

1. Do distractions impede memory?
 - a. Recent research suggests selective memory of more important information prevents significant effects.

2. Is studying with music a bad idea?
 - a. Researchers investigated the relationship of distractions and selective memory.

3. The effect of distractions on memory
 - a. What happens when divided attention tasks encourage selective memorization?

Feeling Distracted?

While it is easy to blame music for being distracted, there are other distractors that divert your attention when trying to focus.

Trying to Concentrate?

If you're trying to focus and complete a task, multitasking is probably not the best way to succeed.

Need to Focus?

Although distractions can't be avoided, eliminating them as much as possible is the better route when trying to focus and concentrate.

Older Folks Can't Drive Because of This?!

Researchers find a group of older adults driving ability deteriorates with time

Time Takes Its Toll

A study showed that adults around the age of 70 showed deteriorated driving abilities when distracted

Does Experience outweigh decay?

Researchers question the decay of multitasking in older adults with driving simulations

- Headline #1: Is daydreaming really all that bad?
 - Opening sentence #1: Recent research shows that people tend to mind wander during easy tasks, which can actually improve their motivation to complete that task at the time the challenge becomes imminent.

- Headline #2: A clock always ticks, but does that mean you always hear it?
 - Opening sentence #2: Researchers see if an individual's tendency to mind wander can be controlled when faced with task challenges.

- Headline #3: Clocks will continue to work as they are instructed, but will you?
 - Opening sentence #3: Researchers wonder whether or not the human tendency to mind wander effects one's ability to perform tasks that require selective attention.

Keep our streets safe. Get rid of older people!

Researchers have found that compared to young adults, older drivers are more likely to get into accidents when driving distracted.

Don't multitask while driving, but if you must, make sure you're not old.

Research has found that multitasking has a greater negative effect on older drivers than it does for younger drivers.

Don't multitask while driving, but if you must, multitask responsibly.

A recent study has found that multitasking impairs driving abilities, with some tasks demanding more of our attention and impairing more of our driving.

#Tell Grandpa to turn off the radio before driving

#Is educating your children while driving a good idea?

#Don't try to memory calculus while driving: you won't remember much

Headline 1: Older Drivers Beware - Research shows that multi-tasking while driving can lead to serious accidents

Headline 2: Focus on the Road – Typing and driving can lead to various negative consequences... especially as you age

Headline 3: Keep Your Hands on the Wheel – Our multi-tasking abilities deteriorate as we age, so stay focused while driving

You Should Not Be Judged For Your Driving, Your Parents Should Be!

The reasons that you just may be a better driver than your parents, and it all has to do with the brain.

Why Does Driving Slow Down As Your Brain Does?

Here is information on why when your age increases, so does your risk for being in a car accident does too.

Divided And Selective Attention Deteriorate With Advancing Age?

This is the first study that compares younger and older drivers, and how their driving can either enhance or deteriorate with time

1. Evidence Suggests Our Ability to Multitask Decreases with Age

Researchers from Chemnitz University of Technology recently demonstrated that older individuals perform much worse on tests of multitasking than their younger counterparts.

2. Father Time Doesn't Text and Drive

Research suggests that as we grow older, our ability to multitask declines.

3. She's Not Ignoring You, She's Just Old

Your mother has been reading an article for the past 10 minutes, and still hasn't heard you calling her name, turns out, there may be a reason behind this.