NHS Cheerleading Tryout Judging Sheet

Judge's Signature:	Candidate's #	Candidate's #	
Category <u>F</u>	ossible Points	<u>Points</u>	
Entrance (spirit and running tumbling)	10		
Appearance (hair in ponytail and out of face, shirt tucked in, neat, et	c.) 5		
Teacher Recommendation	5		
Standing Tumbling	10		
Toe Touch	10		
2 consecutive jumps (cannot do 2 toe touches)	10		
Cheer Recall	10		
Cheer Motion Placement/Technique/Sharpness (arm levels, motions, correct fists & wrists)	10		
Communication Skills (voice, facial expressions, confidence, etc.)	10		
Dance Recall (girls) Stunting Difficulty (boys)	10		
Dance Technique (girls) (dance – sharp motions, keep beat, expressions, recall) Stunting Execution (boys)	10		

100

TOTAL POINTS