



PHQ1: Have little interest in doing things you used to enjoy
PHQ2: Feeling down, depressed, or hopeless
PHQ3: Trouble sleeping or sleeping too much
PHQ4: Feeling tired or having little energy
PHQ5: Poor appetite or overeating
PHQ6: Feeling bad about yourself or your appearance
PHQ7: Trouble concentrating on things
PHQ8: Moving or speaking slowly
PHQ9: Thoughts you would be better off dead or hurting yourself