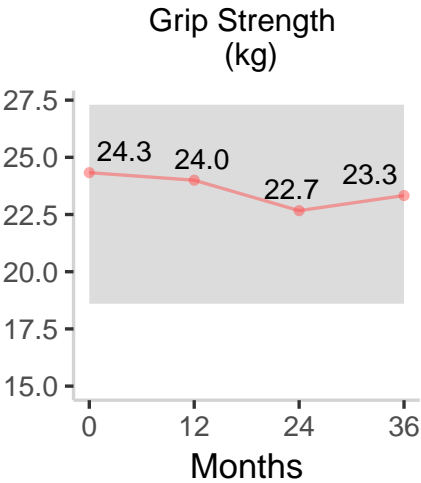
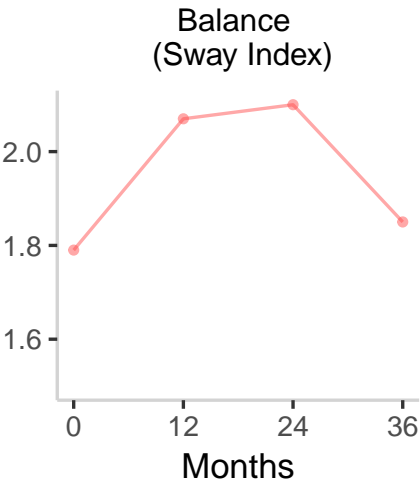
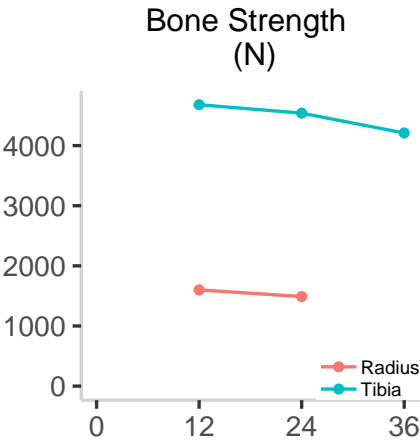
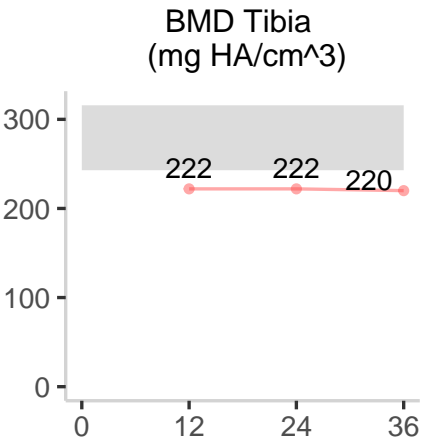
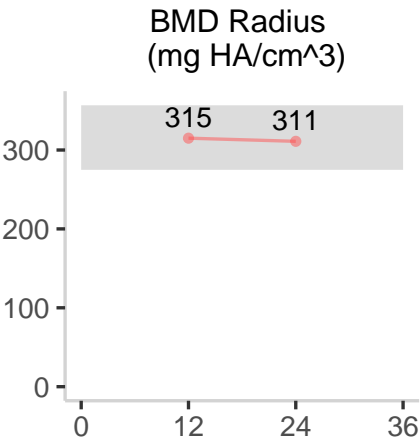
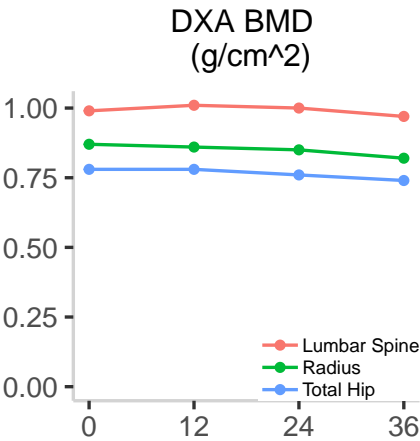
Table 2: Visits

Visit Date	Age	Height (cm)	Weight (kg)	BMI (kg/cm ²)	Body Composition (%)	T-Score Hip	T-Score Spine
2013-11-21	64.8	160.0	61.1	23.9	37	-1.8	-1.6
2014-11-21	65.8	160.1	63.5	24.8	NA	-1.8	-1.4
2015-11-26	66.8	159.8	59.0	23.1	NA	-1.9	-1.5
2016-12-05	67.8	159.9	61.6	24.1	38	-2.1	-1.7



Any missing data was either not collected, or not of sufficient quality to report.

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