

Relational DB: People

Persons	
CPR	P
First name	
Middle name	
Last name	
Birthday	
Sex	
Mother's CPR	F
Father's CPR	F

Refers back
to CPR in
"Persons"

Diseases	
Case ID (optional P)	
CPR	F
Disease	
Date gained	
Date ended	

Marriages	
Marriage ID (optional P)	
Wife CPR	F
Husband CPR	F
Date started	
Date ended	

The optional PKs ensure uniqueness in certain rare scenarios.

Relational DB: People, but it's 2022

Persons	
CPR	P
First name	
Middle name	
Last name	
Birth date	
Death date	
Sex	
Mother's CPR	F
Father's CPR	F

Refers back
to CPR in
"Persons"

Diseases	
Case ID (optional P)	
CPR	F
Disease	
Date gained	
Date ended	

Relationships	
Relationship ID	P
Date started	
Date ended	

Relationship Members	
Relationship ID	F
Member CPR	F

The optional PKs ensure uniqueness in certain rare scenarios.
And for 2D marriages one could include an "isObject" column.

If a death is registered, one would also have to go through any potential marriages and set the end date.