



	How much class did you attend today?	Did you have an exam today?	Are you in your period today?	Did you have period pain today?	Did you have to take painkillers today?	How was your sleep last night?	
0234567890	All Some None School Closed	No Yes	No Light Period Moderate Period Heavy Period	No Yes	No Yes	Goo <sub>d</sub> Fair Poor	
Sat, 08 Oct Sun, 09 Oct Mon, 10 Oct Tue, 11 Oct Wed, 12 Oct Thu, 13 Oct Fri, 14 Oct							



