

The Items in Each of the 4-Item IPIP Scales Measuring Constructs Similar to Those in the 30 NEO-PI-R Facet Scales (Johnson, 2014)

N1: ANXIETY(Alpha = .78)

+
keyed Worry about things.

Fear for the worst.

Am afraid of many things.

Get stressed out easily.

N2: ANGER (.87)

+
keyed Get angry easily.

Get irritated easily.

Lose my temper.

—
keyed Am not easily annoyed.

N3: DEPRESSION (.85)

+
keyed Often feel blue.

Dislike myself.

Am often down in the dumps.

—
keyed Feel comfortable with myself.

N4: SELF-CONSCIOUSNESS (.70)

+
keyed Find it difficult to approach others.

Am afraid to draw attention to myself.

Only feel comfortable with friends.

—
keyed Am not bothered by difficult social situations.

N5: IMMODERATION (.69)

+ Go on binges.

keyed

- Rarely overindulge.
- keyed Easily resist temptations.
- Am able to control my cravings.

N6: VULNERABILITY (.76)

- + Panic easily.
- keyed Become overwhelmed by events.
- Feel that I'm unable to deal with things.
- Remain calm under pressure.
- keyed

E1: FRIENDLINESS (.81)

- + Make friends easily.
- keyed Feel comfortable around people.
- Avoid contacts with others.
- keyed Keep others at a distance.

E2: GREGARIOUSNESS (.79)

- + Love large parties.
- keyed Talk to a lot of different people at parties.
- Prefer to be alone.
- keyed Avoid crowds.

E3: ASSERTIVENESS (.85)

- + Take charge.
- keyed Try to lead others.
- Take control of things.
- Wait for others to lead the way.
- keyed

E4: ACTIVITY LEVEL (.69)

- + Am always busy.
- keyed Am always on the go.
- Do a lot in my spare time.
- Like to take it easy.
- keyed

E5: EXCITEMENT-SEEKING (.73)

- + keyed Love excitement.
- Seek adventure.
- Enjoy being reckless.
- Act wild and crazy.

E6: CHEERFULNESS (.79)

- + keyed Radiate joy.
- Have a lot of fun.
- Love life.
- Look at the bright side of life.

O1: IMAGINATION (.74)

- + keyed Have a vivid imagination.
- Enjoy wild flights of fantasy.
- Love to daydream.
- Like to get lost in thought.

O2: ARTISTIC INTERESTS (.74)

- + keyed Believe in the importance of art.
- See beauty in things that others might not notice.
- keyed Do not like poetry.
- Do not enjoy going to art museums.

O3: EMOTIONALITY (.65)

- + keyed Experience my emotions intensely.
- Feel others' emotions.
- keyed Rarely notice my emotional reactions.
- Don't understand people who get emotional.

O4: ADVENTUROUSNESS (.70)

- + keyed Prefer variety to routine.
- keyed Prefer to stick with things that I know.
- Dislike changes.
- Am attached to conventional ways.

O5: INTELLECT (.73)

- +
keyed Love to read challenging material.
- keyed Avoid philosophical discussions.
Have difficulty understanding abstract ideas.
Am not interested in theoretical discussions.

O6: LIBERALISM (.63)

- +
keyed Tend to vote for liberal political candidates.
Believe that there is no absolute right and wrong.
- keyed Tend to vote for conservative political candidates.
Believe that we should be tough on crime.

A1: TRUST (.85)

- +
keyed Trust others.
Believe that others have good intentions.
Trust what people say.
- keyed Distrust people.

A2: MORALITY (.74)

- keyed Use others for my own ends.
Cheat to get ahead.
Take advantage of others.
Obstruct others' plans.

A3: ALTRUISM (.73)

- +
keyed Am concerned about others.
Love to help others.
- keyed Am indifferent to the feelings of others.
Take no time for others.

A4: COOPERATION (.71)

- keyed Love a good fight.
Yell at people.
Insult people.
Get back at others.

A5: MODESTY (.73)

- keyed Believe that I am better than others.
- Think highly of myself.
- Have a high opinion of myself.
- Boast about my virtues.

A6: SYMPATHY (.72)

- + keyed Sympathize with the homeless.
- Feel sympathy for those who are worse off than myself.
- keyed Am not interested in other people's problems.
- Try not to think about the needy.

C1: SELF-EFFICACY (.77)

- + keyed Complete tasks successfully.
- Excel in what I do.
- Handle tasks smoothly.
- Know how to get things done.

C2: ORDERLINESS (.83)

- + keyed Like to tidy up.
- Often forget to put things back in their proper
- keyed place.
- Leave a mess in my room.
- Leave my belongings around.

C3: DUTIFULNESS (.67)

- + keyed Keep my promises.
- Tell the truth.
- keyed Break rules.
- Break my promises.

C4: ACHIEVEMENT-STRIVING (.79)

- + keyed Do more than what's expected of me.
- Work hard.
- keyed Put little time and effort into my work.

Do just enough work to get by.

C5: SELF-DISCIPLINE (.71)

+
keyed Am always prepared.

Carry out my plans.

—
keyed Waste my time.

Have difficulty starting tasks.

C6: CAUTIOUSNESS (.88)

—
keyed Jump into things without thinking.

Make rash decisions.

Rush into things.

Act without thinking.

Johnson, J. A. (2014). Measuring thirty facets of the Five Factor Model with a 120-item public domain inventory: Development of the IPIP-NEO-120. *Journal of Research in Personality*, 51, 78-89.

Alphas based on an Internet sample of N = 619,150.

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