

Supplemental Table 2. Genetic instruments for fasting glucose and GWAS summary data for their association with fasting glucose as the exposure and with sOb-R as the outcome.

| SNP | chr | pos | e.a.e | o.a.e | e.a.o | o.a.o | id.exp | beta.exp | se.exp | p.exp | F statistic | n.exp | id.out | eaf.out | beta.out | se.out | p.out | n.out |
|------------|-----|-----------|-------|-------|-------|-------|-----------|----------|--------|-----------|-------------|--------|-------------|---------|-----------|--------|-------|-------|
| rs10811661 | 9 | 22134094 | C | T | C | T | ieu-b-114 | -0.024 | 0.0028 | 5.65E-18 | 73.5 | 133010 | prot-a-1724 | 0.1704 | 1.00E-04 | 0.033 | 1 | 3301 |
| rs10814916 | 9 | 4293150 | C | A | C | A | ieu-b-114 | 0.016 | 0.0022 | 2.26E-13 | 52.9 | 133010 | prot-a-1724 | 0.5155 | -3.00E-04 | 0.025 | 1 | 3301 |
| rs11195502 | 10 | 113039667 | T | C | T | C | ieu-b-114 | -0.032 | 0.0037 | 1.97E-18 | 74.8 | 133010 | prot-a-1724 | 0.0924 | 0.0524 | 0.043 | 0.219 | 3301 |
| rs11558471 | 8 | 118185733 | G | A | G | A | ieu-b-114 | -0.029 | 0.0023 | 7.80E-37 | 159.0 | 133010 | prot-a-1724 | 0.3131 | -0.0385 | 0.027 | 0.148 | 3301 |
| rs11603334 | 11 | 72432985 | A | G | A | G | ieu-b-114 | -0.019 | 0.0028 | 1.12E-11 | 46.0 | 133010 | prot-a-1724 | 0.1506 | -0.0151 | 0.035 | 0.661 | 3301 |
| rs11607883 | 11 | 45839709 | A | G | A | G | ieu-b-114 | -0.021 | 0.0021 | 6.32E-24 | 100.0 | 133010 | prot-a-1724 | 0.5385 | 0.0031 | 0.025 | 0.891 | 3301 |
| rs11619319 | 13 | 28487599 | G | A | G | A | ieu-b-114 | 0.02 | 0.0024 | 1.33E-15 | 69.4 | 133010 | prot-a-1724 | 0.2138 | -0.0143 | 0.03 | 0.631 | 3301 |
| rs11708067 | 3 | 123065778 | G | A | G | A | ieu-b-114 | -0.023 | 0.0026 | 1.30E-18 | 78.3 | 133010 | prot-a-1724 | 0.2415 | 0.0339 | 0.029 | 0.234 | 3301 |
| rs11715915 | 3 | 49455330 | T | C | T | C | ieu-b-114 | -0.012 | 0.0022 | 4.90E-08 | 29.8 | 133010 | prot-a-1724 | 0.3119 | 0.0428 | 0.026 | 0.105 | 3301 |
| rs1260326 | 2 | 27730940 | C | T | C | T | ieu-b-114 | 0.029 | 0.0021 | 2.17E-41 | 190.7 | 133010 | prot-a-1724 | 0.5985 | -0.0955 | 0.025 | 2E-04 | 3301 |
| rs1280 | 3 | 170713290 | C | T | C | T | ieu-b-114 | -0.026 | 0.0031 | 8.56E-18 | 70.3 | 133010 | prot-a-1724 | 0.1205 | -0.049 | 0.038 | 0.195 | 3301 |
| rs12888855 | 14 | 100830818 | A | C | A | C | ieu-b-114 | -0.016 | 0.0025 | 5.04E-10 | 41.0 | 133010 | prot-a-1724 | 0.225 | -0.061 | 0.03 | 0.04 | 3301 |
| rs16913693 | 9 | 111680359 | G | T | G | T | ieu-b-114 | -0.043 | 0.0066 | 3.51E-11 | 42.4 | 133010 | prot-a-1724 | 0.0264 | 0.0557 | 0.077 | 0.468 | 3301 |
| rs17168486 | 7 | 14898282 | T | C | T | C | ieu-b-114 | 0.031 | 0.0028 | 3.17E-28 | 122.6 | 133010 | prot-a-1724 | 0.1719 | -0.0406 | 0.033 | 0.224 | 3301 |
| rs174576 | 11 | 61603510 | A | C | A | C | ieu-b-114 | -0.02 | 0.0022 | 1.18E-18 | 82.6 | 133010 | prot-a-1724 | 0.3448 | 0.0436 | 0.026 | 0.089 | 3301 |
| rs2191349 | 7 | 15064309 | T | G | T | G | ieu-b-114 | 0.029 | 0.0021 | 1.28E-42 | 190.7 | 133010 | prot-a-1724 | 0.54 | 0.0376 | 0.024 | 0.123 | 3301 |
| rs3829109 | 9 | 139256766 | A | G | A | G | ieu-b-114 | -0.017 | 0.0027 | 1.13E-10 | 39.6 | 133010 | prot-a-1724 | 0.2747 | 0.0147 | 0.028 | 0.603 | 3301 |
| rs4502156 | 15 | 62383155 | C | T | C | T | ieu-b-114 | -0.022 | 0.0021 | 1.38E-25 | 109.8 | 133010 | prot-a-1724 | 0.4348 | 0.0192 | 0.025 | 0.437 | 3301 |
| rs4869272 | 5 | 95539448 | T | C | T | C | ieu-b-114 | 0.018 | 0.0022 | 1.02E-15 | 66.9 | 133010 | prot-a-1724 | 0.6999 | -0.0052 | 0.027 | 0.851 | 3301 |
| rs560887 | 2 | 169763148 | C | T | C | T | ieu-b-114 | 0.071 | 0.0025 | 1.40E-178 | 806.6 | 133010 | prot-a-1724 | 0.7054 | 0.0082 | 0.027 | 0.759 | 3301 |
| rs6072275 | 20 | 39743905 | A | G | A | G | ieu-b-114 | 0.016 | 0.0028 | 1.66E-08 | 32.7 | 133010 | prot-a-1724 | 0.1501 | -0.0138 | 0.035 | 0.692 | 3301 |
| rs6113722 | 20 | 22557099 | A | G | A | G | ieu-b-114 | -0.035 | 0.0053 | 2.49E-11 | 43.6 | 133010 | prot-a-1724 | 0.0397 | 0.0056 | 0.063 | 0.933 | 3301 |
| rs6943153 | 7 | 50791579 | C | T | C | T | ieu-b-114 | -0.015 | 0.0022 | 1.63E-12 | 46.5 | 133010 | prot-a-1724 | 0.6758 | 0.0088 | 0.026 | 0.741 | 3301 |
| rs6975024 | 7 | 44231886 | C | T | C | T | ieu-b-114 | 0.061 | 0.0029 | 2.88E-99 | 442.4 | 133010 | prot-a-1724 | 0.1835 | -0.0081 | 0.031 | 0.794 | 3301 |
| rs749067 | 11 | 47318157 | C | T | C | T | ieu-b-114 | -0.017 | 0.0022 | 6.12E-15 | 59.7 | 133010 | prot-a-1724 | 0.3814 | 0.0083 | 0.025 | 0.741 | 3301 |
| rs7651090 | 3 | 185513392 | G | A | G | A | ieu-b-114 | 0.013 | 0.0023 | 1.75E-08 | 31.9 | 133010 | prot-a-1724 | 0.3105 | 0.0396 | 0.026 | 0.129 | 3301 |
| rs7903146 | 10 | 114758349 | T | C | T | C | ieu-b-114 | 0.022 | 0.0024 | 2.71E-20 | 84.0 | 133010 | prot-a-1724 | 0.2935 | -0.0778 | 0.027 | 0.004 | 3301 |
| rs882020 | 7 | 44178743 | T | C | T | C | ieu-b-114 | 0.021 | 0.003 | 3.04E-12 | 49.0 | 133010 | prot-a-1724 | 0.1403 | -0.0081 | 0.036 | 0.832 | 3301 |
| rs9368222 | 6 | 20686996 | A | C | A | C | ieu-b-114 | 0.014 | 0.0023 | 1.00E-09 | 37.1 | 133010 | prot-a-1724 | 0.2651 | 0.0017 | 0.028 | 0.955 | 3301 |
| rs983309 | 8 | 9177732 | G | T | G | T | ieu-b-114 | -0.026 | 0.0033 | 6.29E-15 | 62.1 | 133010 | prot-a-1724 | 0.8885 | 0.0539 | 0.039 | 0.17 | 3301 |

e.a.e - effect allele exposure, o.a.e - other allele exposure, e.a.o - effect allele outcome, o.a.o - other allele outcome, exp - exposure, out - outcome