



PHQ1: Have little interest in doing things  
PHQ2: Feeling down, depressed or hopeless  
PHQ3: Trouble sleeping or sleeping too much  
PHQ4: Feeling tired or having little energy  
PHQ5: Poor appetite or overeating  
PHQ6: Feeling bad about yourself or your appearance  
PHQ7: Trouble concentrating on things  
PHQ8: Moving or speaking slowly  
PHQ9: Thoughts you would be better off dead or hurting yourself