



BURNTWOOD & CANNOCK

MEANING OF BELT COLOURS

WHITE SIGNIFIES INNOCENCE, AS THAT OF A BEGINNING STUDENT WHO HAS NO PREVIOUS KNOWLEDGE OF TAE KWON DO.

YELLOW SIGNIFIES EARTH FROM WHICH A PLANT SPROUTS AS THE FOUNDATIONS OF TAE KWON DO ARE BEING LAID.

GREEN SIGNIFIES THE PLANTS GROWTH AS THE TAE KWON DO SKILL BEGINS TO DEVELOP.

BLUE SIGNIFIES THE HEAVEN TOWARD WHICH THE PLANT MATURES INTO A TOWERING TREE AS TRAINING IN TAE KWON DO PROGRESSES.

RED SIGNIFIES DANGER, CAUTIONING THE STUDENT TO TAKE CONTROL AND WARNING THE OPPONENT TO STAY AWAY.

BLACK IS OPPOSITE FROM WHITE, THEREFORE SIGNIFYING THE MATURITY AND PROFICIENCE IN TAE KWON DO, AND ALSO INDICATES THE WEARERS IMPERVIOUSNES TO DARKNESS AND FEAR.

KICKS

FRONT KICK
FRONT RISEING KICK
LOW FRONT SNAP KICK
SIDE KICK
SIDE PIERCING KICK
JUMPING SIDE KICK
TURNING KICK
JUMPING TURNING KICK
REVERSE TURNING KICK
REVERSE SIDE KICK
BACK KICK
CRESCENT KICK
HOOK KICK
KNEE KICK
TWIST KICK
AXE KICK
FLYING KICK

AP CHAGI
APCHA OLLIGI
NAJUNDE AP CHABUSIGI
YOP CHAGI
YOP CHA CHAGI
DWIMYO YOP CHA CHAGI
DOLLYO CHAGI
DWIMYO DOLLYO CHAGI
BANDAE DOLLYO CHAGI
BANDAE YOP CHA CHAGI
DWIT CHAGI
BANDAL CHAGI
GOLCHA CHAGI
MOORUP CHAGI
BITURO CHAGI
NAERYO CHAGI
TWIMYO CHAGI

FOOT STRIKING TOOLS

BALL OF FOOT
FOOT SWORD
BACK HEEL

AP KUMCHI
BALKAL
DWIT CHOOK