

BREAKFAST MENU CYCLE 2019-20
Jan-20

	MONDAY 6th	TUESDAY 7th	WEDNESDAY 8th	THURSDAY 9th	FRIDAY 10th
WEEK 1	WG Pancakes(2B/G) WG Waffles(2B/G) WG French Toast, STICKS (2B/G) Oranges (1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Breakfast Burrito (1B/G,1M/MA) Eggs w/Toast(1 B/G,1.5M/MA) Grits w/Toast(2 B/G)(May serve with eggs) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Can Pears(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 2	WG Pizza, Pull Apart Ham&Cheese (1.25B/G,1M/MA) WG Fruit Pastry Frudel(2B/G) WG Snack Bun or Bites(2B/G) Juice(1/2C) Oranges(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G)	donuts and poparts Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Applesauce(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 3	holiday holiday holiday	Pancakes Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Breakfast Burrito (1B/G,1M/MA) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 4	Breakfast Pizza Oranges(1/2) Juice(1/2) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G)	Muffins or Cocoa Puff Bars WG Pop Tarts(3.53oz=2B/G) Juice(1/2C) AND Banana(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Can Mixed Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)

*Offer cereal with toast as an additional option everyday. **Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu