1.0 $M_\odot$, $\log(g) = 3.5$

Legend:
- N, Brunt–Väisälä frequency
- $S_{\ell=1}$, Lamb frequency, $\ell = 1$
- $\nu_{\max}$

y-axis: N, S_ℓ, (multiples of $\nu_{\max}$)

x-axis: r/R