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Medical Director

## **IMPORTANT CORONOVIRUS UPDATE MARCH 22, 2020:**

Hon. Rachel E. Freier

AEMT-Paramedic Executive Director

While most people are aware of the seriousness of the Coronvirus pandemic, some people are not taking this seriously enough. Based on information provided to me directly from the Governor's office, as of yesterday, 4 pm, Shabbos, March 21st:

New York had 10,356 cases of COVID-19, and that number is rapidly rising.

Do not go out unless absolutely necessary –Shopping for clothing and shoes are not! This is a public health issue. Younger people aren't invincible: 54% of New York State Coronavirus cases are ages 18-49. You shouldn't be endangering your own health, and you certainly have no right to endanger someone else's.

100% of the workforce must stay home beginning **TODAY**, **Sunday**, **March 22 at 8PM** (excluding essential services) and all non-essential gatherings of individuals of any size for any reason are temporarily banned. Parties and celebrations MUST be postponed or canceled.

When in public individuals must stay at least six feet from others and any concentration of individuals outside their home must be limited to workers providing essential services.

## Guidance for those 70 years and older:

- Remain indoors
- Only go outside for solitary exercise
- Pre-screen all visitors by taking their temperature
- Wear a mask in the company of others
- Stay at least 6 feet from others
- Do not take public transportation unless urgent and absolutely necessary

What is Considered "Essential"? Most stores (excluding food/beverage, pharmacy, or hardware) should be closed! No clothing stores should be open. Restaurants must be take out or delivery only. The full list is below and can be found at https://www.governor.ny.gov/news/governor-cuomo-issues-guidance-essential-services-under-new-york-state-pause-executive-order

It is our responsibility to follow the Governor's Order. Stay home. Keep our families and community safe. May Hashem protect us all.

Hon. Rachel E. Freier, Paramedic Executive Director

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For purposes of Executive Order 202.6, "Essential Business," means:

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- 1. Essential Health Care Operations, Including:
- research and laboratory services
- hospitals
- walk-in-care health facilities
- emergency veterinary and livestock services
- elder care
- medical wholesale and distribution
- home health care workers or aides for the elderly
- doctor and emergency dental
- nursing homes, or residential health care facilities or congregate care facilities
- medical supplies and equipment manufacturers and providers

## 2. Essential Infrastructure, Including:

- utilities including power generation, fuel supply and transmission
- public water and wastewater
- telecommunications and data centers
- airports/airlines
- transportation infrastructure such as bus, rail, or for-hire vehicles, garages
- hotels, and places of accommodation

### 3. Essential Manufacturing, Including:

- food processing, manufacturing agents, including all foods and beverages
- chemicals
- medical equipment/instruments
- pharmaceuticals
- sanitary products
- telecommunications
- microelectronics/semi-conductor
- agriculture/farms
- household paper products

## 4. Essential Retail, Including:

- grocery stores including all food and beverage stores
- pharmacies
- convenience stores
- farmer's markets
- gas stations
- restaurants/bars (but only for take-out/delivery)
- hardware and building material stores



5. Essential Services, Including:

- trash and recycling collection, processing and disposal
- mail and shipping services
- laundromats
- building cleaning and maintenance
- child care services
- auto repair
- warehouse/distribution and fulfillment
- funeral homes, crematoriums and cemeteries
- storage for essential businesses
- · animal shelters

#### 6. News Media

# 7. Financial Institutions, Including:

- banks
- insurance
- payroll
- accounting
- services related to financial markets

#### 8. Providers of Basic Necessities to Economically Disadvantaged Populations, Including:

- homeless shelters and congregate care facilities
- food banks
- human services providers whose function includes the direct care of patients in state-licensed or funded voluntary programs; the care, protection, custody and oversight of individuals both in the community and in state-licensed residential facilities; those operating community shelters and other critical human services agencies providing direct care or support

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## 9. Construction, Including:

- skilled trades such as electricians, plumbers
- other related construction firms and professionals for essential infrastructure or for emergency repair and safety purposes

## 10. Defense

defense and national security-related operations supporting the U.S. Government or a contractor to the US government

# 11. Essential Services Necessary to Maintain the Safety, Sanitation and Essential Operations of Residences or Other Essential Businesses, Including:

- law enforcement
- fire prevention and response
- building code enforcement

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security

emergency management and response

• building cleaners or janitors

general maintenance whether employed by the entity directly or a vendor

automotive repair

disinfection

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12. Vendors that Provide Essential Services or Products, Including Logistics and Technology Support, Child Care and Services:

logistics

• technology support for online services

• child care programs and services

• government owned or leased buildings

• essential government services