

# Package ‘AmbientViewer’

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**Title** Filtering and Visualisation for Somnofy Data

**Version** 0.0.4

**Description** This package helps importing, filtering and visualising sleep data.

**License** MIT + file LICENSE

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ambient_viewer	<i>Ambient Viewer app</i>
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---

## Description

This function launches the Ambient Viewer app, a Shiny application for visualizing and analyzing sleep data.

## Usage

```
ambient_viewer()
```

---

`convert_angle_to_time` *Convert an angle to time*

---

**Description**

This function converts an angle in radians to time in the provided unit (can be "second", "minute" or "hour").

**Usage**

```
convert_angle_to_time(angle, unit = "second")
```

**Arguments**

angle	A numeric value representing the angle in radians.
unit	A string indicating the unit of time. Can be "second", "minute", or "hour".

**Value**

A numeric value representing the time in the specified unit.

**See Also**

[convert\\_times\\_to\\_mean\\_angle\(\)](#) to calculate the average angle from a vector of time values.

Other time processing: [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_epochs\\_by\\_night\(\)](#), [group\\_sessions\\_by\\_night\(\)](#), [max\\_time\(\)](#), [mean\\_time\(\)](#), [min\\_time\(\)](#), [shift\\_times\\_by\\_12h\(\)](#), [time\\_diff\(\)](#)

**Examples**

```
convert_angle_to_time(pi/2, unit = "hour")
```

---

`convert_times_to_mean_angle`  
*Convert a vector of times to a mean angle*

---

**Description**

This function converts a vector of times to a mean angle in radians. It is useful to calculate average times spanning midnight

**Usage**

```
convert_times_to_mean_angle(times, unit = "second")
```

**Arguments**

times	A vector of times in seconds.
unit	A string indicating the unit of time. Can be "second", "minute", or "hour".

**Value**

A numeric value representing the mean angle in radians.

**See Also**

`convert_angle_to_time()` to convert the mean angle back to time format.

Other time processing: `convert_angle_to_time()`, `group_epochs_by_night()`, `group_sessions_by_night()`, `max_time()`, `mean_time()`, `min_time()`, `shift_times_by_12h()`, `time_diff()`

**Examples**

```
convert_times_to_mean_angle(c(23, 10, 0), unit = "hour")
```

---

example_epochs	<i>Example Epoch data</i>
----------------	---------------------------

---

**Description**

A data frame containing epoch data recorded by a Somnify device.

**Usage**

```
example_epochs
```

**Format**

example\_epochs:

A data frame with 18,755 rows and 15 columns. Each row represents a time-point (or epoch) in a session. Epochs are 30 seconds long. The columns are as follows:

- `timestamp`: The time at which the epoch was recorded in UTC.
- `subject_id`: The ID of the subject.
- `signal_quality_mean`: The mean signal quality of the epoch.
- `movement_fast_mean`: The mean movement detected during the epoch.
- `movement_fast_nonzero_pct`
- `distance_mean`: the distance of the subject from the device in meters.
- `motion_data_count`: The number of data points in the epoch (30).
- `light_ambient_mean`: The ambient light level during the epoch.
- `sound_amplitude_mean`: The sound amplitude during the epoch.
- `temperature_ambient_mean`: The ambient temperature during the epoch.
- `humidity_mean`: The ambient humidity during the epoch.
- `pressure_mean`: The ambient pressure during the epoch.
- `indoor_air_quality_mean`: The indoor air quality during the epoch.
- `epoch_duration`: The precise duration of the epoch (seconds).
- `sleep_stage`: The sleep stage as established with the VT algorithm. They are encoded as numbers 0-5

**Source**

data-raw/example\_epochs.csv

---

example_epochs_v1	<i>Example Epoch data (Somnofy API v1)</i>
-------------------	--

---

**Description**

A data frame containing epoch data recorded by a Somnofy device.

**Usage**

```
example_epochs_v1
```

**Format**

example\_epochs\_v1:

A data frame with 1,373 rows and 16 columns. The corresponding session ID is contained in the file name. Each row represents a time-point (or epoch) in a session. Epochs are 30 seconds long. The columns are as follows:

- timestamp: The time at which the epoch was recorded in UTC.
- signal\_quality\_mean: The mean signal quality of the epoch.
- movement\_fast\_mean: The mean movement detected during the epoch.
- movement\_fast\_nonzero\_pct
- distance\_mean: the distance of the subject from the device in meters.
- motion\_data\_count: The number of data points in the epoch (30).
- light\_ambient\_mean: The ambient light level during the epoch.
- sound\_amplitude\_mean: The sound amplitude during the epoch.
- temperature\_ambient\_mean: The ambient temperature during the epoch.
- humidity\_mean: The ambient humidity during the epoch.
- pressure\_mean: The ambient pressure during the epoch.
- indoor\_air\_quality\_mean: The indoor air quality during the epoch.
- epoch\_duration: The precise duration of the epoch (seconds).
- sleep\_stage: The sleep stage as established with the VT algorithm. They are encoded as numbers 0-5

**Source**

```
data-raw/SEtXSxcMEhYXKQAA.example_epochs_v1.csv
```

---

example_sessions	<i>Example Sessions data</i>
------------------	------------------------------

---

**Description**

A data frame containing sessions recorded by a Somnofy device.

**Usage**

```
example_sessions
```

**Format**

example\_sessions:

A data frame with 124 rows and 60 columns. Each row represents a session. Columns contain metadata about the session, including:

- session\_start: The start time of the session in UTC.
- session\_end: The end time of the session in UTC.
- subject\_id: The ID of the subject.
- device\_serial\_number: The serial number of the device used.
- time\_at\_sleep\_onset: The time at which the subject fell asleep.
- time\_at\_wakeup: The time at which the subject woke up. Columns also include various metrics averaged over the session, such as:
  - mean heart rate
  - mean respiration rate
- Finally, some columns contain environmental parameters, such as:
  - Temperature
  - Humidity
  - Light intensity
  - Noise level
  - Atmospheric pressure

**Source**

data-raw/example\_sessions.csv

---

example_sessions_v1	<i>Example Sessions data (Somnify API v1)</i>
---------------------	---

---

**Description**

A data frame containing sessions recorded by a Somnify device.

**Usage**

example\_sessions\_v1

**Format**

example\_sessions\_v1:

A data frame with 87 rows and 70 columns. Each row represents a session. Columns contain metadata about the session, including:

- user\_id: The ID of the recorded subject.
- sex: The sex of the recorded subject.
- birth\_year: The year of birth of the recorded subject.
- session\_start: The start time of the session in UTC.
- session\_end: The end time of the session in UTC.
- time\_at\_sleep\_onset: The time at which the subject fell asleep.
- time\_at\_wakeup: The time at which the subject woke up. Columns also include various metrics averaged over the session, such as:

- mean heart rate
- mean respiration rate Finally, some columns contain environmental parameters, such as:
- Temperature
- Humidity
- Light intensity
- Noise level
- Atmospheric pressure

### Source

data-raw/example\_sessions\_v1.csv

---

filter_by_age_range	<i>Filter sessions by age range</i>
---------------------	-------------------------------------

---

### Description

Filter sessions by age range

### Usage

```
filter_by_age_range(
  sessions,
  min_age,
  max_age,
  col_names = NULL,
  flag_only = FALSE
)
```

### Arguments

sessions	The sessions dataframe
min_age	The minimum age of the subjects (inclusive)
max_age	The maximum age of the subjects (inclusive)
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• birth_year</li> </ul>
flag_only	If TRUE, only flags the filtered sessions without removing them from the table

### Value

The sessions dataframe with only the sessions that belong to subjects within the specified age range

### See Also

Other filtering: [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

### Examples

```
filtered_sessions <- filter_by_age_range(example_sessions_v1, min_age = 11, max_age = 18)
```

---

filter\_by\_night\_range *Filter sessions for nights within a night range*

---

## Description

Filter sessions for nights within a night range

## Usage

```
filter_by_night_range(  
  sessions,  
  from_night,  
  to_night,  
  col_names = NULL,  
  flag_only = FALSE  
)
```

## Arguments

sessions	The sessions dataframe
from_night	The start night of the range (inclusive) in YYYY-MM-DD format
to_night	The end night of the range (inclusive) in YYYY-MM-DD format
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"><li>• night</li></ul>
flag_only	If TRUE, only flags the filtered sessions without removing them from the table

## Value

The sessions dataframe with only the sessions that fall within the specified night range

## See Also

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

## Examples

```
filtered_sessions <- filter_by_night_range(example_sessions, "2025-04-07", "2025-04-10")
```



---

filter_by_sex	<i>Filter by sex</i>
---------------	----------------------

---

**Description**

Filter by sex

**Usage**

```
filter_by_sex(sessions, sex, col_names = NULL, flag_only = FALSE)
```

**Arguments**

sessions	The sessions dataframe
sex	The sex to filter for (M, F, or NULL for both)
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• sex</li> </ul>
flag_only	If TRUE, only flags the filtered sessions without removing them from the table

**Value**

The sessions dataframe with only the sessions that belong to the specified sex

**See Also**

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

**Examples**

```
filtered_sessions <- filter_by_sex(example_sessions_v1, "M")
```

---

filter_epochs_from_sessions	<i>Filter epochs based on session IDs</i>
-----------------------------	---

---

**Description**

Filter epochs based on session IDs

**Usage**

```
filter_epochs_from_sessions(
  epochs,
  sessions,
  session_col_names = NULL,
  epoch_col_names = NULL,
  flag_only = FALSE
)
```

Arguments

- epochs

The epochs dataframe
- sessions

The sessions dataframe
- session\_col\_names

A list to override default session column names. This function uses columns:
  - id
- epoch\_col\_names

A list to override default epoch column names. This function uses columns:
  - session\_id
- flag\_only

If TRUE, only flags the filtered epochs without removing them from the table

Value

The epochs dataframe with only the epochs that belong to the specified sessions

See Also

[filter\\_by\\_night\\_range\(\)](#) to filter sessions by night range.

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

Examples

```
# Apply filtering to sessions to keep specific nights, and filter epochs accordingly
filtered_sessions <- filter_by_night_range(example_sessions, "2025-04-07", "2025-04-10")
filtered_epochs <- filter_epochs_from_sessions(example_epochs, filtered_sessions)
```

---

get_epochs_summary	<i>Summarise epoch information</i>
--------------------	------------------------------------

---

Description

This function displays the number of sessions in the epoch data, as well as the start and end dates of the epoch data

Usage

```
get_epochs_summary(epochs, col_names = NULL)
```

Arguments

- epochs

The epochs dataframe
- col\_names

A list to override default column names. This function uses columns:
  - timestamp
  - session\_id

**Value**

A single-row dataframe summarising epoch information

**See Also**

[get\\_sessions\\_summary\(\)](#) to summarise session information.

Other data tables: [get\\_non\\_complying\\_sessions\(\)](#), [get\\_removed\\_sessions\(\)](#), [get\\_sessions\\_summary\(\)](#)

**Examples**

```
get_epochs_summary(example_epochs)
```

---

```
get_non_complying_sessions
```

*Get non-complying sessions (i.e. where there is more than one session on the same day)*

---

**Description**

Get non-complying sessions (i.e. where there is more than one session on the same day)

**Usage**

```
get_non_complying_sessions(sessions, col_names = NULL)
```

**Arguments**

sessions	The sessions dataframe
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• night</li> </ul>

**Value**

The sessions dataframe with only the sessions that are non-complying

**See Also**

Other data tables: [get\\_epochs\\_summary\(\)](#), [get\\_removed\\_sessions\(\)](#), [get\\_sessions\\_summary\(\)](#)

**Examples**

```
duplicate_sessions <- get_non_complying_sessions(example_sessions)
```

---

`get_removed_sessions`    *Get a table of sessions that were removed during filtering*

---

### Description

Get a table of sessions that were removed during filtering

### Usage

```
get_removed_sessions(sessions, filtered_sessions, col_names = NULL)
```

### Arguments

`sessions`            The original sessions dataframe

`filtered_sessions`    The filtered sessions dataframe

`col_names`           A list to override default column names. This function uses columns:

- `id`
- `sleep_period`

### Value

The sessions dataframe with only the sessions that were removed during filtering

### See Also

Other data tables: [get\\_epochs\\_summary\(\)](#), [get\\_non\\_complying\\_sessions\(\)](#), [get\\_sessions\\_summary\(\)](#)

### Examples

```
filtered_sessions <- set_session_start_time_range(example_sessions, "22:00", "06:00")
removed_sessions <- get_removed_sessions(example_sessions, filtered_sessions)
```

---

`get_sessions_summary`    *Make a summary of session information*

---

### Description

This function summarises session information, including the number of sessions, mean session length, mean time at sleep onset and wakeup, subject and device ID.

### Usage

```
get_sessions_summary(sessions, col_names = NULL)
```

**Arguments**

sessions	The sessions dataframe.
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• time_at_sleep_onset</li> <li>• time_at_wakeup</li> <li>• time_in_bed</li> </ul>

**Value**

A single-row dataframe summarizing session information.

**See Also**

[get\\_epochs\\_summary\(\)](#) to summarise epoch information.

Other data tables: [get\\_epochs\\_summary\(\)](#), [get\\_non\\_complying\\_sessions\(\)](#), [get\\_removed\\_sessions\(\)](#)

**Examples**

```
get_sessions_summary(example_sessions)
```

---

group\_epochs\_by\_night *Create a grouping by night for epoch data*

---

**Description**

Create a grouping by night for epoch data

**Usage**

```
group_epochs_by_night(epochs, col_names = NULL)
```

**Arguments**

epochs	The epochs dataframe
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• timestamp</li> </ul>

**Details**

The function creates a new column `night` that groups the epochs by night. Timepoints before 12 PM are considered part of the previous night.

**Value**

The epochs dataframe with the `night` column added

**See Also**

[group\\_sessions\\_by\\_night\(\)](#) to group session data by night.

Other time processing: [convert\\_angle\\_to\\_time\(\)](#), [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_sessions\\_by\\_night\\_max\\_time\(\)](#), [mean\\_time\(\)](#), [min\\_time\(\)](#), [shift\\_times\\_by\\_12h\(\)](#), [time\\_diff\(\)](#)

## Examples

```
epochs <- group_epochs_by_night(example_epochs)
```

---

```
group_sessions_by_night
```

*Create a grouping by night for session data*

---

## Description

Create a grouping by night for session data

## Usage

```
group_sessions_by_night(sessions, col_names = NULL)
```

## Arguments

sessions	The sessions dataframe
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"><li>• session_start</li></ul>

## Details

The function creates a new column `night` that groups the sessions by night depending on their start time. Sessions that start before 12 PM are considered part of the previous night.

## Value

The sessions dataframe with the `night` column added

## See Also

[group\\_epochs\\_by\\_night\(\)](#) to group epoch data by night.

Other time processing: [convert\\_angle\\_to\\_time\(\)](#), [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_epochs\\_by\\_night\(\)](#), [max\\_time\(\)](#), [mean\\_time\(\)](#), [min\\_time\(\)](#), [shift\\_times\\_by\\_12h\(\)](#), [time\\_diff\(\)](#)

## Examples

```
sessions <- group_sessions_by_night(example_sessions)
```

---

load_epochs	<i>Load epoch data</i>
-------------	------------------------

---

**Description**

Load epoch data

**Usage**

```
load_epochs(epochs_file)
```

**Arguments**

epochs\_file     The path to the epochs file

**Details**

The function loads the epoch data from a CSV file and groups the epochs by night.

**Value**

A dataframe containing the epoch data

**See Also**

Other data loading: [load\\_sessions\(\)](#)

---

load_sessions	<i>Load session data</i>
---------------	--------------------------

---

**Description**

Load session data

**Usage**

```
load_sessions(sessions_file)
```

**Arguments**

sessions\_file     The path to the sessions file

**Details**

The function loads the session data from a CSV file and groups the sessions by night.

**Value**

A dataframe containing the session data

**See Also**

Other data loading: [load\\_epochs\(\)](#)

---

max_time	<i>Calculate the maximum time from 12pm to 12pm</i>
----------	---

---

**Description**

This function calculates the maximum time from a vector of time strings in the format "YYYY-MM-DD HH:MM:SS". It considers a time window from 12pm to 12pm the next day, so 11:00 is considered later than 13:00.

**Usage**

```
max_time(time_vector)
```

**Arguments**

time\_vector      A vector of time strings in the format "YYYY-MM-DD HH:MM:SS".

**Value**

A string representing the maximum time in the format "HH:MM".

**See Also**

[min\\_time\(\)](#) to calculate the minimum time in the same format.  
Other time processing: [convert\\_angle\\_to\\_time\(\)](#), [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_epochs\\_by\\_night\(\)](#), [group\\_sessions\\_by\\_night\(\)](#), [mean\\_time\(\)](#), [min\\_time\(\)](#), [shift\\_times\\_by\\_12h\(\)](#), [time\\_diff\(\)](#)

**Examples**

```
max_time(c("2025-04-08 23:00:00", "2025-04-09 01:00:00", "2025-04-09 02:30:00"))
```

---

mean_time	<i>Calculate the mean time from a vector of time strings</i>
-----------	--

---

**Description**

This function calculates the mean time from a vector of time strings in the format "YYYY-MM-DD HH:MM:SS".

**Usage**

```
mean_time(time_vector)
```

**Arguments**

time\_vector      A vector of time strings in format "YYYY-MM-DD HH:MM:SS", "HH:MM:SS" or "HH:MM".

**Value**

A string representing the mean time in the format "HH:MM".



See Also

Other time processing: [convert\\_angle\\_to\\_time\(\)](#), [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_epochs\\_by\\_night\(\)](#), [group\\_sessions\\_by\\_night\(\)](#), [max\\_time\(\)](#), [min\\_time\(\)](#), [shift\\_times\\_by\\_12h\(\)](#), [time\\_diff\(\)](#)

Examples

```
# Use on a vector of time strings representing full dates
time_vector <- c("2025-04-08 23:00:00", "2025-04-09 01:00:00")
mean_time(time_vector)

# Use on time-only strings
time_vector <- c("22:56", "01:32")
mean_time(time_vector)

# Use on a dataframe column
mean_time(example_sessions$time_at_sleep_onset)
```

---

min_time	<i>Calculate the minimum time from 12pm to 12pm</i>
----------	---

---

Description

This function calculates the minimum time from a vector of time strings in the format "YYYY-MM-DD HH:MM:SS". It considers a time window from 12pm to 12pm the next day, so 11:00 is considered later than 13:00.

Usage

```
min_time(time_vector)
```

Arguments

time\_vector      A vector of time strings in the format "YYYY-MM-DD HH:MM:SS".

Value

A string representing the minimum time in the format "HH:MM".

See Also

[max\\_time\(\)](#) to calculate the maximum time in the same format.

Other time processing: [convert\\_angle\\_to\\_time\(\)](#), [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_epochs\\_by\\_night\(\)](#), [group\\_sessions\\_by\\_night\(\)](#), [max\\_time\(\)](#), [mean\\_time\(\)](#), [shift\\_times\\_by\\_12h\(\)](#), [time\\_diff\(\)](#)

Examples

```
min_time(c("2025-04-08 23:00:00", "2025-04-09 01:00:00", "2025-04-09 02:30:00"))
```

---

plot_actigram	<i>Plot an Actigram</i>
---------------	-------------------------

---

### Description

Generate an actigram from the Somnofy epoch data.

### Usage

```
plot_actigram(epochs, col_names = NULL)
```

### Arguments

epochs	The epochs data frame
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• sleep_period</li> <li>• signal_quality_mean</li> <li>• sleep_stage</li> </ul>

### Value

A ggplot object representing the actigram

---

plot_bedtimes_waketimes	<i>Plot bedtimes and waketimes</i>
-------------------------	------------------------------------

---

### Description

Plot bedtimes and waketimes

### Usage

```
plot_bedtimes_waketimes(
  sessions,
  groupby = "night",
  color_by = "default",
  col_names = NULL
)
```

### Arguments

sessions	The sessions dataframe
groupby	The grouping variable for the plot. Can be "night", "workday", or "weekday".
color_by	The variable to color the bars by. Can be "default" or any other column name in the sessions dataframe. Note that if color_by is anything else than "default", groupby will be set to "night".
col_names	A list to override default column names. This function uses columns:

- night
- time\_at\_sleep\_onset
- time\_at\_wakeup
- is\_workday

**Value**

A ggplot graph showing the bedtimes and waketimes

---

plot_hypnogram	<i>Plot Hypnogram</i>
----------------	-----------------------

---

**Description**

Plot Hypnogram

**Usage**

```
plot_hypnogram(epochs, col_names = NULL)
```

**Arguments**

- |           |  |
|-----------|--|
| epochs    | The epochs dataframe   |
| col_names | A list to override default column names. This function uses columns: <ul style="list-style-type: none"><li>• timestamp</li><li>• sleep_stage</li></ul> |

**Value**

A ggplot object showing the hypnogram as bars

**See Also**

[plot\\_sleep\\_stages\(\)](#) to show the proportion of each sleep stage per day

Other plot epochs: [plot\\_sleep\\_spiral\(\)](#), [plot\\_sleep\\_stages\(\)](#), [plot\\_timeseries\(\)](#)

---

plot_sleep_bubbles	<i>Plot Sleep Bubbles</i>
--------------------	---------------------------

---

**Description**

This function creates a bubble plot of sleep sessions, where the size and colour of the bubbles represents the sleep duration.

**Usage**

```
plot_sleep_bubbles(sessions, color_by = "default", col_names = NULL)
```

**Arguments**

sessions	The sessions dataframe.
color_by	The variable to color the bubbles by. Can be "default" or any other column name in the sessions dataframe.
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• time_at_sleep_onset</li> <li>• time_at_wakeup</li> <li>• night</li> </ul>

**Value**

A ggplot object containing the sleep bubbles graph.

**See Also**

Other plot sessions: [plot\\_sleep\\_clock\(\)](#), [plot\\_timeseries\\_sessions\(\)](#)

---

plot_sleep_clock	<i>Plot Sleep Clock</i>
------------------	-------------------------

---

**Description**

Plot Sleep Clock

**Usage**

```
plot_sleep_clock(sessions, color_by = "default", col_names = NULL)
```

**Arguments**

sessions	The sessions dataframe
color_by	The variable to color the segments by. Can be "default" or any other column name in the sessions dataframe.
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• time_at_sleep_onset</li> <li>• time_at_wakeup</li> <li>• night</li> </ul>

**Value**

A ggplot object showing the sleep clock

**See Also**

Other plot sessions: [plot\\_sleep\\_bubbles\(\)](#), [plot\\_timeseries\\_sessions\(\)](#)

---

plot_sleep_spiral	<i>Plot Sleep Spiral</i>
-------------------	--------------------------

---

**Description**

Plot Sleep Spiral

**Usage**

```
plot_sleep_spiral(epochs, color_by = "default", col_names = NULL)
```

**Arguments**

epochs	The epochs dataframe
color_by	The variable to color the spiral by. Can be "default" or any other column name in the epochs dataframe.
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"><li>• timestamp</li><li>• is_asleep</li></ul>

**Value**

A ggplot object showing the sleep spiral

**See Also**

Other plot epochs: [plot\\_hypnogram\(\)](#), [plot\\_sleep\\_stages\(\)](#), [plot\\_timeseries\(\)](#)

---

plot_sleep_stages	<i>Plot Sleep Stages</i>
-------------------	--------------------------

---

**Description**

Plot Sleep Stages

**Usage**

```
plot_sleep_stages(epochs, col_names = NULL)
```

**Arguments**

epochs	The epochs dataframe
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• night</li> <li>• sleep_stage</li> </ul>

**Value**

A ggplot object showing the proportion of sleep stages for each night

**See Also**

[plot\\_hypnogram\(\)](#) to show the detailed sleep stages over time

Other plot epochs: [plot\\_hypnogram\(\)](#), [plot\\_sleep\\_spiral\(\)](#), [plot\\_timeseries\(\)](#)

---

plot_timeseries	<i>Plot epoch time series data for a given variable</i>
-----------------	---

---

**Description**

Plot epoch time series data for a given variable

**Usage**

```
plot_timeseries(
  epochs,
  variable,
  color_by = "default",
  exclude_zero = FALSE,
  col_names = NULL
)
```

**Arguments**

epochs	The epochs dataframe
variable	The variable to plot (e.g., "temperature_ambient_mean")
color_by	The variable to color the points by. Can be "default" or any other column name in the epochs dataframe.
exclude_zero	Logical, whether to exclude zero values from the plot (default: FALSE)
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• timestamp</li> <li>• night</li> </ul>

**Value**

A ggplot object

**See Also**

[plot\\_timeseries\\_sessions\(\)](#) to plot session data.

Other plot epochs: [plot\\_hypnogram\(\)](#), [plot\\_sleep\\_spiral\(\)](#), [plot\\_sleep\\_stages\(\)](#)

---

`plot_timeseries_sessions`*Plot session time series data for a given variable*

---

**Description**

Plot session time series data for a given variable

**Usage**

```
plot_timeseries_sessions(  
  sessions,  
  variable,  
  color_by = "default",  
  exclude_zero = FALSE,  
  col_names = NULL  
)
```

**Arguments**

<code>sessions</code>	The sessions dataframe
<code>variable</code>	The variable to plot (e.g., "time_at_sleep_onset")
<code>color_by</code>	The variable to color the points by. Can be "default" or any other column name in the sessions dataframe.
<code>exclude_zero</code>	Logical, whether to exclude zero values from the plot (default: FALSE)
<code>col_names</code>	A list to override default column names. This function uses columns: <ul style="list-style-type: none"><li>• night</li></ul>

**Value**

A ggplot object

**See Also**

[plot\\_timeseries\(\)](#) to plot epoch data.

Other plot sessions: [plot\\_sleep\\_bubbles\(\)](#), [plot\\_sleep\\_clock\(\)](#)

---

`remove_sessions_no_sleep`*Remove sessions with no sleep*

---

**Description**

Remove sessions with no sleep

**Usage**

```
remove_sessions_no_sleep(sessions, col_names = NULL)
```

**Arguments**

- sessions

The sessions dataframe
- col\_names

A list to override default column names. This function uses columns:
  - sleep\_period

**Value**

The sessions dataframe with only the sessions that have a sleep period greater than 0

**See Also**

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

**Examples**

```
filtered_sessions <- remove_sessions_no_sleep(example_sessions)
```

---

select_devices	<i>Select devices by ID</i>
----------------	-----------------------------

---

**Description**

Select devices by ID

**Usage**

```
select_devices(sessions, device_ids, col_names = NULL, flag_only = FALSE)
```

**Arguments**

- sessions

The sessions dataframe
- device\_ids

The device IDs to select
- col\_names

A list to override default column names. This function uses columns:
  - device\_id
- flag\_only

If TRUE, only flags the filtered sessions without removing them from the table

**Value**

The sessions dataframe with only the sessions recorded by the specified devices

**See Also**

[select\\_subjects\(\)](#) to select sessions by subject ID.  
Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

**Examples**

```
filtered_sessions <- select_devices(example_sessions, c("VTGVSRTHCA"))
```



---

select_subjects	<i>Select subjects by ID</i>
-----------------	------------------------------

---

**Description**

Select subjects by ID

**Usage**

```
select_subjects(sessions, subject_ids, col_names = NULL, flag_only = FALSE)
```

**Arguments**

sessions	The sessions dataframe
subject_ids	The subject IDs to select
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• subject_id</li> </ul>
flag_only	If TRUE, only flags the filtered sessions without removing them from the table

**Value**

The sessions dataframe with only the sessions that belong to the specified subjects

**See Also**

[select\\_devices\(\)](#) to select sessions by device ID.

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

**Examples**

```
filtered_sessions <- select_subjects(example_sessions, c("sub_01JNDH3Z5NP0PSV82NFBGPV31X"))
```

---

set_data_type	<i>Set the data type for a dataframe</i>
---------------	--

---

**Description**

Set the data type for a dataframe

**Usage**

```
set_data_type(df, data_type)
```

**Arguments**

df	The dataframe to set the data type for
data_type	The data type to set. Currently available data types: "somniafy_v1", "somniafy_v2"

**Details**

The dataframe type is used by Ambient Viewer functions to determine the correct column names. Note: you do not need to set the data type if you are using the `load_sessions` or `load_epochs` functions.

**Value**

The dataframe with the data type set

**Examples**

```
example_sessions <- set_data_type(example_sessions, "somnofy_v2")
```

---

set_min_time_in_bed	<i>Set minimum time in bed</i>
---------------------	--------------------------------

---

**Description**

Set minimum time in bed

**Usage**

```
set_min_time_in_bed(
  sessions,
  min_time_in_bed,
  col_names = NULL,
  flag_only = FALSE
)
```

**Arguments**

sessions	The sessions dataframe
min_time_in_bed	The minimum time in bed in hours
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• <code>time_in_bed</code></li> </ul>
flag_only	If TRUE, only flags the filtered sessions without removing them from the table

**Value**

The sessions dataframe with only the sessions that meet the minimum time in bed requirement

**See Also**

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

**Examples**

```
filtered_sessions <- set_min_time_in_bed(example_sessions, 2)
```

---

set\_session\_sleep\_onset\_range  
*Set sleep onset time range*

---

## Description

Set sleep onset time range

## Usage

```
set_session_sleep_onset_range(  
  sessions,  
  from_time,  
  to_time,  
  col_names = NULL,  
  flag_only = FALSE  
)
```

## Arguments

sessions	The sessions dataframe
from_time	Include sessions where sleep started after this time (in format HH:MM)
to_time	Include sessions where sleep started before this time (in format HH:MM)
col_names	A list to override default column names. This function uses columns: <ul style="list-style-type: none"><li>• time_at_sleep_onset</li></ul>
flag_only	If TRUE, only flags the filtered sessions without removing them from the table

## Value

The sessions dataframe with only the sessions where sleep started within the specified time range

## See Also

[set\\_session\\_start\\_time\\_range\(\)](#) to filter sessions based on start time.

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_start\\_time\\_range\(\)](#)

## Examples

```
filtered_sessions <- set_session_sleep_onset_range(example_sessions, "22:00", "06:00")
```

---

```
set_session_start_time_range
```

*Set session start time range*

---

## Description

Set session start time range

## Usage

```
set_session_start_time_range(
  sessions,
  from_time,
  to_time,
  col_names = NULL,
  flag_only = FALSE
)
```

## Arguments

<code>sessions</code>	The sessions dataframe
<code>from_time</code>	Include sessions that started after this time (in format HH:MM)
<code>to_time</code>	Include sessions that started before this time (in format HH:MM)
<code>col_names</code>	A list to override default column names. This function uses columns: <ul style="list-style-type: none"> <li>• <code>session_start</code></li> </ul>
<code>flag_only</code>	If TRUE, only flags the filtered sessions without removing them from the table

## Value

The sessions dataframe with only the sessions that started within the specified time range

## See Also

[set\\_session\\_sleep\\_onset\\_range\(\)](#) to filter sessions based on sleep onset time.

Other filtering: [filter\\_by\\_age\\_range\(\)](#), [filter\\_by\\_night\\_range\(\)](#), [filter\\_by\\_sex\(\)](#), [filter\\_epochs\\_from\\_sessions\(\)](#), [remove\\_sessions\\_no\\_sleep\(\)](#), [select\\_devices\(\)](#), [select\\_subjects\(\)](#), [set\\_min\\_time\\_in\\_bed\(\)](#), [set\\_session\\_sleep\\_onset\\_range\(\)](#)

## Examples

```
filtered_sessions <- set_session_start_time_range(example_sessions, "22:00", "06:00")
```

---

shift_times_by_12h	<i>Shift times to break at 12 pm</i>
--------------------	--------------------------------------

---

## Description

This function shifts times so that the day starts at 12 PM. This is useful for plotting night data

## Usage

```
shift_times_by_12h(times)
```

## Arguments

times	A vector of times in POSIXct format, character convertible to POSIXct, or numerical (in hours).
-------	---

## Value

A vector of times in POSIXct format (or numerical if numerical provided as input) shifted to start at 12 PM

## See Also

Other time processing: [convert\\_angle\\_to\\_time\(\)](#), [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_epochs\\_by\\_night\(\)](#), [group\\_sessions\\_by\\_night\(\)](#), [max\\_time\(\)](#), [mean\\_time\(\)](#), [min\\_time\(\)](#), [time\\_diff\(\)](#)

## Examples

```
# Shift a vector of times in HH:MM format
shift_times_by_12h(c("02:30", "16:00"))
#> "14:30" "04:00"

# Shift times in YYYY-MM-DD HH:MM:SS format
shift_times_by_12h(c("2025-04-08 23:00:00", "2025-04-09 01:00:00"))
#> "2025-04-08 11:00" "2025-04-09 13:00"

# Shift sessions start times to start at 12 PM
shifted_times <- shift_times_by_12h(example_sessions$session_start)

# Use dplyr::mutate to directly add the shifted times to a dataframe
epochs <- example_epochs |>
  dplyr::mutate(shifted_time = shift_times_by_12h(timestamp))
```

---

time_diff	<i>Compute the forward time difference from t1 to t2 (wrapping at 24)</i>
-----------	---

---

### Description

This function returns the time from t1 to t2, always moving forward on the clock. For example, from 07:00 to 22:00 is 15 hours, from 22:00 to 07:00 is 9 hours.

### Usage

```
time_diff(t1, t2, unit = "hour")
```

### Arguments

t1	First time (character, POSIXct, or numeric hour)
t2	Second time (character, POSIXct, or numeric hour)
unit	The unit of time. Can be "second", "minute", or "hour". Default is "hour".

### Value

The forward difference in the specified unit (numeric, always positive,  $0 \leq x < 24$ )

### See Also

Other time processing: [convert\\_angle\\_to\\_time\(\)](#), [convert\\_times\\_to\\_mean\\_angle\(\)](#), [group\\_epochs\\_by\\_night\(\)](#), [group\\_sessions\\_by\\_night\(\)](#), [max\\_time\(\)](#), [mean\\_time\(\)](#), [min\\_time\(\)](#), [shift\\_times\\_by\\_12h\(\)](#)

### Examples

```
time_diff("07:00", "22:00") # 15
time_diff("22:00", "07:00") # 9
time_diff("07:00", "22:00", unit = "minute") # 540
```

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