

AGE: Age

EDU: Education SED: Sedentary

BMI: BMI

PHQ1: Have little interest in doin

PHQ2: Feeling down, depressed

PHQ3: Trouble sleeping or sleep

PHQ4: Feeling tired or having litt

PHQ5: Poor appetite or overeating

PHQ6: Feeling bad about yourse

PHQ7: Trouble concentrating on

PHQ8: Moving or speaking slow

PHQ9: Thoughts you would be b