Exercises on orthogonal projections

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Exercise 1. Show that the linear map

$$f: \mathbb{R}^2 \to \mathbb{R}^2$$

 $(x_1, x_2) \mapsto (x_1 + x_2, -x_2)$

is orthogonal with respect to the inner product $\varphi((x_1, x_2), (y_1, y_2)) = 2x_1y_1 + x_2y_1 + x_1y_2 + 2x_2y_2$.

Remark. What is the projection matrix to a given vector N=(a,b,c) with respect to **the standard inner product**? $\operatorname{pr}_{\mathbb{R}N}(x)=\frac{\leq N,x>}{\|N\|^2}N=\frac{1}{\|N\|^2}N({}^tN\cdot x)=\frac{1}{{}^tN\cdot N}(N\cdot {}^tN)x$ by the associativity of matrices multiplication. So the formula for the projection matrix to a vector N is $\frac{1}{tN\cdot N}(N\cdot {}^tN)$.

Solution. By definition, we need to check if $\varphi\left(f\left(x_{1},x_{2}\right),f\left(y_{1},y_{2}\right)\right)=\varphi\left(\left(x_{1},x_{2}\right),\left(y_{1},y_{2}\right)\right)$ is satisfied. We have $\varphi\left(f\left(x_{1},x_{2}\right),f\left(y_{1},y_{2}\right)\right)=\varphi\left(\left(x_{1}+x_{2},-x_{2}\right),\left(y_{1}+y_{2},-y_{2}\right)\right)=2(x_{1}+x_{2})(y_{1}+y_{2})+(-x_{2})(y_{1}+y_{2})+(x_{1}+x_{2})(-y_{2})+2(-x_{2})(-y_{2})=2x_{1}y_{1}+x_{1}y_{2}+x_{2}y_{1}+2x_{2}y_{2},$ which equals $\varphi\left(\left(x_{1},x_{2}\right),\left(y_{1},y_{2}\right)\right)$.

Method by using matrix: The matrix associated with φ is $M_{\varphi} = \begin{pmatrix} 2 & 1 \\ 1 & 2 \end{pmatrix}$, the matrix associated with f is $M_f = \begin{pmatrix} 1 & 1 \\ 0 & -1 \end{pmatrix}$ with respect to the standard basis. Then $\varphi \left(f \left(x_1, x_2 \right), f \left(y_1, y_2 \right) \right)$ in terms of matrix multiplication is:

$$(x_1 \ x_2) \begin{pmatrix} t \begin{pmatrix} 1 & 1 \\ 0 & -1 \end{pmatrix} \end{pmatrix} \begin{pmatrix} 2 & 1 \\ 1 & 2 \end{pmatrix} \begin{pmatrix} 1 & 1 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} y_1 \\ y_2 \end{pmatrix} = (x_1 \ x_2) \begin{pmatrix} 2 & 1 \\ 1 & 2 \end{pmatrix} \begin{pmatrix} y_1 \\ y_2 \end{pmatrix} \text{ which is } \varphi \left((x_1, x_2), (y_1, y_2) \right).$$

Exercise 2. Endow \mathbb{R}^3 with the standard inner product, and find the matrix of the orthogonal projection $p_W:\mathbb{R}^3\to\mathbb{R}$ where

- $W = \{x + 2y + 3z = 0\}$, or
- $W = \text{Span}\{(1,1,1), (1,-1,0)\}.$

Solution. • For $W = \{x + 2y + 3z = 0\}$: Since W is 2-dimensional subspace of \mathbb{R}^3 , we know $W^{\perp} = \operatorname{Span}(N)$ where $N = \begin{pmatrix} 1 \\ 2 \\ 3 \end{pmatrix}$. We use Proposition 3.13 in Chapter 2 $\operatorname{pr}_W = \operatorname{Id} - \operatorname{pr}_{W^{\perp}} = \operatorname{Id} - \operatorname{pr}_{\operatorname{Span}(N)}$. For any $x = \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix}$, one has $\operatorname{pr}_{W^{\perp}}(x) = \frac{\langle N, x \rangle}{\|N\|^2} N = \frac{1}{14}(x_1 + 2x_2 + 3x_3) \begin{pmatrix} 1 \\ 2 \\ 3 \end{pmatrix}$. And $\operatorname{pr}_W(x) = \operatorname{Id}(x) - \operatorname{pr}_{W^{\perp}}(x)$:

$$= \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix} - \frac{1}{14} (x_1 + 2x_2 + 3x_3) \begin{pmatrix} 1 \\ 2 \\ 3 \end{pmatrix}$$

$$= \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix} - \frac{1}{14} \begin{pmatrix} x_1 + 2x_2 + 3x_3 \\ 2x_1 + 4x_2 + 6x_3 \\ 3x_1 + 6x_2 + 9x_3 \end{pmatrix}$$

$$= \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix} - \begin{pmatrix} \frac{1}{14} (x_1 + 2x_2 + 3x_3) \\ \frac{1}{7} (x_1 + 2x_2 + 3x_3) \\ \frac{3}{14} (x_1 + 2x_2 + 3x_3) \end{pmatrix}$$

$$= \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix} - \begin{pmatrix} \frac{1}{14} & \frac{1}{7} & \frac{3}{14} \\ \frac{1}{7} & \frac{7}{2} & \frac{7}{3} \\ \frac{3}{14} & \frac{7}{7} & \frac{14}{14} \end{pmatrix} \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix}$$

$$= \begin{pmatrix} \frac{13}{14} & -\frac{1}{7} & -\frac{3}{14} \\ -\frac{1}{7} & \frac{7}{7} & -\frac{3}{7} \\ -\frac{3}{14} & -\frac{3}{7} & \frac{5}{14} \end{pmatrix} \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix}$$

$$= \begin{pmatrix} \frac{13}{14} & -\frac{1}{7} & -\frac{3}{14} \\ -\frac{1}{7} & \frac{7}{7} & -\frac{3}{14} \\ -\frac{3}{14} & -\frac{3}{7} & \frac{5}{14} \end{pmatrix} \begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix}$$

Remark. We may firstly find a basis of W, then use Gram-Schmidt process to orthonormalize it, and apply Proposition 3.15 in Chapter 2.

• For $W = \text{Span}\{(1,1,1),(1,-1,0)\}$. The method of previous question still applies (and maybe easier), but to avoid repetition:

Given vectors: $\mathbf{v}_1 = (1, 1, 1), \quad \mathbf{v}_2 = (1, -1, 0)$

Step 1:

Normalize the first vector \mathbf{v}_1 :

$$\mathbf{u}_1 = \frac{\mathbf{v}_1}{\|\mathbf{v}_1\|} = \frac{(1, 1, 1)}{\sqrt{3}} = \left(\frac{1}{\sqrt{3}}, \frac{1}{\sqrt{3}}, \frac{1}{\sqrt{3}}\right)$$

Step 2:

Compute the projection of \mathbf{v}_2 onto \mathbf{u}_1 and subtract it from \mathbf{v}_2 to get the second orthonormal vector \mathbf{u}_2 :

We find these two vectors are orthogonal: $\mathbf{v}_2 \cdot \mathbf{u}_1 = (1, -1, 0) \cdot \left(\frac{1}{\sqrt{3}}, \frac{1}{\sqrt{3}}, \frac{1}{\sqrt{3}}\right) = \frac{1}{\sqrt{3}} - \frac{1}{\sqrt{3}} + 0 = 0$

$$\mathbf{v}_{2} - ({}^{t}\mathbf{v}_{2} \cdot \mathbf{u}_{1})\mathbf{u}_{1} = v_{2} = (1, -1, 0)$$

$$\|\mathbf{v}_{2} - ({}^{t}\mathbf{v}_{2} \cdot \mathbf{u}_{1})\mathbf{u}_{1}\| = \|\mathbf{v}_{2}\| = \sqrt{1^{2} + (-1)^{2} + 0^{2}} = \sqrt{2}$$

$$\mathbf{u}_{2} = \frac{(1, -1, 0)}{\sqrt{2}} = \left(\frac{1}{\sqrt{2}}, -\frac{1}{\sqrt{2}}, 0\right)$$

Final Result:

$$\mathbf{u}_{1} = \left(\frac{1}{\sqrt{3}}, \frac{1}{\sqrt{3}}, \frac{1}{\sqrt{3}}\right), \quad \mathbf{u}_{2} = \left(\frac{1}{\sqrt{2}}, -\frac{1}{\sqrt{2}}, 0\right)$$
(2)

We remind the readers that vectors written like (x_1, x_2, x_3) means column vector $\begin{pmatrix} x_1 \\ x_2 \\ x_3 \end{pmatrix}$, and $^t(x_1, x_2, x_3)$ means row vector

 $(x_1 \ x_2 \ x_3).$

Projection matrix onto \mathbf{u}_1 :

$$P_1 = \mathbf{u}_1^t \mathbf{u}_1 = \begin{pmatrix} \frac{1}{\sqrt{3}} \\ \frac{1}{\sqrt{3}} \\ \frac{1}{\sqrt{3}} \end{pmatrix} \begin{pmatrix} \frac{1}{\sqrt{3}} & \frac{1}{\sqrt{3}} \\ \frac{1}{\sqrt{3}} \end{pmatrix}$$
(3)

Projection matrix onto \mathbf{u}_2 :

$$P_2 = \mathbf{u}_2^t \mathbf{u}_2 = \begin{pmatrix} \frac{1}{\sqrt{2}} \\ -\frac{1}{\sqrt{2}} \\ 0 \end{pmatrix} \begin{pmatrix} \frac{1}{\sqrt{2}} & -\frac{1}{\sqrt{2}} & 0 \end{pmatrix}$$

Projection matrix onto \mathbf{u}_1 :

$$P_1 = \begin{pmatrix} \frac{1}{3} & \frac{1}{3} & \frac{1}{3} \\ \frac{1}{3} & \frac{1}{3} & \frac{1}{3} \\ \frac{1}{3} & \frac{1}{3} & \frac{1}{3} \end{pmatrix}$$

Projection matrix onto \mathbf{u}_2 :

$$P_2 = \begin{pmatrix} \frac{1}{2} & -\frac{1}{2} & 0\\ -\frac{1}{2} & \frac{1}{2} & 0\\ 0 & 0 & 0 \end{pmatrix} \tag{4}$$

Sum of P_1 and P_2 :

$$P_1 + P_2 = \begin{pmatrix} \frac{5}{6} & -\frac{1}{6} & \frac{1}{3} \\ -\frac{1}{6} & \frac{5}{6} & \frac{1}{3} \\ \frac{1}{3} & \frac{1}{3} & \frac{1}{3} \end{pmatrix}$$

Exercise 3. In each case, use the Gram-Schmidt algorithm to find an orthogonal basis of the subspace U, and find the vector in U closest to the vector x.

• $U = \text{Span}\{(1,1,1), (0,1,1)\}, x = (1,2,1);$

• $U = \text{Span}\{(1,1,0), (1,0,1)\}, x = (2,1,0);$

• $U = \text{Span}\{(1,0,1,0), (1,1,1,0), (1,1,0,0)\}, x = (2,0,1,3).$

Solution. • For $U = \text{Span}\{(1,1,1), (0,1,1)\}, x = (1,2,1)$:

Step 1:

$$\mathbf{u}_1 = rac{\mathbf{v}_1}{\|\mathbf{v}_1\|} = \left[egin{array}{c} rac{\sqrt{3}}{3} \ rac{\sqrt{3}}{3} \ rac{\sqrt{3}}{3} \ \end{array}
ight].$$

Step 2:

$$\mathbf{u_2'} = \mathbf{v_2} - \operatorname{pr}_{\mathbf{u_1}}(\mathbf{v_2}) = \begin{bmatrix} -\frac{2}{3} \\ \frac{1}{3} \\ \frac{1}{3} \end{bmatrix}.$$

$$\mathbf{u}_2 = \frac{\mathbf{u}_2'}{\|\mathbf{u}_2'\|} = \left| \begin{array}{c} -\frac{\sqrt{6}}{3} \\ \frac{\sqrt{6}}{6} \\ \frac{\sqrt{6}}{6} \end{array} \right|.$$

By definition 3.16 and proposition 3.17, we know the vector in U closest to x is $\operatorname{pr}_U(x)$ and by $\operatorname{pr}_U = \operatorname{pr}_{u_1} + \operatorname{pr}_{u_2}$. P_1 is already computed before.

So, the result of $P_1 + P_2$ is the matrix:

$$P_1 + P_2 = \begin{pmatrix} 1 & 0 & 0 \\ 0 & \frac{1}{2} & \frac{1}{2} \\ 0 & \frac{1}{2} & \frac{1}{2} \end{pmatrix}$$

$$pr_U(x) = (1, 3/2, 3/2).$$

• For $U = \text{Span}\{(1,1,0), (1,0,1)\}, x = (2,1,0)$: Step 1:

$$\dots \mathbf{u_1} = \frac{\mathbf{v_1}}{\|\mathbf{v_1}\|} = \begin{bmatrix} \frac{\sqrt{3}}{3} \\ \frac{\sqrt{3}}{3} \\ \frac{\sqrt{3}}{3} \end{bmatrix}.$$

Step 2:

$$\mathbf{u_2'} = \mathbf{v_2} - \operatorname{pr}_{\mathbf{u_1}} \left(\mathbf{v_2} \right) = \begin{bmatrix} \frac{1}{3} \\ -\frac{2}{3} \\ \frac{1}{3} \end{bmatrix}.$$

$$\mathbf{u}_2 = \frac{\mathbf{u}_2'}{\|\mathbf{u}_2'\|} = \begin{bmatrix} \frac{\sqrt{6}}{6} \\ -\frac{\sqrt{6}}{3} \\ \frac{\sqrt{6}}{6} \end{bmatrix}.$$

By definition 3.16 and proposition 3.17, we know the vector in U closest to x is $\operatorname{pr}_U(x)$ and $\operatorname{pr}_U = \operatorname{pr}_{\mathbf{u}_1} + \operatorname{pr}_{\mathbf{u}_2}$. Let P_1 , P_2 denote the corresponding matrices, respectively. (P_1 is already calculated in the previous exercise.)

$$P_2 = \begin{pmatrix} \frac{\sqrt{6}}{6} \\ -\frac{\sqrt{6}}{3} \\ \frac{\sqrt{6}}{6} \end{pmatrix} \begin{pmatrix} \frac{\sqrt{6}}{6} & -\frac{\sqrt{6}}{3} & \frac{\sqrt{6}}{6} \end{pmatrix} = \begin{pmatrix} \frac{1}{6} & -\frac{1}{3} & \frac{1}{6} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ \frac{1}{6} & -\frac{1}{3} & \frac{1}{6} \end{pmatrix}$$

So, the result of $P_1 + P_2$ is the matrix:

$$P_1 + P_2 = \begin{pmatrix} \frac{1}{2} & 0 & \frac{1}{2} \\ 0 & 1 & 0 \\ \frac{1}{2} & 0 & \frac{1}{2} \end{pmatrix}$$

 $pr_U(x) = (1, 1, 1).$

• For $U = \text{Span}\{(1,0,1,0), (1,1,1,0), (1,1,0,0)\}, x = (2,0,1,3)$:

- Step 1:

$$\mathbf{v}_1 = \begin{bmatrix} 1\\0\\1\\0 \end{bmatrix}$$

$$\mathbf{u}_1 = \begin{bmatrix} \frac{\sqrt{2}}{2}\\0\\\frac{\sqrt{2}}{2}\\0 \end{bmatrix}$$

- Step 2:

$$\mathbf{u}_{2}' = \mathbf{v}_{2} - \operatorname{pr}_{\mathbf{u}_{1}}(\mathbf{v}_{2}) = \begin{bmatrix} 0 \\ 1 \\ 0 \\ 0 \end{bmatrix}, \quad \mathbf{u}_{2} = \frac{\mathbf{u}_{2}'}{\|\mathbf{u}_{2}'\|} = \begin{bmatrix} 0 \\ 1 \\ 0 \\ 0 \end{bmatrix}$$

- Step 3:

$$\mathbf{u}_{3}' = \mathbf{v}_{3} - \operatorname{pr}_{\mathbf{u}_{1}}(\mathbf{v}_{3}) - \operatorname{pr}_{\mathbf{u}_{2}}(\mathbf{v}_{3}) = \begin{bmatrix} \frac{1}{2} \\ 0 \\ -\frac{1}{2} \\ 0 \end{bmatrix}$$

$$\mathbf{u}_3 = \frac{\mathbf{u}_3'}{\|\mathbf{u}_3'\|} = \begin{bmatrix} \frac{\sqrt{2}}{2} \\ 0 \\ -\frac{\sqrt{2}}{2} \\ 0 \end{bmatrix}$$

By definition 3.16 and proposition 3.17, we know the vector in U closest to x is $\operatorname{pr}_U(x)$ and $\operatorname{pr}_U = \operatorname{pr}_{\mathbf{u}_1} + \operatorname{pr}_{\mathbf{u}_2} + \operatorname{pr}_{\mathbf{u}_3}$.

Projection Matrices:

Sum of Projection Matrices:

$$P_{\mathbf{u}_1} + P_{\mathbf{u}_2} + P_{\mathbf{u}_3} = \begin{bmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 \end{bmatrix}$$

$$pr_U(x) = (2, 0, 1, 0)$$

Remark. An easier way: in fact $U = \text{Span}((0,0,0,1))^{\perp}$, so $\text{pr}_U = \text{Id} - \text{pr}_{(0,0,0,1)}$.

Exercise 4. Consider the following matrices:

$$\begin{split} A_1 &:= \left(\begin{array}{ccc} 0 & 0 & 1 \\ 1 & 0 & 0 \\ 0 & 1 & 0 \end{array} \right); \quad A_2 := \left(\begin{array}{ccc} 0 & 1 & 0 \\ 0 & 0 & -1 \\ 1 & 0 & 0 \end{array} \right); \\ A_3 &:= \frac{1}{3} \left(\begin{array}{ccc} 2 & -1 & 2 \\ 2 & 2 & -1 \\ -1 & 2 & 2 \end{array} \right); \quad A_4 := \left(\begin{array}{ccc} 1 & 0 & 0 \\ 0 & 1/2 & -\sqrt{3}/2 \\ 0 & \sqrt{3}/2 & 1/2 \end{array} \right). \end{split}$$

For $i \in \{1, 2, 3, 4\}$, prove that A_i is orthogonal and describe the endomorphism represented by A_i .

Solution. det $A_1 = 1$ so $A_1 \in SO_3(\mathbb{R})$; tr $A_1 = 0$ so $\theta = 2/3\pi$ by Proposition 2.12; $A_1(1,1,1) = (1,1,1)$, combined with intuition we know A_1 is rotation with respect to (1,1,1) with an (positive) angle $2/3\pi$. We exclude the possibility that A_1 is rotation of $2/3\pi$ with respect to -(1,1,1) by looking at Ae_1 .

det $A_2 = -1$, tr $A_2 = 0$ so $\theta = \frac{\pi}{3}$ by Proposition 2.13. $A_1(1, -1, -1) = -(1, -1, -1)$, A_2 is rotation of $1/3\pi$ with respect to (1, -1, -1) then make a reflection (a.k.a orthogonal symmetry) with respect to $\{x - y - z = 0\}$ -plane. (To exclude the other possibility which is rotation of $\pi/3$ with respect to (-1, 1, 1), look at the image of e_2 .)

det $A_3 = 1$ so $A_3 \in SO_3(\mathbb{R})$; tr $A_1 = 2$ so $\theta = 1/3\pi$ by Proposition 2.12; $A_1(1,1,1) = (1,1,1)$, combined with intuition we know A_3 is rotation with respect to (1,1,1) with an (positive) angle $1/3\pi$. We exclude the possibility that A_1 is rotation of $1/3\pi$ with respect to -(1,1,1) by looking at Ae_1 .

 $\det A_4 = 1$ so $A_4 \in SO_3(\mathbb{R})$; $\operatorname{tr} A_4 = 2$ so $\theta = 1/3\pi$ by Proposition 2.12; $A_1(1,0,0) = (1,0,0)$, we know A_4 is rotation with respect to (1,0,0) with an (positive) angle $1/3\pi$.

Exercise 5. Suppose that \mathbb{R}^3 is endowed with the standard inner product. Let C be the unit cube $[0,1] \times [0,1] \times [0,1]$. Find an orthogonal projection such that the image of the cube C is a regular hexagon. Proceed as follows:

- Draw the cube and guess the line and the plane defining the orthogonal projection.
- Write a formula of the projection and the coordinates of the images of the vertices of the cube.
- Compute the distance between the image of the vertices and compute the angles between the images of the edges. To this end, remember that if θ is the angle between two vectors v_1, v_2 in \mathbb{R}^n endowed with the standard inner product \langle , \rangle , then

$$\cos(\theta) = \frac{\langle v_1, v_2 \rangle}{\|v_1\| \cdot \|v_2\|}$$

Solution. We guess by symmetry, the projection is with respect to hyperplane $W = N^{\perp}$, with N = (1, 1, 1). From Exercise 2, the projection matrix to Span(N) is

$$\begin{pmatrix} 1/3 & 1/3 & 1/3 \\ 1/3 & 1/3 & 1/3 \\ 1/3 & 1/3 & 1/3 \end{pmatrix}$$

So $pr_W = id - pr_N$ is

$$\begin{pmatrix} 2/3 & -1/3 & -1/3 \\ -1/3 & 2/3 & -1/3 \\ -1/3 & -1/3 & 2/3 \end{pmatrix}$$

The eight vertices of the cube are:

$$P_0 (0,0,0)$$

$$P_1 (1,0,0)$$

$$P_2 (1,1,0)$$

$$P_3 (0,1,0)$$

$$P_4 (0,1,1)$$

$$P_5 (0,0,1)$$

$$P_6 (1,0,1)$$

$$A \cdot P_0 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{2} & -\frac{1}{2} & \frac{2}{2} \end{pmatrix} \cdot \begin{pmatrix} 0 \\ 0 \\ 0 \end{pmatrix} = \begin{pmatrix} 0 \\ 0 \\ 0 \end{pmatrix}$$

 $P_7(1,1,1)$

$$A \cdot P_1 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{3} & -\frac{1}{3} & \frac{2}{3} \end{pmatrix} \cdot \begin{pmatrix} 1 \\ 0 \\ 0 \end{pmatrix} = \begin{pmatrix} \frac{2}{3} \\ -\frac{1}{3} \\ -\frac{1}{3} \end{pmatrix}$$

$$A \cdot P_2 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{3} & -\frac{1}{3} & \frac{2}{3} \end{pmatrix} \cdot \begin{pmatrix} 1 \\ 1 \\ 0 \end{pmatrix} = \begin{pmatrix} \frac{1}{3} \\ \frac{1}{3} \\ -\frac{2}{3} \end{pmatrix}$$

$$A \cdot P_3 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{3} & -\frac{1}{3} & \frac{2}{3} \end{pmatrix} \cdot \begin{pmatrix} 0 \\ 1 \\ 0 \end{pmatrix} = \begin{pmatrix} -\frac{1}{3} \\ \frac{2}{3} \\ -\frac{1}{3} \end{pmatrix}$$

$$A \cdot P_4 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{3} & -\frac{1}{3} & \frac{2}{3} \end{pmatrix} \cdot \begin{pmatrix} 0 \\ 1 \\ 1 \end{pmatrix} = \begin{pmatrix} -\frac{2}{3} \\ \frac{1}{3} \\ \frac{1}{3} \end{pmatrix}$$

$$A \cdot P_5 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{3} & -\frac{1}{3} & \frac{2}{3} \end{pmatrix} \cdot \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix} = \begin{pmatrix} -\frac{1}{3} \\ -\frac{1}{3} \\ \frac{2}{3} \end{pmatrix}$$

$$A \cdot P_6 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{3} & -\frac{1}{3} & \frac{2}{3} \end{pmatrix} \cdot \begin{pmatrix} 1 \\ 0 \\ 1 \end{pmatrix} = \begin{pmatrix} \frac{1}{3} \\ -\frac{2}{3} \\ \frac{1}{3} \end{pmatrix}$$

$$A \cdot P_7 = \begin{pmatrix} \frac{2}{3} & -\frac{1}{3} & -\frac{1}{3} \\ -\frac{1}{3} & \frac{2}{3} & -\frac{1}{3} \\ -\frac{1}{3} & -\frac{1}{3} & \frac{2}{3} \end{pmatrix} \cdot \begin{pmatrix} 1 \\ 1 \\ 1 \end{pmatrix} = \begin{pmatrix} 0 \\ 0 \\ 0 \end{pmatrix}$$

Now we compute $v_i = AP_i - AP_{i+1}$ for i = 1, 2, ..., 5 and $v_6 := AP_6 - AP_1$.

$$v_1 = (1/3, -2/3, 1/3)$$

$$v_2 = (2/3, -1/3, -1/3)$$

$$v_3 = (1/3, 1/3, -2/3)$$

$$v_4 = (-1/3, 2/3, -1/3)$$

$$v_5 = (-2/3, 1/3, 1/3)$$

$$v_6 = (-1/3, -1/3, 2/3)$$

Clearly we have $||v_i|| = \frac{\sqrt{6}}{3}$. For example,

$$\cos(\theta) = \frac{\langle v_1, v_2 \rangle}{\|v_1\| \cdot \|v_2\|} = 1/2$$

so $\theta = \pi/3 = \frac{2\pi}{6}$. We can find 5 other such angles similarly. We conclude the projection is a regular hexagon.

In the attached txt file, you can find the codes (sagemath) to illustrate this example in https://cocalc.com/features/sage.

Exercise 6. Let $n \in \mathbb{N}^*$. Prove that for any orthogonal matrix $A = (a_{ij})_{1 \leq i,j \leq n} \in O_n(\mathbb{R})$ one has

$$\left| \sum_{i=1}^{n} \sum_{j=1}^{n} m_{ij} \right| \leqslant n \leqslant \sum_{i=1}^{n} \sum_{j=1}^{n} \left| m_{ij} \right| \leqslant n^{\frac{3}{2}}$$

Solution. See exercise 19 of chapter 3.