# Milestone #5

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# **Problem Statement**

For this project, we aimed to investigate how to bacco use primarily impacts mental illness among smokers in California in 2011, as well as explore how race and location of cigarette purchase can impact disease status. In addition, we were interested in utilizing the 2011 CSC data to help us understand to bacco consumption in terms of "pack-years," which is the product of the number of packs of cigarettes smoked per day and the years a person has smoked, and comparing the average number of pack-years to as thma, heart disease, diabetes, and mental illness. Based on our observations from our analyses, we hope to provide some insight and suggestions for CDPH on how to redirect resources that can strengthen smoking cessation strategies from this project.

#### Methods

#### Data Source:

Sponsored by the State of California's Department of Public Health (CDPH), the data source for this project is the 2011 California Smokers Cohort (CSC), which is a part of the California Tobacco Surveys (CTS) that collected information on the prevalence of tobacco use in California and behaviors among smokers in order to inform tobacco prevention efforts. To help CDPH better assess the effectiveness of smoking cessation strategies, the 2011 CSC data specifically investigates characters associated with quitting behavior among only smokers identified through telephone contacts purchased from data brokers, as well as through the California Health Interview Survey Longitudinal Smokers Survey (CLSS) between July 8, 2011 and December 8, 2011. This data from the surveys conducted were split into two separate data sets, with the first containing information regarding each participant's smoking status, behaviors associated with smoking, and demographics; the second data set includes information regarding each participant's race and disease outcomes. The data sets were stored as data frames called smoker\_data and race\_data, respectively.

## Data Wrangling

### Variables Kept During Import

Our group decided to keep only a select few variables from each of the two data sets during the importing process. The variables kept from each data set are as follows:

\*From the smoker\_data data set: psraid, smokstat, WHEREBUY, BUYCALIF, HOWMANY, SMOK6NU, SMOK6UNI

\*From the race\_data data set: ID, NERVOUS, WORRYING, PROBINTR, PROBDOWN, ASTHMA, HEARTDIS, DIABETES, OTHMENILL, race01, race02, race03, race04, race05, race06, race07, race08, race09, race10, race11, race12, race13, race14, race15

#### Cleaning the Data

During the import of our data, we also included the argument of na in our read\_csv() functions for both data sets in order to indicate that any missing values that show up as blank or "(DO NOT READ)"/"n/a"/any variations of N/A are identified as NA values in R.

Following the importing stage, we changed the casing for all variables to lowercase in both data sets, as well as re-coded some character values to be error free, such as "In military commissariess, or" to "In military commissaries" and "Somewhere else (SPECIFY)?" to "Somewhere else" for the variable wherebuy from the data frame of smoker\_data. Our group also re-coded the value of "100 or more cigarettes" to "100" for the variable howmany in the race\_data data frame, which allowed us to convert the data type of the variable from character to numeric; the purpose of this conversion was to facilitate our calculation for pack-years later on in our analysis.

In order to join the two data frames together, our group had to first re-code the values of the variable id in the race\_data data frame to show only numbers and no character strings. The purpose of this process is so that the values of id would match those of the variable psraid in the smoker\_data data frame since they both represent participant IDs. We then converted the data type of psraid from numeric to character; with the same data type for the identical key variables of id = psraid, we were then able to join the two data sets together into a single data frame.

### Creating New Variables

Our group created a new variable called race to combine variables race01 through race15 into a single column shown in our final joined data frame; this was done by using conditional statements when a participant answered "Yes" to any particular race variable, which also allowed us to rename race 01 through race15 as the race categories they represent, such as White, Black, Japanese, and so on for better comprehension of the race of each individual in our data set at first glance.

Another variable we created was pack\_years, which was created by multiplying the number of cigarette packs per day by the length of time a participant has been smoking on a daily basis. Before multiplying the length of time smoked by the number of cigarette packs per day, our group made sure to convert the length of time smoked to years based on the unit of time reported, such as dividing the length of time by 365 for time reported in days and by 12 for time reported in months; these different calculations by unit of time reported were essentially conditional statements that led us to create pack\_years.

# Additional Data Wrangling for Visualizations

For all of our visualizations, we dropped all NA values based on variables presented in tables and graphs because we found these NA values to be unhelpful toward our analysis of the data.

# Results

Table 1: Race and Mental Illness Status

| Race                              | Diagnosed Mental Illness | No Diagnosed Mental Illness |
|-----------------------------------|--------------------------|-----------------------------|
| White                             | 137                      | 660                         |
| Black                             | 13                       | 64                          |
| American Indian or Alaskan Native | 10                       | 29                          |
| Refused                           | 3                        | 4                           |
| Filipino                          | 2                        | 6                           |
| Mexican                           | 2                        | 17                          |
| Don't know                        | 1                        | 1                           |
| Other                             | 1                        | 2                           |
| Other Asian or Pacific Islander   | 1                        | 5                           |
| Hispanic/Latino                   | 1                        | 16                          |
| Asian Indian                      | NA                       | 1                           |
| Vietnamese                        | NA                       | 2                           |
| Japanese                          | NA                       | 6                           |
| Chinese                           | NA                       | 7                           |

Table 2: Average Number of Pack-years by Disease Outcome Among Smokers

|                | <u> </u>                     |                              |  |
|----------------|------------------------------|------------------------------|--|
| Disease        | Average Number of Pack-years | Average Number of Pack-years |  |
| Asthma         | 25                           |                              |  |
| Diabetes       | 25                           |                              |  |
| Heart Disease  | 28                           |                              |  |
| Mental Illness | 17                           |                              |  |

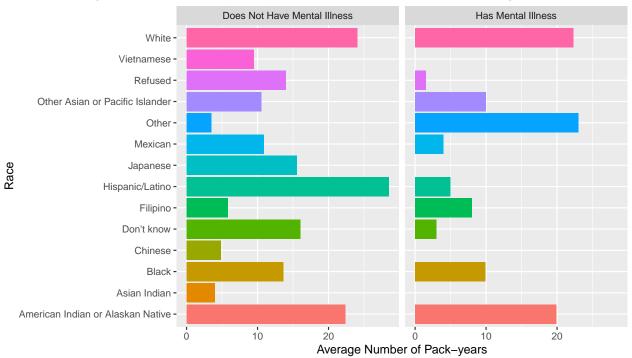
Note:

Data Source: 2011 California Smokers Cohort, CA Dept. of Health

This table demonstrates the average number of pack-years per disease type for smokers who reported having asthma, diabetes, heart disease, and/or mental illness in the 2011 California Smokers Cohort study.

Among smokers who have reported having asthma, heart disease, diabetes, and/or mental illness, those with heart disease have the highest number of average pack-years (28), while those with mental illness have the lowest number of average pack-years (17).

# Average Number of Pack-years by Race & Mental Illness Status Among Smokers

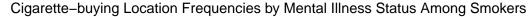


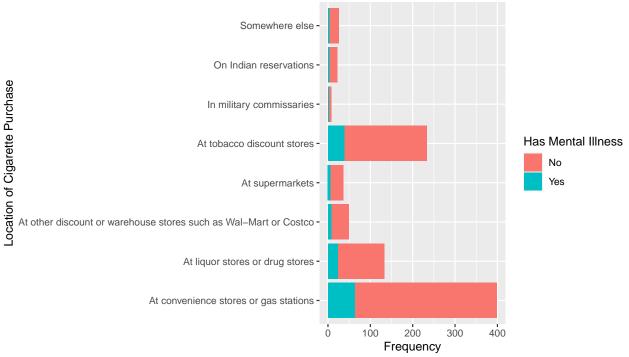
Data Source: 2011 California Smokers Cohort, CA Dept. of Health

This graph exhibits the number of average pack-years for each race category and by mental illness status of smokers in the 2011 California Smokers Cohort study.

Among smokers who have reported having no mental illness, those who identified as "Hispanic/Latino" by race appear to have the greatest number of average pack-years, followed by "White and" American Indian or Alaskan Native", out of all race categories in the 2011 California Smokers Cohort.

Among smokers who have reported having mental illness, those who identified as "Other" by race appear to have the greatest number of average pack-years compared to other races in the 2011 California Smokers Cohort, with "White" and "American Indian or Alaskan Native" following closely behind.





Data Source: 2011 California Smokers Cohort, CA Dept. of Health

This bar graph explores the relationship between frequencies per cigarette purchase location and mental illness status among smokers in the 2011 California Smokers Cohort study.

Mental illness was not reported by the majority of the smokers for each cigarette purchase location. However, mental illness was reported in the greatest number by those who purchased cigarettes at convenience stores or gas stations, followed by those who purchased cigarettes at tobacco discount stores; these are the two locations that also have the highest frequencies among smokers for making cigarette purchases at.