

D1: selfworth\_and\_confidence

D2: drive\_and\_motivation

D3: sleep\_quality

D4: relationships\_with\_others

D5: emotional\_resilience

D6: energy\_levels

D7: focus\_and\_concentration

D8: appetite\_regulation

D9: outlook\_and\_optimism

D10: restless\_and\_hyperactivity

D11: fear\_and\_anxiety

D12: avoidance\_and\_withdrawl

D13: anger\_and\_irritability

D14: suicidal\_thoughts\_or\_intentions

D15: physical\_pain

D16: guilt\_and\_blame

D17: sadness\_distress\_hopelessnes

D18: physical\_health\_issues