

# Using machine learning in aging neuroscience

By

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# Acknowledgement

# Abstract

Aim: Apply data science methods to questions in aging Neuroscience

Methods: Supervised and unsupervised methods in different settings

Results: Novel Data Driven insights

Coclusion: ML rocks!

# Figures

# Tables

# List of Abbreviations



## **Publications and other scientific contributions**

# Chapter 1

## General Introduction

### 1.1 Motivation

Driven by ever-increasing amounts of data and advancing computer infrastructure, the field of artificial intelligence (AI) is becoming increasingly influential in socially important areas. These include public transportation, e.g., autonomous vehicles [8], the medical sector, e.g, diagnostic imaging [9] or social interaction, e.g., conversational AI or so-called chatbots [1]. Likewise, progress in science is increasingly characterized by the application of methods from AI, which makes it possible to analyze the increasingly large and complex amounts of data systematically [3]. This has led to proclamations of an "AI revolution in science" [2] or promoting science has entered the fourth paradigm characterized by *data-intensive computing* [6]. Thus, AI as a key technology becomes a hope for solving societal challenges. One of the greatest challenges in industrialized countries is the demographic shift toward an older population. This poses enormous challenges for society as a whole raising issues for the healthcare system, infrastructure, family policy and the occupational sector. To address these challenges, it is crucial to develop an understanding of individual aging trajectories in order to distinguish age-related diseases from healthy aging at an early stage.

Besides the early automatic detection of pathological changes, tools from AI can be used to describe individual trajectories of aging helping to identify biomarkers that could be used to verify treatments as well as targeted interventions.

Identifying risk factors, developing plans to support healthy aging

Other applications include systems to assist older adults in daily living or care assistive technology, such as tools for neurorehabilitation. However,

such applications and technical systems are still under development. The practical acceptance and use of AI requires an evaluation of application areas in science and practice. Was ist genau unklar?

- Lassen sich altersbedingte Veränderungen mit KI abbilden und was lässt sich daraus für die Anwendung in KI basierten Systemen ableiten? -  
Ergeben sich neue Hypothesen aus der Anwendung?

sensomotorische Kontrolle und Altern: - Lassen sich Veränderungen des sensomotorischen Systems abbilden

kognitive Verarbeitung: - Lassen sich  
Handlungsfeld Einflussfaktoren

- Age related changes occur at different scales and are manifestet at several levels.
- There is a wide variety in how this changes occur
- Changes are e.g. neural dedifferentiation and compensatory mechanisms (see Reuter Lorenz et al. 2010) and are noticable brain network level and dynamics
- NOTE: Check what EEG studies said about this...
- The idea is to model these changes with tools from datascience to answer questions in aging neuroscience
- First study is about detecting dedifferentiated and compensatory mechanisms with EEG
- Tools used are DMD and Machine learning
- Main idea: Study classification performance as proxy for age related changes in different motor control tasks
- Expertise as possible way of building a reserve:
- Higher individuality
- Dynamics of dedifferentiation and how do they relate to fitness
- Basic for targeted interventions
- How much and what (relate to Julia)
- Background of ML

- ML as tool
- novel insights
- Problem: Data is multidimensional and we have often limited data
- Solution: Use DMD to reduce Complexity and "model" evolution of signal
- Dynamic Mode Decomposition
- DMD extracts coupled spatio-temporal modes and is able to kind of model the evolution of the signal
- Background + Papers
- Mathematical Formulation
- What can ML tell us?
- ML applied in aging Neuroscience
- Formulating Aims and goals
- Formulation expected outcomes

## 1.2 Outline of the thesis

## 1.3 Theoretical Background and terminology

### 1.3.1 Machine learning

Machine learning emerged in the 1950s as a subbranch of artificial intelligence to enable computers to learn without being explicitly programmed [12]. It is defined by algorithms that automatically extract patterns and trends from data or in other words learn from data [5]. With big datasets being openly available and availability of computing power, machine learning is the basis of many advances in science and engineering including public transportation, e.g., autonomous vehicles [8], the medical sector, e.g. diagnostic imaging [9] or basic science, e.g. understanding protein structure [7]. With possibility for the automatic analysis of complex multidimensional data machine learning bears great potential for science [3].

Machine learning can be subdivided into three categories, supervised, unsupervised and reinforcement learning. In supervised machine learning the

goal is to learn a model representing the relationship between data and associated information or description, a so-called label. This model can then be used to predict the label of new data that not have been used during model creation. If the labels are categorical, this process is called classification; for continuous labels, the term is regression. The goal of unsupervised machine learning is to find hidden structure in data without taking into account associated labels. This could be grouping similar data points, i.e. clustering, or uncovering a meaningful low dimensional representation of the data, i.e. dimensionality reduction. Rather than a specific label in reinforcement learning the goal is to learn optimal actions to solve a certain problem by maximizing the reward linked to that action.

#### **1.3.1.1 Applications on Neuroscience**

Aiming at building an artificial general intelligence machine learning algorithms and technology were inspired by the working principle of the brain leading to advances of neural networks [10] and neuromorphic computing [4]. As already introduced machine learning on the other side offers great tools for a wide variety of problems addressed areas of neuroscience.

- Clinical: identify disease, develop biomarkers, characterize patients, epilepsy detection/prediction
- Basic: Understand working principle of processing, e.g. visual system, working memory
- Cognitive: Identify brain states and study brain behavior interaction

Summary: - Solving engineering problems as well as understanding brain processing - Investigate high dimensional representations with classification/regression/model selection - Uncover underlying processes with dimensionality reduction

### **1.4 Age related reorganization of the brain**

Age related reorganization processes are detectable at the whole body. This is underpinned by multiple interacting biological systems operating on several spatial and temporal scales contributing to the complexity of the phenomenon [11]. At the behavioral level these processes are noticeable in changes in cognitive, motor and sensory functioning [QUELLE]. Aging is one of the biggest risk factors for neurodegenerative diseases such as dementia, including Alzheimer’s disease, as well as Parkinson’s disease making the brain as one of the target systems to study. Patterns of reorganization of the brain are highly individual as they are subject to genetic and environmental

influences [QUELLEN]. At the same time, however, overarching, generalizable patterns can be detected [QUELLE]

On a structural level aging has been associated with a reduction in gray matter with an onset early in life

## 1.5 Machine Learning in Aging Neuroscience

### 1.6 Aims and scope

The complex interplay of the aforementioned factors leading to the dynamics of brain network changes over the lifetime perspective is not fully understood. However, this is a prerequisite to differentiate healthy from pathological changes and to develop and verify treatments as well as targeted interventions. This requires uncomplicated, easy-to-use, and cost-effective methods and novel analyses to quantify changes in brain organization. Several methods are available to study the brains' structure and function including functional and structural Magnetic Resonance Imaging (s/fMRI) as well as Magnetoencephalography (MEG) and Electroencephalography (EEG). In addition to cost-intensive imaging techniques such as fMRI, EEG, which meets these criteria, is particularly suitable. Moreover, EEG measures neuronal activity directly with high temporal resolution, which would allow us to gain new insights into the reorganization of brain networks over the lifespan in health and disease. However, it is unclear how the changes described above are reflected in electrophysiological markers. Furthermore, EEG signals are temporally and spatially highly dimensional and have a low signal-to-noise ratio, which makes the detection and visualization of brain networks and their dynamics difficult and requires advanced signal analysis methods. Advanced methods such as methods from the field of artificial intelligence with machine learning, as a subbranch, are of special interest in this context. Methods from supervised and unsupervised machine learning are possible candidates. In unsupervised machine learning, the goal is to find structure in the data. This includes methods for dimensionality reduction and clustering. Dimensionality reduction for example allows us to describe the structure of high dimensional data in fewer properties [20]. Two common methods in the analysis of neurophysiological data are the principal component analysis (PCA) and independent component analysis (ICA). These allow the detection of spatial patterns in the data that represent the underlying network characteristics of neurophysiological data [8]. In addition, with dynamic mode decomposition (DMD), Brunton, Johnson, et al. [21]

apply for the first time a method to electrophysiological data that allows us to map both the spatial and temporal structure of the network structure of neurophysiological data. In supervised machine learning, models are created that can predict a certain outcome based on input data. This method is used to detect neuronal representations of the environment or certain behaviors as well as group memberships and to identify relevant markers [22]. In the context of lifespan changes, complex brain network behavior based on EEG data could be extracted and visualized using dimensionality reduction. Supervised machine learning methods could be used to detect representations of the environment and behavior and to draw conclusions about the differentiation of brain networks. Automatic detection of group membership could further provide new predictors of nervous system states.

## **1.7 General methodology**

## Chapter 2

### Paper 1



## Chapter 3

## Paper 2

Chapter 4

Paper 3

**Chapter 5**

**Paper 4**

## Chapter 6

# General discussion

## Chapter 7

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## Chapter 8

# Statutory Declaration