

Chris Jackson

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Empathetic and thoughtful former designer and now a graduate student in clinical mental health counseling at Johnson & Wales seeks practicum experience working with adolescents or adults in home-based or clinical settings.

Skills

Empathy	Positive Regard	Teamwork
Listening	Person-Centered	Writing
Observing	Mindfulness	Critical Thinking
Communication	Wellness	Problem Solving
Connecting	Flexibility	A Sense of Humor

Design Experience

I worked as a software designer for more than 20 years, at Citizens Bank, MIT, Fidelity, PayPal, Boston University, and other large and small organizations. I used my creativity and problem solving skills to design usable solutions for humans interfacing with machines. I also managed teams of designers from 3 to 10 people, providing mentorship, career coaching, and plenty of encouragement. To learn more, see my [design portfolio](#).

Mental Health & Related Experience

Before working as a designer, I was a staff person for a year in a group home for adults learning to live with mental illness at the [Wellmet Project](#) in Cambridge. Responsibilities included:

Case Management	Treatment Planning	1-1 Counseling	Group Meetings
Documentation	Treatment Coordination	On-Duty Rotations	Staff Meetings

I also worked for a year in a middle school shadowing a boy with anger management issues. I did various other human services work in and around Boston at adolescent group homes, workplaces for adults with development challenges, and hospital settings. I volunteered as a Big Brother to a young boy in Charlestown and with the Special Olympics.

While getting my MFA degree, I worked in the writing lab, leading workshops and 1-1 tutoring sessions, and taught 8 undergraduate courses, in composition, literature, and creative writing.

Education

BA, English, University of Massachusetts Boston, 1994

MFA, Creative Writing (Poetry), George Mason University, 1998

MS, Clinical Mental Health Counseling, Johnson & Wales, expected 2022. Courses so far include:

Professional Orientation and Ethical Practice	Advanced Career Counseling
Multicultural Counseling: Theories and Techniques	Psychopathology and Treatment Planning
Advanced Neuroscience and Psychopharmacology	Health and Wellness Counseling
Advanced Individual Counseling Theory and Techniques	

Personality

Meyers Briggs: INFP

O*Net: Artistic (36), Social (29), Investigative (12), Realistic (7), Enterprising (5), Conventional (1)

Big Five: Intellect/Imagination (96%), Agreeableness (87%), Emotional Stability (52%),
Conscientiousness (46%), Extroversion (45%)