The Lateral Preference Inventory

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Simply read each of the questions below. Decide which hand, foot, etc. you use for each activity and then put a check mark next to the answer that describes you the best. If you are unsure of any answer, try to act out the action.

	Left	Right	Either
1. With which hand do you draw?			
2. Which hand would you use to throw a ball to hit a target?			
3. In which hand would you use an eraser on paper?			
4. Which hand removes the top card when you are dealing from a deck?			
	Left	Right	Either
5. With which foot would you kick a ball to hit a target?			
6. If you wanted to pick up a pebble with your toes, which foot would you use?			
7. Which foot would you use to step on a bug?			
8. If you had to step up onto a chair, which foot would you place on the chair first?			
	Left	Right	Either
9. Which eye would you use to look through a telescope?			
10. If you had to look into a dark bottle to see how full it is, which eye would you use?			
11. Which eye would you use to peep through a keyhole?			
12. Which eye would you use to sight down a rifle?			
	Left	Right	Either
13. If you wanted to listen on a conversation going on behind closed doors, which ear would you place against the door?			
14. On which ear would you pickup your phone if it's calling?			
15. If you wanted to hear someone's heartbeat, which ear would you place against their chest?			
16. Which ear would you press against a box on a table with a small clock within, to find out if the clock is ticking?			