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## 1 Breakfast

**1.1 Granola** half-sheet 275°F 60–75 min.

Source: adapted from The Kitchn

serves 8

This granola is simple and flexible. We usually pick 2–3 from each category:

- nuts: cashews, almonds, walnuts, sesame seeds
- dried fruits: cranberries, apricots, dates, tamarind, raisins
- ground spices: ginger, citrus peel, chipotle, cinnamon, allspice, nutmeg, cloves, cardamom

3 cups 1 cup ⅓2 cup	rolled oats nuts wheat germ	1. Mix dry ingredients (except fruit!) in a large bowl.
½ cup	flax seeds	
1–2 tsp.	salt	
2–3 tsp.	each spice	
<sup>1</sup> / <sub>3</sub> cup <sup>1</sup> / <sub>3</sub> cup	olive oil honey	2. Mix the honey and olive oil into the dry ingredients.
		3. Bake in an oiled pan, stirring every 30 min. until granola has browned. Let cool in pan.
1 cup	dried fruit	4. Sprinkle dried fruit over the cool granola. Transfer to an airtight container. Enjoy with milk or yogurt.

#### Notes:

- If you prefer, you can use chia instead of flax seeds. Molasses is quite tasty instead of honey, but makes it hard to judge when the granola is done.
- Definitely measure the oil before the honey. Definitely don't use steel-cut or instant oats.

**1.2 Fritatta** cast iron pan 15–30 min.

serves 2

We are Team Fritatta: so much less fussy than omelettes! Use a combination of leftovers and staples: carrots, peppers, mushrooms, greens, cauliflower, broccoli, potatoes...If you're awake enough, add some coordinating herbs and spices; if you're hungover enough, skip the onion and definitely add the cheese.

1 onion 2-3 cups veggies 1 tbsp. garlic	<ol> <li>Saute the onion and raw veggies, in order of toughness. Add garlic, salt, pepper, and cooked veggies and saute 5 min. more, until heated through.</li> </ol>
4 eggs 1 handful (herbs)	2. Beat the eggs in a bowl. Season with salt, pepper, and any herbs you're using.
	3. Pour the eggs into the skillet. Turn the heat to medium if it isn't already. Cook until the edges are set and bubbles start to form in the middle.
⅓2 cup cheese	4. Grate cheese over top, if using. Broil until fritatta is puffed and brown on top, checking every 5 min.

#### Notes:

- Follow your nose: the eggs can burn quickly if the stove is too high or you forget them under the broiler.
- Leftover roasted potatoes, refried and covered in eggs and cheese, is great for starting off a busy day.
- Cabot Seriously Sharp Cheddar is our go-to topping cheese; goat cheese, low-moisture mozzarella, and Gruyere also have their moments.

**1.3 Oatmeal** measuring cup 5 min.

serves 1

If you think oatmeal is boring, have you considered savory oatmeal?

1 cup rolled oats

1. Mix the oats and water in a bowl. Wait 5 min.

1 cup boiling water

Gather ye garnishes while ye wait:

	Add-Ins	Spices	Flavouring
Sweet	dried or fresh fruits, nuts	cinnamon, nutmeg, ginger, allspice, cloves, citrus peel	honey, brown sugar, molasses, butter
Savory	fried eggs, scallions, kimchi, peanuts, leftovers	ginger, garlic, chipotle, basil, oregano, rosemary, thyme, salt, pepper, za'atar	olive oil, soy sauce, hot sauce, balsamic vinegar

## 2 Soups & Stews

**2.1 Veggie Chili** pressure cooker stovetop 1.5 hrs.

serves 8

This recipe is very flexible, so use a mix of beans and vegetables that suits you! As written it is fairly mild.

2-3 cups	dry beans: black, kidney, pinto, white, garbanzo
6-8 cups 2 tbsp. 2 4	water salt bay leaves dried red peppers
1–2 tbsp. 1–2 tbsp. 1–2	cumin coriander dried red peppers or flakes
2 3 6–10 cloves	onions, peeled & chopped carrots garlic, peeled & chopped green pepper
√2 cup 28 oz. 2 tbsp. 2 tbsp. 1 can	wine or beer diced tomatos (any flavor) oregano basil (water chestnuts)
1 cup	(TVP)

- 1. Start beans in the pressure cooker with aromatics. While they cook, chop vegetables, bake cornbread, and/or start rice cooking.
- 2. Optional: Toast whole spices in a skillet. When they smell good, grind them in the mortar.
- 3. Saute onions, carrots, and spices (untoasted and whole) in a skillet. When the onion is brown, add the garlic, green peppers, and spices (toasted and ground).
- 4. When vegetables have started to soften, add the skillet contents, water chestnuts, herbs, and canned tomatos to the beans. Deglaze the skillet with wine, beer, or tomato juice and add the results to the beans. Stir and return to a simmer.
- 5. Simmer the chili until the flavors and consistency are correct or your patience runs out. Add wine, water, or stock if it's too dry; add TVP or boil down if it's too wet. Adjust seasonings with more of what's missing: salt, tomato paste, hot sauce / chipotle, cocoa powder...
- 6. Serve chili in bowls, with grated cheese, yogurt, cornbread, and/or rice.

- 1–2 cups frozen corn can go in any time. Kale or other greens should go in 5–10 minutes before serving.
- If you want to use canned beans, aim for 6 cups cooked beans total—3 large cans should do it.

## 2.2 Zucchini Rosemary Soup

soup pot, immersion blender

Source: Susan Friedman serves 8

This recipe has gained zucchini over the years. Here's how we do it.

butter oil onion, chopped garlic, sliced rosemary	1. Saute onion in butter and oil until translucent, about 5 min. Add garlic and rosemary and fry until fragrant.
stock potato, cubed	2. Add the stock and chopped potato; bring to a boil, then simmer 10 min.
zucchini, cubed	3. Add the zucchini and simmer another 15 min. until potato and zucchini are tender.
zucchini, cubed	4. Puree the soup and correct the seasonings. Serve with small zucchini cubes, croutons, and/or scallions as garnish.
	oil onion, chopped garlic, sliced rosemary stock potato, cubed zucchini, cubed

#### Notes:

• If your zucchini are fresh and/or the soup is piping hot, you can parboil them right in the bowl. Otherwise, parboil the zucchini for garnish for 30 s. in a saucepan of salted water or in a strainer right on top of the soup.

### 2.3 Mushroom Barley Soup

pressure cooker

Source: adapted from Molly Katzen, The New Moosewood Cookbook

serves 6

1 cup 2 cups	pearl barley water or stock	1. Pressure cook the barley for 20 min.
2 tbsp.  1 2 cloves  1/2 lb.  1/2 tsp.	butter onion, chopped garlic, chopped mushrooms, sliced salt	2. Saute the onions in the butter, about 5 min. Add the garlic, mushrooms, and salt and saute until browned, another 10 min.
4 tbsp. 4 tbsp.	soy sauce dry sherry	3. Add the mushrooms to the cooked barley. Deglaze the pan with the wine and soy sauce, and add them to the barley.
to taste,	black pepper	4. Add 3–4 cups water or stock, to reach the desired consistency. Grind in plenty of pepper, then simmer 20 min. Correct seasonings and serve.

#### Notes:

- You can use dried shiitakes for part or all of the mushrooms in this recipe; rehydrate them in the pressure cooker with the barley, adding an extra 2–3 cups of water. Then slice and saute as written.
- NancyLee used to make this in the crock pot by sauteeing the vegetables the night before, then adding barley, water, and broth concentrate in the morning before going off to school.

## 3 Entrees

## 3.1 Tofu Salad

Source: adapted from Molly Katzen, The New Moosewood Cookbook

serves 6-8

Another recipe that we routinely cook our way, not as printed. It's great for potlucks and picnics.

5 tbsp. 4 tbsp. 3 tbsp. 2 tbsp. 1 tbsp. 3 cloves 1 tsp. to taste,	rice or cider vinegar sesame oil soy sauce rice wine or sherry sugar garlic, chopped ginger, chopped crushed red pepper	1. Combine marinade ingredients in a large serving bowl.
1 lb. 8-10 3-4 2 cups 1 2	extra firm tofu, cubed mushrooms, sliced carrots, shredded red cabbage, shredded red bell pepper, sliced scallions, chopped	2. Mix tofu and vegetables into marinade, gently. Cover and chill. Stir every 6–12 hrs. and again before serving.
Notes:		

• Optional garnishes, if this isn't fancy enough: sesame seeds, sunflower seeds, chopped peanuts, chopped cilantro

## 3.2 Peanut Noodles

**Source:** The Enchanted Broccoli Forest, by way of Gaia's Kitchen

serves 6-8

This is one of those recipes that has diverged so much from its published form, I just had to write down our preferred way.

iis is one of tnose recipes that has alvergea so much from its publishea form, i just haa to write aown our preferrea way.				
1½ cup 1 cup 4 tbsp. 6 tbsp. 6 tbsp.	peanut butter water cider vinegar soy sauce molasses	1. Heat sauce ingredients over medium heat, stirring constantly, until they form a smooth mixture. Bring to a boil, then simmer gently until sauce thickens and darkens. Set aside.		
1 lb.	extra firm tofu	<ol><li>Cut the tofu into cubes and fry until golden brown on at least 3 sides.</li><li>Dump into a large serving bowl and mix with the peanut sauce.</li></ol>		
2 tbsp. 4 cloves 1	ginger, chopped garlic, chopped onion, sliced	3. Saute the aromatics after the tofu, then add to the bowl of fried tofu.		
1 lb.	pasta	4. Boil pasta as directed in salted water. (Steam veggies over top if desired.)		
4–6 cups	veggies, trimmed	5. Stir-fry, roast, or steam the vegetables: carrots, peppers, broccoli are perennial favorites; or try cauliflower, snap peas, green beans, mushrooms, eggplant, or any leftover veggies in the fridge.		
		6. Add the vegetables and noodles to the saucy tofu. Mix carefully but thoroughly. Serve, optionally garnished with scallions and/or		

chopped peanuts.

## 4 Sides & Snacks

### 4.1 Apple Rice Salad

Source: Donia Kirchman, via Better Homes and Gardens

serves 6

This recipe won a prize in January 1998 in the Healthful Side Dishes category. Since I hate celery, we usually leave it out.

- 2 cups brown & wild rice, cooked apples, chopped
- 1. In a large mixing bowl, combine salad components.
- ¼ cup sunflower seeds½ cup dried cranberries
- 2 tbsp. balsamic vinegar
- 2. In a small bowl, whisk together the dressing.

- 1 tbsp. olive oil 2 tsp. honey
- 2 tsp. brown or Dijon mustard
- 1 clove garlic, chopped
- 1/4 tsp. salt

3. Pour the dressing over the salad, stirring gently to coat.

#### Notes:

• If the salad will not be served immediately, dip the apples in lemon juice water, or chop and add them just before serving. The salad will keep well, covered and chilled.

1-2 min.

# 4.2 Carrot Salad with Harissa, Feta, and Mint

grater

Source: Cuisine via Smitten Kitchen

serves 8

Our harissa is not very spicy, definitely adjust to your taste and your harissa.

3/4 lb. carrots, grated4 tbsp. olive oil3 cloves garlic, crushed

Coarsely grate the carrots and put them in a large mixing bowl.
 Optionally, dry-toast the cumin and caraway. Grind them before

proceeding. Saute the spices and sugar in the olive oil until fragrant,

1 tbsp. harissa

2 tsp. cumin seeds

1 tsp. caraway seeds 1 tsp. paprika

1 tsp. paprik ½ tsp. sugar

3 tbsp. lemon juice

2 tbsp. parsley, chopped2 tbsp. mint, chopped

100 g. feta, crumbled or chopped

3. Off the heat, mix the lemon juice with the spices and pour the dressing over the carrots. Stir to combine, then add the herbs and feta and stir again. Let sit for an hour, then serve.

## 5 Holidays

### 5.1 Apple Matzo Charlotte

 $9'' \times 13''$  baking dish

 $350^{\circ}\,F$ 

45 min.

Source: adapted from Leah Leonard, Jewish Cookery, Matzo Charlotte #2

serves 12

A perennial favorite at Passover.

4	matzos	1. Soak matzos in water until soft. Drain and squeeze out excess water.
6 ¼ cup 4 ½ cup ½ cup 1 tbsp	eggs, separated sugar apples, sliced (almonds) (raisins) cinnamon	2. Mix matzos with beaten egg yolks, sugar, apples, nuts, raisins, and cinnamon.
¹/4 cup	butter	3. Add butter, melted or chopped into small pieces.
6	egg whites	4. Whip egg whites until stiff. Fold gently into apple-matzo mixture.
		5. Bake in a well-greased casserole until golden brown on top.

- The original recipe suggests this can be served plain or "with lemon sauce," whatever that is.
- Chop the apples while the matzos soak in the baking dish; dry and grease the baking dish later, while the egg whites are whipping.
- This is presumably a Passover version of the classic English pudding, Apple Charlotte.

## 5.2 Bread Stuffing

food processor,  $9'' \times 13''$  baking dish  $350^{\circ}$ F 30-60 min.

Source: Chutatip 'Nok' Suntaranon, Kalaya Thai Kitchen

serves 8

A good sausage stuffing recipe, veganized.

<i>3</i>		
4 stalks 2 med. 1 med. 1-2 cloves	celery carrots onion garlic	<ol> <li>In a food processor, finely chop the celery, carrots, onion, and garlic. Set aside.</li> </ol>
12 oz.	chestnuts, raw	2. If using raw chestnuts: blanch and peel. Coarsely chop 6–7 oz. chestnuts, retaining a few whole chestnuts for garnish.
6 slices	vege bacon, chopped	3. Saute the bacon in a large skillet over high heat, in olive oil. Remove the bacon and reserve for garnish, leaving the oil in the pan.
1 tbsp. 10 oz. 1 lb. 1 lb.	butter mushrooms, chopped sweet Italian seitan, crumbled hot Italian vege sausage	4. Return the skillet to medium heat and add butter. Saute the chopped aromatics until softened and fragrant, 3–5 minutes. Add the mushrooms and saute until they release their liquid, 5 min. Add the sausage bits and saute over high heat, smashing them into smaller chunks, until liquid has been absorbed and browning has started, 10–15 min. Stir frequently and add oil as needed.
12 oz. 2+ cups 1 cup 7 oz.	bread crumbs vegetable stock dried cranberries chestnuts, chopped	5. Remove skillet from heat and add bread crumbs, 2 cups stock, and dried cranberries. Stir and toss to combine. Season with salt and pepper, then fold in chestnuts. Transfer to a baking dish and refrigerate for up to 2 days. (Stuffing may be frozen at this point, and thawed before continuing.)
1 bunch	parsley, chopped	6. Mix the parsley into the stuffing; reserve a handful for garnish. Add salt, pepper, and stock to taste. Bake until hot in the middle and browned on top. Stuffing may be held at 200°F until serving.
		7. Garnish with reserved chestnuts, bacon bits, fresh cranberries, sprigs of parsley, rosemary, thyme, lavender, and marigold petals.

- We doubled this recipe for Thanksgiving 2019 and it yielded way too much stuffing. Beware.
- We used Upton's Naturals Italian Seitan and Beyond Sausage Hot Italian Sausage. Removing the sausage casings is a bit of a faff. Field Roast Italian, Mexican Chipotle, and/or Apple Sage Sausage would probably suit, or skip right to something already crumbled.
- Hazelnuts make a delightful replacement for some or all of the chestnuts.
- We skipped most of the garnishes and it was ok. I would try this again with better presentation and bread chunks instead of crumbs.

### 5.3 Cranberry Sauce

3qt. saucepot

stovetop

15 min.

Source: Sharon McCullough

serves 12

A simple but delicious cranberry sauce recipe.

12 oz. cranberries (1 bag) orange, peeled 1

1 cup sugar

- 1. Place cranberries, orange peel, and sugar in a sauce pot, with water to cover.
- 2. Heat to a boil and simmer until cranberries start to burst, stirring occasionally.
- 3. Cool, remove orange peel, and serve (warm or cold).

5.4 Eggnog I large bowl, mixer chill after mixing 30 min.

Source: Prof. Serge Lang, Princeton University

serves 12

This epic libation was reconstructed by Phil Bergey at Thanksgiving 2018.

12

eggs, separated

1. Separate the eggs; put the yolks into a large serving bowl and the whites into a mixer bowl.

2. Mix the sugar, milk, and cream into the egg yolks, then add the

- 1 lb. sugar milk 2 qt.
- 1 qt. heavy cream

Remy Martin VSOP cognac 700 mL

12 egg whites

- nutmeg
- 3. Whip the egg whites and fold gently into the eggnog.
- 4. Grate nutmeg over top, stir gently, and serve.

### Notes:

Ingredients should be chilled before starting, and the finished eggnog should be kept cool; no one likes warm eggnog.

cognac.

5.5 Eggnog II stand mixer chill after mixing 30 min. serves 4

Source: Alton Brown

At Thanksgiving 2019, Phil presented this alternative eggnog, made in advance.

- 4 eggs, separated
- 1/3 cup sugar
- whole milk 1 pint
- 1 cup heavy cream
- bourbon 1¼ oz.
- dark rum 1¼ oz.
- nutmeg, freshly grated 1 tsp.
- 1. In the bowl of a stand mixer, beat together egg yolks and sugar until the yolks lighten in color and the sugar is completely dissolved.
- 2. Add the milk, cream, bourbon, rum, and nutmeg. Stir to combine.

egg whites 1 tbsp. sugar

- 3. Beat egg whites to soft peaks. While mixing, add the sugar and beat until stiff peaks form.
- 4. Gently fold egg whites into the eggnog. Chill and serve.

Notes:

• Alton Brown makes no recommendations as to the bourbon; Phil chose to make this with Smith & Cross Traditional Jamaican Rum and Bulleit 90 Proof Bourbon.

## 5.6 Orange-Glazed Tofu

 $9'' \times 9''$  baking dish

350°F

1 hr.

Source: inspired by PPK's Orange Ginger Baked Tofu

serves 4

Easy, tasty, hands-off, suitable for hanging out in the oven indefinitely—this was our first go-to vegetarian holiday centerpiece.

½ can orange juice concentrate 1/4 cup

molasses

1/4 cup sov sauce

sesame or olive oil 2 tbsp. ginger, chopped 2 tbsp. 3 cloves garlic, chopped crushed red pepper 1 tsp.

1 block tofu

- 1. Mix marinade ingredients together in a bowl.
- 2. If this is a centerpiece: keep the tofu in a single brick. Otherwise, slice or cube tofu to your preference. Place tofu in an oiled baking dish and pour marinade over top.
- 3. Marinade the tofu at least 30 min., then bake until marinade has thickened to a sauce and tofu edges have browned, at least 1 hr. If you have time, baste the tofu with the sauce every 20-30 min. so the top stays moist.

Notes:

- Tofu can be baked quicker at 400° For even 450° F; once baked, it can be held at 200° F until the rest of the feast is ready.
- The marinade/sauce can also be made on the stovetop, optionally thickened with 1 tbsp. cornstarch.
- Tofu texture can be improved by frying or broiling the tofu before adding the sauce, or possibly even freezing. But the simple dump-and-bake version is quite respectable.
- This recipe appears to be superseded by Sweet & Smoky Glazed Tofu Ham, which looks cute but mostly leads to burnt orange slices.

### 5.7 Spinach Matzo Pie

 $9'' \times 13''$  baking dish

400°F

30-35 min.

Source: Melissa Roberts, Gourmet, April 2008

serves 8-12

This is a contender for best vegetarian Passover entree. There's matzo right in the name, how can you beat that? But honestly, this matzo lasagna concept is presumably a whole genre, we just haven't looked past this spanakopita-inspired dish.

cottage cheese 16 oz.

2 cups whole milk

3 eggs

nutmeg, grated 1/4 tsp.

1. In a large bowl or blender, puree the cottage cheese, milk, eggs, and nutmeg.

2. Place matzos in a  $8'' \times 8''$  baking dish and pour cottage cheese mix-6 matzos

ture over to cover. Let sit 15 min. until matzo have softened. 3. Saute the onion in the olive oil until golden, 12-15 min.

onion, chopped 1 med. 3 tbsp. olive oil

9

20	OZ.	spinach, thawed	4. Press the spinach in a sieve to remove as much water as possible. Add it to the fried onion and saute 5 min.
3/4	cup tsp. tsp.	dill, chopped salt pepper	5. Remove spinach from heat and stir in dill, salt, and pepper.
1	cup	feta, crumbled	6. Combine the remaining cottage cheese mixture and feta with the spinach.
1/2	cup	feta, crumbled	7. Grease a $9'' \times 13''$ baking dish and place two softened matzos in the bottom. Spread half the spinach filling over them, then cover with two more matzos. Repeat with the rest of the spinach and top with the last two matzos. Pour any cottage cheese mixture that remains from soaking over top. Sprinkle with feta.
2	tbsp.	dill, chopped	8. Bake, uncovered, until golden and set. Cool 10 min., then sprinkle with dill and serve.
ntes.			

• This dish can be assembled ahead of time, chilled and covered until ready to bake. Add 10–15 min. cooking time and follow your nose.

## 6 Desserts

6.1 Double Chocolate Cookies	mixer	350°F	10 min.
Source: Cook's Illustrated			makes 30

Every year I bake a few batches of cookies for the winter holidays. This is one of my go-to recipes.

2 cups 1/2 cup 2 tsp. 1 tsp.	flour Dutch cocoa baking powder salt	1. Sift together dry ingredients in a medium bowl.
16 oz.	semisweet chocolate	2. Melt the chocolate in the microwave, stirring frequently. Set aside.
4 2 tsp. 2 tsp.	eggs vanilla espresso powder	3. Lightly beat the eggs and vanilla in a small bowl. Sprinkle with the coffee powder and set aside.
10 tsp. 1½ cups ½ cup	butter brown sugar sugar	4. Beat butter until smooth and creamy. Add sugars, then eggs, then chocolate, beating well between additions. Add dry ingredients and mix on low just until combined—less than a minute.
		5. Cover bowl with plastic wrap and let stand 30 min.
		6. Preheat oven to 350°F and grease or line two cookie sheets. Scoop dough by heaping tablespoons 1½" apart.
		7. Bake cookies until the edges are set and the centers are soft, about 10

**6.2 Molasses Cookies** mixer 375°F 10 min.

min. Switch the cookie trays halfway through baking. Cool on trays

for 10 minutes, then move onto cooling racks.

Source: Cook's Illustrated makes 24

It's a bit of a production to roll the cookies in sugar, but it's worth it to get that crinkly outside. At least you didn't have to use a rolling pin.

2½ cups 1½ tsp. 1½ tsp. ½ tsp. ½ tsp. ¼ tsp. ¼ tsp. ½ tsp.	flour cinnamon, ground ginger, ground cloves, ground allspice, ground black pepper, ground baking soda salt	1. In a medium bowl, stir together dry ingredients.
12 tbsp. ½ cup ½ cup	butter, softened white sugar brown sugar	2. Beat the butter and sugars together until light and fluffy.
1 1 tsp. ½ cup	egg vanilla molasses	3. Add egg and vanilla, then molasses, mixing thoroughly between additions. Reduce speed to low and add dry ingredients, scraping the sides to mix well.
		4. Roll dough into balls and dip in white sugar. Set them $2^{\prime\prime}$ apart on a greased cookie sheet.
		5. Bake 1 sheet at a time until cookies are puffy and edges are set, about

**6.3 Snickerdoodles** mixer 400°F/350°F 10 min.

Source: Serious Eats makes 24

What can I say, I love a cookie with a chewy center and crisp edges. The coconut oil makes these subtly different and really delicious.

1. Mix butter, coconut oil, sugar, salt, baking powder, and vanilla on 4 oz. butter virgin coconut oil 3 oz. low, then medium, until the mixture is soft, fluffy, and pale. 10½ oz. sugar 11/4 tsp. kosher salt baking powder 1 tsp. vanilla 1 tbsp. 2. Add the egg and continue beating until smooth. Scrape the bowl as 1 egg necessary. 10½ oz. flour 3. Reduce speed to low and add the flour, mixing to form a stiff dough.

4. Mix sugar and cinnamons in a small bowl. Roll 2 tbsp. of dough into a ball, roll in the cinnamon sugar, then flatten on a greased baking tray, leaving 1½" between cookies. Optionally, sprinkle the remaining cinammon sugar on top for extra crinkly cookies.

10 min. Rotate the cookie tray halfway through baking. Do not overbake! Cool on trays for 5 minutes, then move onto cooling racks.

5. Bake at 400°F until the cookies spread, about 5 min., then reduce the temperature to 350°F. Continue baking until firm around the edges and soft in the middle, 5–6 min. longer. Cool at least 10 min. on the tray, then move onto cooling racks.

## **6.4 Watergate Cake** bundt pan 350°F 35–45 min.

Source: Jill, Brooklyn Community Choir serves 12

Remember, it's not the cake, it's the cover-up!

sugar

cinnamon, ground

cinnamon, grated

2 oz.

 $2^{3}/4$  tsp.

 $1\frac{1}{2}$  tsp.

³/4 cup	butter	1. Cream butter, sugar, eggs, and vanilla.
11/3 cup	sugar	
3	eggs	
1 tsp.	vanilla	
1 box	instant pistachio pudding	2. Add remaining ingredients and mix until batter is smooth.
1 box 1¼ cups	instant pistachio pudding water	2. Add remaining ingredients and mix until batter is smooth.
	1 1 0	2. Add remaining ingredients and mix until batter is smooth.

3. Pour batter into greased pan and bake. Let cool before icing.

## 6.5 Nanaimo Bars

food processor,  $8'' \times 8''$  baking dish

350°F

15 min.

**Source:** adapted from Humblebee & Me and Rock Recipes

serves 25

This recipe abandons the 100% stovetop nature of the traditional Nanaimo bar, but I think it's worth it. Key features: toasted nuts & сосо

•	•	ut custard powder, and a chocolate topping that's sliceable right out of the fridge!
1 cup ½ cup	flaked unsweetened coconut almonds	1. To ast the coconut and almonds at 350° F, stirring every 5 minutes until they smell delicious.
½ cup	butter	2. Put the butter in the food processor and pour the hot almonds and coconut directly on top. Pulse a few times to melt the butter.
1½ cups ¼ cup 5 tbsp ¼ tsp 1	graham cracker crumbs white sugar cocoa powder salt egg	3. Add the remaining ingredients. Pulse a few more times to combine.
		4. Press the crust into the greased baking dish and bake at 350°F for 15 minutes.
4 tbsp 1 cup 1 cup 2 tsp	cornstarch whole milk heavy cream vanilla extract	5. In a small bowl, mix half a cup of milk with the cornstarch. Heat the remaining milk and cream until steaming, not boiling. Stir in the vanilla.
4 ⅓2 cup pinch	eggs sugar salt	6. In a bowl, whisk the eggs and sugar and salt. Add the hot milk to the eggs, stirring it in one spoonful at a time until the eggs are warm.
		7. Pour the tempered eggs back into the saucepot, and heat on low, stirring constantly, until the custard starts to thicken. Stir the cornstarch slurry and add it quickly, continuing to stir, especially in the corners, to produce an extremely thick custard.
		8. Let the custard cool slightly, then spread it over the baked crust. Set aside to cool.
6 oz. ∜2 cup	bittersweet chocolate heavy cream	9. Heat the cream and chocolate on low, stirring constantly, until the chocolate starts to melt. Turn off the heat and keep stirring, until the ganache is smooth and glossy.

10. Spread the chocolate over the custard, smoothing it as best you can. Chill, slice, and serve.

- If you use the baking dish to toast the nuts and coconut, you won't have to grease it! But you can if you want to, or add a layer of foil.
- Custard is tricky; feel free to turn the stove off if you feel it's going too fast. If your custard curdles, feel free to sieve it or just go with it—it'll be delicious either way.
- To make these mint instead of vanilla, use 1 tsp. mint extract and 10–15 drops green food coloring.
- Since these are very rich and prone to squishing, cut them into bite-size pieces— $5 \times 5$  or even  $6 \times 6$  if you can manage it.
- TODO: figure out an all-cornstarch or all-custard powder custard layer; also this makes too much, too thick custard??

## 7 Menus

Like most families, we have a motley set of traditions that collide around the various holidays. Over the years, we've developed some favorites and a decent repertoire of vegetarian entrees. Here follows some inspiration for celebration.

### Sukkot

Cheeses and Crackers
Zucchini Soup

Quinoa Tabouli \* Apple Rice Salad
Pumpkin, Cranberry-Walnut, Zucchini Bread (Phil) \* Challah

Veggie Chili \* Beef Stew \* Brisket Chickpeas

Eggplant and Chickpeas

Kale Salad (feta, grilled peppers, tomatoes, fresh peppers, carrots, peapods, olives, capers?) \* Kale Salad (dried cranberries, red onion, toasted pecans)

Brussels, Squash, Tempeh with Maple-Balsamic Glaze

Zucchini Fritters

Apple Cobbler (Christalee) Ice Cream (Beki)

## Thanksgiving

#### **Nibbles**

Cheese, Crackers, Dried Fruit, Crudités, Olives

#### **Drinks**

Lemon Rosemary Gin Sparkler ◆ Eve's Addiction (mulled cider) ◆ Drunk Uncle ◆ Eggnog I ◆ Eggnog II

#### **Entrees**

Turkey, brined, then deep-fried or smoked (Uel & Phil)

Seitan Loaf & Seitan Roulade & Orange-Glazed Tofu & Honey-Baked Tofu & Black Pepper Tofu & Eggplant reqs: not too fussy, reheats/holds well, juicy/saucy, super delicious

#### **Traditional Sides**

## **Vegetables**

Apple Rice Salad (NancyLee)

Brussels Sprouts w/ Maple-Balsamic Glaze 

Brussels Sprouts w/ Honey-Sriracha Sauce

Kale w/ Pistachios 

Green Beans w/ Almonds (Sharon) 

Turnips w/ Poppy Seeds

Roasted Root Veges (+ Tempeh)

Kale-Mushroom Salad

### Desserts

Maple Cookies

Pumpkin-Gingersnap Cheesecake

Pecan (Bruce) Pumpkin, Apple-Ginger, Sweet Potato Pie (Beki)

Ice Cream (Beki)

#### **Under Consideration**

## **Christmas**

Brussels Sprouts w/ Hazelnuts
Couscous/Fruit Stuffing
Cornish Hens w/ Jalapeno-Currant Glaze
Lentil & Mushroom Shepherd's Pie
Crispy Potatoes w/ Duck Fat

Rice Pilaf w/ Apricots & Cashews

Sweet Potato Gratin (pecans, cumin, breadcrumbs/butter/cheese?, sage)

Roasted Cauliflower w/ Pomegranate Seeds

#### **Passover**

#### **Appetizers**

Crudites: Carrots, Celery, Cucumber, Peppers
Pre-packaged dips (Baba Ganoush, Hummus, Roasted Peppers, etc.)

Matzo & KfP Crackers

Cheeses

#### Seder Plate

Parsley (cut)
Salt Water
Horseradish (match-sticked)
Romaine (cut)
Egg (roasted)
Shank Bone? (roasted)
Haroset
Matzo

## Haroset

Classic (NancyLee)

Fig \* Tamarind \* Mango \* Date + Port (kids)

Dried mango, blood orange, toasted slivered almonds, dry wine/sherry

"seven-fruit" \* chocolate & strawberries \* piedmontese \* apricot-pistachio

Sephardic Charoset

#### **Firsts**

Gefilte Fish & Horseradish (jar)
Eggs and Salt Water
Matzo Ball Soup (Phil)

#### **Entrees**

Lamb (grilled?) ♦ Brisket w/ potatos & carrots (Amy / Beki) ♦ Lamb Stew Spinach-Matzo Pie (add mushrooms??) 

Kugel-Quiche (see also)

#### Sides

Romanian Stuffed Mushrooms (feta & chives) Potato Kugel + Potato-Vege Kugel Carrot Harissa Salad Apple Charlotte Carrot Tzimmes + Grilled Asparagus

#### **Desserts**

Berry Salad

Chocolate-Caramel Matza Almond Cookies Almond Horn Cookies Ugly But Good Cookies Ice Cream + Sorbet (Beki)

## Our Parents' Cooking

The following recipes are more faithful to the originals than the preceding ones; for example, sugar quantities have been left as-is, rather than halved as I would. Commentary is indicated by [].

I was sent off to college with my parents' copy of Joy of Cooking, ca. 1975 (a wedding gift), including recipes clipped out of newspapers and jotted down on used UW punchcards. Here are transcriptions of the enclosed ephemera.

8.1 Ken's Granola half-sheet pan 250°F 2 hrs.

Source: Ken Bieber serves 8

[CB] This recipe has different proportions to Granola; perhaps you prefer it!

rolled oats 3 cups 1 cup wheat germ

sesame seeds and/or nuts 1 cup (shredded coconut) 1/2 cup

bran 1/2 cup 1/4 cup

3/4 cup honey, molasses, or corn

syrup

2. Bake until golden brown, stirring occasionally. Remove and cool. Add [1 cup] raisins, dates, and/or dried fruits. Store in [airtight] jars.

1. Mix all ingredients together. Spread ½" deep in a large baking pan.

## 8.2 Sourdough Starter

Source: Ann Williams

2 med. potatoes, cubed

3 cups water 1. Boil potatoes until tender. Remove potatoes for another use, reserving the broth.

2 cups 2 cups 1 tbsp.	potato broth flour sugar	<ol><li>Cool potato broth to lukew smooth paste. Set in a wa original size.</li></ol>		
8.3 Sourdo	ugh Biscuits	8" round pan	425°F	[15 min.]
Source: Ann W	/illiams	·		serves 8
3 cups 1 tsp. 1 tsp. 1 tsp.	flour salt sugar baking soda	1. Sift dry ingredients into a	large mixing bowl.	
1 cup 1 tbsp.	sourdough starter shortening, melted	<ol><li>Make a well in the center o and shortening. Mix well, stiff dough.</li></ol>		
1–2 tbsp.	shortening, melted	3. Pinch off a biscuit's worth melted shortening. Crowd in a warm place for 20–30	d the biscuits in a round	pan and let rise
8.4 Goulash	1	fryi	ng pan	1 hr.
Source: Ken Bi	eber			serves 4
[CB] This recipe	has two variants, one with pork o	and one with veal.		
1 med. 2 tbsp. 1 tbsp. 1 tsp.	onion, chopped butter paprika salt	1. Saute onion in butter until	brown. Stir in paprika ar	ıd salt.
1 1 1 lb.	green pepper, chopped tomato, chopped veal, cubed	2. Add vegetables and meat a	nd fry gently until meat c	hanges color.
2 tsp. 5 oz.	flour stock (1 broth cube)	3. Remove pan from heat an Return to a boil and simme		
5 oz.	yogurt	<ol> <li>Just before serving, blend in macaroni.</li> </ol>	n yogurt and season as des	ired. Serve over
Notes:				
• To make 1 tbsp. ca		s cubed cooked pork for the veal and 2	cups sauerkraut for the veget	ables. Season with
8.5 Sweet 8	Sour Cabbage		stovetop	10 min.
Source: Natura	al Foods Cookbook			serves 6
4 cups 3 2 4 1/2 cup 1/4 cup 3 tbsp. 2 tbsp. 1 tbsp. 1 pinch	cabbage, shredded onions, grated lemons, juiced tart apples, diced seedless raisins sweet cider honey oil caraway seeds ground allspice	1. Combine all ingredients in tly for 10 min.	a large saucepan. Cover a	nd simmer gen-

	l Eggs		stovetop	15 min.
Source: Ken B	ieber			serves 3–6
4 tbsp. ½ cup 1 clove	butter onion, chopped garlic, minced	1. Saute onion and garlic in butter	•	
1 tbsp. 1 tsp.	curry powder tomato paste	2. Blend in curry powder and tomato paste and cook for 1 min.		r 1 min.
1½ cup	milk	3. Gradually add milk, stirring con	stantly. Cook on low	for 10 min.
6 1 tsp.	eggs, hardboiled & peeled salt	4. Add salt and eggs. Serve.		
8.7 Toasted	d Seeds	half-sheet pan	250°F	30 min.
Source: Ken B	ieber			
1 batch	seeds: melon, pumpkin, squash, sunflower	1. Clean fiber from fresh seeds. Co and simmer for 2 hrs.	ver with salted water,	, bring to a boil,
		2. Drain boiled seeds, dry on paper oven: coat with oil, sprinkle with		
Notes:				
CD 11/2 42 22	t sauash seeds more simply: clean &	rinse seeds, lightly oil and salt, bake at 400	o Fin a sinale laver for 10	O 15 min armatil
	prowned.	,,,,,	o i muismigle myel fer iv	O−13 min. or until
lightly b	· ·	$9'' \times 13''$ baking dish	350°F	1.5 hrs.
lightly b	Roasted Potatoes			
lightly b	Roasted Potatoes		350°F	1.5 hrs. serves 6
8.8 Oven-R Source: Madh	Roasted Potatoes	$9'' \times 13''$ baking dish  1. Place butter in a shallow baking	350°F dish. Heat in the ove Sprinkle with salt and	1.5 hrs. serves 6 n until butter is l pepper. Cover
8.8 Oven-F Source: Madh  1/2 cup 6-8 med.  1/2 tsp.	Roasted Potatoes  The Bieber  Butter  potatoes, peeled salt	9" × 13" baking dish  1. Place butter in a shallow baking melted.  2. Roll potatoes in melted butter. S	350°F  dish. Heat in the over  Sprinkle with salt and oven and bake 1¼ hrs.  h and pour over butt	1.5 hrs. serves 6 n until butter is l pepper. Cover
8.8 Oven-R Source: Madh  1/2 cup 6-8 med. 1/2 tsp. 1 dash 1 tsp.	Prowned.  Roasted Potatoes  Bu Bieber  butter  potatoes, peeled salt pepper paprika	<ol> <li>9" × 13" baking dish</li> <li>Place butter in a shallow baking melted.</li> <li>Roll potatoes in melted butter. Span tightly with foil. Return to 6</li> <li>Transfer potatoes to serving dis</li> </ol>	350°F  dish. Heat in the over  Sprinkle with salt and oven and bake 1¼ hrs.  h and pour over butt	1.5 hrs. serves 6 n until butter is l pepper. Cover
8.8 Oven-F Source: Madh 1/2 cup 6-8 med. 1/2 tsp. 1 dash 1 tsp. 2 tsp. Notes:	Roasted Potatoes  The Bieber  Butter  potatoes, peeled salt pepper paprika (parsley, chopped)	<ol> <li>9" × 13" baking dish</li> <li>Place butter in a shallow baking melted.</li> <li>Roll potatoes in melted butter. Span tightly with foil. Return to 6</li> <li>Transfer potatoes to serving dis</li> </ol>	350°F  dish. Heat in the over  Sprinkle with salt and oven and bake 1¼ hrs.  h and pour over butt parsley, if desired.	1.5 hrs. serves 6 n until butter is l pepper. Cover . eer from baking
8.8 Oven-F Source: Madh 1/2 cup 6-8 med. 1/2 tsp. 1 dash 1 tsp. 2 tsp. Notes:	Roasted Potatoes  The Bieber  Butter  potatoes, peeled salt pepper paprika (parsley, chopped)	9" × 13" baking dish  1. Place butter in a shallow baking melted.  2. Roll potatoes in melted butter. So pan tightly with foil. Return to 6  3. Transfer potatoes to serving dish dish. Sprinkle with paprika and	350°F  dish. Heat in the over  Sprinkle with salt and oven and bake 1¼ hrs.  h and pour over butt parsley, if desired.	1.5 hrs. serves 6 n until butter is l pepper. Cover . eer from baking
8.8 Oven-F Source: Madh  1/2 cup  6-8 med. 1/2 tsp. 1 dash 1 tsp. 2 tsp. Notes: If dinner	Roasted Potatoes  The Bieber  Butter  potatoes, peeled salt pepper paprika (parsley, chopped)  To is delayed, remove foil and continuents	9" × 13" baking dish  1. Place butter in a shallow baking melted.  2. Roll potatoes in melted butter. Sepan tightly with foil. Return to companie to the serving distribution of the serving distribution. Sprinkle with paprika and the baking potatoes up to 30 min. longer. The	350°F  dish. Heat in the over  Sprinkle with salt and oven and bake 1¼ hrs. h and pour over butt parsley, if desired.	1.5 hrs. serves 6 n until butter is d pepper. Cover er from baking
8.8 Oven-R Source: Madh  1/2 cup 6-8 med. 1/2 tsp. 1 dash 1 tsp. 2 tsp. Notes: If dinner	Roasted Potatoes  The Bieber  Butter  potatoes, peeled salt pepper paprika (parsley, chopped)  To is delayed, remove foil and continuents	9" × 13" baking dish  1. Place butter in a shallow baking melted.  2. Roll potatoes in melted butter. Sepan tightly with foil. Return to companie to the serving distribution of the serving distribution. Sprinkle with paprika and the baking potatoes up to 30 min. longer. The	350°F  dish. Heat in the over  Sprinkle with salt and oven and bake 1¼ hrs.  h and pour over butt parsley, if desired.  Ey will brown attractively  broil	1.5 hrs. serves 6 n until butter is d pepper. Cover . eer from baking by. 20 min. serves 4

3. Broil until potatoes are golden brown on one side, 7 min. Flip and continue broiling until brown. Serve hot.

.10 Delicio	us Mashed Potatoes			10 min
<b>ource:</b> Madhu	ı Bieber			serves 4
4 srvs.	instant mashed potatoes	1. Prepare potatoes as directed on	package, omitting b	utter.
⅓ cup ⅓ tsp. 1 dash	sour cream onion salt black pepper	2. Stir in sour cream, onion salt, an serve.	nd pepper. Heat unti	l piping hot and
.11 Onion I	Hashbrowns	large skillet	stovetop	30 min
<b>ource:</b> Madhı	ι Bieber			serves 8
8 cups ¼ cup	potatoes, cubed butter	1. Lightly brown potatoes in butter	r in a large skillet.	
1 pkg. 1 cup	onion soup mix (1.5 oz.) water	2. Add onion soup mix and water sionally, until potatoes are tend minutes more until liquid is abs	er, ĩ0 min. Uncover	
.12 Swiss F	Potatoes	large skillet	stovetop	15 min.
ource: Madhu	ı Bieber			serves 4
1 lb. 2 tbsp.	whole white potatoes (1 can) bacon drippings or shortening	Drain potatoes and chop fine. C and browned, stirring occasions		ot fat until crisp
1 small	onion, chopped			
½ tsp. ½ tsp.	salt pepper	2. Season with salt and pepper, an	d serve.	
.13 Potato	-Sausage Skillet	large skillet	stovetop	30 min.
ource: Madhı	ı Bieber			serves 6
9 oz.	frozen hash browns (½ pkg.)	1. Prepare potatoes as directed on	package. Drain well	
⅓ lb. 1 cup	pork sausages onion, chopped	2. Saute onion and sausage togethall but ¼ cup fat.	ner until sausage bro	owns. Drain off
1/2 tsp. 1/4 tsp. 1/4 tsp. 1/4 tsp. 1/8 tsp.	salt celery salt ground sage pepper	3. Add potatoes and seasonings. golden brown.	Cook, stirring occ	asionally, unti
.14 Baked	Creamed Potatoes	$8'' \times 8''$ baking dish	350°F	20–25 min
ource: Madhı	ı Bieber			serves 6
1 cup ½ cup 1 tbsp. 1 tsp. 1 tsp. ½ tsp. ½ tsp.	sour cream milk onion powder parsley flakes salt pepper	1. Mix sour cream, milk, and seaso	onings in a bowl.	
5 cups	potatoes, cooked & sliced	2. Place half the potatoes in a great cream sauce. Repeat with anoth	_	-

1 hr.	350°F	$8'' \times 8''$ baking dish	ep Potatoes	15 IWU-31
serves 6			ս Bieber	urce: Madhı
		1. Boil unpeeled potatoes in water Cool, peel, and shred with a wide potatoes.	red potatoes	12 med.
f the cheese. Re-	s and top with hal	2. Grease a square baking dish and of Sprinkle with half the seasoning peat with another layer of potato	salt pepper onion or garlic salt mild Cheddar cheese, grated	1 tsp. ¼ tsp. ½ tsp. ½ cup
ır.	orowned, about 1 h	3. Pour cream over top. Bake until	heavy cream	1 cup
20 min.	350°F	$8'' \times 8''$ baking dish	es Chantilly	16 Potato
serves 4–6			ս Bieber	urce: Madhı
a greased baking	package. Place in a	1. Prepare potatoes as directed on dish.	instant mashed potatoes (4 servings)	1 pkg.
		2. Whip cream; fold in cheese. See Spread over potatoes. Bake until	heavy cream sharp Cheddar cheese, grated	1 cup ½ cup
20–25 min.	450°F	2 half-sheet pans	ried Potatoes	17 Oven-F
serves 6			u Bieber	<b>urce:</b> Madhı
	lices.	1. Cut potatoes into 1/4" crosswise s	potatoes, scrubbed	5 med.
2. Pour half the oil into each baking tray. Add potatoes, turning them to evenly coat with oil. Arrange potatoes into a single layer.		oil	<sup>2</sup> / <sub>3</sub> cup	
vith salt and pep-	owned. Sprinkle w	3. Bake until potatoes are lightly br per and serve hot.		
	400°F		e French Fries	10 Chass
15 min.		half-sheet pan	2 i i cii cii i i i i c	is Cheese
15 min. serves 6		half-sheet pan		urce: Madh
serves 6		half-sheet pan  1. Place potatoes in a shallow baki prika. Bake as directed on packa		
serves 6 with salt and pa-	ge.	1. Place potatoes in a shallow baki	u Bieber frozen French fries (2 pkgs.) onion salt	ource: Madho 18 oz. 1 tsp.
serves 6 with salt and pa-	ge.	1. Place potatoes in a shallow baking prika. Bake as directed on packa	u Bieber frozen French fries (2 pkgs.) onion salt paprika	18 oz. 1 tsp. ¼ tsp. ⅓ cup
serves 6 with salt and pa- rve immediately.	ge. 1 to coat evenly. Se	Place potatoes in a shallow baking prika. Bake as directed on packa     Sprinkle with cheese, shaking packang pac	frozen French fries (2 pkgs.) onion salt paprika Parmesan cheese, grated	18 oz. 1 tsp. ¼ tsp. ⅓ cup

3. Sprinkle cheese over top. Bake until bubbly and browned.

½ cup

Cheddar cheese, grated

3 tbsp. ½ cup ½ cup	butter onion, chopped celery, chopped	2. Saute onion and celery in butter t	antil celery is cookec	d, 5 min.
1½ tbsp.	flour	3. Remove pan from heat and add to low until bubbling.	flour, stirring vigor	ously. Cook on
2 cups	milk	4. Stir in potato broth and milk. B stirring constantly.	ring to a boil and h	old for 1 min.,
14 oz. ¼ tsp. ¼ tsp. 1 tsp.	creamed corn (1 can) salt (white) pepper (parsley, chopped)	5. Stir in corn, potatoes, salt, and sprinkled with parsley.	pepper. Heat thro	ugh and serve,
8.20 Zucch	ini Nut Bread	$81/2'' \times 41/2''$ loaf pans	350°F	1 hr.
Source: Anony	/mous	·		makes 2 loaves
3 cups 1½ tsp. 1 tsp. 1 tsp. ½ tsp.	flour ground cinnamon baking soda salt baking powder	1. Sift dry ingredients together in a	medium bowl.	
3 1½ cups 1 cup 1 tbsp.	eggs sugar oil vanilla extract	2. Beat eggs in a large mixing bov vanilla, mixing well. Add dry ing		
2 cups ½ cup	zucchini, grated walnuts, chopped	<ol> <li>Stir in zucchini and walnuts. Pou [or until a toothpick comes out cle racks before serving.</li> </ol>		
8.21 Zucchi	ini Loaf	$81/2'' \times 41/2''$ loaf pan	375°F	50–60 min.
Source:				makes 1 loaf
3/4 cup 1/2 tsp. 1/2 tsp. 1/2 tsp. 1/2 tsp. 3/4 tsp.	whole wheat or all-purpose flour rolled oats baking powder baking soda salt ground cinnamon	1. Sift dry ingredients together in a	medium bowl.	
2 ³/4 cup ¹/2 cup	eggs brown sugar oil	2. Beat eggs, sugar, and oil in a larg Add dry ingredients and mix well		ghly combined.
1¼ cup ½ cup 1 tbsp.	zucchini, grated nuts, chopped (sesame seeds)	3. Stir in zucchini and nuts. Pour with sesame seeds. Bake for 50-out clean.		
8.22 Apple	Gingerbread Flan	9½" springform pan	350°F	1 hr.
Source: Brend	a Blais, West End Vegetarian Res	staurant		serves 12

[CB] This recipe comes from a Toronto restaurant, reprinted in Starweek by reader request. It sounds amazing.

2 cups	unbleached white flour	1. In a large/mixing bowl, sift together the dry ingredients.
1 cup 2 tsp.	brown sugar baking powder	
½ tsp.	baking soda	
2 tsp.	ground ginger	
1/2 tsp.	ground cinnamon ground cloves	
⅓s tsp. ⅓s tsp.	ground allspice	
⅓ tsp. ¹/s tsp.	pepper	
<sup>1</sup> /8 tsp.	salt	
_		
2 ( than	eggs butter, melted	<ol><li>In a smaller bowl, mix the wet ingredients. Add them to the dry mix- ture and stir or mix until well blended.</li></ol>
6 tbsp. 2 tbsp.	molasses	ture and stir or mix until well blended.
z tosp.	molasses	
4 large ¼ tsp.	apples, peeled & sliced ground ginged	3. Pour the gingerbread into a well-greased cake pan. Arrange the apples in a circle on top of the batter and sprinkle the ginger over top. Bake for 30 min.
½ cup 2	brown sugar eggs	4. While the base bakes, whisk together the custard ingredients. Pour this mixture over the cake and bake for another 20–25 min.
¹/₄ cup	whipping cream	
4 tbsp.	lemon juice	
2 tbsp.	lemon zest	
4 tbsp.	butter, melted	

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