

- C1: sex: 0=F, 1=M
- C2: employment: 0=unemployed, 1=employed
- C3: relationship status: 0=single, 1=relationship
- C4: seeking mental health treatment: 0=no, 1=yes
- C5: medical diagnosis: 0=no, 1=yes
- C6: childhood trauma: 0=no, 1=yes
- C7: exercise frequency
- C8: good nights sleep frequency
- C9: frequency of socializing
- C10: age
- C11: educational attainment