



BURNTWOOD & CANNOCK

ATTACKS CONTINUED

PALM HEEL STRIKE
ARC HAND STRIKE
DOUBLE FINGERTIP THRUST
KNEE STRIKE

SONBADAK TAERIGI
BANDAL SON TAERIGI *
DOO SONGARAK TULGI
MOORUP TAERIGI

MISCELLANEOUS KOREAN

TRAINING HALL
TRAINING SUIT
BELT
BOW
ONE
TWO
THREE
FOUR
FIVE
SIX
SEVEN
EIGHT
NINE
TEN
LOW
MIDDLE
HIGH
OBVERSE
REVERSE
HEAD
INWARD
OUTWARD
DESTRUCTION
PATTERN
CHOKING TECHNIQUE
FOOT PARTS
STUDENT
INSTRUCTOR
CONSECUTIVE KICK
PRESS UP
BACK SOLE

DOJANG
DOBOK
TI
KYONG YE
HANNA
DOOL
SETH
NETH
DASAUL
YOSAUL
ILGOP
YODOLL
AHOP
YOLL
NAJUNDE
KAUNDE
NOPUNDE
BARO
BANDAE
MORI
ANAERO
BAKAERO
GYOKPA
TUL
CHIL SIK SUL
HANBANSIN
JEJA
SABUM
YONSO CHAGI
MOMTANG BACHIA
DWIT KUMCHI

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