# Single Subject Methods: The Power of Single Case Experiments for Clinicians

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# Successive Translation and Translation on Demand

- This year we will have successive translations of the lectures
- But also do not hesitate to raise hand at any time for translation on demand.
- If you need a translation, others might too!

- This is a course on the scientific methods used in applied behavior analysis
- Our purpose in this course is to teach you how to solve problems that applied behavior analysts address as scientist/practitioners.
- The Power of Single Case Experiments for Clinicians

# Autism and Other Developmental Disabilities

- I assume that most of you are interested in Autism, is that right?
- I'm further assuming that you have learned that Applied Behavior Analysis has found the most effective treatments of autism, is that right?

## So How Do We Know

How do we know it works to treat autism?

#### How We Know:

- Because hundreds of single-case experiments have shown that when ABA treatments are implemented with people with autism, effective changes occur in their behavior.
- That is what this course is about: the methods of science that have been used to gather evidence that ABA works.

- These methods have worked in other areas of Applied Behavior Analysis:
  - Behavioral Instruction
  - Organizational Behavior Management
  - Behavior Therapy
- So this course is on the experimental methods used in Applied Behavior Analysis
- Our purpose in this course is to teach you how to solve behavioral problems through experimentation.

#### According to Kazdin:



An experiment involves isolating particular phenomena for careful scrutiny by:

- manipulating a variable of interest while
- controlling extraneous factors that might otherwise influence the results

# Is this a big deal?

# Depende!!

Many people do **not** think science works for the kinds of complex human activity involved when we are working with clients.

# Other Methods for Answering Questions

- Appeal to Assumed Authority
- Common Sense
  - Based on correlations
  - Based on confirmation bias-not tested with a sufficient range of examples
- Logic
  - All logical explanations are not necessarily valid, but all valid explanations are necessarily logical. In other words, logic is not enough.

# Which of these autism treatments do you think are based on experimental science?

- Sensory Integration
- Pharmaceuticals
- Psychotherapy
- Occupational Therapy
- Light Therapy
- Chelation
- Diet (CFGF, hypotoxic,)etc.)

- Snoezelen rooms
- Speech and language
- Vitamins
- Chiropractic
- Hyperbaric Chamber
- Applied Behavior Analysis
- FacilitatedCommunication

- We take a perspective similar to Kazdin's:
  - The more complex the phenomena, the more important it is to use the methods of science to help understand it.
  - The methods of science are a way of thinking through complex problems.



# Scientific Methodology teaches us to think about:

- the world in terms of variables that can be isolated and described,
- events causing or affecting something else,
- being specific, analytic, and comparative,
- a universe of examples to test our theories
- **consistency** between what we have observed and the conclusions or judgments we make about what we have observed.
- DO you Believe in Science?

#### Take a minute

- Do the methods of science work for the kinds of complex human activity involved in working with clients?
- Why or why not?
- Can you think of any examples of client behavior that can **not** be solved with scientific analysis?

# So Is Everyone On-Board?



# Syllabus

#### **Goals and Objectives**

- Goal: By the time you finish this course you will be prepared to design evaluations of behavioral interventions.
- This general goal translates into the following objectives:

#### **Objectives**

- Define and provide examples of behavior, response, and response class
- Establish operational definitions of behavior
- Distinguish among direct, indirect, and product measures of behavior
- Measure occurrence
- Measure temporal dimensions of behavior
- Measure form and strength of behavior
- Measure trials to criterion

- Design and implement sampling procedures
- Evaluate the validity and reliability of measurement procedures
- Select a measurement system to obtain representative data given the dimensions of behavior and the logistics of observing and recording
- Graph data to communicate relevant quantitative relations
- Interpret graphed data

- Distinguish between dependent and independent variables
- Distinguish between internal and external validity
- Identify the defining features of singlesubject experimental designs
- Describe the advantages of single-subject experimental designs compared to group designs
- Use single-subject designs

- Behave in accordance with the ethics of behavior analysts and research
- Identify and prioritize socially significant behavior-change goals.
- State intervention goals in observable and measurable terms.
- Identify potential interventions based on assessment results and the best available scientific evidence.

- When a target behavior is to be decreased, select an acceptable alternative behavior to be established or increased.
- Monitor client progress and treatment integrity.
- Make data-based decisions about the effectiveness of the intervention and the need for treatment revision.

#### **Dates** Topics

Oct 16 Discussion: Defining

and measuring behavior

Discussion: Observational

measurement

Oct 17 Discussion: Quality of measurement

Discussion: Experimental reasoning

Oct 18 Discussion: Reversals and Alternating Treatment Designs

Discussion: Multiple baseline and

Changing Criterion designs.

Catch-up, prepare for test, and

feedback

## Questions About the Content?

#### **Methods**

- Discussion method.
  - Read a few chapters and assignments
  - Prepare short answers to the study questions
  - Use study questions for a thorough discussion in both Teams and with class
  - If you have questions, please ask them in class.

### **Teams**

- We have divided you into groups of 4
- Online Teams will meet in Breakout Rooms
- Nominate Most Fluent English Speaker
  - Need 1 per Group to talk to the Class
- Group
  - Send Group Name, email addresses, and names of Individuals in group to me: pnchase@gmail.com

### **Photos**

- Once with your Team we will take a photo of the group. If online, Arianna will take a Webcam photo and send to me.
- Of course if you do not want your photo taken, you do not have to. Just make sure your name appears in its place before the photo is taken.

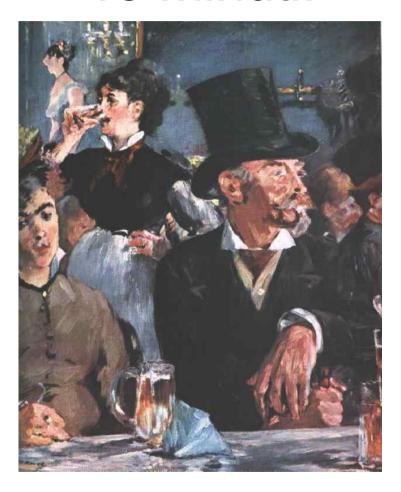
#### Use of Teams

- Teams will be used for group answers to the study questions.
- Online students will go to breakout rooms
- Arianna will visit the breakout rooms and I will meet with the Face2Face teams to help.
- Return to class to discuss.

## Use of Group Answers

- We will discuss the group answers as a class.
- You will submit your group answers to me at the end of the day.
- The study questions have been designed to help you study for the online test.
- Your answers to the study questions will help me prepare the next session to provide additional information to you as needed

# Café? 15 minuti!



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