

# Emergency Department COVID-19 Management Tool

This tool was developed to provide a pragmatic framework to assist with severity classification, prognostication of risk, diagnostic workup, disposition, and treatment of patients with suspected or confirmed SARS-CoV-2 (COVID-19) in the emergency department.

- It is not a substitute for clinicians' own assessment and clinical judgement of what is best for the patient.
- Evidence on this topic is evolving quickly and may change recommendations.

## Inclusion Criteria

- ☐ Adult (age ≥18 years old)
- ☐ Confirmed or suspected SARS-CoV-2 (COVID-19)
- ☐ Symptomatic

## Exclusion Criteria

- ☐ Patients who require critical interventions
  - ☐ High Flow Nasal Cannula (HFNC) or Non-Invasive Positive Pressure Ventilation (NIPPV)
  - ☐ Mechanical Ventilation
  - ☐ Vasopressors
- ☐ Patients with other life-threatening conditions, such as but not limited to:
  - ☐ Acute Myocardial Infarction
  - ☐ Pulmonary Embolism
  - ☐ Stroke

## Step 1 - Severity Classification

Assess the patient's severity of disease utilizing NIH criteria.

MILD	MODERATE	SEVERE	CRITICAL
<b>Individuals who have various signs and symptoms of COVID-19 (ANY):</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Fever</li> <li><input type="checkbox"/> Cough</li> <li><input type="checkbox"/> Sore throat</li> <li><input type="checkbox"/> Malaise</li> <li><input type="checkbox"/> Headache</li> <li><input type="checkbox"/> Muscle pain</li> <li><input type="checkbox"/> Nausea, vomiting, diarrhea</li> <li><input type="checkbox"/> Loss of taste and smell</li> </ul> <b>BUT who do NOT have (ANY):</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Shortness of breath</li> <li><input type="checkbox"/> Dyspnea</li> <li><input type="checkbox"/> Abnormal chest imaging</li> </ul>	<b>Individuals who show evidence of lower respiratory disease during (ANY):</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Clinical assessment</li> <li><input type="checkbox"/> Imaging</li> </ul> <b>AND who have:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> SpO2 ≥94% on room air at sea level (in those with normal baseline SpO2)</li> </ul>	<b>Individuals who have (ANY):</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> SpO2 &lt;94% on room air at sea level (in those with normal baseline SpO2)</li> <li><input type="checkbox"/> Ratio of arterial partial pressure of oxygen to fraction of inspired oxygen (PaO2/FiO2) &lt;300 mm Hg (if ABG obtained)</li> <li><input type="checkbox"/> RR &gt;30 breaths/min</li> <li><input type="checkbox"/> Lung infiltrates &gt;50%.</li> </ul>	<b>Patient with (ANY):</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Respiratory failure</li> <li><input type="checkbox"/> Septic shock</li> <li><input type="checkbox"/> Multiorgan dysfunction or failure</li> </ul>
<b>SEVERE and CRITICAL Severity - Skip to Step 4 (Diagnostic Testing) on Page 2</b>			

## Step 2 - Risk Prognostication

Patients with MILD and MODERATE Severity should be further assessed to determine their risk of disease progression. The **PRIEST Score** is a validated tool to predict a patient's risk for end organ failure and/or mortality.

MILD				MODERATE							
Variable		1 Point		2 Points		3 Points		4 Points			
Respiratory rate (per minute)	<input type="checkbox"/> 12-20	<input type="checkbox"/> 9-11	<input type="checkbox"/> 21-24	<input type="checkbox"/> <9 or >24							
Oxygen saturation (%)	<input type="checkbox"/> >95	<input type="checkbox"/> 94-95	<input type="checkbox"/> 92-93	<input type="checkbox"/> <92							
Heart rate (per minute)	<input type="checkbox"/> 51-90	<input type="checkbox"/> 41-50 or 91-110	<input type="checkbox"/> 111-130	<input type="checkbox"/> <41 or >130							
Systolic BP (mmHg)	<input type="checkbox"/> 111-219	<input type="checkbox"/> 101-110	<input type="checkbox"/> 91-100	<input type="checkbox"/> <91 or >219							
Temperature (°C)	<input type="checkbox"/> 36.1-38.0	<input type="checkbox"/> 35.1-36.0 or 38.1-39.0	<input type="checkbox"/> >39.0	<input type="checkbox"/> <35.1							
Alertness	<input type="checkbox"/> Alert			<input type="checkbox"/> Confused							
Inspired oxygen	<input type="checkbox"/> Air		<input type="checkbox"/> Supplemental Oxygen								
Sex	<input type="checkbox"/> Female	<input type="checkbox"/> Male									
Age (years)	<input type="checkbox"/> 16-49		<input type="checkbox"/> 50-65	<input type="checkbox"/> 66-80				<input type="checkbox"/> >80			
Performance status	<input type="checkbox"/> Unrestricted Normal Activity	<input type="checkbox"/> Limited strenuous activity, can do light activity	<input type="checkbox"/> Limited activity, can self-care	<input type="checkbox"/> Limited self-care				<input type="checkbox"/> Bed/chair bound, no self-care			
Total number of boxes checked in each column		_____ x 0 =		_____ x 1 =		_____ x 2 =		_____ x 3 =		_____ x 4 =	
Calculate Score		<input type="text"/>	+	<input type="text"/>	+	<input type="text"/>	+	<input type="text"/>	+	<input type="text"/>	
Score	0	1	2	3	4	5	6	etc.			
Risk %	1%	1%	2%	2%	3%	9%	15%	etc.			

## Step 3 - Risk Assessment

Assess the patient for additional risk factors that have been correlated with higher risk for severe disease, organ failure, and/or mortality. If your patient has one (or especially multiple) risk factors, you may want to consider in the approach taken in subsequent steps for diagnostic testing, disposition, and treatment.

MILD	MODERATE
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**If your patient has one (or especially multiple) risk factors, you may want to consider in the approach taken in subsequent steps for diagnostic testing, disposition, and treatment.**

Per the **CDC**, race and ethnicity are risk markers for other underlying conditions that affect health, including socioeconomic status, access to health care, and exposure to COVID-19 related to their occupation. Severe economic disparity has also been shown in multiple studies to predict poor outcomes. Clinicians may want to consider their patients' race, ethnicity, and economic resources in their risk assessment.

### Risk factors include, but are not limited to:

- ☐ Cancer: especially those with recent diagnosis, actively in treatment, and/or hematologic malignancies
- ☐ Cardiovascular Disease
- ☐ Chronic Respiratory Disease (including COPD)
- ☐ Diabetes Type II
- ☐ Down's Syndrome
- ☐ Hypertension (may be more correlated with Age)
- ☐ Immunosuppression (including organ transplant and asplenia)
- ☐ Neurologic disease (including dementia and previous strokes)
- ☐ Obesity (BMI ≥35)
- ☐ Obstructive Sleep Apnea
- ☐ Pregnancy
- ☐ Renal Disease (GFR ≤30)
- ☐ Steroid usage (recent)

# Emergency Department COVID-19 Management Tool

## Step 4 - Diagnostic Testing

The following imaging and lab tests should be considered based on your patients severity and risk for disease progression.

MILD	MODERATE	SEVERE	CRITICAL
<p><b>Based on clinician's judgement, diagnostic testing may not be necessary in patients with (ALL):</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Mild Severity</li> <li><input type="checkbox"/> PRIEST score <math>\leq 4</math></li> <li><input type="checkbox"/> 1 or less High Risk Factors</li> </ul> <p><b>Exertional SpO2 may have limited ability to identify adverse outcomes in otherwise well-appearing patients:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <math>&lt;3\%</math> change in SpO2</li> </ul>	<p><b>Per the NIH...</b></p> <p><b>Imaging:</b> the optimal imaging technique has not yet been defined for people with symptomatic COVID-19. Initial evaluation for these patients may include:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Chest X-ray</li> <li><input type="checkbox"/> Ultrasound</li> <li><input type="checkbox"/> CT (if indicated)</li> </ul>	<p><b>ECG:</b> should be performed if indicated</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> ECG</li> </ul> <p><b>Labs:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> CBC w/ differential</li> <li><input type="checkbox"/> CMP</li> </ul>	<p>While not standard of care, the following may have prognostic value:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> CRP</li> <li><input type="checkbox"/> D-dimer</li> <li><input type="checkbox"/> Ferritin</li> </ul>

## Step 5 - Diagnostic Interpretation

The following imaging and lab results have been shown to potentially be indicators of risk of disease progression, more severe disease, and/or mortality

Unfortunately, cutoffs used for abnormal lab values are heterogenous across studies and may need to be adjusted based on reference ranges at your facility. Abnormal cutoff values presented here are our best effort to give pragmatic recommendations to clinicians.

### Severe Lab Values:

<input type="checkbox"/> ALT ( $>40$ U/L)	<input type="checkbox"/> D-dimer ( $\geq 1$ $\mu\text{g/mL}$ )	<input type="checkbox"/> Neutrophils ( $>8,000/\text{mm}^3$ )
<input type="checkbox"/> AST ( $>40$ U/L)	<input type="checkbox"/> Ferritin ( $>300$ $\mu\text{g/L}$ )	<input type="checkbox"/> Thrombocytopenia ( $<150,000/\text{mm}^3$ )
<input type="checkbox"/> Creatinine ( $>133$ $\mu\text{mol/L}$ )	<input type="checkbox"/> LDH ( $>250$ U/L)	<input type="checkbox"/> Troponin ( $>99\%$ )
<input type="checkbox"/> CRP ( $>125$ mg/L)	<input type="checkbox"/> Lymphopenia ( $<0.8 \times 10^9/\text{L}$ )	<input type="checkbox"/> WBC ( $>10,000/\text{mm}^3$ )

## Step 6 - Disposition

The following represents a pragmatic approach for disposition of patients depending on their disease severity. Clinician's may want to consider a patient's risk for progression of disease based on PRIEST Score, risk factors, imaging, and labs in their disposition decision.

MILD	MODERATE	SEVERE	CRITICAL
<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Discharge Home</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Supply patient with educational materials on precautions and items to be monitoring at home (<a href="#">CDC Patient Educational Materials</a>)</li> </ul> </li> <li><b>Consider</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Home pulse oximetry</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Discharge Home, consider if ALL:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> PRIEST Score <math>\leq 4</math></li> <li><input type="checkbox"/> 1 (or less) High Risk Factors</li> <li><input type="checkbox"/> No concerning Imaging or Lab results</li> <li><input type="checkbox"/> Capability and resources to care for self at home</li> <li><input type="checkbox"/> No other condition that warrants admission</li> </ul> </li> <li><input type="checkbox"/> <b>Admission, consider if ANY:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> PRIEST Score <math>\geq 5</math></li> <li><input type="checkbox"/> Multiple High Risk Factors</li> <li><input type="checkbox"/> Concerning Imaging or Lab results</li> <li><input type="checkbox"/> Does NOT have the capability or resources to care for self at home</li> </ul> </li> <li><b>Admission Location:</b> Based on clinician's judgement <ul style="list-style-type: none"> <li><input type="checkbox"/> Observation</li> <li><input type="checkbox"/> Inpatient Floor</li> <li><input type="checkbox"/> Intermediate</li> </ul> </li> <li><input type="checkbox"/> <b>At times of surge and capacity constraints some patient who would normally be admitted to the hospital, may need to be sent home:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Supply patient with educational materials on precautions and items to be monitoring at home (<a href="#">CDC Patient Educational Materials</a>)</li> <li><input type="checkbox"/> Follow-up visit arranged via PCP or tele-health</li> <li><input type="checkbox"/> Consider home pulse oximetry</li> <li><input type="checkbox"/> Consider home oxygen therapy</li> </ul> </li> </ul>	<p><b>Admission Location:</b> based on clinician's judgement</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Floor Bed</li> <li><input type="checkbox"/> Intermediate</li> <li><input type="checkbox"/> ICU</li> <li><input type="checkbox"/> Transfer</li> <li><input type="checkbox"/> Consider transfer if your facility does not have the resources or capacity to care for a critically ill COVID patient.</li> </ul>	<p><b>Admission</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> ICU</li> <li><input type="checkbox"/> <b>Transfer</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Consider transfer if your facility does not have the resources or capacity to care for a critically ill COVID patient.</li> <li><input type="checkbox"/> Consider transfer to an ECMO facility for patients who may benefit from this after consultation with receiving facility.</li> </ul> </li> </ul>
<p><b>AMA</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Patient wishes to leave Against Medical Advice (AMA) for admission to the hospital and/or additional therapeutic treatment.</li> </ul>			

# Emergency Department COVID-19 Management Tool

## Step 7 - Pharmacologic Treatment

The following options should be considered for treatment based on the patient's severity and risk of disease progression.

MILD	MODERATE	SEVERE	CRITICAL
<b>Monoclonal Antibodies</b> Insufficient evidence for or against specific AB therapy. Bamlanivimab or casirivimab plus imdevimab neutralizing AB are available under EUA for use in adults and pediatric patients with (ALL):  <input type="checkbox"/> + PCR or + antigen test <input type="checkbox"/> 12 years of age and older weighing at least 40 kg <input type="checkbox"/> High risk for progressing to severe COVID-19 and/or hospitalization.		<b>Steroids and/or Remdesivir</b> <b>One of the following options is recommended for these patients:</b> <input type="checkbox"/> Remdesivir (e.g., for patients who require minimal supplemental oxygen) (BIIa) <input type="checkbox"/> Dexamethasone PLUS remdesivir (e.g., for patients who require increasing amounts of oxygen) (BIII) <input type="checkbox"/> Dexamethasone (e.g., when combination therapy with remdesivir cannot be used or is not available) (BI).  <b>In the rare circumstances where corticosteroids cannot be used (ONE):</b> <input type="checkbox"/> Baricitinib in combination with remdesivir (BIIa ) (e.g., for patients who require increasing amounts of oxygen). Baricitinib should not be used without remdesivir.  <b>If dexamethasone is NOT available:</b> <input type="checkbox"/> Alternative corticosteroids such as prednisone, methylprednisolone, or hydrocortisone can be used (BIII)	
<b>Steroids</b> Dexamethasone (or other corticosteroids) should NOT be initiated in these patients (Mild: AIII, Moderate: AIIa) <sup>1</sup>			
<b>Remdesivir</b> There are insufficient data to recommend either for or against the routine use of remdesivir.			
	<input type="checkbox"/> <b>Anticoagulation:</b> Prophylactic dose anticoagulation should be given to admitted nonpregnant adults (AIII)		
<b>Insufficient Data</b> At this time there is insufficient data to recommend either for or against the following medications for SARS-CoV-2 (COVID-19): <div><div>- Famotidine</div><div>- Ivermectin</div><div>- Vitamin C</div><div>- Vitamin D</div><div>- Zinc</div></div>			
<b>DO NOT USE</b> The following are recommended AGAINST for the treatment of SARS-CoV-2 (COVID-19) at the time of publication of this tool: <div><div>- Anti-interleukin-6 receptor monoclonal antibodies (e.g., sarilumab, tocilizumab) or anti-IL-6 monoclonal antibody (siltuximab), except in a clinical trial (BI).</div><div>- Chloroquine or hydroxychloroquine with or without azithromycin (AI)</div><div>- Lopinavir/ritonavir (AI) or other HIV protease inhibitors (AIII) except in a clinical trial</div><div>- Zinc supplementation above the recommended dietary allowance for the prevention of COVID-19, except in a clinical trial (BIII)</div></div>			

## Step 8 - Non-Pharmacologic Treatment

The following other treatments should be considered based on your patient's severity and risk of disease progression.

MILD	MODERATE	SEVERE	CRITICAL
<input type="checkbox"/> Consider home oxygen therapy (for those who may benefit) <input type="checkbox"/> Breathing exercises for breathlessness <input type="checkbox"/> Progressive ambulation as tolerated (if no contraindication) <input type="checkbox"/> Resting in the prone position if dyspneic <input type="checkbox"/> Adequate rest/sleep <input type="checkbox"/> Balanced diet <input type="checkbox"/> Adequate hydration	<input type="checkbox"/> Oxygen support-nasal cannula, titrate up to 6L with an oxygenation goal of >92% <input type="checkbox"/> HFNC up to 60 Liter recommended over NIPPV <input type="checkbox"/> NIPPV if HFNC not available <input type="checkbox"/> Consider trial of awake prone positioning if patient can be monitored or can self rescue. Awake proning is contraindicated in patients in respiratory distress.	<input type="checkbox"/> Oxygen support-nasal cannula, titrate up to 6L with an oxygenation goal of >92% <input type="checkbox"/> HFNC up to 60 Liter recommended over NIPPV <input type="checkbox"/> NIPPV if HFNC not available <input type="checkbox"/> Consider trial of awake prone positioning if patient can be monitored or can self rescue. Awake proning is contraindicated in patients in respiratory distress.	<input type="checkbox"/> Intubation is recommended for severe respiratory failure: <input type="checkbox"/> Oxygenation goal for ventilated patients should be 92-96%. <input type="checkbox"/> Consider low tidal volume (VT) ventilation (VT 4-8 mL/kg of predicted body weight) over higher VT ventilation (VT >8 mL/kg) (AI). <input type="checkbox"/> Target plateau pressures of <30 cm H2O (AII). <input type="checkbox"/> A higher positive end-expiratory pressure (PEEP) strategy is recommended over a lower PEEP strategy (BII). <input type="checkbox"/> For mechanically ventilated adults with refractory hypoxemia despite optimized ventilation, consider prone ventilation for 12 to 16 hours per day over no prone ventilation. <input type="checkbox"/> Consider using a conservative fluid strategy over a liberal fluid strategy (BII). <input type="checkbox"/> Insufficient Data to recommend for or against ECMO in these patients. <input type="checkbox"/> Against the routine use of inhaled nitric oxide (AI).

# Emergency Department COVID-19 Management Tool

## SMART PHRASES

This page represents a list of phrases that clinicians may want to utilize within their EMR documentation. It is broken down based on the steps that are outlined on the prior pages of this tool. EMR and IT vendors may want to utilize these phrases, along with specific data that is selected by clinicians as they utilize electronic versions of this tool.

- ☐ **The ACEP Emergency Department COVID-19 Management Tool** was utilized to assist in the decision process on how to best manage this patient. This tool is a pragmatic approach to management of patient's with suspected or confirmed SARS-CoV-2 in the emergency department. It is based on guidelines from the CDC, NIH, and additional published studies. COVID-19 is a novel pandemic and as such evidence is rapidly evolving on the best way to manage patients with this condition.
- ☐ **Inclusion Criteria** was considered and the patient was found to meet criteria for utilization of this tool.
- ☐ **Exclusion Criteria** was reviewed and the patient was found to have a current condition or critical intervention that excluded them from utilization of this tool.

### Step 1 - Severity

☐ **Severity Classification** was determined based on NIH criteria.

MILD	<input type="checkbox"/> Based on the criteria present at the time of evaluation, the patient was determined to have MILD Severity.
MODERATE	<input type="checkbox"/> Based on the criteria present at the time of evaluation, the patient was determined to have MODERATE Severity.
SEVERE	<input type="checkbox"/> Based on the criteria present at the time of evaluation, the patient was determined to have SEVERE Severity.
CRITICAL	<input type="checkbox"/> Based on the criteria present at the time of evaluation, the patient was determined to have CRITICAL Severity.

### Step 2 - Risk Prognostication

☐ The **PRIEST Score**, a validated tool to determine the risk of mortality and/or end-organ failure, was utilized to assess the patient's risk of disease progression.

≤4	<input type="checkbox"/> A score of ≤4 places the patient in a Low Risk category with a <3% risk of disease progression.
5-7	<input type="checkbox"/> A score of 5-7 places the patient in an Intermediate Risk category with a 9-18% risk of disease progression.
8-12	<input type="checkbox"/> A score of 8-12 places the patient in a High Risk category with a 22-38% risk of disease progression.
≥13	<input type="checkbox"/> A score of ≥13 places the patient in a Very High Risk category with a 47-66% risk of disease progression.

### Step 3 - Risk Assessment

☐ A **Risk Assessment** was performed that considers additional factors that have been shown in published studies to increase a patient's risk for disease progression.

0 Risk Factors	<input type="checkbox"/> Patient did not have any additional risk factors based on those included within this tool.
1 Risk Factor	<input type="checkbox"/> Patient was noted to have a single additional risk factor.
2 (or more) Risk Factors	<input type="checkbox"/> Patient was noted to have 2 (or more) additional risk factors.

### Step 4 - Diagnostic Testing

☐ Appropriate **Diagnostic Testing** was performed on the patient based on their severity and risk of disease progression.

MILD... no additional testing obtained	<input type="checkbox"/> No diagnostic testing was obtained, because the patient was noted to have MILD severity, ≤4 on the PRIEST Score, and ≤1 additional risk factors.
Exertional O2	Negative <input type="checkbox"/> An O2 saturation was obtained after the patient exerted themselves for >1 minute. Their SpO2 stayed stable.
	Positive <input type="checkbox"/> An O2 saturation was obtained after the patient exerted themselves for >1 minute. Their SpO2 dropped >3%.
Imaging / Labs Obtained	<input type="checkbox"/> Appropriate imaging and labs were obtained in the emergency department based on clinical assessment of the patient.

### Step 5 - Diagnostic Interruption

☐ The **Diagnostic Interpretation** of imaging and labs that were obtained was as follows:

NO Concerning Imaging/Labs	<input type="checkbox"/> There was no concern on imaging or labs.
Concerning Imaging	<input type="checkbox"/> There was a concerning finding discovered on imaging that may prognosticate an increase in the patient's risk of disease progression.
Concerning Lab	<input type="checkbox"/> There was a concerning finding discovered on lab testing that may prognosticate an increase in the patient's risk of disease progression.
Multiple Concerning Imaging/Labs	<input type="checkbox"/> There were multiple imaging and/or lab testing results that may prognosticate an increase in the patient's risk of disease progression.

# Emergency Department COVID-19 Management Tool

## SMART PHRASES (continued)

### Step 6 - Disposition

☐ The most appropriate **Disposition** for the patient was determined based on the patient's severity classification and risk for disease progression.

MILD	Discharge Home	<input type="checkbox"/> Patients with MILD Severity, a low PRIEST Score, and ≤1 risk factors are appropriate for Discharge Home.
MODERATE	Discharge Home	<input type="checkbox"/> Patients with MODERATE Severity, a low PRIEST Score, and ≤1 risk factors may be Discharged Home based on an emergency physician's clinical judgement.
	Admission	<input type="checkbox"/> Patients with MODERATE Severity and an elevated PRIEST Score or the presence of risk factor for disease progression should be considered for Hospital Admission.
	Reduced Capacity	<input type="checkbox"/> At times of COVID volume surges or reductions in hospital bed capacity, some patients who would normally meet criteria to hospital admission, may need to be Discharged Home.
SEVERE	Admission	<input type="checkbox"/> Patients with SEVERE Severity should be admitted to the hospital.
	Transfer	<input type="checkbox"/> Transfer should be considered if you are at a facility that does not have the resources or capacity to care for a patient with SEVERE Severity.
CRITICAL	Admission	<input type="checkbox"/> Patients with CRITICAL Severity should be admitted to an ICU setting.
	Transfer	<input type="checkbox"/> Transfer should be considered if you are at a facility that does not have the ICU resources or capacity to care for a patient with CRITICAL Severity.
	ECMO	<input type="checkbox"/> Transfer may be considered to an ECMO facility if, based on clinical judgement, it is determined that the patient may benefit from this procedure.
AMA		<input type="checkbox"/> The patient signed out Against Medical Advice, despite the offer of admission to the hospital and treatment due to the severity of their COVID manifestation. The patient is of normal mentation and has the capacity to make this decision, while understanding the consequences to their health.

### Step 7 - Pharmacologic Treatment

☐ The following **Pharmacologic Treatments** were administered to the patient, based on NIH recommendations at the time of publication of this tool.

MILD / MODERATE	Monoclonal Antibodies	<input type="checkbox"/> Monoclonal antibodies may be considered for patients with MILD or MODERATE Severity who have risk factors for disease progression based on the current EUA criteria.
	Steroids	<input type="checkbox"/> Steroids are not recommended for patients with MILD or MODERATE Severity.
	Remdesivir	<input type="checkbox"/> Remdesivir is not recommended for patients with MILD or MODERATE Severity.
PATIENTS WHO ARE ADMITTED	Anticoagulation	<input type="checkbox"/> Prophylactic dose anticoagulation is recommended for all nonpregnant adults who are admitted to the hospital.
SEVERE / CRITICAL	Remdesivir	<input type="checkbox"/> Remdesivir may be given alone to admitted patients who require minimal supplemental oxygen.
	Dexamethasone PLUS Remdesivir	<input type="checkbox"/> Dexamethasone PLUS remdesivir should be considered for patients who require increasing amounts of oxygen.
	Dexamethasone	<input type="checkbox"/> Dexamethasone may be given alone when combination therapy with remdesivir cannot be used or is not available.
	Baricitinib PLUS Remdesivir	<input type="checkbox"/> In the rare circumstances where corticosteroids cannot be used, Baricitinib can be given in combination with remdesivir for patients who require increasing amounts of oxygen.
	Dexamethasone NOT available	<input type="checkbox"/> Alternative corticosteroids (such as prednisone, methylprednisolone, or hydrocortisone) can be used if dexamethasone is not available.

### Step 8 - Non-Pharmacologic Treatment

☐ The following **Non-Pharmacologic Treatments** were ordered on the patient, based on best practice guidelines at the time of publication of this tool.

MILD / MODERATE	Discharged Home	<input type="checkbox"/> The patient was supplied with discharge instructions that include activities (breathing exercises, balanced diet, etc.) they can be doing at home.
	Home O2	<input type="checkbox"/> The patient was given a prescription O2 therapy at home.
	Home Pulse Oximetry	<input type="checkbox"/> The patient was given instructions for how to use a pulse oximeter at home to measure periodically their oxygen levels. They were given clear instructions on what to level to return to the emergency department with.
SEVERE	O2 via NC	<input type="checkbox"/> Supplemental oxygen was administered to the patient via nasal cannula. The patient was monitored for response to therapy.
	HFNC	<input type="checkbox"/> Additional oxygen was delivered via High-Flow Nasal Cannula (HFNC) per institutional protocol.
	NIPPV	<input type="checkbox"/> Additional oxygen was delivered via Non-Invasive Positive Pressure Ventilation (NIPPV) per institutional protocol.
	Awake Proning	<input type="checkbox"/> The patient was trialed on awake proning per institutional protocol.
CRITICAL	Intubation	<input type="checkbox"/> Due to the patient's CRITICAL Severity and compromised respiratory status, they were intubated.
	Prone Ventilation	<input type="checkbox"/> Prone ventilation was utilized per institutional protocol.
	Conservative Fluids	<input type="checkbox"/> Per NIH recommendations, a conservative fluid strategy was utilized.



# Emergency Department COVID-19 Management Tool

## CITATIONS

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# Emergency Department COVID-19 Management Tool

## FOOTNOTES

### Step 1- Severity

NIH - [write up some high-level notes for this reference](#)<sup>100</sup>

### Step 2 - Risk Prognostication

PRIEST Score

### Step 3- Risk Assessment

Racial and ethnic minorities

- High-level summary of CDC information<sup>100</sup>

Economic disparity<sup>105</sup>

Cancer: especially those with recent diagnosis, actively in treatment, and/or hematologic malignancies

- 1.9 mortality<sup>2</sup>
- 3-4.1 higher level of care<sup>2,4</sup>
- 2.2 disease severity<sup>2</sup>

Cardiovascular Disease

- 3.4 mortality<sup>2</sup>
- 3.4 higher level of care<sup>2</sup>
- 3.5 disease severity<sup>2</sup>

Chronic Respiratory Disease

- 3.7 mortality<sup>2</sup>
- 4.4 disease severity<sup>2</sup>

Diabetes Type II

- 1.9 mortality<sup>2</sup>
- 1.8-2.1 higher level of care<sup>3,2</sup>
- 2 disease severity<sup>2</sup>

Down's Syndrome

Hypertension (may be more correlated with Age)

- 2.5 mortality<sup>2</sup>
- 3 higher level of care<sup>2</sup>
- 2.8 disease severity<sup>2</sup>

Immunosuppression (including organ transplant and asplenia)<sup>105</sup>

Neurologic disease (including dementia and previous strokes)

- 3 mortality<sup>2</sup>
- 2.8 disease severity<sup>2</sup>

Obesity (BMI  $\geq 35$ )

- 3 mortality<sup>1-2</sup>
- 2 higher level of care<sup>3</sup>

NIH study data

Obstructive Sleep Apnea<sup>104</sup>

Pregnancy <sup>ACOG Assessment Tool</sup>

Renal Disease (GFR  $\leq 30$ )

- 4.3 mortality<sup>2</sup>
- 1.2 higher level of care<sup>2</sup>
- 2.2 disease severity<sup>2</sup>

Steroid usage (recent)<sup>105</sup>

### Step 4 - Diagnostic Testing

Exertional O2 Saturation

- A 1-minute sit-to-stand test can be performed within the patient's room.
  - 3% drop in pulse oximeter reading is considered a positive test

NIH Diagnostic Testing Recommendations

### Step 5 - Diagnostic Interruption

Imaging Interpretation

- CXR
  - CXR Score: A scoring system devised to calculate a severity score based on the presence or absence of opacities on chest x-ray. The score is computed by dividing each lung into 3 zones. A severity score is assigned based on the presence or absence of opacity in each zone.
  - $\geq 2$  - A score of  $\geq 2$  indicates a higher likelihood of hospital admission (OR 6.2)<sup>17</sup>
  - $\geq 3$  - A score of  $\geq 3$  is a predictor of need for intubation (OR 4.7)<sup>17</sup>
- Bilateral Pneumonia
  - 1.6 mortality<sup>2</sup>
  - 2.4 disease severity<sup>2</sup>
- Ultrasound
- CT

Lab Interpretation

- ALT ( $>40$  U/L)
  - 2.1 mortality<sup>2</sup>
  - 2.1 disease severity<sup>2</sup>
- AST ( $>40$  U/L)
  - 3.3 mortality<sup>2</sup>
  - 3.6 disease severity<sup>2</sup>
- Creatinine ( $>133$   $\mu\text{mol/L}$ )
  - 2.8 mortality<sup>2</sup>
- CRP ( $>125$  mg/L)
  - 4.5 mortality<sup>2</sup>
  - 6.5 disease severity<sup>2</sup>
- D-dimer ( $\geq 1$   $\mu\text{g/mL}$ )
  - 6 mortality<sup>2</sup>
  - 3.4 disease severity<sup>2</sup>
- Ferritin ( $>300$   $\mu\text{g/L}$ )
  - 9.1 mortality<sup>7</sup>
- LDH ( $>250$  U/L)
  - 3.2 mortality<sup>2</sup>
  - 1 higher level of care<sup>4</sup>
  - 5.5 disease severity<sup>2</sup>
- Lymphopenia ( $<0.8 \times 10^9/\text{L}$ )
  - 2.2 mortality<sup>2</sup>
  - 1.1-3 higher level of care<sup>2,4</sup>
  - 4.2 disease severity<sup>2</sup>
- Neutrophils ( $>8,000/\text{mm}^3$ )
  - 5.6 mortality<sup>2</sup>
- Thrombocytopenia ( $<150,000/\text{mm}^3$ )
  - 7.3 mortality<sup>2</sup>
  - 1.1 higher level of care<sup>2</sup>
  - 1.8 disease severity<sup>2</sup>
- Troponin ( $>99\%$ )
  - 13.7 mortality<sup>2</sup>
- WBC ( $>10,000/\text{mm}^3$ )
  - 4.3 mortality<sup>2</sup>
  - 3.4 disease severity<sup>2</sup>

# Emergency Department COVID-19 Management Tool

## FOOTNOTES

### Step 6 - Disposition

Home O2

- NEJM study on oximetry in blacks

CDC Patient Educational Materials

Is there any other "evidence" we could include in this^^ section?

### Step 7 - Pharmacologic Treatment

NIH Recommendations

Monoclonal Antibodies

- FDA Fact sheet for healthcare providers: emergency use authorization (EUA) of bamlanivimab and etesevimab. 2021. Available at: <https://www.fda.gov/media/145802/download>. Accessed February 16, 2021.
- FDA Fact sheet for healthcare providers: emergency use authorization (EUA) of casirivimab and imdevimab. 2020. Available at: <https://www.fda.gov/media/143892/download>. Accessed February 16, 2021.
- FDA Fact sheet for healthcare providers: emergency use authorization (EUA) of bamlanivimab. 2020. Available at: <https://www.fda.gov/media/143603/download>. Accessed February 16, 2021.

Mild/Moderate - Steroids

Mild/Moderate - Remdesivir

Severe/Critical - Steroids and/or Remdesivir

Anticoagulation

Insufficient Data

DO NOT USE

### Step 8 - Non-Pharmacologic Treatment

Home O2

- NEJM study on oximetry in blacks

Oxygen Support

HFNC

NIPPV

Awake Prone

Intubation

Ventilatory Strategies

Conservative Fluids

ECMO

Nitric Oxide

Strength of Recommendation	Quality of Evidence for Recommendation
A: Strong recommendation for the statement	I: One or more randomized trials without major limitations
B: Moderate recommendation for the statement	IIa: Other randomized trials or subgroup analyses of randomized trials
C: Optional recommendation for the statement"	IIb: Nonrandomized trials or observational cohort studies
	III: Expert opinion"



# Emergency Department COVID-19 Management Tool

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