2. Methods

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2.1. Model design

We modeled the vertical accretion of a tidal platform $(d\eta/dt)$ using a zero-dimensional mass balance

approach initially described by Krone (1987) and validated by subsequent studies (Allen, 1990; French,

1993; Temmerman et al., 2003, 2004). The rate of vertical accretion is described as

$$\frac{d\eta(t)}{dt} = \frac{dS_m(t)}{dt} + \frac{dS_o(t)}{dt} + \frac{dP(t)}{dt} + \frac{dM(t)}{dt},\tag{1}$$

where $dS_m(t)/dt$ is the rate of mineral sedimentation, $dS_o(t)/dt$ is the rate of organic matter sedimentation,

dP(t)/dt is the rate of compaction of the deposited sediment, and dM(t)/dt is the rate of tectonic subsidence.

Studies have shown only ~3 % of bulk sedimentation in the region comes from organic matter and therefore

we chose to set $dS_o(t)/dt$ to zero. We also effectively internalized compaction by using dry bulk density 9 within the mineral sedimentation term so we also set dP(t)/dt to zero. Lastly, we set the dM(t)/dt to 6 mm 10 which is consistent with measured rates of tectonic subsidence for the region Higgins et al. (2014). The remaining mineral sedimentation terms varies within a tidal cycle and requires additional steps. 12

In order to solve $dS_m(t)/dt$, we began by conceptualizing a tidal platform periodically inundated by cyclical tides. We first defined depth to be

$$h(t) = \zeta(t) - \eta(t), \tag{2}$$

where $\zeta(t)$ is the water-surface elevation and $\eta(t)$ is the sediment-surface elevation which also implies that

$$\frac{dh(t)}{dt} = \frac{d\zeta(t)}{dt} - \frac{d\eta(t)}{dt}.$$
 (3)

Independently, we assume when h(t) > 0, the rate of mineral sedimentation is

$$\frac{dS_m(t)}{dt} = \frac{w_s C(t)}{\rho_b},\tag{4}$$

where w_s is the nominal settling velocity of a sediment grain, C(t) is the depth-averaged suspended sediment concentration (SSC) in the water column, and ρ_h is the bulk density of the sediment. We assumed no resuspension of mineral sediment which is practical and consistent with previous studies (Krone, 1987; Allen, 1990; French, 1993; Temmerman et al., 2003, 2004). We used Stoke's law to determine w_s . Stoke's law assumes unhindered settling which likely overestimates actual settling rates and, therefore, mineral sedimentation rates. However, we only considered settling for a singular, median grain size which likely underestimated mineral sedimentation rates from coarser grains. Model calibration further corrected for these errors. Thus, the w_s given by Stoke's law should be considered an imprecise, but reasonable approximation.

Need ref.

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In order to solve for C(t) in eq. (4), we first defined a mass balance of sediment within the water column

$$\frac{d}{dt}[h(t)C(t)] = -w_sC(t) + C_b\frac{dh(t)}{dt},\tag{5}$$

which can be expanded and rerranged as

$$\frac{dC(t)}{dt} = -\frac{w_s C(t)}{h(t)} - \frac{1}{h(t)} [C(t) - C_b] \frac{dh(t)}{dt}.$$
 (6)

The mass flux from the boundary term was constrained to only occur during flood tide $(d\zeta/dt > 0)$ which is consistent with previous studies (Krone, 1987; Allen, 1990; French, 1993; Temmerman et al., 2003, 2004). 30

We formalized this mathematically using a Heaviside function which serves as a binary switch controlling 31

the flux of sediment from the boundary. The Heaviside function is given as

$$S = \frac{d\zeta}{dt}, H(S) = \begin{cases} 0 & \text{if } S < 0\\ 1 & \text{if } S \ge 0. \end{cases}$$
 (7)

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Need ref. Could also use a proportion of total sediment accumulation. Maybe unncessary. It likely gets internalized after model calibration. Maybe just combine S_m and S_{α} ?

Need to inves tigate further. Look into Steckler papers from 2010 and 2013.

Eq. (6) then becomes

$$\frac{dC(t)}{dt} = -\frac{w_s C(t)}{h(t)} - \frac{H(S)}{h(t)} [C(t) - C_b] \frac{dh(t)}{dt}.$$
 (8)

Finally, we solved eqs. (8), (4) and (1) in that order. Our approach differs from previous studies in that we resolve each equation at every timestep. We do this by using a computationally efficient Runge-Kutta method which allows for a variable time step. The system of equations was solved using an explicit Runge-Kutta method of order 5(4) (Dormand and Prunce, 1980) and implemented in Python using SciPy (Virtanen et al., 2020).

39 Software and/or data availability

40 Acknowledgements

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